

The National Financial Resource Guide for Patients: A State-by-State Directory

Patient Advocate Foundation

Second Edition 2002

PATIENT
ADVOCATE
FOUNDATION

753 Thimble Shoals Blvd., Suite B
Newport News, VA 23606
Tel: 757.873.6668 1.800.532.5274
Fax: 757.873.8999
Email: info@patientadvocate.org
Internet: www.patientadvocate.org

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Designed by Steve Pierce of TomAnthony.com, Virginia Beach, VA

Manufactured in the United States of America

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A State-by-State Directory**

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Patient Advocate Foundation

Patient Advocate Foundation is a national non-profit organization that serves as an active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job discrimination, and/or debt crisis matters relative to their diagnosis through case managers and attorneys. Patient Advocate Foundation seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.

Patient Advocate Foundation offers direct patient services through our toll-free number, website and can be contacted via E-mail:

National Toll-Free Number: 1-800-532-5274 or 757-873-6668

E-mail: info@patientadvocate.org

Web page: www.patientadvocate.org

Acknowledgments

This guide was written with the belief that the more information a patient has, the better educated he/she will be in making informed decisions on their own behalf. Resources are powerful tools when utilized. We sincerely hope that this guide will offer patients the tools that they need to answer their questions.

Patient Advocate Foundation would like to gratefully acknowledge the generous support of AMGEN, INC. in underwriting the research of the first addition of *The National Financial Resource Guidebook for Patients: A State-by-State Directory*. PAF wishes to acknowledge US Oncology, Association of Community Cancer Center and Oncology Nursing Society that underwrote the revisions and additions to the second edition of the financial guide.

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- The Centers for Medicare and Medicaid for their role in providing information about :

- Medicare

- Medicaid

- State Children's Health Insurance Programs (SCHIPS).

- Department's of Social Services

- State Insurance Commissioner's

- Social Security Administration

- Tricare

- Institute for Child Health Policy

Additional thanks are offered to the members of the Patient Advocate Foundation's patient services department and attorney's within our National Legal Network who have supplied the organization with updated resources to be included in the second edition of the resource guide. It is through their day to day search for solutions to very difficult problems that confront thousands of Americans who are seeking access to the healthcare delivery system, that we often find new resources that benefit all patients nationwide. We would also like to express our appreciation to the members of the Information Technology Department members for their work in maintaining the PAF website, www.patientadvocate.org and preparing the manuscript for the formal publication.

PAF would like to thank our Editorial Review Board member, Ellen Coleman, Executive Director of Cancer Care for her comments and suggestions during her review of this resource guide.

PAF would like to acknowledge The Brain Tumor Association's, *Becoming Well Again Through Financial Aid Resources*, for providing guidance to local and national resources. We further acknowledge the value that Cancer Care, through their publication *A Helping Hand*, has added to the development and expansion of our Resource Guide. As well as Children's Cancer Association, through their publication *Kids' Cancer Pages*, and Chai Lifeline, through their publication *Pediatric Oncology Resource Guide*.

We would also like to thank all the individuals and/or organizations, which may have provided direct resources or merely provided suggestions, which led to the discovery of additional patient resources, now shared within this publication.

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HOW TO USE THIS GUIDE

The motivations for our organization to develop the Financial Resource Guide are patients who are seeking financial relief for a broad range of needs including:

- **Child care**
- **Food**
- **Free/Low-cost clinic/hospitals ***
- **Home health care**
- **Housing/Temporary Medical Lodging ***
- **Medical devices**
- **Transportation including air transport ***
- **Pediatric Services ***
- **Pharmaceutical agents**
- **Prosthetic Services ***
- **Respite ***
- **Utilities**
- **Wish Foundations ***

All items with (*) represent new areas of resources included in the second addition publication.

A listing of Federal and National Agencies

Listed in the first section of this guide is a list of the names, addresses, phone numbers, and a brief description of government, federal and national agencies that assist people and their families facing financial crisis due to an debilitating illness.

- **Government/Federal Agencies**
- **National Agencies**

Breakdown of State and Local Resources

Listed second are the fifty states and local resources. States are listed in alphabetical order. Each state has a tab of its own so you can readily find your state of interest. When you turn to your state, note that resources are listed by:

- **State Resources**
- **Specialty Resources**

Pharmaceutical Manufacturers'/Discount Pharmaceutical Resources

Located in the third section are alphabetical listings of pharmaceutical manufacturers' that have programs, which provide medications for free, or at reduced cost to people who are unable to afford them. Also provided are organizations whose main functions are to assist people with applying to these patient assistance programs. Some may charge a small fee. In addition you will find a private pharmacy that accepts most insurance payments as full payment.

- **Managed Rx Plan Inc.**
- **Medication Manufactures' Indigent Drug Programs**
- **The Medicine Program**
- **www.needymeds.com**

Fundraising Ideas

Listed in the fourth section are ideas for fundraising.

- **Fundraising Ideas for Patients**

DISCLAIMER

The information in this book has been offered by the organizations themselves. Every effort has been made to make this guide as up-to-date as possible, however, change is inevitable. If you find any information that is not current or correct in this publication, please notify us and we will correct it in the next printing. Furthermore, if there are organizations that are not listed here that you feel would be helpful to others, we welcome your suggestions. Contact us at 1-800-532-5274 or by email at info@patientadvocate.org.

If you have noted a specific area of service within another state that does not appear in your specific state references, this service was not found available in your state; thus it was not listed.

Government and National Agencies

Disabled American Veterans 1-202-554-3501
www.dav.org

Provides assistance with health benefits to U.S. Veterans.

Earned Income Credit 1-202-408-1080
www.cbpp.org

A federal tax credit for working people with low or moderate income. For more information contact the Internal Revenue Service. In addition to these federal tax benefits, a number of states have earned income credit and/or state child care credit program (a tax benefit that helps families pay for child care they need in order to work). Contact your state Department of Revenue for more information.

Centers for Medicare & Medicaid Services (CMS)
 Formally known as Health Care Financing Administration (HCFA)

7500 Security Boulevard 1-410-786-3000
 Baltimore, MD 21244-1850 www.hcfa.gov

A federal agency who administers Medicare, Medicaid and Child Health Insurance Programs. As well as provides assistance with eligibility.

Hill Burton Program 1-800-638-0742
www.hrsa.dhhs.gov/dfcr/obtain/consfaq.htm

A program run by the U.S. Government that can arrange for certain medical facilities or hospitals to provide free or low-cost care. Low income persons should inquire about the possibility of free services before entering the hospital, as many have fulfilled or are very close to fulfilling there requirements.

Medicare 1-800-Medicare
 1-800-633-4227
www.medicare.gov

Federal health insurance program for those who receive Social Security Benefits. Eligible individuals include those who are 65 and/or individuals deemed disabled and have received Social Security payments for 24 months. To receive information on eligibility, explanation of coverage and to enroll, call the Social Security Administration.

Refugee Resettlement Program

A federally funded program that provides cash assistance, medical assistance, health screening, and social services to refugees. For more information on cash and medical assistance contact your local Department of Family and Children Services. For more information on health screening contact your local county health department.

AARP Home Equity Information Center

Consumer Affairs Section

American Association of Retired Persons
1909 K Street, NW
Washington, DC 20049

1-202-434-6042 (AARP)
1-800-732-6643 (Fannie Mae)
1-888-466-3487 (HUD Housing)

A reverse mortgage works much like a standard loan, only in reverse. An individual can place a mortgage on their home (which must be debt free or nearly so) and receive monthly payments for a fixed period as long as the individual lives at home.

Social Security Administration

1-800-772-1213
1-800-325-0778 (TDD)
www.ssa.gov

There are five major categories of benefits paid for through your Social Security taxes: retirement, disability, family benefits, survivors and Medicare. Medical requirement and disability determination process is the same for both, but Social Security Disability (SSDI) is based on your employment history and Supplemental Security Income (SSI) is based on financial need.

Utilities

Many states have regulations that prohibit companies from turning off utilities. Doctor or social worker may have to write letters on our behalf to show medical necessity. These companies include gas, electric, water and phone. Be sure to contact these agencies before your balance becomes too large. They will be more amenable to work out payment plan if the balance is not excessive. For emergency funds check with local social service agencies and local help lines such as United Way, Red Cross and Salvation Army. These agencies provide one-time emergency assistance typically to those who have shut off notices.

U.S. Department of Health & Human Services

200 Independence Avenue, SW
Washington, DC 20201

1-202-619-0257
1-877-696-6775
www.hhs.gov

United States government's principal agency for protecting the health of all Americans and providing essential human services, especially for those who are least able to help themselves. The office of the Inspector General. U.S. Government Hotline is for individuals to call for complaints regarding Medicare or Medicaid. As well as providing assistance with entitlements, benefits, insurance and resources.

American Red Cross

1-703-248-4222
1-866-438-4636
www.redcross.org

Provide relief to victims of disasters and help people prevent, prepare for, and respond to emergencies. Provides financial assistance with emergency travel, burial assistance, urgent health and welfare needs such as food and shelter.

**American Society of Plastic
and Reconstructive Surgeons**

1-800-635-0635
www.plasticsurgery.org

Helps individuals find a board-certified plastic surgeon in their area. Financial assistance is available in some instances.

The Bone Marrow Foundation

70 East 55th Street
20th Floor
New York, NY 10022

1-800-365-1336
1-212-838-3029
www.bonemarrow.org

The Patient Aid Program covers the cost for donor searches, compatibility testing, bone marrow procurement, medication, transportation, housing expenses and many other ancillary costs associated with a transplant.

Cancer Care, Inc.

275 Seventh Avenue
New York, NY 10001

1-800-813-4673
www.cancercare.org

Provides limited financial assistance nationally for pancreatic cancer, colorectal cancer, women with breast, ovarian and cervical cancer. Local financial assistance includes help for people with all cancer in New York, New Jersey, Connecticut and San Diego, California. Financial help is for transportation, radiation, chemotherapy, pain medications, home care, child care, and some screening and biopsies. For more information visit the Cancer Care website or call tollfree.

Candlelighters Childhood Cancer Foundation (CCCF)

3910 Warner Street
Kensington, MD 20895

1-800-366-2223
1-301-962-3520
www.candlelighters.org

Provides advocacy, bereavement, counseling, financial assistance, insurance information, as well as information and referral. CCCF maintains a list of organizations to which eligible families may apply for financial aid.

Cancer Fund of America

2901 Breezewood Lane
Knoxville, TN 37921

1-800-578-5284
www.cfoa.org

Provides non-prescription medical needs such as nutritional a supplements or incontinence supplies (items vary as the group receives donated products). Patient or family members can call and be placed in their database for specific needs.

Credit Counseling Centers of America

1-800-493-2222
www.cccamerica.org

A non-profit organization that provides a wide array of consumer and creditor services for individuals and families experiencing financial distress.

Corporate Angel Network, Inc. (CAN)

1-914-328-1313
www.corpangelnetwork.org

Finds free air transportation (on corporate planes) for ambulatory cancer patients who need medical treatment.

Cure for Lymphoma Foundation

215 Lexington Avenue
New York, NY 10016

1-212-213-9595
1-800-CFL-6848
www.cfl.org

Provides grants to any person with lymphoma experiencing financial difficulty. To be eligible you must be an U.S. citizen. Grants are limited to the cost incurred for childcare, travel/transportation and related expenses to treatment or transplant, medical aids and devices (wheelchair, ramps, hospital bed, walkers), education and support meeting or camps, cosmetic aids (wigs, eyelashes, scarf's) and hygienic products.

The Dream Foundation

621 Chapala Street, Suite D
Santa Barbara, CA 93109

1-805-564-2131
www.dreamfoundation.org

Grants final wishes to terminally ill adults. In addition the following program are offered as well:

Flower Empower - A volunteer program that delivers donated flower bouquets to people battling catastrophic illnesses in Santa Barbara and Los Angeles. Call Manager Jackie Waddill at (805) 564-2131 or e-mail volunteer@dreamfoundation.org for more information on this program.

Toy Program - Brings hundreds of donated toys to children across the nation every month. Contact Sheila Caldwell at (805) 564-2131 ext. 101 or e-mail to sheila@dreamfoundation.org for more information on this program.

Dress for Success

www.dressforsuccess.org

A non-profit organization that helps low-income women make tailored transitions into the workforce. Each Dress for Success client receives one suit when she has an interview and a second suit when she gets the job. Dress for Success Sisters provides the same services whereas the cousin organizations which operate in a similar manner, but are programs within other organizations. These organizations change daily. For up-to-date information for a Dress for Success in your area contact the above website.

Elder Care Locator

1-800-677-1116

The Eldercare Locator is a national toll-free number designed to help identify community resources for seniors anywhere in the United States. Whether your older person who lives nearby or in another state, the Eldercare Locator can identify the most appropriate source of information and assistance in the older person's community.

"Encore Plus"

1-800-953-7587

www.ywca.org

Encore Plus is a program of the YWCA for women over 50. They assist in the area of early cancer detection information, breast and cervical screening and/or support services.

Federal Emergency Management Agency (FEMA)

1-800-462-9029

1-800-462-7585

Assists persons who have been affected by natural disaster.

Ensure Hotline

1-800-986-8501

www.ensure.com

Provides coupons, valuable information to people in need of the nutritional supplement Ensure. Ensure donates their product to food banks, where a person in need may be able to receive free supplies when available.

Health Care Choices

1-800-368-5779

www.healthcarechoices.org

Provides information to the public on selecting and using various types of health insurance and managed care plans.

Health Insurance Association of America

1-800-828-0111

www.hiaa.org

A trade organization that represents the insurance industry on legislative, policy issues and public affairs. Provides consumer information on disability income, health, long-term care, and general insurance information.

Hear Now

1-800-648-4327

A non-profit organization that provides hearing aids to those who fit the financial guidelines. Helps provide hearing aids for persons in need. The program supplies new hearing aids when available but also utilizes reconditioned units when necessary. A small processing fee for each hearing aid is required.

The Leukemia & Lymphoma Society

1-800-955-4LSA
www.leukemia-lymphoma.org

Offer information and financial aid to patients, who have leukemia, non-Hodgkin's Lymphoma, Hodgkin's disease or multiple myeloma. Reimburses up to \$500.00 a year to patients for transportation, chemotherapy drugs, transfusions and testing.

Lighthouse International

1-800-334-5491
www.lighthouse.org

Provides vision rehabilitation services, education, research and advocacy, as well as enabling people of all ages who are blind or partially sighted to lead independent and productive lives.

Lion's Club

1-800-747-4448

Provides assistance to people with prescription eyeglass needs.

Make-A-Wish Foundation

1-800-722-9474
www.wish.org

Grant wishes of children (up to 18) who have life-threatening illnesses.

**Mary-Helen Mautner Project
 for Lesbians with Cancer**

1-202-332-5536

Provides volunteer services (home care, etc.) transportation to treatment, legal assistance, bereavement counseling, support groups to lesbians who have cancer, their partners, and their families.

Meals on Wheels Association of America

1-616-531-9909
www.projectmeal.org

Dedicated to delivering meals to those whom are homebound. Eligibility is determined by each location. To find your local chapter search the above website or call the number above.

National Association of Hospital Hospitality Houses, Inc.

4915 Auburn Avenue- Suite 303
Bethesda, MD 20814

1-800-542-9730
1-301-961-5264
www.nahhh.org

Provides information free or low-cost temporary lodging to families or patients while undergoing treatment away from home.

**National Association of Insurance
Commissioners**

1-816-842-3600
www.naic.org

A regulatory support organization for state insurance regulators; provides contact information for fifty states, District of Columbia and U.S. territories.

**The National Breast and Cervical Cancer
Early Detection Program (NBCCEDP)**

1-888-842-6355
www.cdc.gov/cancer/nbccedp/index.htm

Free mammograms and pap tests are available through most Health Departments. To find out where you can get these services in your area call the above toll-free number.

Side Note: The Breast and Cervical Cancer Prevention and Treatment Act of 2000 allows states to provide full Medicaid benefits to eligible women. To find a link which will let you know which states have passed legislation regarding this act you may access the website www.cdc.gov/cancer/nbccedp/law106-354.htm#actions.

The National Children's Cancer Society

1-800-5-FAMILY
1-314-241-1600
www.children-cancer.com

Provides financial assistance to any child diagnosed with cancer on or before his/her 18th birthday. Assistance for medical care may include, bone marrow transplant, donor harvest, supplies, respite care, donor harvest, pharmaceuticals, home health care. Assistance for ancillary cost may include transportation, childcare, household expenses, meals, lodging, and insurance premiums. Assistance is not available for insurance co-pays and deductibles.

National Eye Care Project

P.O. Box 429098
San Francisco, CA 94142

1-800-222-3937

This program will refer you to an ophthalmologist who at no cost will provide an eye exam and up to one year of follow-up care for any condition you are diagnosed with at the exam.

National Foundation for Consumer Credit (NFCC) 1-800-388-2227

Non-profit organization that provides a wide array of consumer credit services for individuals and families experiencing financial distress. Free counseling and educational programs are designed to assist clients back to financial health and security.

National Foundation for Transplants (NFT)

1102 Brookfield, Suite 202 1-800-489-3863
 Memphis, TN 38199 1-901-684-1697
 www.transplants.org

Provides financial assistance, insurance information, and help locating housing during treatment to transplant candidates, recipients, and their families.

National Organization for Rare Disorders, Inc.

100 Route 37 1-800-999-6673
 P.O. Box 8923 1-203-746-6518
 New Fairfield, CT 06812-8923 www.nord-rdb.com

Provides assistance to people with rare diseases in the areas of counseling, a medication assistance program as well a clearinghouse for information on rare disorders.

www.patienttravel.org

Formerly known as National Patient Air Transport HELPLINE

P.O Box 1940 1-800-296-1217
 Manassas, VA 20108-0804 1-954-781-3500
 www.patienttravel.org

Provides information about all forms of charitable, long-distance medical air transportation and provides referrals to all appropriate sources of help to patients who cannot afford travel for medical care.

National Viatical Association 1-202-347-7361

Purchases a patient's life insurance policy at a discounted rate providing funds to the patient to use as they wish. A free brochure "Viatical Settlements: A guide for people with terminal illnesses" can be obtained by calling the Federal Trade Commission at (202) 326-2222. This guide can help you explore the rate of return and eligibility criteria, which vary with each company. Tax implications and/or the effects of a viatical settlement on assistance programs can be explained.

The following are a listing of some viatical companies:

Life Wise 1-800-219-7385 www.lifewise.com
Lifestyle Resources Corporation 1-800-835-2006

<i>Individual Benefits</i>	1-800-800-3264	www.1benefit.com
<i>The Ardangroup Ltd.</i>	1-800-699-3522	www.ardangroup.com
<i>Life Benefactors</i>	1-800-285-5152	www.lifebenefactors.com
<i>Fiedler Financial</i>	1-800-905-0114	
<i>Positive Living Resources</i>	1-800-398-5177	www.positiveliving.com
<i>United Viatical Settlements</i>	1-888-211-5027	
<i>Mitchell Viatical Services</i>	1-888-874-1190	www.mitchellviatic.com
<i>Cash For Life</i>	1-888-831-2274	
<i>Genesis</i>	1-800-831-9876	www.genesisvia.com
<i>Viaticus</i>	1-888-200-5205	www.viaticus.com
<i>Benefit Advocates</i>	1-800-435-8891	www.benefitadvocat.com
<i>BMT Link</i>	1-800-LINK-BMT	
<i>Medical Escrow Society</i>	1-800-422-1314	www.med-escrow.com

Pharmaceutical Research and Manufacturers' of America (PhRMA)

Manufacturers' Indigent Drug Program 1-800-762-4636
1100 15th Street, NW www.phrma.org
Washington, DC 20005

This company publishes a "Directory of Prescription Drug Indigent Programs" that list drug manufacturers that offer medications to people who are unable to afford them. Submit a written request to receive a free copy. Note: The request must be received on a physician, health care professional or agency letterhead. For a complete listing of participating pharmaceutical companies please refer to the drug assistance section of this publication.

Ronald McDonald House Charities (RMHC)

One Kroc Drive 1-630-623-7048
Oak Brook, IL 60523 www.rmhc.org

Provides temporary housing facilities for families of children hospitalized for life threatening illnesses. Visit the website for locations and eligibility.

Society of St. Vincent de Paul

www.svdpla.org/links_to_society_of_st.htm

A Catholic Charity that provides limited community resources and possible financial assistance to those in need of all faiths. The above website will provide links to the Society of St. Vincent de Paul around the world.

The Transplant Foundation

8002 Discovery Drive, Suite 310
Richmond, VA 23229

1-804-285-5115

Provides financial aid for immunosuppressive medication to transplant recipients.

United Way

1-800-411-8929

www.unitedway.org/index2.cfm

A nationwide directory of information referral services for when you need health counseling, legal aid, crisis intervention, home nursing care, substance abuse counseling and treatment, transportation or daycare for child or dependent adult.

Children's Organ Transplant Association, Inc. (COTA)

1-800-366-2682

1-812-336-2682

www.cota.org

Provides funds for medical, travel, and other related expenses for children in need of an organ transplant. COTA also assists families in raising funds for transplant-related cost.

Y-ME is a National Breast Cancer Organization

1-800-221-2141

www.y-me.org

Provides a selection of donated wigs and prostheses to eligible women with limited financial resources.

National Association for Terminally Ill

PO Box 368
Shelbyville, KY 40066-0368

1-888-847-0390

Assists individuals with terminal diseases with financial aid.

**Emergency Medical Assistance
for Drugs not yet approved**

1-301-827-4460

Single Patient Investigational New Drug Program
Food and Drug Administration, HF-12
Parklawn Building, Room 949, 5600 Fishers Lane
Rockville, MD 20857

Patients who are in an immediate medical crisis may be able to receive drugs that are not yet approved, by the having their doctor apply to the FDA for an "Emergency IND".

The Medicine Program

P.O. Box 520
Doniphan, MO 63935-0520

1-573-996-7300
www.themedicineprogram.com

The organization was established by volunteers dedicated to assisting individuals of all ages who are regularly required to take prescription medication, but lack adequate income to fill their prescription each month. The Medicine Program offers their assistance to people applying for one or more of the many drug indigent programs available. There is a \$5.00 processing fee for each medication requested. If for any reason you do not receive the medication and are determined ineligible for assistance, you may request a refund in written form within 120 days after original application was made. Please be aware that this is a service that The Medicine Program offers and is not necessary to apply for the Medication Manufacturers' Indigent Drug Programs, but a help service for those who choose to utilize it.

Vision America

1-800-365-2219

Participating doctors provide reduced cost eye exams and other services. For more information contact the American Optometric Association.

AIDS/HIV+ Drug Reimbursement Program 1-800-991-5532

Provide pharmaceuticals for people with AIDS/HIV+

AIDS/HIV+ Health Insurance Assistance 1-800-991-5532

Assist paying for health insurance premiums for people with AIDS/HIV+

Air Life Line

1-800-446-1231
1-916-641-7800

Provides air transport in private planes to individuals in need of medical care.

American Legion Temporary Financial Assistance 1-800-322-0838

Provides health care for veteran and veteran's children.

Betaseron Foundation 1-800-948-5777

Provides financial assistance for Multiple Sclerosis medications.

Infant Formula Helping Hand 1-800-BABY-123
 Mead Johnson Nutritionals 1-800-462-6323
www.boost.com

Provides a patient assistance line for this nutritional supplement.

Center for Independent Living 1-800-690-6665

Provides assistance with adaptive aids and equipment.

Children Craniofacial Association 1-800-535-3643

Provides assistance with travel cost associated with surgery for children and adults.

Cystic Fibrosis Center 1-800-344-4823

Provides assistance with medications, equipment and medical care.

Disabled Children's Relief Fund 1-516-377-1605

Provides grants for assistive devices and rehabilitative services.

Disaster Helpline (FEMA) 1-800-525-0321
 1-800-660-8005

Answers questions and assist persons with filling out forms when a person is requesting assistance from Federal Emergency Management Agency (FEMA). FEMA assist with natural disasters.

Hardin Benefits Group, Inc.

1-800-248-6188

The Hardin Benefits Group is not a insurance company itself, but rather a consulting firm and agency specializing in helping clients whose medical conditions have made it difficult for them to find a life insurer. Call for a free ten-minute consultation.

HIKE

1-800-847-4194

Assist with hearing needs for children and schools.

Hospital Charity Care

Some hospitals offer charity care for qualifying individuals. Speak with the hospital financial administrator and/or social worker for availability and an application.

Knights Templar Hearing Foundation

1-414-965-2200

Assist with hearing aids.

Locks of Love

1640 S. Congress Avenue, Suite 104
Palm Springs, FL 33461

1-888-896-1588
1-561-963-1677

www.locksoflove.org

Provides hairpieces to financially disadvantaged children across the U.S. under age 18 suffering from long-term medical hair loss.

MAGIC Foundation

1-800-362-4423

Provides funding for growth hormones.

Miracle Ear Children's Foundation

1-800-234-5422

www.miracle-ear.com

Provides assistance for hearing aids for school-age children whose families do not qualify for public assistance.

Miracle Flights for Kids

1-800-359-1711

Volunteer pilots fly children to hospitals in need of medical care.

Muscular Dystrophy Association

1-800-572-1717
 1-414-453-7600
www.mdausa.org

Below are the direct services that are provided to Muscular Dystrophy patients to enhance mobility and independent living:

Wheelchairs / Leg Braces - assists with the purchase and reasonable repair of wheelchairs or leg braces.

Recycled Equipment - provides when available, good-condition recycled wheelchairs and other durable medical equipment when medically prescribed in relation to an individual's neuromuscular disease.

Repairs/Modifications - assists with payment toward the cost of repairs/modifications to all wheelchairs and leg braces.

Camp Programs - offer a wide range of programs for young people ages 6 to 21.

Community Resources – assist with locating other community resources to find services needed for patients with neuromuscular disease when not available through MDA.

National Easter Seals Society

1-312-726-6200
 1-800-221-6827
www.easter-seals.org

This organization provide assistance to individuals who otherwise are unable to afford prosthetic care and other medical equipment. Provides a comprehensive evaluation and assessment of an individual's needs and preferences in coordination with their lifestyles and work requirements, and orthoses and/or prostheses, with the appropriate training needed to promote safety, healing, and an enhanced level of function.

New Eyes for the Needy

1-973-376-4903

Provides assistance with eyeglasses only.

Planned Parenthood

1-800-230-7526

Provides reproductive health services to male and female individuals. Fees are typically determined on a sliding scale. Contact the above number for your local clinic.

Public Health Agency

Provides home health care, mammograms, pap smears, immunizations, birth control, STD testing as well as other services. Contact your local Public Health Department.

Salvation Army National Headquarters

615 Slaters Lane
PO Box 269
Alexandria, VA 22313

1-800-378-7272
1-703-684-5500
www.salvationarmy.org

Provides assistance on a case-by-case basis.

See America

1-800-208-6733

Provides assistance for eyeglasses.

Shriners Hospital

1-800-237-5055 (patient referral line)
1-800-361-7256
www.shriners.com/Hospitals/eligible.html

A network of 22 hospitals that provide expert, no-cost orthopedic and burn care to children under 18 years of age. Free care is available to qualified children.

Sister Kinney Institute

1-612-863-4457

Provides rehabilitative services and therapy at no cost to qualified individuals.

Starkey Hearing Foundation

1-800-328-8602

Provides free hearing aids to qualified individuals.

National Association for Diabetes

1-800-DIABETES
1-800-342-2383

Provides information and resources on diabetes.

Cure for Lymphoma Foundation

215 Lexington Ave.
New York, NY 10016

1-800-CFL-6848
1-212-213-9595
www.cfl.org

Patient Aid Program is a grant that provides up to \$500 each year for lymphoma patients who need financial assistance for quality of life expenses not covered by insurance.

Gilda Radner Familial Ovarian Cancer Registry

Roswell Park Cancer Institute
 Elm and Carlton Street
 Buffalo, NY 14263

1-800-OVA-RIAN
 1-800-682-7426
www.ovariancancer.com

A project to collect data on the link between heredity and ovarian cancer. Provides general counseling, support groups, and assistance with genetic screening.

Sunshine Foundation

P.O Box 255
 Loughman, FL 33858

1-800-767-1967
 1-863-424-4188
www.sunshinefoundation.org

Grants the wishes of seriously ill, challenged and abused children.

National Foundation of Dentistry for the Handicapped

1800 15th Street, Unit 100
 Denver, CO 80202

1-800-365-7229
 1-303-534-5360
 1-800-366-3331

Assist eligible patients to receive free dental care from participating dentist. The criteria to qualify for the program are as follows: (1) You must have a disability, chronic illness, or advanced age. Your condition must be something severe enough that it prohibits or significantly limits your ability to work. (2) You must have financial need. You must not be able to pay for dental treatment on your own and must not have any other resources, like family, insurance, or other groups that can pay your dental care. (3) You must need dental treatment that is more extensive than a cleaning and check-up. This organization is not able to help people who only need maintenance or preventative care.

American Organ Transplant Association (AOTA)

PO Box 277
 Missouri City, TX 77459

1-713-261-2682

Provides financial assistance to transplant recipients and their families, including airfare and bus tickets, advice on fundraising and establishing trust funds.

Medical Information Resources

377 West 5250 South
 Ogden, UT 84405

1-888-203-6062
www.medicalfundraising.org

Provides tips and resources for medical fundraising.

National Transplant Assistance Fund (NTAF)

3475 West Chester Pike, Suite 230
New Town Square, PA 19073

1-800-642-8399
NTAF@transplantfund.org

Provides fund-raising expertise for patients raising money for uninsured medically related expenses. As well as \$1,000 challenge grants for eligible patients and educational information regarding organ/tissue donation.

Needy Meds

www.needymeds.com

Informational website that has up-to-date contact and instructions about various pharmaceutical manufacturers' drug assistance programs.

RxHope.com

1-877-979-4673
www.rxhope.com

Helps doctors obtain medications for their patients who do not have access to prescription insurance or government-funded programs.

TRIO College Scholarship Program

1-800-TRIO-386
www.trioweb.org/resources/scholarships

Scholarships awarded annually for transplant candidates, recipients, family members, and donor family members.

World Children's Transplant Fund (WCTF)

16000 Ventura Boulevard, Suite 103
Encino, CA 91436

1-818-905-9283
www.wctf.org

Works to provide as many opportunities as possible for lifesaving pediatric transplant surgery to the children of the world.

C.L.A.S.S

(Children's Liver Association for
Support Services)

1-877-679-8256
www.classkids.org

Provides financial aid for families of pediatric liver patients, which include financial assistance for parent's food allowance during their child's hospitalization, telephone service for a child awaiting transplant or transportation expenses for a clinic visit.

The Robert Wood Johnson Foundation
Lutheran Services In America

PO Box 2316
Princeton, NJ 08543-2316

1-877-324-8411
www.interfaithcare.org

Provide volunteer services, care, and companionship to people of all ages and faiths who are homebound due to a long-term health problem, as well as respite to family caregivers.

PROCRIline.com

1-800-553-3851
www.procritline.com

PROCRIline was created to help patients who have been prescribed PROCRI® (Epoetin alfa) and their providers to overcome the many barriers that block access to the therapy they need.

Maternal and Child Health Bureau (MCHB)

1-877-477-2123
www.mchb.hrsa.gov

A part of the Department of Health and Human Services and Health Resources and Services Administration, MCHB mission is “To provide national leadership and to work in partnership with states, communities, public-private partners and families to **strengthen the maternal and child health infrastructure**, assure the availability and use of **medical homes** and build the knowledge and human resources in order to assure **continued improvement in the health, safety and well-being** of the MCH population.”

MCHB administers the Title V Block Grant Program, to fund other initiatives that serve the CSHCN (Children with Special Health Care Needs Program) through its Special Programs of Regional and National Significance (SPRANS), and plays a leadership role in improving systems of care for all children and youth with special health care needs. Additional information about MCHB, including local contact information, can be found on the MCHB website.

American Life Enhancement

484 East Carmel Drive, #243
Carmel, IN 46032-2812

1-877-224-2202
1-317-581-1878
www.American-Viatical.com

Below is a listing of services offered:

Recycled Life offers two ways to get a life insurance cash advance: Secured, No - Payment Credit Line is for those who are terminally ill and LifeStyle Settlement is for those with up to 12 years of life expectancy.

Life Insurance for the Uninsurable is a guaranteed issue policy for the terminally ill, or simplified issue and impaired risk policies for those who are not terminally ill.

1% Real Estate Cash Back Program saves money for buyers of residential and commercial properties. Moving to a new home or a new business location this program can provide a way to trim costs. When someone uses this program, and works with a participating Real Estate Broker, we will send 1% of the purchase price to the Buyer after closing.

Boost 1-800-247-7893
Mead Johnson Nutritionals www.boost.com

Provides a patient assistance line for this nutritional supplement.

Hospice Patients Alliance

4541 Gemini Street 1-616-866-9127
PO Box 744 www.hospicepatients.org
Rockford, MI 49341-0744

A non-profit charitable organization, which promotes quality hospice care, provides complete information on hospice services, the standards of care and levels of service in hospice. They provide free assistance to patients and families experiencing difficulty accessing quality hospice care. Publishes the Hospice patient Alliance Family Guide to Hospice Care.

The American Bar Association www.abanet.org/women
Commission On Women In The Profession

Provides an online database of breast cancer pro-bono legal referral services throughout the United States.

Wings Over Mid-America, Inc. 1-800-474-WINGS

1156 West 103rd Street
Box 229
Kansas City, MO 64114

Provides transportation to individuals with special needs who are facing financial hardships.

Burroughs Welcome 1-800-722-9294

Burroughs Welcome is the manufacturer of Imuran and Zorvarax who supplies these medications at no cost for indigent persons on a short-term basis.

Campaign for Home Energy Assistance

LIHEAP 1-202-783-5594
601 13th Street, NW, Suite 900 South 1-202-783-5588
Washington, DC 20005 www.liheap.com

Assist eligible low-income households in meeting the heating or cooling portion of their residential energy needs. LIHEAP dollars are distributed by local community action agencies, usually at the county level. The Salvation Army processes applications in many states. To find the phone

number of your community action agency, call your state's energy assistance director. A listing can be found at www.neada.org/members/states.htm (listed below)

Alabama	1-334-242-5365	Missouri	1-573-751-0472
Alaska	1-800-470-3058	Montana	1-406-447-4260
Arizona	1-602-542-6611	Nebraska	1-402-471-9262
Arkansas	1-501-682-8726	Nevada	1-775-687-6919
California	1-916-324-6298	New Hampshire	1-603-271-8317
Colorado	1-303-866-5968	New Jersey	1-609-588-2158
Connecticut	1-860-424-5889	New Mexico	1-505-841-6535
Delaware	1-302-577-4965x231	New York	1-518-473-0332
D.C.	1-202-673-6727	North Carolina	1-919-733-7831
Florida	1-850-922-1834	North Dakota	1-701-328-4882
Georgia	1-404-656-6696	Ohio	1-614-644-6858
Hawaii	1-808-586-5734	Oklahoma	1-405-521-4488
Idaho	1-208-334-5753	Oregon	1-503-986-2094
Illinois	1-217-785-6135	Rhode Island	1-401-222-6920x112
Indiana	1-317-232-7098	South Carolina	1-803-734-9861
Iowa	1-515-281-0859	South Dakota	1-605-773-4131x3668
Kansas	1-785-296-3340	Tennessee	1-615-313-4764
Kentucky	1-502-564-7536	Texas	1-512-475-3864
Louisiana	1-225-342-5278	Utah	1-801-538-8644
Maine	1-207-624-5708	Vermont	1-802-241-2994
Maryland	1-410-767-7062	Virginia	1-804-692-1751
Massachusetts	1-617-727-7004x507	Washington	1-360-725-2854
Michigan	1-517-241-7525	West Virginia	1-304-558-8290
Minnesota	1-651-296-9154	Wisconsin	1-608-266-7601
Mississippi	1-601-359-4772	Wyoming	1-307-777-6346

HeatShare

1-800-842-7279

www.angelfire.com/mn/hshare/about.html

Administered by the Salvation Army, HeatShare provides emergency energy assistance on a year-round basis. Funds are used for natural gas, oil, propane, wood, electricity, and emergency furnace repairs.

Managed Rx Plans Inc.

270-C Duffy Avenue
Hicksville, NY 11801

1-800-799-8765
1-516-433-0044

A private pharmacy that accepts most insurance including prescription drug programs as full payment towards prescriptions. Patient must have insurance with a 70% or better co-pay. Shipping is free.

St. Jude's Children's Research Hospital

1-888-226-4343 (physician referral line)
1-800-822-6344

www.stjudes.org

St. Jude's mission is to care for children stricken with catastrophic diseases to conduct medical research on those diseases and to raise the funds to allow St. Jude's to accomplish this. No child is ever turned away for the inability to pay.

Corporate Angel Network, Inc.

One Loop Road
White Plains, NY 10604

1-914-328-1313
www.corpangelnetwork.org

Provides free air transportation to distant treatment centers via corporate jet.

Barr/United Amputee Assistance Fund

United Amputee Services Association Inc.
P.O Box 4277
Winter Park, FL 32793-4277

1-407-678-2920
www.oandp.com/barr

This organization provide assistance to individuals who otherwise are unable to afford prosthetic care. Pays for materials and fitting of a new prosthesis after the prosthetist has established that there are no other sources of funding available.

Limbs for Life Foundation

120 N. Robinson, Ste. 1913
Oklahoma City, OK 73102

1-888-235-5462
1-405-235-5462
www.limbsforlife.org

This organization provide assistance to individuals who otherwise are unable to afford prosthetic care. Each qualified applicant will be provide with partial or complete funding for an advanced prosthesis, fitted by a highly qualified prosthetist.

New Beginnings Prosthetic Ministries

31441 Santa Margarita Pkwy, Ste. A 258
Rancho Santa Margarita, CA 92688

1-949-589-6300

This organization provide assistance to individuals who otherwise are unable to afford prosthetic care. The facility encompasses an in-house prosthetist, a rehabilitation center, a counseling center, as well as an off-site summer camp. Provides prosthetic devices to patients with families who have no insurance coverage, insurance that does not cover the type of prosthetic needed, or policies covering only a minimal portion of the total cost of the device.

Prosthetics for Diabetics Foundation

323 Reed Way
Monroe, GA 30655

1-770-267-0019
1-770-395-7487

This organization provide assistance to individuals who otherwise are unable to afford prosthetic care. Currently concentrates assisting diabetic patients with 20% difference once Medicaid/Medicare pays the initial 80% of medical bills pertaining to their prostheses. If the family doesn't have any insurance, PDF will organize a fund-raiser to cover the medical cost of that individual. While their first goal is to help diabetics, they will obtain prosthetics for cancer and accident victims as funds allow.

Prosthetics Outreach Foundation

726 Broadway, Suite 306
Seattle, WA 98122-4311

1-206-726-1636
www.pofsea.org/index.html

This organization provide assistance to individuals who otherwise are unable to afford prosthetic care. Provides high quality prostheses (artificial limbs) to amputees in urgent need in developing counties and in the United States.

Children's Leukemia Research Association

585 Stewart Ave, Suite 18
Garden City, NY 11530

1-516-222-1944
www.childrensleukemia.org

Offers a patient aid program to both children and adults to help offset the costs of outpatient chemotherapy, radiation, and other leukemia-fighting medications.

National Children's Leukemia Foundation

233 Broadway, Suite 818
New York, NY 10279

1-800-448-3467
www.leukemiafoundation.org

A national non-profit organization whose sole purpose is to provide a wide variety of services and support and referrals to leukemia patients and their families. Primary goal is to ensure access to the state of the art treatment regardless of the ability to pay. Sponsors a "Make a dream come true" which grants wishes to you leukemia patients.

Patient Service Incorporated

1-800-366-7741
1-804-744-3813

Offers premium and co-pay assistance to qualified individuals with a diagnosis of Multiple Sclerosis, Hemophilia, Blood Disorders, or Alpha One.

Aplastic Anemia & MDS International Foundation, Inc.

PO Box 613
Annapolis, MD 21404-0613

1-800-747-2820
www.aplastic.org

Provides resources, assistance, and emotional support for patients with Aplastic Anemia & MDS.

Chai Lifeline

151 West 30th Street
New York, NY 10001

1-212-465-1300
1-877-CHAI-LIFE
www.chailifeline.org

To provide financial assistance, housing, and weekend retreat programs for the entire family living with a child with cancer or catastrophic illness, weekend retreats for bereaved families, holiday trips, insurance information as well as support to Jewish children who suffer from cancer and other life threatening illnesses.

The Children's Cancer Association

PO Box 19734
Portland, OR 97219

1-503-244-3141
www.childrenscancerassociation.org

Provides assistance to families of children diagnosed with cancer and life-threatening illnesses. Publishes Kids' Cancer Pages.

Look Good Feel Better

c/o CTFA Foundation
1101 17th Street, NW Ste. 300
Washington, DC 20036

1-800-395-LOOK
1-202-331-1770
www.lookgoodfeelbetter.org

To provide hands on beauty techniques to help restore self esteem to cancer patients during chemotherapy and radiation treatment.

Special Love, Inc.

117 Youth Development Court
Winchester, VA 22602

1-888-930-2707
1-540-667-3774
www.speciallove.org

Provides emergency funds for families in need as well as college scholarships for children diagnosed with cancer.

Starlight Children's Foundation

5900 Wilshire Blvd. Suite 2530
Los Angeles, CA 90036

1-800-274-7827
1-323-634-0080
www.starlight.org

Grants wishes to seriously ill children.

American Council On Education

www.finaid.org

Provides a list of resources for disabled students seeking financial assistance with tuition for post secondary education.

Disabled Children's Relief Fund

402 Pennsylvania Avenue
Freeport, NY 11520

1-516-377-1605

Acts as an advocate for the rights and needs of disabled children, including those disabilities brought on by cancer treatments. Provides cash grants to children, with preference to families who do not have health insurance.

Intercultural Cancer Council

1720 Dryden Suite C
Houston, TX 77030

1-713-798-5383
www.icc.bcm.tmc.edu

Dedicated to insure that all Americans, particularly minorities, the medically under served and cancer survivors.

Civitan World Headquarters

1401 52nd Street South
Birmingham, AL 35213

1-800-CIVITAN
1-205-591-8910

Local chapters can help families purchase prescription medications, medical equipment, and supplies for children with mental retardation or developmental disabilities. Can also direct families to other sources of financial help.

The Oley Foundation

214 Hun Memorial, A-23
Albany Medical Center
Albany, NY 12208-3478

1-800-776-OLEY
1-518-262-5079
www.oley.org

Helping people whose daily survival depends on home intravenous or tube-fed nutrition through donations.

Share Card

Pfizer Pharmaceuticals

1-800-717-6005

Share Card can be used at a local pharmacy that accepts the card to fill a Pfizer prescription. You will pay \$15 for up to a 30-day supply of medicine. To qualify you must be enrolled in Medicare, have no prescription drug coverage and your gross income is less than \$18,000 a year; or less than \$24,000 for couples who file jointly.

Biomerica, Inc.

1533 Monrovia Avenue
Newport Beach, CA 92663

1-800-854-3002
1-949- 645-2111
biomerica.com

Supplies the Fecal Occult Blood Test (FOBT). This is a low cost screening test that checks for hidden blood in stool, one of the early warning signs of colorectal cancer.

Wigs for Kids

Executive Club Building
21330 Center Ridge Road, Suite C
Rocky River, Ohio 44116

1-440-333-4433
www.wigsforkids.org

A not-for-profit organization providing hair replacement solutions for children affected by hair loss due to chemotherapy, alopecia, burns and other medical conditions.

Crystal Home Healthcare

1-800-493-4902

Offers a Diabetic Grant for qualified individuals. Process takes 8-10 weeks to complete, if patient qualifies the supplies are free.

Charity Cars, Inc.

1052 W. State Rd 436
Suite 2064
Altamonte Springs, FL 32714

1-800-442-4451
1-407- 786-5050 Ext. 4
www.charitycars.org

This program provides a vehicle that has been refurbished to insure safety and reliability, a license plate, the down-payment for insurance, an emergency roadside assistance membership, a service warranty, and case management services to families willing to work.

Helping.org

c/o The AOL Time Warner Foundation
22000 AOL Way
Dulles, VA 20166

helpingmail@guidestar.org
www.helping.org

An easy-to-use, one-stop online resource designed to help people find volunteer and giving opportunities in their own communities and beyond.

Operation Smile

6435 Tidewater Drive
Norfolk, VA 23509

1-888-OPSMILE
1-757-321-3243
www.operationsmile.org

A national non-profit volunteer medical service organization providing reconstructive surgery and related care to indigent children and young adults in developing countries and the United States.

The Funeral Memorial Society of America (FAMSA)

P.O. Box 10
Hinesburg, VT 05461

1-802-482-3437
www.funerals.org

An organization that explains how to keep funeral expenses low. FAMSA is a nonprofit organization, which provides consumers with educational materials on funeral choices and exposes funeral industry abuses.

National Family Caregivers Association

10400 Connecticut Avenue #500
Kensington, MD 20895-3944

1-800-896-3650
www.nfcacares.org

Temporary caregivers can provide supervision, transportation, meal preparation, and other services either in your home or theirs or through facilities such as assisted-living and day care centers.

The Max Foundation

PO BOX 33010
Seattle, WA 98133-0010

1-888-462-9368
1-425-787-9735
www.themaxfouondation.org

A non profit organization dedicated to improve the quality of life and survival rates of patients with leukemia and other blood related diseases, by providing information about treatment options, as well as emotional and practical support. The Max Foundation has also established the first Latin American Bone Marrow and Cord Blood Registry.

Rehabmart

93 Carey St
Elberton, GA 30635-1435

1-800-827-8283
www.rehabmart.com

Offers numerous rehabilitation and medical products to make life easier.

Used Wheelchairs

1-800-786-8231
www.usedwheelchairs.com

Offers far more than wheelchairs and at 50 % including bathroom equipment and walkers.

Orange Card
GlaxoSmithKline Pharmaceuticals

1-888-ORANGE6
www.gsk.com

Program assists low-income seniors who have no prescription drug coverage. To qualify the individual must be 65 or older or disabled and are enrolled in Medicare, have annual incomes at or below 300% federal poverty level (annual incomes at or below \$26,000 single or \$35,000 for a couple), and who lack public or private drug coverage. To apply for this program ask your healthcare providers or call the toll-free number.

Blue Cross Blue Shield
Caring for Children Foundation

Some BCBS companies have established "Caring for Children Foundation" that provides free or low cost coverage to children who are not insurable through Medicaid or private insurance. Some of these foundations work with the SCHIP's programs in their states. Others work independently and accept no government funding. Services and eligibility requirements vary. Call your local BCBS office to find out if the program has been established in your area.

Variety Clubs International

350 5th Avenue, Suite 1119
New York, NY 10118

1-212-695-3818
vci@interport.net

A worldwide organization that bills itself as "The Greatest Children's Charity in the World". The aim of the 53 Variety Clubs around the world is to improve the quality of life of children who are less fortunate than others. The members, largely drawn from the world of entertainment, leisure, media and business, work untiringly to assist children who may be sick, handicapped or disadvantaged by social circumstances.

Agrability Project

Easter Seals

1-800-825-4264
abe.www.ecn.purdue.edu/ABE/Extension/BNG/agrabilitylinks

Assist agricultural and agribusiness workers who have physical and mental disabilities, including such disabilities as amputation, arthritis, spinal cord injury and hearing impairments. Staff from the state projects work with individual farmers and farm families to assess farm buildings and equipment to make recommendations on modifications that can help farmers with disabilities remain safely on the farm and help farmers find solutions to financing these modifications. To find out more contact your local Easter Seals office or the Breaking New Ground Resource Center listed above.

SaveWell

1-877-728-3935
www.savewell.com

Offers a discounted prescription, vision care, dental services and chiropractic & alternative medicine plan for an annual membership of \$84.

A Special Wish Foundation

2244 S. Hamilton Road, Suite 202
Columbus, OH 43232

1-800-486-WISH
1-614-575-WISH
www.spwish.org

Grant wishes across the U.S. for children diagnosed with life-threatening disorders and are under the age of 20.

A Wish With Wings, Inc.

917 Sanford Street
Arlington, VA 76012

1-817-469-9474
www.awishwithwings.org

Grant wishes come true for children with life-threatening diseases.

The Brass Ring Society, Inc.

National Headquarters
551 East Semorah Blvd., Suite E-5
Fern Park, FL 32730

1-800-666-9474
1-407-339-6188
www.worldramp.net/brassring

Fulfills the dreams of children who suffer from a life threatening or terminal illness.

Committee To Help Others

1-703-281-7614

Provides emergency food, financial assistance, clothing, and transportation services to and from medical/social services appointments.

Community Connection for Children

1-800-317-4600
1-760-934-3343

Offers support services including child care subsidy program, information and resource for child care, and utility assistance for families.

Elizabeth Glaser Pediatric AIDS Foundation 1-888-499-4673

A worldwide nonprofit foundation offering emergency assistance services to children with AIDS and other life-threatening illnesses, and their families. Provides grants for urgent basic needs, such as food, transportation, child care and medication not reimbursable from other sources, so that families have access to treatment, which would ordinarily be out of reach. Also provides free information and referral services. Supports pediatric research to ensure that children are at the forefront of every scientific breakthrough.

First Hand Foundation

2800 Rockcreek Parkway
Kansas City, Missouri 64117

1-816-201-1569
1-816-201-7569
www.firsthandfoundation.org

Provides financial assistance to children under 20 years of age worldwide. Patient doesn't have to be a citizen. The request must be clinically relevant to the health of the child. There must be no other existing financial net to cover the requested expenses. The foundation does not provide funding for debt reduction or experimental treatments and medications.

Cancer Recovery Foundation of America

P.O Box 238
Hershey, PA 17033

1-717-564-4100
1-717-564-4010
www.cancerrecovery.org

Provides emergency financial assistance, camp scholarships as well as gift baskets to children diagnosed with cancer and who are under age 18.

Childhood Leukemia Foundation

1608 Route # 88 West, Suite 203
Brick, NJ 08724

1-800-CLF-7109
1-732-840-7585
www.clf4kids.com

Provides children diagnosed with Leukemia under the age of 18 gift baskets, Toys R Us Certificates, Hip Hats, Camp Sponsorships, Valentine Parties, Wish List and Entertainment. The Childhood Leukemia Foundation will also assist in the cost of home care, transportation costs for the travel to chemotherapy or radiation treatment, and with the cost of medications. The guidelines for are flexible and are assessed individually. If there are unusually large expenses, these expenses are taken into consideration. Grants are available up to \$3000.00 per patient. Please call 1-800-253-4046 for an application.

Children's Happiness Foundation

P.O Box 266
Mansfield, MA 02055-2202

1-800-424-3543
1-617-837-9609

Grants wishes to children diagnosed with chronic illnesses.

Organ Transplant Fund, Inc.

1027 South Yates Road
Memphis, TN 38119

1-800-489-3863

Provides limited emergency grants to transplant recipients nationwide for medications.

St. Vincent de Paul Society San Mateo

1-650-343-4403

Provides services such as clothing vouchers, rental deposit assistance, bus fare/gas money (transportation assistance), and comprehensive information and referral.

Children's Hopes & Dreams, Wish Fulfillment Foundation

280 Route 46
Dover, NJ 07801

1-973-361-7348
www.childrenswishes.org

Grants wishes of children diagnosed with chronic illnesses. As well as match special pen-pal friends, send 'Kids Kare' packages and operate a retreat home for the parent of the ill children.

Children's Hospital Oakland Research Hospital

Sibling Donor Cord Blood Program
5700 Martin Luther King Jr. Way
Oakland, CA 94609

1-510-450-7605
www.kidsfirst.org/cordblood.html

Provides Cord Blood Banking of Siblings. Their program facilitates the collection, testing, transportation, and storage of cord blood for eligible families throughout the United States, where services are not available locally. They will communicate directly with the family's health care providers. To be eligible the family already has a child with a transplant-treatable condition, and is expecting another child (the affected child must be a full sibling of the fetus; or the fetus is known (from prenatal diagnosis) to be affected with a transplant-treatable condition; or the fetus is known to be at increased risk for a transplant-treatable condition (e.g. both parents are known recessive carriers. The services are free to eligible families through a grant from the National Heart, Lung, and Blood Institute. However this program would not cover fees associated with a stem cell transplant.

Children's Wish Foundation International

8615 Rosewell Road
Atlanta, GA 30350

1-800-323-WISH
1-770-393-WISH
www.childrenswish.org

Fulfill wishes for children all around the world who are diagnosed with life-threatening illnesses.

The Dream Factory, Inc.

1218 South 3rd Street
Louisville, KY 40203

1-800-456-7556
1-502-637-8700
www.dreamfactoryinc.com

Grants dreams to children who are between the ages of 3 and 18 years who have been diagnosed with critical or chronic illnesses.

Dream Line Inc.

117 North Merrill Street
Park Ridge, IL 60068

1-888-208-6102
1-847-910-3940
www.bobiverson.com

Offers several special services for families coping with serious, life-threatening illness of a child, such as the following:

Emergency Medical Airlift - Provides travel to out-of-state emergency medical treatment if other programs are unable to assist. However, at this time, they cannot offer multiple trips for on-going treatments.

Family Visitation - Offers one free round-trip for a parent to visit their child while undergoing long-term care out-of-state. This service is typically reserved for special occasions, such as a birthday, holiday, or if the child's condition is deteriorating.

Special Events / Concerts - Occasionally arranges for seriously ill children to attend a free concert of one of their favorite performers through the generosity of Upstaging, Inc.

Funeral Travel - Provides help for immediate family members, who would be otherwise unable to afford travel in order to attend the funeral of a child who, under normal circumstances, would have qualified for our program.

Kelly Anne Dolan Memorial Fund

602 S. Bethlehem Pike Bldg "D"
Box 556
Ambler, PA 19002

1-215-643-0763
www.kadmf.org

Provides financial assistance for the uninsured needs of families caring for terminally, critically, and chronically ill children. The Fund has assisted with everything from rent to electric bills to burial expenses. Families in need of assistance should contact their social worker, case manager, visiting nurse, nurse practitioner or doctor at the medical establishment where their child is treated to address a letter to the foundation for help. The following are the states in which funds are available: PA, NJ, NY, DE, MD, VA and Washington D.C.

Kids Wish Network

160 Scarlet Boulevard
Oldsmar, FL 34677

1-888-918-9004
1-813-891-9374
www.kidswishnetwork.org

Grant wishes to children with life-threatening illnesses.

Miles for Kids in Need

American Advantage 1-800-882-8880
 MD 139
 P.O Box 619616
 Dallas, TX 75261-9616

Provides air transportation for children (age 0-23) needing medical treatment or a wish fulfilled.

National Amputation Foundation

38-40 Church Street 1-516-887-3600
 Malverne, NY 11565 www.nationalamputation.org

Provides scholarships to amputee college students, helps rehabilitate new amputees, and medical supplies are given away free (wheelchairs, walkers, canes, commodes, and hospital beds).

National Foundation for Facial Reconstruction

317 East 34th Street, Room 901 1-212-263-6656
 New York, NY 10016 www.nffr.org

Provides financial aid, information and referral, insurance information and advocacy to persons with acquired facial disfigurement and birth defects.

Northwest Airlines Kidcares

5101 Northwest Drive 1-612-726-4206
 Department A1315 www.nwa.com
 St. Paul, MN 55111-3034

With the use of donated WorldPerks miles, free air travel is available to eligible children and one parent or guardian to obtain the medical treatment needed.

Operation Liftoff

4204 Bonfils 1-314-298-9770
 Bridgeton, MO 63044 www.operationliftoff.com

Provides air transportation to eligible children for medical treatment and dream trips.

The Ulman Cancer Fund for Young Adults

4725 Dorsey Hall Drive, Suite A
Ellicott City, MD 21092

1-410-964-0202
www.ulmanfund.org

Provides the "Matt Stauffer Memorial Scholarship" to support the financial needs of college students who are battling, or have overcome, cancer, who display financial need in the amount of \$1000.

The Sparrow Foundation

4192 NW 61st Street
Redmond, OR 97756

1-541-549-1144 ext. 8307
www.sparrow-Fdn.org

A youth-based charity organization of kids helping kids raises money for children in a medical crisis who have been referred by a hospital social worker. Benefits include financial support for medical bills and family maintenance, uninsured medical expenses, ancillary costs to care, travel and expenses family maintenance and general support.

Pilots for Christ International

4413 Whitetail Lane
Beaeton, VA 22712

1-540-439-0940
www.pilotsforchrist.com

Provides free air transportation to individuals or groups in need. Eligible passengers include ambulatory persons, relatives who need to visit seriously ill patients or others in need of emergency assistance.

Dream Come True

6950 Phillips Highway, Suite 17
Jacksonville, FL 32216

1-904-296-3030
www.dreamscometrue.org

Fulfills the wishes of terminally ill children.

Fairygodmother Foundation

2020 Lincoln Park West, Suite 37E
Chicago, IL 60614

1-773-388-1160
www.fairygodmother.org

Fulfills the wishes of terminally ill-loved ones 18 and older.

Forward Face, Inc.

317 East 34th Street, Suite 901A
New York, NY 10016

1-800-FWD-FACE
1-212-684-5860
www.forwardface.org

Provides financial assistance for patients and families with craniofacial conditions. As well as advocacy, counseling, information and referral, recreational, Broadway shows, trips, concerts, and horseback activities to qualified individuals.

Grant-A-Wish/ The Children's Promise Foundation

6601 Frederick Road
Baltimore, MD 21228

1-800-933-5470
1-410-744-1032
www.grant-a-wish.org

Fulfills the wishes of terminally ill children under age 18. The following programs are offered as well:

Hospital Housing - Assists families with finding a place to stay when they must travel far from home for medical treatment.

Respite Housing - Affords patients and their families an opportunity to get away from the hospital and home atmosphere during the treatment process. Two ways families can escape are through Beach & Mountain Retreats.

Hospital Dream Boxes - Utilizes toys as a unique reward system to help children cope with medical treatments.

In-Hospital Entertainment - Provides some happiness for hospital-bound children through entertainment activities such as surprise visits or Birthday parties.

Local Adventures - Allows families to enjoy a "normal" day, or evening, of fun activities such as sporting events, shows or amusement parks, free of charge.

Immune Deficiency Foundation

40 W. Chesapeake Avenue, Suite 308
Townson, MD 21204

1-800-296-4433
1-201-461-3127
www.primaryimmune.org

Offers patient support services, insurance reimbursement, assistance and community education programs through the following twenty regional and local IDF Chapters:

Arizona
California
Colorado
Connecticut
Florida

Illinois
Iowa
Kansas
Louisiana
Massachusetts

Michigan
Minnesota
Nebraska
New Mexico
Ohio

Oklahoma
Pennsylvania
Texas
Washington
West Virginia

Medicare Rights Center

1460 Broadway, 11th Floor
New York, NY 10036

1-212-869-3850
www.medicarerights.org

Provides free counseling services to people with Medicare question.

United States House of Representatives

1-202-224-3121
www.house.gov

Ask your congressman for help by accessing their contact information through this national site.

Enteral Formula

Ordering formula direct may save money. Many enteral formula manufacturers offer a "home delivery" program where consumers can purchase their formula directly and potentially save themselves a significant amount of money. Below is a short list of manufacturers and sample prices for their most popular formula(s). Please note this list is far from complete. If you are interested in a company or product we encourage you contact the manufacturer directly.

Mead Johnson Nutritionals Nutra-Line Service (coupons/financial assistance available) 1-800-247-7893 Sustical, (12) 8 oz.-cans \$18.37 Sustical Plus, (12) 8 oz.-cans \$19.75

Nestle Clinical Nutrition Home-Link Program (coupons/financial assistance available) 1-800-776-5446 Peptimen (unflavored) (24) 8 oz.-cans \$134.00 Nutren 1.0 (24) 8 oz.-cans \$29.30

Ross Products Division, Abbott Laboratories Home Delivery Program 1-800-986-8502 Ensure (regular) (24) 8 oz.-cans \$33.00

Novartis Nutrition Home Delivery Program 1-800-446-6380 Isosource (regular) (24) 8 oz.-cans \$38.00 (plus shipping)

***Prices are subject to vary and include shipping unless otherwise indicated.*

National Shared Housing Resource Center

The following arrangements may be good if you need help in meeting the high cost of living. For more information about these types of services contact the above number.

Homesharing - Links homeowners or renters who have space in their home to share with persons in need of housing.

Extended Family - Is several generations of family choosing to live together.

Health Insurance Counseling and Advocacy Program (HICAP)

1-800-333-4114
1-800-822-0109
www.csuchinco.edu/mssp/HICAP.html

A national Medicare program for the elderly and disabled that offers assistance with understanding Medicare benefits.

National Association of Community Health Centers, Inc.

1330 New Hampshire Avenue, NW, Suite 122 1-202-659-8008
 Washington, DC 20036 www.nachc.com

Provides a listing of local nonprofit, community owned health care programs serving low income and medically underserved urban and rural communities.

OncoLink

University of Pennsylvania Cancer Center

www.oncolink.upenn.edu/specialty/med_onc/chemo/general/indigent_drugs2.html

A widely respected web site for cancer-related information, which includes a section that provides information on reimbursement assistance programs such as the indigent drug program.

Nexell Therapeutics, Inc.

9 Parker 1-800-513-8434
 Irvine, CA 92618-1605

Offers an insurance and reimbursement hotline as a resource for patients and transplant centers that are being denied or are unable to afford a Nexell pharmaceuticals.

The Center for Disease Control hersource.com/breast/03/3d/cdcusa.cfm

The Prevention National Breast Cervical Cancer Early Detection Program provides free mammograms and Pap tests to underserved women in all 50 states, 6 U.S. territories, the District of Columbia, and 12 American Indian/Alaska Native organizations. To locate your local breast and cervical cancer program and to find out where you can get a free mammogram and Pap smear test click on the map provided on their website.

Office for Children with Special Health Care Needs Program

A Directory of State Title V CSHCN Programs cshcnleaders.ichp.edu/TitleVDirectory/directory.htm

This directory contains information for each state Children with Special Health Care Needs Program. While the name of the state agency that administers this program varies from state to state, the mission of all these programs is to assist children with special health care needs and their families to access the services and supports that they need. Some programs to finance medical and related services not otherwise covered by Medicaid or other health insurance. Programs also assist families with accessing all available funding resources. For your state's contact information please contact the above web address.

Cancer Information Services (CIS)

National Cancer Institute (NCI)

PO Box 24128
Baltimore, MD 212271-800-422-6237
www.cancer.net/nci.nih.gov/pdq

Helps locate financial aid and/or emotional counseling services, as well as information on diagnostic procedures.

Children's Cancer Webwww.cancerindex.org/ccw/guide2sg.htm

An independent non-profit site established to provide a directory of childhood cancer resources with links to information on cancer, treatment, financial support, and care tips.

Elks USA2750 Lake View Avenue
Chicago, IL 60614

1-773-975-0187

Contact your local Elks Lodge who may be able to provide financial assistance for children with chronic illnesses or disabilities for medical care. The national office doesn't provide funding.

General Grand Chapter, Order of the Eastern Star1618 New Hampshire Avenue, NW
Washington, DC 20009

1-202-667-4737

This national organization doesn't provide assistance for medical care; however, many state chapters have financial assistance for medical needs for children.

HEALTH Resource Center1 Dupont Circle
Washington, DC 20036-11931-800-544-3284
www.health-resource-center.org

Acts as a referral organization about financial assistance for education programs after high school, including special financial assistance program for individuals with disabilities.

Kiwanis International3636 Woodview Trace
Indianapolis, IN 46268-3196

1-317-875-8755

Contact local chapters who may be able too financially assist children with chronic illnesses or disabilities, however the national office doesn't have funding.

Michael Brandon Young Childhood Cancer Foundation, Inc.

PO Box 1968
Cleveland, GA 30528-0036

1-706-865-0470
www.home.ngweb.net/mbyccf

Offers the following two financial services to children in need. The request must be from the patient's social worker.

Gifts for You - Sends care packages filled with items like toys, candy, activity book, etc.

Friendly Hand Program - Helps needy families with financial assistance with food, lodging, electricity, park passes, and phone cards.

National Hemophilia Foundation (NHF)

116 West 32nd Street, 11th Floor
New York, NY 10001

1-800-42-HANDI
1-202-328-3700
www.hemophilia.org

Provides emergency financial assistance towards medical expenses such as wheel chair repair and prescribed medication. May also have other referrals for financial assistance.

Ruritan National

PO Box 487
Dublin, VA 24984

1-540-674-5431

Local clubs provides assistance to families to pay for medical equipment and supplies, prescription medications, and medical transportation.

Sick Kids Need Involved People

213 West, 35th Street, 11th Floor
New York, NY 10001

1-212-268-5999

Provides assistance with locating financial aid to families of children with chronic health care needs.

Traveler's Aid International

918 16th Street, NW
Suite 201
Washington, DC 20006

1-202-546-1127

Local agencies offer short-term crisis intervention to assist with covering a medical emergency. Traveler's Aid is listed in the business section of the local white pages or under Social Services Agencies in the yellow pages.

United Methodist Association of Health and Welfare Ministries

601 West Riverview Avenue
Dayton, OH 45406-5543

1-973-227-9494

Member organizations provide medical and related care at reduced or negotiated rates. The national office does not provide direct financial aid.

Uniformed Service Organization (USO)

601 Indiana Avenue, NW
Washington, DC 20004

1-202-661-5700

The local office may assist active duty personnel with crisis intervention. To obtain a listing of your local USO organizations contact this national office.

BCBS Caring Program for Children

676 North Street, Claire Street
Chicago, IL 60601

1-312-440-6000

www.bcbs.org

Offers specially designed health benefit program for low-income children with no denials based on medical reasons. This insurance doesn't pay for in-patient services and is not available in all states.

Novartis CareCard

1-866-974-CARE (2273)

www.novartis.com

A drug discount program that aids needy elderly who lack prescription drug coverage for Novartis brand drugs.

ALABAMA

Alabama Department of Insurance

State Insurance Commissioners Office 1-334-269-3550
135 South Union Street
Montgomery, AL 36130

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Alabama

Office of the Attorney General 1-334-242-7300
State House
11 South Union Street
Montgomery, AL 36130

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Alabama Long-Term Care Ombudsman 1-877-425-2243

Investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Medicaid 1-800-362-1504
1-334-242-5743
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Alabama Medicaid Agency at the above number. Montgomery Medicaid is 1-334-242-4065

This new legislation will allow those women who have been screened and diagnosed with breast or cervical cancer through the Alabama Breast and Cervical Cancer Early Detection Program (ABCCEDP) providers, and who meet the requirements above, to receive treatment through the Alabama Medicaid Program. Effective October 1, 2001, the Alabama Medicaid Agency will provide coverage for any woman who meets the eligibility requirements for Medicaid pursuant to this act. If eligible, she shall be entitled to medically necessary treatment for breast or cervical cancer and any other medically necessary Medicaid services covered under the Medicaid State Plan for the period of eligibility. Experimental treatments will not be covered. Eligibility ends when her course of treatment is completed or the state determines that she no longer meets eligibility criteria for this category. As soon as an ABCCEDP provider diagnoses a recipient with breast or



cervical cancer, the diagnosing provider needs to immediately contact Deborah Pennington at the Alabama Department of Public Health (ABCCEDP Program) at (334) 947-6206 to initiate the Medicaid application process. Ms Pennington's email address is DeborahPennington@adph.state.al.us.

Alabama Department of Public Health

RSA Tower Suite 1552
P.O. Box 303017
Montgomery, AL 36130-3017

1-888-373-5437
www.alapubhealth.org

The CHIP program also known as ALLKids was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Alabama Child Caring Foundation Programs

Children's Health Insurance Program (CHIP) 1-800-726-2289
www.alapubhealth.org/chip/index.htm

A health insurance program for uninsured children who are not eligible for Alabama Medicaid and who are excluded from ALLKids. The cost of the program is nothing to the parent it is paid for with donations and matching funds from Blue Cross and Blue Shield of AL.

SOBRA Medicaid Program 1-800-362-1504

This Medicaid program is a medical assistance program which helps pay medical bills for children under 19 and pregnant women.

Health Centers 1-334-206-5396

Alabama Health Centers offer discounted charges to low-income individuals. However these centers provide assistance regardless of their ability to pay. For information contact the Alabama Department of Public Health (ADPH), Alabama Medicaid Agency, Alabama Office of Rural Health or the Alabama Primary Care Office.

Alabama Department of Public Health

201 Monroe Street
P.O. Box 303017
Montgomery, AL 36130-3017

1-334-206-5396
www.alapubhealth.org

The following programs are offered through the Department of Public Health:

Temporary Assistance for Needy Families (TANF) - Cash benefits are time limited to households headed by employable adult's age 19 and older.

General Assistance - State funded program designed to provide cash assistance to low-income people who do not qualify for federally funded programs.

Food Stamps - A program that enables low-income families to buy a variety of foods, which is the basis for better nutrition.

Childcare Assistance - Provides support for families with young children to enable the caretaker to hold a job, obtain training or meet special needs of a child.

**Alabama Breast and Cervical
Cancer Early Detection Program** 1-800-4 –CANCER

A program which includes free breast examinations, pap smears and help funding treatment.

Child Treatment 1-800-654-1385

Provides care for children from birth to 21 years of age through the well child and Early Periodic Screening, Diagnosis and Treatment (EPSDT) programs. For more information on other children health services providers in your area and a transportation assistance call the above number. Resident in Montgomery contact 1-334-206-5760.

LIHEAP Assistance for Alabama 1-334-242-5365

Alabama Department of Economic and Community Affairs
Community Services Division
P.O. Box 5690
Montgomery, AL 36103-5690

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Alabama Health Insurance Plan 1-800-513-1384
1-334-353-8924

Provides Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

Mobile Aids Support Service (MASS) 1-334-471-5277

MASS provides eligible individuals with funding for medical care, housing utilities, transportation, legal and dental expenses.



HIV/AIDS

1-800-228-0469

For referral, confidential testing and counseling is available at all County Health Department. Assistance with medications for those who meet medical and financial criteria home care services. Skilled nursing and personal care services are also available on a sliding fee scale for the medically indigent.

Aids Task Force or Alabama, Inc. (ATFA)1-800-592-AIDS
1-205-324-9822

Handles contract negotiations and administer offers technical assistant, training, housing resources, subcontracts with other agencies for HIV prevention and service programs.

Birmingham Aids Outreach, Inc. (BAO)

1-205-322-4197

Provides home health and respite care, food, clothing and medically necessary transportation assistance along with emotional support and basic support service.

Mother's Day Mammograms1-888-748-3669
www.RITEAID.com

A program provided by Rite Aid Corporation along with Alabama Breast and Cervical Cancer Early Detection in which women receive free mammograms. (age, income and insurance level are some of the guidelines).

Hypertension

1-334-206-5396

A high blood pressure program, which is targeted toward the medically indigent and provides patients with medication, monitoring and counseling on referral from their physician.

Eldercare Options

1-800-356-9596

Provides information on types of care for older citizens.

Social Work Services1-800-654-1385
1-334-206-5224

Assist patient in finding help for healthcare needs, jobs, familiar problems, drug and alcohol abuse, food and housing.

Women, Infant and Children (WIC)1-800-654-1385
1-205-930-1536 (Birmingham)

Supplemental food program for mothers with infant children.

Storkline

1-800-654-1385

A healthcare during pregnancy informational referral line.

Rental/Housing Assistance Programs

Alabama State Office
Beacon Ridge Tower
600 Beacon Parkway West, Suite 300
Birmingham, AL 35209-3144

1-205-290-7601

Rent-Assisted Housing for Elderly/Disabled are housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Rural Housing Service offers rental assistance programs, home improvement and repair loans and grants, and self-help housing loans to low-income individuals and families. Contact your local rural development office (check the federal government section in your phone book).

The United Way Community Food Bank

2524 2nd Street, West
P.O. Box 310460
Birmingham, AL 35231-0460

1-205-323-0000 (referral number)
1-205-252-7343

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in



Food Bank of North Alabama

2000 Vernon Street #B
Huntsville, AL 35805

1-256-539-2256

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Bay Area Food Bank

551 C. Western Drive
P.O. Box 7762
Mobile, AL 36607

1-334-263-3784
www.bayareafoodbank.org

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Montgomery Area Food Bank

521 Trade Center Street
Montgomery, AL 36108

1-334-471-1608

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Christian Service Mission

Food Pantry
Birmingham, AL

1-205-252-9906

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Alabama Early Intervention Program

2129 E South Boulevard
PO Box 11586
Montgomery, AL 36111-0586

1-334-613-2393
www.rehab.state.al.us/intervention

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Private Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Alabama Power
600 N. 18th St.
Birmingham, AL 35203

Tel: 1-205-257-1437
Fax: 1-205-257-1915
phwest@southernco.com

American Red Cross
Project SHARE
950 22nd St. N., Suite 750
Birmingham, AL 35203

Tel: 1-205-458-8288
Fax: 1-205-458-8286

Alagasco
605 21st North
Birmingham, AL 35203-2709

Tel: 1-205-581-1840
Fax: 1-205-326-2595
g.woodard@energen.com

Community Action of
N. Central AL
PO Box 1788
Decatur, AL 35602

Tel: 1-256-355-7843
Fax: 1-256-355-7953

Dallas-Selma Community
Action Agency
PO Box 988
Selma, AL 36702

Tel: 1-334-875-2450
Fax: 1-334-875-2433
CACDANA@worldnet.att.net

State of Alabama Client Assistance Program

CAP
2125 East South Boulevard
Montgomery, AL 36116-2454

1-334-281-2276
sacap.homestead.com/sacap.html

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

PADD/PAIMI/PAIR

Alabama Disabilites Advocacy Program
The University of Alabama
Box 870395
Tuscaloosa, AL 35487-0395

1-800-826-1675
1-205-348-4928
www.adap.net

A State Protection and Advocacy Agency for Persons with Developmental Disabilities, Mental Illness and The Client Assistance Program.

Alabama Foundation for Oncology

P.O. Box 660833
Birmingham, AL 35266-0833

1-205-877-2225
1-205-877-2273

Provides pediatric cancer patients that reside in Alabama with financial assistance, camps, literature, and a grief guide.

Kid One Transport System

P.O. Box 360943
Birmingham, AL 35236-0943

1-800-543-7143
1-205-250-1499

Provides local transportation to children under age 18.

Magic Moments

c/o Children's Hospital of Alabama
1600 7th Avenue South
Birmingham, AL 35233

1-205-939-9372

Grants wishes to terminally ill children.

Helpline Christian Outreach Ministries, Inc.

Operation Blessing
8 Roebuck Drive
Birmingham, AL 35215

1-205-833-7712
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

ALASKA

State Insurance Commissioners Office

Alaska Department of Commerce & Economics 1-907-465-2515
P.O. Box 110805
Juneau, AK 99811-0805

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Alaska

Office of the Attorney General 1-907-465-3600
P.O. Box 11030
Diamond Courthouse,
Juneau, AK 99811

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Alaska Long-Term Care Ombudsman 1-907-563-6393

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health & Social Services 1-888-318-8890
P.O. Box 110601 1-907-465-1696
Juneau, AK 99811-0601 www.hss.state.ak.us/dma/denali.htm

The CHIP program also known as Denali KidCare was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above. Denali KidCare is a medical assistance program to ensure that children and teens of both working and nonworking families can have the health insurance they need. The program provides comprehensive health insurance coverage for children and teens through age 18, and for pregnant women, who meet the income guidelines, which are higher than for those applying for regular Medicaid.



LIHEAP Assistance for Alaska

Alaska Department of Health & Social Services 1-907-465-3066
Division of Public Health 1-800-470-3058
400 W. Willoughby Avenue, Room 301 www.liheap.com
Juneau, AK 99801-1731

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Department of Health and Social Services

P.O. Box 110660 1-907-465-3355
Juneau, AK 99811-0660 www.hss.state.ak.us

Provides a variety of state assistance programs such as Medicaid, general relief, heating and cooling assistance and food stamps to qualified individuals.

Chronic and Acute Medical Assistance (CAMA) 1-888-804-6330
269-5777 (in Anchorage)

A state-funded medical assistance program that pays for a very limited amount of health care services for very low income adults and children who do not qualify for Medicaid. Covered services include limited inpatient hospital stays and prescription drugs for individuals with certain chronic illnesses.

Alaska Comprehensive Health Insurance Association (ACHIA) 1-888-290-0616
1-907-787-2209
www.achia.com

This program is designed to provide health insurance to high risk individuals who are unable to find adequate health insurance coverage in the private market and to those individuals who have had prior health insurance coverage and who meet the federal rules for eligibility.

Alaska Temporary Assistance Program 1-907-465-3355

This is a work-focused program designed to encourage work and make working families better off by increasing their income and reducing poverty.

Adult Public Assistance (APA) 1-907-465-3355

This program was established with the mandate to furnish financial assistance to needy aged, blind, and disabled persons and to help them attain self-support or self-care.

Food Stamps Program

1-907-465-3355

Helps low-income household maintain adequate nutrition.

General Relief Assistance (GRA)

1-907-465-3355

This program is designed to meet the immediate, basic needs of Alaskans facing extreme financial crisis such as shelter, utilities, clothing, transportation and food.

Healthy Beginnings

1-800-654-1385

Provides information on Women, Infants, and Children program (WIC), which is a supplemental program providing assistance with the purchase of milk, formula, eggs, cereal, cheese, and juice. For more information call.

Temporary Assistance for Needy Families (TANF)

1-907-465-3355

Provides temporary cash assistance to families in need.

Subsidized Child Care

1-907-465-3355

Provides assistance with paying child care so the care taker can continue working.

The Food Bank of Alaska

2121 Spar Avenue
Anchorage, AK 99501-1886

1-907-272-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Medicaid

1-800-221-7471

www.hcfa.gov/medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Alaska Medicaid Agency. Medicaid is available only to certain low-income individuals and families who fit into an eligibility category recognized by federal and state law. The Division of Public Assistance Offices are listed below. If your community is not listed here, please contact the nearest office.

Anchorage District Office, 400 Gambell Street, Suite 101, Anchorage, Alaska 99501
Phone: 907-269-6599



Anchorage APA Office, 235 E. 8th Avenue, Suite 300, Anchorage, Alaska 99501
Phone: 907-269-6000

Bethel District Office, 406 Ridgecrest Drive, Bethel, Alaska 99559-0365
Phone: 907-543-2686 or 800-478-2686

Coastal Field Office, 3601 C Street, Suite 410, PO Box 240249, Anchorage, Alaska 99524-0249
Phone: 907-269-8950 or 800-478-4372

Denali KidCare Office, PO Box 2400047, Anchorage, Alaska 99524-0047
Phone: 907-269-6529 or 888-318-8890

Eagle River Job Center, 11723 Old Glenn Hwy., # B-4, Eagle River, Alaska 99524-0047
Phone: 907-694-7006

Fairbanks District Office, 675 7th Street, Station D, Fairbanks, Alaska 99701
Phone: 907-451-2850 or 800-478-2850

Homer District Office, 270 W. Pioneer, Suite C, Homer, Alaska 99603
Phone: 907-235-6132

Juneau District Office, 10002 Glacier Hwy., Suite 201, Juneau, Alaska 99801
Phone: 907-465-3551 or 800-478-3551

Kenai Peninsula Job Center, 11312 Kenai Spur Hwy., # 2, Kenai, Alaska 99661
Phone: 907-225-2135 or 800-478-9032

Kodiak District Office, 307 Center Street, Kodiak, Alaska 99615
Phone: 907-486-3783 or 888-480-3783

Kotzebue District Office, PO Box 1210, Kotzebue, Alaska 99752
Phone: 907-442-3451

Mat-Su District Office, 855 W. Commercial Drive, Wasilla, Alaska 99654
Phone: 907-376-3903 or 800-478-7778

Muldoon One Stop, 1251 Muldoon Road, Suite 111B, Anchorage, Alaska 99504
Phone: 907-296-0000

Nome District Office, PO Box 2110, Nome, Alaska 99762
Phone: 907-443-2237 or 800-478-2236

SE APA/Specialized Medicaid, 10002 Glacier Hwy., Suite 105, Juneau, Alaska 99801
Phone: 907-465-3537 or 800-478-3537

Sitka District Office, 201 Katlian Street, # 107, Sitka, Alaska 99835
Phone: 907-747-8234 or 800-478-8234

**Health Insurance Information
& Counseling**

1-800-478-6065

1-907-269-3690

For information and counseling assistance for problems with Medicare or Medicaid claims, QMB/SLMB, Fraud and Abuse, Medicaid and Relocation, Long Term Care, other health care issues, Medicare Supplements and Medicare & Choice and Home Health Care.

CAP

ASSIST
2900 Boniface Parkway, # 100
Anchorage, AK 99504-3195

1-907-333-2211

A State Protection and Advocacy Agency for Persons with Developmental Disabilities, Mental Illness and The Client Assistance Program.

PADD/PAIMI/PAIR

Disability Law Center of Alaska
3330 Arctic Blvd., Suite 103
Anchorage, AK 99503

1-800-478-1234
1-907-565-1002

A State Protection and Advocacy Agency for Persons with Developmental Disabilities, Mental Illness and The Client Assistance Program.

Alaska Early Intervention Program

1-907-269-3419

State Department of Health and Social Services
1231 Gambell St
Anchorage, AK 99501-4627

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Arizona Center for Disability Law

3208 E. Fort Lowell, Suite 106
Tucson, AZ 86716

1-520-327-9547

Provides advocacy and legal counsel to families who have children with special needs who encounter problems assessing services.

Arizona Consortium for Children with Chronic Illness (ACCCI)

1-602-997-2368

Provides advocacy for children with chronic illnesses and their families. Works directly with individual families needing services as well as state agencies and other providers to achieve coordinated services.

Children's Information Center

1-800-352-3792

Provides a database directory of children resources.

Pilot Parents Partnerships

1-800-237-3007

Provides support and information to families who have children with special needs. As well as a statewide volunteer parent network, educational information, and community resources.

March of Dimes

1-602-266-9933

Their mission is to improve the health of babies by preventing birth defects and infant mortality. March of Dimes funds programs of research, community services, education, and advocacy to save babies. There are very limited funds to assist Polio patients, but can provide out source referrals on an as needed basis.

Community Information and Referral

1-800-352-3792

Provides a 24 hour help line covering a wide range of topics.

Food Stamps

1-800-252-5942

Assist low-income household with vouchers to help them maintain adequate nutrition.

Women, Infants and Children (WIC)

1-800-2525-WIC

A supplemental program for women, infants, and children.



United Food Bank

358 E. Javelina
Mesa, AZ 85210

1-480-926-4897

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Westside Food Bank

13050 W.Elm
Sun City, AZ 85372-1310

1-602-242-3663

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Community Food Bank

3003 S. Country Club
P.O. Box 26727
Tucson, AZ 85726

1-520-622-0525

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Southeast Arizona Food Bank Association

Wilcox, AZ 85643

1-520-384-4433

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Rental/Housing Assistance Programs

Arizona State Office
Two Arizona Center
400 North 5th Street, Suite 1600
Phoenix, AZ 85004-2361

1-602-379-3045

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

CAP/PADD/PAIMI/PAIR

Arizona Center for Disability Law
100 North Stone Avenue, Suite 305
Tucson, AZ 85701

1-520-884-9547
www.acdl.com

A State Protection and Advocacy Agency for Persons with Developmental Disabilities, Mental Illness and The Client Assistance Program.

Arizona LifeLine

1-888-543-5637
1-623-435-5511

Helps find insurance for patients with pre-existing conditions.

Western Health Service

1-480-990-4740

Helps find insurance for patients with pre-existing conditions.

Arizona Early Intervention Program

Department of Economic Security
1717 West Jefferson
Room 109
Phoenix, AZ 85005

1-602-542-5577
1-602-542-5552 (fax)
vomm5793@de.state.az.us (email)

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Make-A-Wish Foundation of America

3550 N. Central Avenue, Suite 300
Phoenix, AZ 85012

1-800-722-WISH
1-602-279-9474
www.wish.org

Grants the wishes of terminally ill children.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.htm

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

City of Phoenix
Human Services Dept.
200 W. Washington, 17th Floor
Phoenix, AZ 85003

Tel: 1-602-262-4520
Fax: 1-602-534-2092
nyoung@ci.phoenix.az.us

Arizona Community
Action Association
2627 North 3rd Street, Suite 2
Phoenix, AZ 85004

Tel: 1-602-604-0640
Fax: 1-602-604-0644
andrew@azcaa.org

Community Services Admin.
PO Box 6123-0862
Phoenix, AZ 85005

Tel: 1-602-542-6600
Fax: 1-602-542-6655
smendez@mail.de.state.az.us

Maricopa County HSD
2801 W. Durango
Phoenix, AZ 85009

Tel: 1-602-506-4844
Fax: 1-602-506-8789
jjertson@mail.maricopa.gov

San Carlos Apache Tribe
PO Box O
San Carlos, AZ 8550

Tel: 520-475-2670
Fax: 520-475-2342

Tucson Electric Power Company
PO Box 711
Tucson, AZ 85702

Tel: 1-520-884-3984
Fax: 1-520-770-2005
Betsey2@tucsonelectric.com

ARKANSAS

State Insurance Commissioners Office

2100 West 3rd Street
Little Rock, AR 72201-1904

1-800-852-5494
1-501-371-2640

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Arkansas

Office of the Attorney General
200 Tower Building
323 Center Street
Little Rock, AR 72201-2601

1-501-682-2007

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Arkansas Long-Term Care Ombudsman

1-501-682-2428

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Arkansas Department of Human Services
Donaghey Plaza South
P.O. Box 1437
Little Rock, AR 72203-1437

1-888-474-8275
1-501-682-8368

The CHIP program also known as ARKids First was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-224-6330
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Arkansas Medicaid Agency at the above number.

Arkansas Department of Economic and Community Affairs

Community Services Division (LIHEAP) 1-501-682-8726
P.O. Box 1437/Slot 1330 www.liheap.com
Little Rock, AR 72203-1437

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Weatherization Assistance Program 1-501-682-8726

Provides funds to conserve energy in the homes of low-income people with emphasis on elderly, handicapped and females with children.

Arkansas Health Insurance Plan 1-501-378-2979

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage in the private market.

Community Services Block Grant Program 1-501-682-8719

Provides funds to enable low-income persons to get involved in economic development activities. Emergency assistance is for low-income individuals to recover from non-insured disasters. Also provides funds to meet nutritional needs.

Emergency Services Unit 1-501-682-8932

Manages and coordinates individual assistance programs for victims of a disaster with federal and state programs including temporary housing program, minimal house repair, emergency food stamps, individual and family grant programs and USDA foods for shelter feeding.

Food Stamps 1-501-682-8233

Enables low-income families to buy a variety of foods, which is the basis for better nutrition.

Emergency Food Assistance Program 1-501-324-9115

Program makes surplus and purchased agricultural commodities available to low-income families.

Northwest Arkansas Food Bank

1420 N. 32nd Street
P.O. Box 4069
Ft. Smith, AR 72914

1-501-785-0582

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Arkansas Food Bank Network

8121 Distribution Drive
Little Rock, AR 72209

1-501-565-8121

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Food Bank of Northeast Arkansas

3406 S. Culberhouse
Jonesboro, AR 72404

1-870-932-3663

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Transitional Employee Assistance (TEA)

1-501-682-8233

Provides cash payment to needy families who are unable to support their children due to death, mental or physical disability, and/or loss of employment. Education, training and help getting a job services are also available.

BreastCare

Arkansas Department of Health
4815 West Markham Street
Little Rock, AR 72205

1-877-670-2273
1-501-661-2000
www.arbreastcare.com

A program of the Department of Health was created to provide free screening, diagnosis, treatment, surveillance activities, public and professional education to women in Arkansas at risk for Breast Cancer.

Division of Aging and Adult Services

1-501-682-2441

The following programs are offered to elderly individuals who meet specific medical and social criteria.

Adult Day Care - A group program designed to provide care and supervision to meet the needs of functionally impaired adults.



Chore Services - A household service, which may include running errands, preparing food, simple household tasks, heavy cleaning or yard maintenance, which the client is unable to perform alone.

Employment Services - Provides an organized program of counseling, assessment, training and placement, either subsidized or unsubsidized. Financial eligibility requirements vary by funding source. Must be 55 or older.

Health Promotion - Routine health screening, which may include hypertension, glaucoma, cholesterol, cancer, vision, hearing, diabetes and nutrition screening.

Homemaker Services - Provides basic upkeep and management of the home and household. Assistance may include menu planning, running errands, laundry, essential shopping, meal preparation and simple household tasks.

Legal Assistance - Provides legal advice and representation by an attorney for clients 60 years or older.

Material Aid - Provides goods or payment of bills to meet or prevent an imminent emergency. (For example, purchase of basic necessities for someone whose house has been destroyed by fire, or payment of a utility bill to prevent imminent shut off service or distribution of such items as eyeglasses, clothing or security devices.)

Meals (Congregated) - Provides appropriate meals in a group setting such as a senior center or elderly housing facility.

Meals (Home-Delivered) - Provides appropriate meals, delivered to clients who are homebound and unable to prepare nutritionally adequate meals.

Personal Care - Services may include assistance with bathing, grooming, dressing and toileting; assistance with medications which are ordinarily administered by the client; assistance with transportation to/from physician and/or medical facility; assistance with food preparation. Client must meet medical requirements.

Rental/Housing Assistance Programs

Arkansas State Office
TCBY Tower
425 West Capitol Avenue, Suite 900
Little Rock, AR 72201-3488
1-501-324-5933

For the below listings contact:

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Rural Housing Service offers rental assistance programs, home improvement and repair loans and grants, and self-help housing loans to low-income individuals and families. Contact your local rural development office (check the federal government section in your phone book).

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities)

CAP/PADD/PAIMI/PAIR

Disability Rights Center, Inc.
Evergreen Place, Suite 201
1100 North University
Little Rock, AR 72207

1-800-482-1174
1-501-296-1775
www.advocacyservices.org

A State Protection and Advocacy Agency for Persons with Developmental Disabilities, Mental Illness and The Client Assistance Program.

Arkansas Early Intervention Program

Donaghey Plaza North
7th & Main Streets, Slot 250
Little Rock, AR 72203-1437

1-501-682-8699

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Entergy Arkansas
P.O. Box 551
Little Rock, AR 72203

Tel: 1-501-377-5594
Fax: 1-501-377-5822
wnixon@entergy.com

Entergy Arkansas
P.O. Box 551
Little Rock, AR 72203-0551

Tel: 1-501-396-4917
Fax: 1-501-396-4330
elewall@entergy.com

Entergy Arkansas
9 Entergy Court
Little Rock, AR 72221

Tel: 1-501-223-6150
Fax: 1-501-223-6133
eharris@entergy.com

Entergy Arkansas
P.O. Box 411
El Dorado, AR 71730

Tel: 1-870- 864-3837
Fax: 1-870-864-3875
dtatum@entergy.com

Entergy Arkansas
P.O. Box 551
Little Rock, AR 72203-0551

Tel: 1-501-396-4320
Fax: 1-501-396-4330
athomas@entergy.com

Arkansas Dept. of Human Services
PO Box 1437, Slot #1330
Little Rock, AR 72203

Tel: 1-501-682-8715
Fax: 1-501-682-6736
thomas.green@mail.state.ar.us

Corwley's Ridge Dev. Council
P.O. Box 1497 Jonesboro, AR 72403-1497

Tel: 1-870-935-8610
Fax: 1-870-935-0291

CALIFORNIA

California Department of Insurance

State Insurance Commissioners Office
300 Capital Mall
Suite 1500
Sacramento, CA 95814

1-916-492-3500
www.insurance.ca.gov/docs/index.html

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of California

Office of the Attorney General
1300 I Street, Suite 1740
Sacramento, CA 95814

1- 916-324-5437

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

California Long-Term Care Ombudsman 1- 916-323-6681

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health Services
714 P. Street, Room 1253
Sacramento, CA 95814

1-888-747-1222
1-916-653-2223

The CHIP program also known as Healthy Families was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medi-Cal

1-800-434-0222
1-877-597-4777
www.dpss.co.la.ca.us

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services.

LIHEAP Assistance for California

Department of Community
Services & Development
700 North 10th Street, room 258
Sacramento, CA 95814

1-800-427-8700
1-916-323-8694
www.liheap.com

California Alternative Rates for Energy (CARE)

1-800-433-4327

Provides low-income households with discounts on their monthly energy costs.

Weatherization Program

1-916-323-8694

Provides free services to improve the energy efficiency of low-income homes.

Doorways

1-314-535-1919

An interfaith AIDS resident program members.aol.com/doorwaysmo/page1.html

Doorways is an interfaith program which provides housing options in the St. Louis metropolitan area for people with HIV illness (AIDS). DOORWAYS houses up to 450 persons each month through its rent/mortgage subsidies, and independent and supportive living facilities. The following are a listing of programs offered by Doorways:

The Residential Program provides fully furnished, confidentially located apartments for low-income families and individuals. A service fee is assessed on a sliding scale.

The Own Home Program subsidizes rent, mortgage and/or utility payments for persons who would otherwise be unable to afford to stay in their own homes. On-going emergency payments are available.

The Clearinghouse lists AIDS sensitive property managers and available units and provides housing advocacy, placement assistance, and outreach to HIV affected individuals.

The Supportive Housing Program is the supportive housing facility is the first licensed residential care facility for persons with HIV/AIDS in the State of Missouri. The Supportive Housing Program provides housing with laundry, housekeeping, food and nutrition, home health services, IV infusion therapy, and social support.

California Managed Risk Medical Insurance Program

1-800-289-6574
1-916-324-4695

Provides health insurance options for high risk individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

California Department of Aging

1600 K Street
Sacramento, CA 95814

1-800-510-2020
1-916-322-3887

Provides a variety of services such as adult day health care, meals-on-wheels, volunteer services, and financial aid for the elderly.

Adult Day Health Care

1-916-445-4600

A program, which provides health, therapeutic, and social services to serve the specialized need of elderly and disabled individuals.

Alzheimer's Day Care Resource Center

1-916-324-1900

A daycare for persons with Alzheimer's disease (and other related dementia) whom do not qualify for other programs. The centers provide respite, training and support for families and professional caregivers.

Brown Bag Program

1-916-323-1128

Provides low-income elderly people with surplus and unmarketable edible fruits, vegetables and other unsold food products. The program is designed to assist elders 60 years of age and older who are on fixed incomes. There is no distribution fee charged.

Nutrition Services

1-916-322-0775

Two programs are offered to provide senior with nutritious meals through local programs. Congregate Meals are provided in a group setting and Home Delivered Meals are prepared and delivered to homebound seniors.

Foster Grandparent Program

1-916-323-7514

Low-income senior volunteers work with children who have exceptional needs.

Health Insurance Counseling and Advocacy Program

1-800-434-0222

Provides counseling on Medicare, managed care, and other private health insurance issues.

Information & Assistance

1-800-510-2020

Trained staff link older persons and their families to specific community services such as information, assistance and follow-up.

Linkage

1-916-322-7200

Services range from in-depth information and assistance to case management. Linkage serves elderly and disabled individuals who are at risk of institutionalization. Clients do not need to be eligible for Medi-Cal.

Multipurpose Senior Services Program

1-800-510-2020

The services that MSSP clients may utilize include case management, adult social day care, housing assistance, chore and personal care assistance, respite care, transportation, meal services, protective services and communication services.

**Senior Community Service
Employment Program**

1-916-327-0575

Provides low-income seniors over age 55 with part-time subsidized employment.

Senior Companion Program

1-916-332-6666

Low-income senior volunteers provide peer support to other seniors in their local communities.

Social Services

1-800-339-6993

The following programs are offered through the Social Services Department.

Refugee Cash Assistance - Provides Needy refugees who have lived in the United States for less than 8 months may apply for cash assistance.

Refugee Resettlement Program -Its mission is to provide state level leadership and coordination of refugee programs and services to achieve successful refugee resettlement and self-sufficiency.

Refugee Employment Social Services and Targeted Assistance - Provides employment and training services to refugees.

Refugee Discretionary Program - Provide services to specialized refugee populations, such as the elderly.

CalWORKs – A welfare program that gives cash aid and services to needy persons. - 1-888-393-5327

Child Health and Disability Prevention (CHDP) - Provides regular, preventive check-ups to those members of the CalWORKs family up to the age of 21.

Child Care - Families eligible for CalWORKs can receive help paying for child care.

Food Stamps - A monthly benefit which enables eligible people to purchase nutritional food.

California Food Assistance Program (CFAP) - A state-funded program for legal non-citizens minors (under 18 years old) and legal non-citizen adults (aged 65 or older). The individual must have been legally present in the United States prior to August 22, 1996, and determined ineligible for food stamps.

Emergency Food Assistance Program

A program, which provides emergency food, supplies to low- and no-income households and individuals. The following are a listing of EFAP food distribution agencies.

1st Methodist Church of Loomis	1-916-652-0469
St. Mark's Angelican Episcopal	1-916-652-0469
United Methodist of Newcast	1-916-663-2250
Christmas Food Basket	1-916-652-5278

Cancer Care

1-800-813-HOPE
www.cancercares.org

Provides local financial assistance to help people with all cancers in San Diego, California. Financial help is for transportation, radiation, chemotherapy, pain medications, home care, childcare, and some screening and biopsies. For more information visit Cancer Care website or call toll-free.

FIND, Inc.

68615 Perez Road, 4A
Cathedral City, CA 92235-0041

1-706-328-3663

Provides food and nutrition services.

Butte County Gleaners, Inc.

1436 Unit E. Nord Avenue
Chico, CA 95926

1-530-899-3758

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Contra Costa Food Bank

4010 Nelson Avenue
Concord, CA 94527-1966

1-925-676-7543

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Community Food Bank

140 Fulton
Fresno, CA 93721

1-559-237-3663

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Los Angeles Regional Food Bank

1734 E. 41st Street
Los Angeles, CA 90058-1502

1-323-234-3030

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

San Joaquin Food Bank

704E. Industrial Park Drive
Manteca, CA 95337

1-209-833-3663

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Senior Gleaners, Inc.

3185 Longview Drive
North Highlands, CA 94623

1-916-971-1530

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Alamooa County Community Food Bank

West Oakland
Oakland, CA 94623

1-510-834-3663

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

SH Food Bank of Orange County

426A West Almond Street
Orange, CA 92866

1-714-771-1343

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Food Share, Inc.

4156 N. Southbank Road
Oxnard, CA 93030

1-805-983-7100

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

SH FB Serving Riverside & San Bernadino

2950 B. Jefferson Street
Riverside, CA 92504-4360

1-909-359-4757

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Community Resources Council

133 Church Street
Roseville, CA 95678

1-916-783-0481

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Food Bank for Monterey County

815 W. Market Street, Suite 5
Salinas, CA 93901

1-831-758-1523

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

San Diego Food Bank

2285 Decatur Street
San Diego, CA 92106-6021

1-619-523-8811

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

San Francisco Food Bank

900 Pennsylvania Avenue
San Francisco, CA 04107

1-415-282-1900

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

SH FB Serving Santa Clara & San Mateo Cos.

750 Curtner Avenue
San Jose, CA 95125-2118

1-408-266-8866

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Food Bank of Santa Barbara County

4554 Hollister Avenue
Santa Barbara, CA 93110

1-805-967-5741

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

The Redwood Empire FB

3320 Industrial Drive
Santa Rosa, CA 95403

1-707-523-7900

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Food Bank for Tulare County

7427 W. Sunnyview Avenue
Visalia, CA 93279

1-559-651-3663

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

SH FB Serving Santa Cruz

1-831-722-7110

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

PATH

1-916-654-8643

Provides persons who are homeless and have a mental illness with a variety of programs which include, Primary Service Referrals Outreach, Habilitation and Rehabilitation Community Mental Health, Alcohol/Drug Treatment Staff Training, Service Coordination Housing Services, Screening and Diagnostic Treatment and Supportive Services in Residential Settings.

Department of Health

1-800-339-6993
1-916-445-4171

Provides general information on the programs and services they offer, such as Medi-Cal, free health clinic and screening.

AIDS

1-916-445-0553

Provides information on AIDS, as well as referrals to the nearest testing sites.

Access for Infants & Mothers (AIM)

1-916-324-4695

Provides medical care for pregnant women and children up to 2 years of age.

Child Health & Disability and Screening

1-916-654-0364

Can provide information on where you can take your child to the doctor, as well as the numbers for your local Medi-Cal Office.

Children's Medical Services

1-916-654-0832

Provides eligibility for CCS programs.

**Licensing & Certification/Hospital/
Nursing Homes**

1-916-445-2070

Provides information about a specific health facility.

**Assistance Dog Special Allowance
(ADSA)**

1-916-229-4048

Provides monthly allowance of \$50, for the feeding, care and maintenance of professionally trained guide, signal, or service dogs.

Rental/Housing Assistance Programs

California (Eastern Area)
Sacramento Area Office
777 12th Street, Suite 200
Sacramento, CA 95814-1997

1-916-498-5270

California (Northern Area)
California State Office
450 Golden Gate Avenue
San Francisco, CA 94102-3448

1-415-556-1726

California (Southern Area)
Los Angeles Area Office
1615 West Olympic Boulevard
Los Angeles, CA 90015-3801

1-213-251-7187

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO OF GREATER LOS ANGELES AREA, INC.

Los Angeles International Airport Center

usosandiego@juno.com (e-mail)

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach and emergency assistance. This office is only open during limited hours.

USO OF SAN DIEGO, INC.

303 A Street
San Diego, CA 92101-7825

1-619-235-6503

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach and emergency assistance.

USO OF NORTHERN CALIFORNIA, INC.

USO Suite, Lobby, Marine's Memorial Club 1-415-440-2110
609 Sutter Street
San Francisco, CA 94102

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach and emergency assistance.

The Jeffery Katz Bone Marrow Transplant Fund For Children

4560 Foundation Fountain Avenue 1-213-666-6400
Los Angeles, CA 90029 katzfund.org

Provides financial aid for children transplanted at southern California transplant centers.

Community Development Center (CDC) 1-800-660-4232

A poverty agency for orange county that assist with once a year with lighting/heating.

Low-cost and Free Clinics in Southern California

Nhan Hoa Comprehensive Health Care Clinic

14221 Euclid Street, Suite H 1-714-539-9999
Garden Grove, CA www.harp.org/clinics.htm

Low-cost and Free Clinics in Garden Grove
Languages: English, Vietnamese

Planned Parenthood of Orange County

7915 Garden Grove Blvd. 1-714-891-0955
Garden City, CA www.harp.org/clinics.htm

Low-cost and Free Clinics in Garden Grove
Languages: Cambodian, English, Spanish, Tagalog, Vietnamese

Huntington Beach Community Clinic

8041 Newman Avenue 1-714-847-4222
Huntington Beach, CA www.harp.org/clinics.htm

Low-cost and Free Clinics in Huntington Beach

Laguna Beach Community Clinic

362 3rd Avenue
Laguna Beach, CA

1-949-494-0761 ext. 10
www.harp.org/clinics.htm

Low-cost and Free Clinics in Laguna Beach

Gary Center

341 Hillcrest Street
La Habra, CA

1-562-691-3263
www.harp.org/clinics.htm

Low-cost and Free Clinics in La Habra

The Children's Clinic

2801 Atlantic Avenue
Long Beach, CA

1-562-933-0400
www.harp.org/clinics.htm

Low-cost and Free Clinics in Long Beach
Languages: Cambodian, English, Tagalog, Spanish

Westside Neighborhood Clinic

1436 W. 23rd Street
Long Beach, CA

1-562-595-5507
www.harp.org/clinics.htm

Low-cost and Free Clinics in Long Beach

AltaMed Health Services Corp.

5427 Whittier Blvd.
Los Angeles, CA

1-323-869-1900
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Arroyo Vista Family Center

6000 N. Figueroa Street
Los Angeles, CA

1-323-254-5291
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Asian Pacific Health Care Venture, Inc.

1530 Hillhurst Avenue, No. 200
Los Angeles, CA

1-323-644-3888
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles
Languages: Cambodian, Cantonese, English, Mandarin, Japanese, Tagalog, Thai, Vietnamese

Chinatown Service Center Family Health Clinic

767 N. Hill Street, No. 219
Los Angeles, CA

1-213-808-7180
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles
Languages: Cantonese, English, Mandarin, Spanish, Vietnamese

Clinica Monsignor Oscar Romero

1135 W. 6th Street
Los Angeles, CA

1-213-482-6400
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Clinica para las Americas

318 S. Alvarado Street
Los Angeles, CA

1-213-484-8434
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Hollywood Sunset Free Clinic

3324 Sunset Blvd.
Los Angeles, CA

1-323-660-7959
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Northeast Community Clinic

5809 N. Figueroa Street
Los Angeles, CA

1-323-256-3884
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Pediatric and Family Medical Center

1530 S. Olive Street
Los Angeles, CA

1-213-746-1037
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Planned Parenthood Los Angeles

1057 Kingston Street
Los Angeles, CA

1-323-226-0800
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

QueensCare Family Clinic

3242 W. 8th Street
Los Angeles, CA

1-213-368-9779
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

Safe Harbor Women's Clinic

721 E. 5th Street
Los Angeles, CA

1-213-622-4073
www.harp.org/clinics.htm

Low-cost and Free Clinics in Los Angeles

St. John's Well Child Center

514 W. Adams Blvd.
Los Angeles, CA
Low-cost and Free Clinics in Los Angeles

1-213-749-0947
www.harp.org/clinics.htm

UCI Family Health Center

300 W. Carl Karcher Way
Anaheim, CA
Low Cost and Free Clinics in Anaheim
Languages: English, Spanish, Vietnamese

1-714-456-5100
www.harp.org/clinics.htm

Planned Parenthood of Orange County

303 W. Lincoln Avenue, Suite 105
Anaheim, CA
Low Cost and Free Clinics in Anaheim

1-714-956-2002
www.harp.org/clinics.htm

El Proyecto del Barrio Family Health Care Clinic

8902 Woodman Avenue
Arleta, CA

1-818-830-7090, ext. 219
www.harp.org/clinics.htm

Low-cost and Free Clinics in Arleta

Family Planning Center of Greater L.A.

6501 Garfield Avenue
Bell Gardens, CA

1-562-928-9600
www.harp.org/clinics.htm

Low-cost and Free Clinics in Bell Gardens

Share Ourselves Free Clinic

1550 Superior Avenue
Costa Mesa, CA

1-949-650-0640
www.harp.org/clinics.htm

Low-cost and Free clinics in Costa Mesa

South Central Family Health Center

4524 San Pedro Place
Los Angeles, CA

1-323-233-1626
www.harp.org/clinics.htm

Low-cost and Free clinics in Los Angeles
Languages: English, Korean, Spanish

T.H.E Clinic, Inc.

3860 W. Martin Luther King Blvd.
Los Angeles CA

1-323-295-6571
www.harp.org/clinics.htm

Low-cost and Free clinics in Los Angeles
Languages: English, French, Japanese, Tagalog, Spanish, Thai, Vietnamese

Planned Parenthood of Orange County

601 W. 19th Street, Suite B
Costa Mesa, CA

1-949-548-8830
www.harp.org/clinics.htm

Low-cost and Free clinics in Costa Mesa

St. Jude Medical Center Mobil Health Clinic

101 E. Valencia Mesa Drive
Fullerton, CA

1-714-446-7084
www.harp.org/clinics.htm

Low-cost and Free clinics in Fullerton

The Los Angeles Free Clinic

8405 Beverly Blvd.
Los Angeles, CA

1-323-653-8622
www.harp.org/clinics.htm

Low-cost and Free clinics in Los Angeles

Watts Health Foundation, Inc.

10300 South Compton Avenue
Los Angeles, CA

1-323-564-4331
www.harp.org/clinics.htm

Low-cost and Free clinics in Los Angeles

South Bay Free Clinic

1807 Manhattan Beach Blvd.
Manhattan Beach, CA

1-310-376-0791
1-310-318-2521 (after 5PM)
www.harp.org/clinics.htm

Low-cost and Free clinics in Manhattan Beach

Planned Parenthood of Orange County

26302 La Paz, Suite 203
Mission Viejo, CA

1-949-768-3643
www.harp.org/clinics.htm

Low-cost and Free clinics in Mission Viejo

Moorpark Family Care Center

35 W. Los Angeles Avenue
Moorpark, CA

1-805-529-4624
www.harp.org/clinics.htm

Low-cost and Free clinics in Moorpark

Mission City Community Network, Inc.

15206 Parthenia Street
North Hills, CA

1-818-895-3100
www.harp.org/clinics.htm

Low-cost and Free clinics in North Hills

Valley Community Clinic

5648 Vineland Avenue
North Hollywood, CA

1-818-763-1718
www.harp.org/clinics.htm

Low-cost and Free clinics in North Hollywood

Lestonnac Free Clinic

1215 E. Chapman Avenue
Orange, CA

1-714-633-4600
www.harp.org/clinics.htm

Low-cost and Free clinics in Orange

Living Well Medical Clinic

1234 W. Chapman Avenue
Suite 203
Orange, CA

1-714-633-4673
www.harp.org/clinics.htm

Low-cost and Free clinics in Orange

La Amistad Clinic

353 S. Main Street
Orange, CA

1-714-771-8252
www.harp.org/clinics.htm

Low-cost and Free clinics in Orange

Planned Parenthood of Orange County

700 s. Tustin Avenue
Orange, CA

1-714-633-4550
www.harp.org/clinics.htm

Low-cost and Free clinics in

Magnolia Family Health Care and Women's Clinic

120 W. Magnolia
Oxnard, CA

1-805-385-4100
www.harp.org/clinics.htm

Low-cost and Free clinics in Oxnard

Las Flores Women's Center

2500 S. C Street, Suite D
Oxnard, CA

1-805-385-9142
www.harp.org/clinics.htm

Low-cost and Free clinics in Oxnard

Las Islas Family Medical Group

325 Channel Islands Blvd.
Oxnard, CA

1-805-385-8662
www.harp.org/clinics.htm

Low-cost and Free clinics in Oxnard

Mandalay Bay Children's Center

2500 S. C Street, Suite C
Oxnard, CA

1-805-385-9138
www.harp.org/clinics.htm

Low-cost and Free clinics in Oxnard

MEND (Meet Each Need with Dignity)

13460 Van Nuys Blvd.
Pacoima, CA

1-818-896-0246
www.harp.org/clinics.htm

Low-cost and Free clinics in Pacoima

Bill Moore Community Health Clinic

1460 N. Lake Avenue, Suite 107
Pasadena, CA

1-626-398-3796
www.harp.org/clinics.htm

Low-cost and Free clinics in Pasadena

Community Health Alliance of Pasadena

1855 N. Fair Oaks Avenue
Pasadena, CA

1-626-398-6300
www.harp.org/clinics.htm

Low-cost and Free clinics in Pasadena

Piru Family Care Clinic

4061 Center Street
Piru, CA

1-805-521-0960
www.harp.org/clinics.htm

Low-cost and Free clinics in Piru

Northeast Valley Health Corp.

1600 San Fernando Road
San Fernando, CA

1-818-365-8086
www.harp.org/clinics.htm

Low-cost and Free clinics in San Fernando

Mission Hospital's Camino Health Center

33081 Calle Perfecto, Suite A
San Juan Capistrano, CA

1-949-240-2272
www.harp.org/clinics.htm

Low-cost and Free clinics in San Juan Capistrano

Harbor Free Clinic

599 W. 9th Street
San Pedro, CA

1-310-547-0176
www.harp.org/clinics.htm

Low-cost and Free clinics in San Pedro

Clinica CHOC para Ninos

406 S. Main Street
Santa Ana, CA

1-714-558-8811
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Ana

Free Health Plan

1515 S. Broadway, Suite D
Santa Ana, CA

1-714-285-9883
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Ana

Free Health Plan

2209 S. Main Street
Santa Ana, CA

1-714-668-1750
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Ana

UCI Family Health Center

800 N. Main Street
Santa Ana, CA

1-714-456-7002
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Ana
Languages: English, Spanish, Tagalog, Vietnamese

Vietnamese Comm. Of Orange City Asian Health Ctr.

5015 W. Edinger Avenue, Suite K-L
Santa Ana, CA

1-714-418-2040
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Ana
Languages: English, Vietnamese

Planned Parenthood of Orange County

1801 N. Broadway
Santa Ana, CA

1-714-973-1727
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Ana

Westside Women's Health Center

1711 Ocean Park Blvd.
Santa Monica, CA

1-310-450-4773
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Monica

Santa Paula Family Health Care Clinic

1334 E. Main Street
Santa Paula, CA

1-805-933-8445
www.harp.org/clinics.htm

Low-cost and Free clinics in Santa Paula

Sierra Vista Family Care

4531 Alamo Street
Simi Valley, CA

1-805-584-4885
www.harp.org/clinics.htm

Low-cost and Free clinics in Simi Valley

Tarzana Treatment Center, Inc.

18646 Oxnard Street
Tarzana, CA

1-818-996-7019
www.harp.org/clinics.htm

Low-cost and Free clinics in Tarzana
Languages: Armenian, English, Russian, Spanish

Conejo Valley Family Care Center

223 Thousand Oaks Blvd.
Thousand Oaks

1-805-371-8355
www.harp.org/clinics.htm

Low-cost and Free clinics in Thousand Oaks

Samuel Dixon Family Health Center

31257 San Martinez Road
Val Verde, CA

1-805-257-4008
www.harp.org/clinics.htm

Low-cost and Free clinics in Val Verde

Venice Family Clinic

604 Rose Avenue
Venice, CA

1-310-392-8630
www.harp.org/clinics.htm

Low-cost and Free clinics in Venice
Languages: Russian on Monday and Thursday

Clinic Vista Child Health Clinic

3400 Loma Vista Road, No 9
Ventura, CA

1-805-289-3311
www.harp.org/clinics.htm

Low-cost and Free clinics in Ventura

Faculty Medical Group

2660 E. Main Street
Ventura, CA

1-805-641-6300
www.harp.org/clinics.htm

Low-cost and Free clinics in Ventura

Family Care Center

3291 Loma Vista Road
Ventura, CA

1-805-652-6635
www.harp.org/clinics.htm

Low-cost and Free clinics in Ventura

Pediatric Diagnostic Center

3400 Loma Vista Road, No. 1
Ventura, CA

1-805-289-3333
www.harp.org/clinics.htm

Low-cost and Free clinics in Ventura

West Ventura Family Care Center

133 W. Santa Clara Street
Ventura, CA

1-805-641-5600
www.harp.org/clinics.htm

Low-cost and Free clinics in Ventura

Women's Health Center

133 W. Santa Clara Street
Ventura, CA

1-805-641-5711
www.harp.org/clinics.htm

Low-cost and Free clinics in Ventura

East Valley Community Health Center

420 S. Glendora Avenue
West Covina, CA

1-626-919-4333
www.harp.org/clinics.htm

Low-cost and Free clinics in West Covina
Languages: Chinese, English, Spanish

Wilmington Community Clinic

1459 N. Avalon Blvd.
Wilmington, CA

1-310-549-5760
www.harp.org/clinics.htm

Low-cost and Free clinics in Wilmington. Children and Ultrasounds only

Sierra Health Care

1815 West Avenue, Suite E-G
Fullerton, CA

1-714-870-0717
www.harp.org/clinics.htm

Low-cost and Free clinics in Fullerton
Languages: English, Spanish, Tagalog

California Early Intervention Program

Department of Developmental Services
1600 9th Street
Room 310
Sacramento, CA 95184

1-916-654-2716
www.dds.ca.gov/prev04.htm

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Salvation Army

Ventura County
622 W Wooly Road
Oxnard, CA

1-805-483-9235

Provides financial assistance to qualified individuals in need of utility, rental, or breast cancer early detection assistance As well as food assistance through their food pantry and medical care through their free medical and dental clinic.

Client Assistance Program (CAP)

2000 Evergreen Street, 2nd Floor
Sacramento, CA 95815

1-916-263-7372
1-800-952-5544
www.rehab.cahwnet.gov

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

PADD/PAIMI/PAIR

Protection & Advocacy, Inc. 1-916-488-9955
P&A and CAP's Around the Country 1-916-488-9950
100 Howe Avenue, Suite 185N 1-800-776-5746
Sacramento, CA 95825 www.pai-ca.org

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

Brave Kids

1592 union Street 1-800-699-5833
San Francisco, CA 94123 1-415-561-2393
www.bravekids.org

Helps children with chronic, life-threatening illnesses and disabilities, their families and the healthcare professionals that serve them. Provides computers to hospital bound children, as well as a wonderful information and referral service.

112th Street School Family Service Center

Los Angeles, CA 90059 1-323-567-8630

Provides clothing, food, and information and referral services to meet the needs of students in school and families in the community. Serves the Los Angeles, Watts, and Compton areas.

AIDS Drug Assistance Program (ADAP)

Santa Rosa, CA 95404 1-707-524-7402

The program provides financial assistance to persons with HIV positive persons by providing vouchers for up to 43 prescribed drugs. Call for appointment.

AIDS Emergency Fund

San Francisco CA 94102 1-415-558-6999

Offers various forms of financial assistance such as special medical equipment, supplies for home care, medical premiums and prescriptions, rental assistance, utility and phone bill assistance for AIDS patients who meet eligibility.

Aid to Families with Dependent Children - Fremont Branch

Fremont, CA 94536 1-510-795-2428

Provides financial assistance for low-income children (unborn through age 19) and their families who meet the program's eligibility requirements. This service is free.

Alameda County Social Services Agency

Oakland, CA 94611

1-510-596-0110 (North Oakland)
1-510-639-1000 (Enterprise, Oakland)

Provides financial assistance and social services for low-income children and their families.

Alameda Food Bank

Alameda, CA 94501

1-510-523-5850

Offers free food to low-income Alameda City residents.

Altadena Family Center

Pasadena, CA 91103

1-626-791-0508

Offers various services to children and families. Services include counseling, financial assistance, food, information and referral. Offers food and financial service only to people involved with the programs that the center provides.

Angel Fund - Union Labor Health Foundation

P.O Box 99
Bayside, CA

1-707-442-2993

Provides financial assistance for health care needs including clothing and medical-related travel expenses for low-income individuals. Application can be obtained from a counselor or health care provider and submitted to receive services.

Arcadia Child Health Council

Arcadia, CA 91007

1-626-836-0121
1-626-318-3029

Provides financial assistance for health and mental health services for children from infancy through high school who reside in Arcadia or attend Arcadia schools. Assistance for services include general medical care, surgery, dental care, optical services, laboratory services, pharmacy services, inpatient care, and psychotherapy. Also makes referrals to other community health resources.

Arcadia Welfare and Thrift Shop

Arcadia, CA 91006

1-626-447-6864

Provides financial assistance for low-income people in Arcadia. Services include utility bill assistance, prescription assistance, and rent assistance in very special circumstances.

Avery-Fuller-Welch Children's Foundation

San Francisco, CA 94102

1-415-986-1687

Provides grants to individual children in need of special schooling, remedial education, psychotherapy, physical & occupational therapy, and medical appliances. Requires referral from a physician or health care professional. Restricted to residents of San Francisco, Alameda, Contra Costa, Marin and San Mateo Counties.

Azusa Family Resource Center, Inc.

Azusa, CA 91702

1-626-969-4606

Provides a full scope of direct and referral services for children and their families, including counseling, case management services and financial assistance. This service is free.

Baldwin Park Family Resource Center

Baldwin Park, CA 91706

1-626-337-9636

Offers a full scope of direct and referral services for children and their families. This service is free.

Bay Area Women's and Children's Center

San Francisco, CA 94102

1-415-474-2400

A resource center for women and their children that offers advocacy, referrals, information, clothing, housing and financial assistance. No fees for services.

Beach Cities Health District Children's Program

Hermosa Beach, CA 90254

1-310-318-7939

Offers financial assistance for treatment and services including dental care, pediatric care, therapy for developmental lags, counseling services and respite care for low-income families in Redondo, Manhattan, and Hermosa Beach who have preschool-age children with healthcare needs. Must be low income to receive services.

Benicia Community Action Center

Benicia, CA 94510

1-707-745-0900

Offers various support services including emergency food, rental assistance, and utilities assistance to low-income individuals and families who live in Benicia.

Berkeley City Housing Department

Berkeley, CA 94710

1-510-644-8544

Assists with utility bills and weatherization services for needy families.

Building Opportunities for Self - Sufficiency (BOSS)

Berkeley, CA 94704

1-510-649-1930

Provides financial assistance and various social health services to children and adults with severe and multiple disabilities, mental disabilities, physical disabilities, HIV/AIDS, and chronic health conditions.

CA Human Development Corp. - Community Services & Development Division

Healdsburg, CA 95448

1-707-433-1992

Community services agency provides information/translation, transportation, emergency food and shelter and rental assistance to residents of Sonoma County. Those eligible include farm workers, youth/children, low income and ethnic minorities. Call or walk-in for services.

California Children's Services/California Department of Health Services

Sacramento, CA 95814

1-916-653-8050

A state program that financially assists low-income families that have children with serious medical conditions.

California Children's Services - Contra Costa County

Martinez, CA 94553

1-925-313-6100

Financial assistance for California children with CCS medically eligible condition to help them get specialized medical care, diagnostic evaluations, treatment, medical case management and medical therapy. Must meet eligibility criteria to be authorized for financial assistance.

California Children's Services- Humboldt County Health Department

Eureka, CA 95501

1-707-445-6210

Provides financial assistance for specialized medical care for children who are seriously ill or chronically handicapped. Must be a CCS medically eligible condition and must meet eligibility criteria to be authorized for financial assistance.

California Children's Services - Los Angeles County

Los Angeles, CA 90022

1-800-288-4584 (service/intake)
1-323-869-8100 (administrative)

Establishes program eligibility, authorizes treatment and provides funding for diagnostic and treatment services for children and young adults from birth to age 21 who have disabling illness or injuries, are California residents, and whose families are unable to provide for such services. Services are provided by a network of medical professionals at clinics and hospitals throughout Los Angeles County.

California Children's Services- Marin County California Children's Services- Marin County

San Rafael, CA 94903

1-415-499-6877

Financial assistance for California children with CCS medically eligible condition to help them get specialized medical care, diagnostic evaluations, treatment, medical case management and medical therapy. Must meet eligibility criteria to be authorized for financial assistance.

California Children's Services - Mendocino County

Ukiah, CA 95482

1-707-463-4461

CCS helps in financing specialized medical care and/or rehabilitation for children under the age of 21 with a CCS eligible medical condition. Services include financial assistance with medical bills and travel reimbursement related to obtaining CCS medical care. 20.00 assessment fee charged. Other fees are sliding scale. Eligibility requirements depend on income and medical condition.

California Children's Services - Napa County Health & Human Services Department

Napa, CA 94559

1-707-253-4391

www.dhs.ca.gov/pcfh/cms/HTML/CCS.htm

Financial assistance for eligible California children with CCS medically eligible condition to help them get specialized medical care, diagnostic evaluations, treatment, medical case management and medical therapy.

California Children's Services - San Francisco County

San Francisco, CA 94103

1-415-554-9952

Financial assistance for eligible California children with CCS medically eligible condition to help them get specialized medical care, diagnostic evaluations, treatment, medical case management and medical therapy.

California Children's Services - San Mateo County

San Mateo, CA 94403

1-650-573-2755

Financial assistance for eligible California children with CCS medically eligible condition to help them get specialized medical care, diagnostic evaluations, treatment, medical case management and medical therapy.

California Children's Services - Santa Clara County

San Jose, CA 95128

1-408-793-6200

Financial assistance for California children with CCS medically eligible condition to help them get specialized medical care, diagnostic evaluations, treatment, medical case management and medical therapy. Provides various Assistive Technology services including assessment/recommendation, funding assistance/consultation, and information source (on all manufacturers) to people with disabilities from ages 0 to 21. Must meet eligibility criteria to be authorized for financial assistance.

California Children's Services - Solano County

Fairfield, CA 94533

1-707-421-7497

Financial assistance for California children with CCS medically eligible condition to help them get specialized medical care, diagnostic evaluations, treatment, medical case management and medical therapy. Must meet eligibility criteria to be authorized for financial assistance.

California Children's Services - Sonoma County

Santa Rosa, CA 95403

1-707-565-4600

Provides financial assistance, case management and access to specialized medical care. No fees with Medi-Cal or less than 100 percent poverty level, 20.00/yr. if income is greater than 100 percent, sliding scale if income is greater than 200 percent. Phone or walk-in for appointment.

California Kids Healthcare Foundation

Encino, CA 91436

1-800-374-4543

1-818-461-1406

Provides preventive and primary health care benefits for children ages two through 18, whose families do not qualify for government medical assistance but cannot afford private health insurance. There is a monthly share-of-cost per child and a fixed fee for each doctor visit.

Catholic Charities

Monterey, CA 93940

1-831-375-1577

Offers direct financial aid service to needy families.

Catholic Charities of the Archdiocese of San Francisco, Family Resource Center

San Francisco, CA 94102

1-415-345-1290
1-415-592-9200

Provides information and referral services, child care vouchers, rental assistance, HIV services and more. This service is free.

Catholic Charities of the East Bay Diocese of Oakland

Oakland, CA 94607

1-510-768-3100

Offers comprehensive social services to marginalized groups and individuals and families under stress. Also offers HIV/AIDS services to support persons with AIDS/HIV and their families. Service includes housing, financial assistance and advocacy.

The Center for Handicapped Children & Teenagers

San Francisco, CA 94109

1-415-771-7057

Financial and medical assistance to qualified children and teens with physical disabilities or birth defects for center's diagnostic care services. Special education evaluations and referrals for education testing are available.

Children's Council of San Francisco - Bayview/Hunter's Point Office

San Francisco, CA 94124

1-415-920-7280 (info)
1-415-243-0111 (child care referral)

Offers child care referrals, resources, information, workshops, as well as subsidized child care programs. Provide subsidized funding for respite that is center-based, family daycare, licensed, exempt or in home.

Children's Council of San Francisco - Main Office

San Francisco, CA 94102

1-415-243-0700 (info)
1-415-243-0111 (child care referral)

Offers child care referrals, resources, information, workshops, as well as subsidized child care programs. Provide subsidized funding for respite that is center-based, family daycare, licensed, exempt or in home.

Children's Council of San Francisco - Mission District Office

San Francisco, CA 94110

1-415-920-7270 (info)
1-415-243-0111 (child care referral line)

Offers child care referrals, resources, information, workshops, as well as subsidized child care programs. Provide subsidized funding for respite that is center-based, family daycare, licensed, exempt or in home.

Children's Liver Association for Support Services (CLASS)

Valencia, CA 91355

1-877-679-8256 (Help Line)
1-805-255-0353

Serves emotional, educational, and financial needs of families coping with childhood liver disease and transplantation. Offers telephone help line, financial aid for families, and parent matching program to link families for friendship, information, and mutual support.

Christian Action Life Line

Burlingame, CA 94010

1-650-342-2255

Helps those in need with emergency aid including food, financial assistance (rental assistance, gas vouchers, bus tickets) and medical equipment loans (canes, walkers, wheelchairs).

Clarksburg Samaritans - Emergency Services

Clarksburg, CA 95612

1-916-744-1395

Offers food, small medical bills, and other temporary emergency needs for the residents of Clarksburg.

Coastside Opportunity Center, Inc.

El Granada, CA 94018

1-650-726-9071

A comprehensive Information and Referral organization offering various services such as food pantries, transitional shelter (helps to locate temporary housing in emergencies only), clothing, rental deposit assistance, and utility bill payment assistance.

Community Action Board

Santa Cruz, CA 95062

1-888-728-3637
1-831-457-0511

Offers energy services, including home weatherization and home energy assistance programs, and emergency financial assistance for people facing eviction.

Community Action Marin

San Rafael, CA 94901

1-415-485-1489

Provides pre-school and after-school care, and Head-Start Services for low-income children who are considered to be "at risk" or whose parents are in school, training or at work. All programs welcome children with special needs. A specialized HIV/AIDS Program provides financial assistance, supplemental food services, and emergency transportation for low income individuals with AIDS/HIV.

Community Assistance Program

Moreno Valley, CA 92553

1-909-485-7792

Offers emergency food, clothes and utility assistance to Moreno Valley residents who are in need.

Community Assistant Core

Dixon, CA 95620

1-707--678-5596

Offers emergency food and financial assistance services for low-income Dixon residents.

Community Presbyterian Church - Good Samaritans

Vacaville, CA 95688

1-707-448-5055

Offers limited emergency assistance and referrals for food, transportation, gas, utilities, rental, and medications for Vacaville residents. Please call for appointment.

Community Services Agency of Mountain View & Los Altos

Mountain View, CA 94043

1-650-968-0836

Emergency assistance provides food, clothing, information and referral, financial, employment and housing services.

Community Services and Development Department - State of CA

Sacramento, CA 95814

1-800-433-4327
1-800-433-4327

Offers assistance with utility bill payments and weatherization services for low-income families who have received a 48 hour shut-off notice from their utility company.

C.O.P.E. (Child or Parent Emergency)

Napa, CA 94559

1-707-252-1123

COPE is a community based family support agency providing free services to families. Some of the many services include emergency child care, In-home services, community education and a 24-hr. stress hot line. Offers an Emergency Aid Fund to Napa County residents who have children under 16 years. Assists families with food, clothing, diapers and financial assistance is available in times of crisis. Also offers an Emergency Child Care program that provides relief and allows parents to keep counseling and medical appointments. Child care is available in volunteers' homes. Must be a resident of Napa County. Services are free.

County Department of Social Services - King City

King City, CA 93930

1-831-385-7400

Provides information on general relief, temporary aid to needy families, food stamps and Medi-Cal.

County Department of Social Services - Salinas

Salinas, CA 93901

1-831-755-4400

Provides temporary aid to needy families, information on general relief, food stamps and Medi-Cal.

County Department of Social Services - Seaside

King City, CA 93930

1-831-899-8001

Provides information on general relief, temporary aid to needy families, food stamps and Medi-Cal.

Cupertino Community Services

Cupertino, CA 95014

1-408-255-8033

Holiday food baskets (Easter/Spring, Thanksgiving, Christmas), clothing, and rent and utility assistance for those in need in Cupertino, Los Gatos, Saratoga, and West San Jose.

Daly City Community Service Center

Daly City, CA 94015

1-888-728-3637

1-650-991-8007

Provides comprehensive information and referral services, food pantries, clothing, rental deposit assistance, money management, and holiday assistance to Daly City residents.

David Weiner Memorial Free Loan Society of the Valley, Inc.

PO BOX 4532
Valley Village, CA 91617

Offers interest free loans and emergency assistance services such as food, clothing, and cash service for people in need.

The Desi Geestman Foundation

Glendale, CA 91205
1-818-242-1729
1-888-29-4DESI

Provides financial and spiritual support to children with illness and their families at the City of Hope National Medical Center. Offers financial support for bills, travel, phone card, gas card, clothing, food, gift, and lodging.

Dixon Family Services

Dixon, CA 95620
1-707-678-0442

Provides individual, family and group counseling. Children's services and grief groups available. Also offers on-site services include Medi-Cal outreach programs, Food Stamps, WIC, Legal Aid and citizenship programs.

El Monte/El Monte South Emergency Resources Association

El Monte, CA 91731
1-626-444-7269

Provides medical equipment (supplies, temporary medical aids and devices such as canes, crutches, wheelchairs) financial aid (medical bill assistance, prescription expense assistance, utility bill payment assistance, and bus fare/gas money) and limited food assistance for low-income populations. Services are restricted to El Monte and South El Monte residents. Services are free.

Energy Crisis Intervention Program (ECIP)

Concord, CA 94520
1-925-646-5910

Provides emergency utility payment assistance for low-income individuals and families whose utilities have been or are in danger of being shut off.

Exceptional Children's Foundation - Lifetime Assistance Program

Los Angeles, CA 90008
1-323-290-2000

Provides evaluation, recommendations and assistance concerning the handicapped individual's total life situation, including housing, education, training, employment, social and recreational activities, personal and financial needs.

Family Support Center of the Mid-Peninsula

Palo Alto, CA 94303

1-650-322-1821

Offers comprehensive resource and referral information and rental deposit assistance for needy families in East Palo Alto and Menlo Park.

Far Northern Regional Center (FNRC)

Chico, CA 95926

1-530-895-1501

Provides fixed point referral, case management, health services and rehabilitation (through infant development program) to children and adults who have developmental disabilities and their families. Support services and respite are available to clients' families. Medical, legal and financial assistance sometimes available, depending on individual case. There are no costs for most services. Provides services to people residing in northern California who are residents of the following counties: Butte, Modoc, Siskiyou, Glenn, Plumas, Tehama, Lassen, Shasta or Trinity.

Fresno County Economic Opportunities Commission - Community Services

Fresno, CA 93706

1-559-263-1135

Offers financial assistance programs including utility bill payments to needy families.

Golden Gate Regional Center - Marin office

Corte Madera, CA 94925

1-415-945-1600

Provides services for persons with developmental disabilities including assessment, case management, development of individual programs, counseling, advocacy, information and referral for persons with developmental disabilities. If a child is a client of GGRC, the family may be eligible for respite and financial assistance for treatment costs. Serves clients in San Francisco, San Mateo and Marin counties.

Golden Gate Regional Center - San Francisco office

San Francisco, CA 94105

1-415-546-9222

Provides services for persons with developmental disabilities including assessment, case management, development of individual programs, counseling, advocacy, information and referral for persons with developmental disabilities. If a child is a client of GGRC, the family may be eligible for respite and financial assistance for treatment costs. Serves clients in San Francisco, San Mateo and Marin Counties.

Golden Gate Regional Center - San Mateo office

San Mateo, CA 94403

1-650-574-9232

Provides services for persons with developmental disabilities, including assessment, case management, development of individual programs, counseling, advocacy, and information and referral. If a child is a client of GGRC, the family may be eligible for respite and financial assistance for treatment costs. Serves clients in San Francisco, San Mateo and Marin Counties.

GPAF (Greater Pasadena Aid Fund)

Pasadena, CA 91107

1-626-795-7637

Provides aid to people with life-threatening illness who are in need until ongoing assistance can be obtained through other channels or agencies.

Greater Los Angeles Crohn's and Colitis Foundation of America, Inc.

Los Angeles, CA 90010

1-213-380-3800

Offers disease/disability information, mutual support groups, and prescription expense assistance for Colitis, Crohn's Disease, and Irritable Bowel Syndrome.

Harbor Regional Center

Torrance, CA 90503

1-310-540-1711

Provides various services including intake and assessment, individual and family counseling, early intervention, crisis intervention, and psychotherapeutic services. Also purchases services for people of all ages with developmental disabilities and their families who live in the Bellflower, Harbor, Long Beach and Torrance (within the city of Los Angeles) Health Districts of Los Angeles County. No fee for most services.

Heart of a Child Foundation, The - Little Hearts on the Mend Fund

26710 Fond Du Lac Road
Rancho Palos Verdes, CA 90275

www.littleheartsonthemend.org

A non-profit organization providing financial support to children in need of heart surgeries, whose families cannot afford to pay for treatment. For more information please write to above address.

Hermosa Beach Community Center

Hermosa Beach, CA 90254

1-310-318-7939

The program provides financial assistance for low-income families in Redondo, Manhattan, and Hermosa Beach who have preschool-age children who have health care needs.

Humboldt County Department of Social Services

Eureka, CA 95501

1-707-445-6103

Provides aid to families with dependent children including cash subsistence benefit and medical to income eligible families. A food supplementation program that provides coupons redeemable for food items is offered to income eligible persons.

LA County DHS California Children Services

Los Angeles, CA 90022

1-323-869-8100

Provides funding for diagnostic and treatment services for children and young adults from birth to age 21 who have disabling illness or injuries, are California residents, and whose families are unable to provide for such services. An annual assessment fee of \$20 and an annual enrollment fee, which is based on a sliding scale are applied with some exceptions.

The Lili Claire Foundation

Santa Monica, CA 90405

1-310-396-4355

Offers two open-heart surgeries per year to children whose families cannot afford due to a lack of insurance or other financial difficulties. This includes travel/living arrangements, and all other follow up surgical treatments.

Lions Eye Foundation

San Francisco, CA 94115

1-415-923-3950

Provides complete surgical eye care for people with low income or no insurance. Serves all of California and parts of Nevada.

Marin County Energy Assistance Program

San Rafael, CA 94901

1-415-485-1489

Offers Energy Education, PG&E financial assistance, propane gas and firewood are provided to income-eligible households through the Low Income Home Energy Assistance Program.

Muscular Dystrophy Association - San Francisco

San Francisco, CA 94109

1-415-673-7500

Offers a free "loan closet" of used medical equipment. Provides financial assistance toward purchase and repair of mobility equipment, for children with one of 40+ different neurological diseases. Serves the Northern CA area from Ukiah to Menlo Park.

National Kidney Foundation of Northern California

San Mateo, CA 94404

1-650-349-3812

Offers emergency financial assistance and information service to needy families.

National Kidney Foundation of Southern California

Los Angeles, CA 90045

1-310-641-8152

Offers support services for patients include one-time only grants for food, medication, utilities, disease/disability information, health care referrals, organ donor cards, medical expense assistance, temporary financial aid, and transportation. Summer camp program for youth is also available.

Native Daughters of the Golden West - Children's Foundation

San Francisco, CA 94117

1-415-563-9091

Financial assistance to children from birth to 18 years old who need medical care and are not eligible for any other assistance.

Novato Human Needs Center

Novato, CA 94947

1-415-897-4147

Provides comprehensive support services for low-income individuals and families, including emergency food, clothing, housing/financial assistance, counseling, education, and employment services.

Pacifica Resource Center

Pacifica, CA 94044

1-650-359-0250

Offers financial assistance such as rental deposit and utility bill payment assistance to needy families. Clothing is given out on the first and the 15th of each month. Canned goods, gift certificates for food, and free bread are given out every Tuesday each month from 11:00 am to 2:00 pm.

Proxy Parent Services Foundation

Los Angeles, CA 90017

1-213-413-1130

www.littleheartsonthemend.org

Provides financial support to continue parental-type care for mentally ill children and adults.

Rental Assistance Program

Napa, CA 94558

1-707-253-6148

Providers of loans for rent and deposits.

Rita da Cascia/Positive MATCH

San Francisco, CA 94115

1-415-202-0935

Rita da Cascia/ Positive MATCH (Mothers and Their Children with HIV) is a comprehensive housing and case management program for homeless and marginally housed children and their mothers with HIV. The program offers specialized home-based case management, weekly support groups, weekly children's activities and concrete supports for children living with HIV. This is a collaborative partnership with the UCSF Pediatric Immunology Clinic.

Salvation Army - East Palo Alto

Palo Alto, CA 94303

1-650-325-7292

Offers utility bill assistance and a food bank for needy persons in East Palo Alto and east Menlo Park.

Salvation Army - Fresno Citadel Family Service Center

Fresno, CA 93721

1-559-233-0138

Provides assistance with utilities, rent/mortgage payments, food, water utility payments, prescriptions, and some clothing service.

Salvation Army - Lancaster

Lancaster, CA 93534

1-661-948-3418

Provides emergency food and financial assistance in the form of bus fare/gas money and prescription assistance, for Lancaster residents in need. People who live in Palmdale are occasionally assisted. There are no fee for services.

Salvation Army - Lodi

Merced, CA 95340

1-209-369-5896

Provides financial assistance to needy families for utility bill payment and emergency food.

Salvation Army - Napa

Napa, CA 94559

Provides assistance with basic needs such as food, clothing, household items. Utility assistance is available. There are no fees for services.

Salvation Army - Redwood City

Redwood City, CA 94063

1-650-368-4643

Provides emergency services, including food pantries and financial assistance (rental deposit assistance and utility bill payment assistance) to low-income and needy persons.

Salvation Army, The - Richmond Corps

El Sobrante, CA 94820

1-800-933-9677

Provides emergency food once every two months to for low-income individuals and families in need. Also offers financial assistance service for utility payments.

San Benito County Health & Human Services

Hollister, CA 95023

1-831-637-5336

Provides public assistance and emergency funds for needy families.

San Francisco Department of Human Services - General Assistance

San Francisco, CA 94120

1-415-558-1000

Offers short-term financial assistance for low-income and homeless individuals. Provides coupons used for purchasing food items for low-income individuals who meet financial guidelines.

San Francisco Department of Public Health - Children's Medical Services

San Francisco, CA 94103

1-415-554-9952

Provides financial assistance for medical care and testing for low-income children with serious medical problems.

San Francisco Health Plan

San Francisco, CA 94105

1-877-311-7347

A local, not-for-profit, and licensed health plan providing low to no-cost health coverage for lower-income residents of San Francisco.

San Gabriel/Pomona Regional Center

Pomona, CA 91768

1-909-620-7721

Provides various services to help find and access services and support groups, respite care, legal services, and purchase of services for people of all ages with developmental disabilities and their families who live in the El Monte, Foothill and Pomona Health Districts of Los Angeles County. Most services are free.

San Mateo County Human Services Agency Central Region

San Carlos, CA 94070

1-650-802-6483

Offers homeless financial assistance programs and temporary financial aid to families in needs. Also processes applications for financial assistance programs for residents living in the central part of the county.

San Mateo County Human Services Agency Northern Region - South San Francisco

South San Francisco, CA 94080

1-650-877-5608

Processes and offers financial assistance programs such as AFDC, general relief, refugee/entrant cash assistance, Medi-Cal/Medicaid and food stamps for residents.

San Mateo County Human Services Agency Southern Region

Redwood City, CA 94063

1-650-599-3811

Processes and offers financial assistance programs such as AFDC, general relief, refugee/entrant cash assistance, Medi-Cal/Medicaid and food stamps for residents living in the southern part of the county.

San Mateo County Human Services Agency Southern Region - East Palo Alto

Palo Alto, CA 94303

1-650-363-4218

Processes and offers financial assistance programs such as AFDC, general relief, refugee/entrant cash assistance, Medi-Cal/Medicaid and food stamps for residents.

Santa Clara Valley Health and Hospital System, Public Health

San Jose, CA 95128

1-408-299-5891

Coordinates and finances medical care for certain catastrophic and chronic conditions, for children and adolescents whose parents are unable to afford treatment.

Santa Cruz County Human Resources Agency

Santa Cruz, CA 95060

1-831-454-4010

Offers temporary emergency financial aid to needy families.

Short Term Emergency Aid Committee

Davis, CA 95617

1-530-661-3444

Provides clothing, food, emergency rent and utility payments for families who are in need. Individuals need to be referred by agencies such as regional centers, churches and schools. Serves residents in Yolo County.

South Central Los Angeles Regional Center - Adams Family Resource Center

Los Angeles, CA 90018

1-323-730-2279

Provides financial assistance, case management, respite, counseling, and information and referral to help find and access the available services to individuals with developmental disabilities and their families.

South Central Los Angeles Regional Center - Gardena

Gardena, CA 90248

1-310-366-6551

1-310-366-6552

Provides financial assistance, case management, respite, counseling, and information and referral to help find and access the available services to individuals with developmental disabilities and their families. Accepts Medi-Cal. Fees are sliding scale. Most services are free.

S. Pomona Family Resource Center

Pomona, CA 91766

1-909-397-5046

Offers a full scope of direct and referral services for children and their families. This service is free.

St. Marks Lutheran Church

Fairfield, CA 94533

1-707-422-4741

Offers USDA food disbursement on 1st Tuesday of every month, Brown Bag Program on every 1st Wednesday, and food distribution on every Tuesday afternoon and Saturday morning. Utility and rental assistance as well as motel vouchers available.

St. Vincent De Paul - Benicia

Benicia, CA 94510

1-707-746-1773
1-707-747-7220

Provides utility assistance for the needy Benicia residents. Also offers referrals to counseling and other financial assistance services.

St. Vincent De Paul - Dixon

Dixon, CA 95620

1-707-678-9424

Provides food vouchers, gas cards, and referrals to other agencies to financially support needy individuals and families.

Yolo Wayfarer Center

Woodland, CA 95695

1-530-661-1218

Provides lunch and dinner (everyday); grocery distribution (Monday, Wednesday and Friday only); information and referral; and utility assistance (REACH) for low-income families.

Youth Foundation c/o Bellflower Unified School District

16703 S. Clark Avenue
Bellflower, CA 90706

1-562-866-9011

Provides financial assistance for children age 4 to 18 of low-income families that live within the Bellflower school district and have dental care or mental health needs. The foundation does not assist with purely medical needs.

Joni and Friends

PO Box 3333
Agoura Hills, CA 91376

1-818-707-5664
www.joniandfriends.org

The ministry assists local churches in reaching out to disabled persons and their families. In addition, several programs are offered, including Wheels for the World (refurbishing wheelchairs for delivery overseas), Family Retreats (for families coping with disability), and Special Delivery (care packages for disabled persons).

St. Vincent De Paul - Vacaville

Vacaville, CA 95688

1-707-421-5488

Offers assistance with utility/rental payments and emergency food service for Vacaville residents who are in need.

Sunburst Projects

Rohnert Park, CA 94928

1-707-588-9477

Organization offering support services for children and families living with HIV/AIDS. Services include linkage and referral, advocacy, education, social events/retreats, and an emergency fund for clients in need.

Sunnyvale Community Services

Sunnyvale, CA 94086

1-408-738-4321

Offers financial assistance service for rent, utility payments, medical and critical bills for families in need. Food program provides emergency food bags daily. Also offers a Kids Summer Food Program and holiday food supplies. Clothes Closet operated by Sunnyvale FISH.

TEACH - Modoc Child Care Resource & Referral

Alturas, CA 96101

1-530-233-KIDS

Offers support services including child care subsidy program, resource and referral, and training service to families and professionals. TEACH offers various programs including food, clothing, utility assistance and crisis center.

Tuesday's Child

8501 West Washington Blvd
Culver City, CA 90232

1-310-204-3848
www.tuesdayschild.org

Provides vital material assistance such as cribs, clothing, and furniture and offers financial support including emergency financial assistance for burial expenses to meet the needs of HIV-impacted families with children. Also offers monthly opportunity for informal peer support to help families remain intact and gain access to all appropriate resources.

Visiting Nurse Association of the San Gabriel Valley

Covina, CA 91723

1-800-368-2500
1-626-967-9311

Provides case management services for low-income residents of the San Gabriel Valley. Limited financial assistance is provided for residents of Baldwin Park and Azusa who have children, age 0 to 6 years. The program also helps with Healthy Families/Medi-Cal enrollment.

Westside Regional Center

Culver City, CA 90230

1-310-258-4000

Offers various services including purchase of services, case management, respite care and counseling for people of all ages with developmental disabilities and their families who live in the Inglewood and Santa Monica-West Health Districts of Los Angeles.

Wish Upon A Star

P.O Box 4000
Visalia, CA

1-559-733-7753
www.wishuponastar.org

Grants the wishes of children afflicted with high-risk and terminal illnesses.

Department of Managed Health Care

California HMO Help Center
980 Ninth Street, Suite 500
Sacramento, CA 95814-2725

1-888-HMO-2219
www.dmhc.ca.gov

Helps California residents enrolled in HMO's understand and exercise their health care rights and responsibilities to work toward an accountable and viable managed care delivery system.

Templo Calvario Templo Calvario Obras de Amor

Operation Blessing
2617 W. Fifth Street
Santa Ana, CA 92703

1-714-834-9331
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

El Cajon Foursquare Food Pantry

Operation Blessing
El Cajon, CA

1-619-258-9098
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Lotshaw Helping Hands

Operation Blessing
1492 Palmyrita Avenue
Riverside, CA 92507

1-909-781-3684
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

Southern California Edison
PO Box 800, Suite 930
Rosemead, CA 91770

Tel: 626-302-2433
Fax: 626-302-8003
middelsj@sce.com

Fresno County EOC
3120 W. Neilson
Fresno, CA 93706

Tel: 559-485-3733
Fax: 559-485-3737
eocnlsn@psnw.com

Salvation Army-Golden State Div.
PO Box 193465
San Francisco, CA 94119-3465

Tel: 415-553-3504
Fax: 415-553-3574
nancyudy@usw.salvationarmy.org

Pacific Gas and Electric Company
PO Box 770000/Mail Code B32
San Francisco, CA 94177

Tel: 415-973-9172
Fax: 415-973-8239
mmsk@pge.com

Pacific Gas and Electric Company
PO Box 770000
San Francisco, CA 94177

Tel: 415-973-0134
Fax: 415-971-0155
TXL2@pge.com

Consumer First, LLC
PO Box 2346
Orinda, CA 94563

Tel: 510-253-1937
Fax: 510-253-1359

Redwood Community Action Agency
904 G Street
Eureka, CA 95501

Tel: 707-444-3831 x206
Fax: 707-444-3662
ecenter1@pacbell.net

Community Development Council (CDC)

Orange County, CA

1-800-660-4232

A poverty agency for Orange County that provides assistance once a year with electricity and heating.

Free and Low-Cost Health Services

Los Angeles, CA

1-800-427-8700
www.dhs.co.la.ca.us

Provides medical benefits to qualified individuals at public/private clinics, hospitals and many other locations. Medical services include tests and prescriptions, are provided on an ability-to-pay basis and can be provided at no cost depending on your income. Contact the number above for the location nearest you.

Breast Cancer Early Detection Program (BCEDP)

1-800-511-2300
www.bcedp.org

Program gives free breast cancer-related services for all low and moderate income women age 50 and over. High-risk individual may be screened earlier.

Health Insurance Premium Payment Program (HPP)

1-800-952-5294

State Medi-Cal Program pays for your health insurance premium. To be eligible you must qualify for Medi-Cal and have a seriously illness, high cost medical bills and private health coverage.

Mental Health

1-800-854-7771

Qualified individuals can obtain free or low-cost mental health services.

In-Home Supportive Services (IHSS)

1-888-944-4477
www.dpss.co.la.ca.us

Eligible aged, blind or disabled individuals qualify for assistance with paying for in-home services such as cleaning, cooking, laundry, shopping and personal care. IHSS recipients will automatically receive Medi-Cal.

Jacob's Heart Children's Cancer Association

2941 Park Avenue
Soquel, CA 95063

1-831-477-0690
www.jacobsheart.org

The association also offers assistance in the form of gas and emergency transportation, free phone time and emergency bill payment, and a food and nutrition program (through cooperation with Second Harvest Food Bank and area restaurants) for families that have a child with cancer. Serving Santa Cruz, Santa Clara, San Benito, and Monterey counties.

SCS-Somebody Cares Southland

Operation Blessing
P.O. Box 4259
Rancho Cucamonga, CA 91729-4259

1-909-463-6368

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

**Genetically Handicapped
Person Program (GHPP)**

1-800-639-0597

Patients with genetic diseases such as sickle cell, cystic fibrosis, hemophilia, etc., can assist with paying your medical costs and can also help with equipment, medication and other health cost.

**Health Consumer Center (HCC)
of Los Angeles**

1-800-896-3203

If you are low income and are having problems getting healthcare in Los Angeles County, this hotline operated at the Neighborhood Legal Services provides free legal assistance and information.

COLORADO

Colorado Department of Insurance

State Insurance Commissioners Office 1-303-894-7499
 Colorado Division of Insurance 1-800-930-3745
 1560 Broadway, Suite 850
 Denver, CO 80202

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Colorado

Office of the Attorney General 1-303-866-3052
 Department of Law
 1525 Sherman Street
 Denver, CO 80203

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Colorado Long-Term Care Ombudsman 1-800-288-1376

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health Care Policy & Financing 1-303-866-3144
 1575 Sherman Street, Fourth Floor
 Denver, CO 80203-1714

The CHIP program also known as Child Health Plus (CHP+) was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-303-894-7499 x356
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Colorado Medicaid Agency.

LIHEAP Assistance for Colorado

Office of self-sufficiency
Department of Human Services
1575 Sherman Street
Denver, CO 80203

1-800-782-0721
1-303-866-5968
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Colorado Uninsurable Health Insurance Plan

1-303-863-1960

Provide health insurance for high-risk individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied or have difficulty finding affordable coverage in the private market.

Public Assistance and self-sufficiency

1-303-866-5981

Operates a variety of programs through the county Department of Social Services. Some of the programs include food stamps, work programs, food distribution, Aid to Families with Children (AFDC), Medicaid eligibility programs, and Low-Income Telephone Assistance Programs.

Veteran Services

1-303-894-7474

Assist veterans and their eligible family members get federal and state benefits.

Colorado Child Care Assistance Program (CCCAP)

1-800-799-5876

Provides financial assistance to eligible low-income families.

Developmental Disability Services

1-303-866-7450

Contracts with the Community Center Board to deliver community based services to persons with development disabilities. The following are some of the services offered:

Personal Living Alternative - Allows persons to live in the most normal environment possible, residing and working in the community.

Social and Leisure Experience - Encourages to become involved in the community.

Early Childhood - Provides infant and children at risk with early intervention through services in the home and through preschools.

Family Support - Helps families' keep their children at home with funds that can be used to cover cost insurance won't cover, such as respite care and a variety of other needs.

Case Management - Assures people eligible for services and that they attain the expectations in their individuals plan through continuous support and advocacy.

Care & Share, Inc.

4875 Northpark Drive
 Colorado Springs, CO 80949-9175

1-719-528-1247

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Food Bank of the Rockies

10975 E. 47th Avenue
 Denver, CO 80239

1-303-371-9250

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Food Bank for Larimer County

1301 Blue Spruce
 F. Collins, CO 80522-2221

1-970-493-4477

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Weld Food Bank

104 11th Avenue
 Greeley, CO 80631

1-970-356-2199

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Community Food Share

6363 Horizon Lane
 Longmont, CO 80503

1-303-652-3663

The following food bank mission is to feed hungry people by soliciting and distributing food and grocery products.

Rental/Housing Assistance Programs

First Interstate Tower North
 633 17th Street
 Denver, CO 80202-3607

1-303-672-5376

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Adams County LEAP
7190 Colorado Blvd.
Commerce City, CO 80022

Tel: 303-227-2368
Fax: 303-227-2650

Colorado Energy Assistance Foundation
518 17th Street, #1390
Denver, CO 80202

Tel: 303-825-8750
Fax: 303-825-0765
KBrown@ceaf.org

Xcel Energy
550 15th Street, Suite 101
Denver, CO 80202

Tel: 303-571-6939
Fax: 303-571-7013

Metro CareRing
P.O. Box 300459
Denver, CO 80203

Tel: 303-860-7200
Fax: 303-860-7400

LEAP, State of Colorado
1575 Sherman
Denver, CO 80203

Tel: 303-866-5968
ann.peden@state.co.us

Colorado Springs Utilities
P.O. Box 1103, MC 1016
Colorado Springs, CO 80947-1025

Tel: 719-668-8911
Fax: 719-668-8154
jgeer@csu.org

Southern Ute Indian Tribe
Box 737
Ignacio, CO

Tel: 970-563-0209
Fax: 970-563-0334

Colorado Early Intervention Program

State Department of Education
201 East Colfax Ave
Room 301
Denver, CO 80203

303-866-6709
smith_s@cde.state.co.us

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

CAP/PADD/PAIMI/PAIR

The Legal Center
455 Sherman Street, Suite 130
Denver, CO 80203

1-800-288-1376
1-303-722-0300
www.thelegalcenter.org

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

Sense of Security, Inc. SOS

PO Box 756
Broomfield, CO 80038-0756

1-303-480-3558
www.senseofsecurity.org

SOS can financially assist breast cancer patients undergoing treatment with mortgage or rent, medical insurance premiums, transportation costs, child care, utilities or food/groceries.

The Acts Fellowship, Inc.

Operation Blessing
9170 W. 44th Avenue
Wheat Ridge, CO 80033

1-303-431-8295
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

CONNECTICUT

Connecticut Department of Insurance

State Insurance Commissioners Office 1-860-297-3802
P.O. Box 816 1-860-566-7410
Hartford, CT 06142-0816

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Connecticut

Office of the Attorney General 1-860-808-5318
55 Elm Street
Hartford, CT 06141-0120

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Connecticut Long-Term Care Ombudsman 1-860-424-5200

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Social Services 1-877-284-8759
HUSKY Plan Project Director 1-860-424-5995
25 Sigourney Street www.state.ct.us/dph
Hartford, CT 06106-5033

The CHIP program also known as HUSKY was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid 1-860-424-5245
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Connecticut Medicaid Agency at the above number.

LIHEAP Assistance for Connecticut

Connecticut Energy Assistance Program (CEAP) 1-860-424-5889
Department of Social Services www.liheap.com
25 Sigourney Street, 6th Floor
Hartford, CT 06106

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

State Appropriated Fuel

Assistance Program (SAFA) 1-860-424-4952

Program offered to low-income elderly (above 59 years) and/or disabled households. Assistance is either in form of direct payment of heating bills, or for CEAP client's cash payments to those who have heat included in their rent. Contact your local Social Service Department.

Weatherization 1-860-424-4952

Program offered to low-income households to provide funds to conserve energy.

Connecticut Health Reinsurance Association 1-800-842-0004

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage in the private market.

ConnPACE 1-800-423-5026

A Pharmaceutical Assistance Contract for the Elderly and the Disabled that helps them pay for certain prescription drugs, insulin, insulin syringes, and needles. Participants pay \$12 for each prescription and ConnPACE pays the rest.

Connecticut Department of Social Services

Central Office 1-800-842-1508
25 Sigourney Street 1-800-842-4524 (TDD/TTY)
Hartford, CT 06106 www.state.ct.us/dph

The following programs and services are offered through the Department of Social Services:

Medical Assistance - Under Medicaid and General Assistance, the agency pays for medical care for low-income individuals and families. The agency also provides medical assistance to refugees, sets rates of nursing homes and is the Certificate of Need agency for nursing homes and home health agencies.



Temporary Family Assistance (TFA) - The State Supplemental program provides financial assistance to low-income individuals and families. The agency also provides financial assistance for refugees and sets rates for boarding homes.

Emergency Assistance -Programs in this group include the federal Individual and Family Grant program, which is to provide financial relief to victims of disasters, and social services and financial and medical assistance to repatriated United States citizens.

Housing - Services include the Rental Assistance Program, Section 8 Certificate and Voucher program. The agency also provides grants to shelters for the homeless and victims of domestic violence and has a number of programs that are designed to prevent eviction, and to assist those without homes to find and enter permanent homes.

Connecticut Department of Social Services

General Assistance 1-800-842-2159
Central Office
25 Sigourney Street
Hartford, CT 06106

Provides financial assistance to low-income individuals and families. The agency provides financial assistance for refugees and sets rates for boarding homes.

Connecticut Department of Social Services

Central Office 1-800-842-1508
Nutritional Assistance
25 Sigourney Street
Hartford, CT 06106

Promotes better nutrition including nutrition education, serving meals at elderly nutrition sites, and overseeing the distribution of food stamps to low income families and individuals.

Connecticut Department of Social Services

Energy and Weatherization Assistance 1-800-443-9946
25 Sigourney Street
Hartford, CT 06106

Assistance is provided to low-income individuals and families in meeting their heating costs.

Connecticut Department of Social Services

State-Administered General Assistance (SAGA) 1-860-823-3778
25 Sigourney Street
Hartford, CT 06106

Provides cash and medical assistance to eligible individuals and families who do not have enough money to meet basic needs. If you live in Norwich you are not eligible unless you previously received SAGA cash or medical benefits. If you never received SAGA, you should apply for General Assistance at the City of Norwich Social Services office.

Rental/Housing Assistance Programs

Connecticut State Office
330 Main Street, First Floor
Hartford, CT 06106-1860

1-203-240-4556

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Connecticut Food Bank

P.O. Box 8686
New Haven, CT 06531

1-203-469-5000

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Share of Greater Hartford

200 Addison Road
Windsor, CT 06095

1-860-688-6500

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

CAP/PADD/PAIMI/PAIR

Office of P& A for Persons with Disabilities
60B Weston Street
Hartford, CT 06120-1551

1-800-842-7303
1-860-297-4300
www.state.ct.us/opapd

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

Connecticut Early Intervention Program

Department of Mental Retardation
460 Capitol Avenue
Hartford, CT 06106-1308

1-800-505-7000
1-860-571-7556
www.birth23.org

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Circle Of Hope Lymphedema Foundation, Inc.

36 Woodcrest Drive
Prospect, CT 06712

1-318-932-1945
www.lymphedemacircleofhope.org

A non-profit corporation was developed to promote and provide educational programs, public awareness, medical treatment, and continued research for the disease known as Lymphedema.

Private Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Operation Fuel
26 Wintonbury Ave.
Bloomfield, CT 06002

Tel: 860-243-2345
Fax: 860-726-9310
www.operationfuel.org

Northwest Corner Fuel Bank
P.O. Box 385
Sharon, CT 06069

Tel: 860-364-1003
Fax: 860-364-5789

Northeast Utilities System
PO Box 270
Hartford, CT 06141

Tel: 860-665-2751
Fax: 860-721-4331

DELAWARE

State Insurance Commissioners Office

Rodney Building
841 Silver Lake Blvd.
P.O. Box 7007
Dover, DE 19903

1 302-739-4251

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Delaware

Office of the Attorney General
820 North French Street
Wilmington, DE 19801

1-800-220-5424

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Delaware Long-Term Care Ombudsman 1-800-223-9074

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP) 1-800-996-9969

The CHIP program also known as the Delaware Healthy Children Program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan contact the above number.

Medicaid

1-302-739-6266
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Delaware Medicaid Agency at the above number.

LIHEAP Assistance for Delaware

Department of Health & Social Services 1-302-577-4965 ext. 231
Division of State Service Centers
1901 N. DuPont Highway
New Castle, DE 19720

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Division of Health & Social Services

P.O. Box 906, Lewis Building 1-800-292-7924
1901 North DuPont Highway 1-860-424-5995
New Castle, DE 19720 www.state.de.us/dhss

The following programs are offered through the Department of Social Services (DSS):

A Better Chance Welfare Reform Program (ABC) - Cash benefits are time limited to households headed by employable adults age 19 or older.

General Assistance - State funded program designed to provide cash assistance to low-income people who do not qualify for federally funded programs.

Employment & Training (E&T) - This program is designed to help ABC and Food Stamp recipients become self-supporting by helping them find employment.

Childcare - This service provides support for families with young children to enable the caretaker to hold a job, obtain training or meet special needs of a child.

Food Stamps - A program which enables low-income families to buy a variety of food which is the basis for better nutrition.

Women, Infant and Children (WIC) 1-800-222-2189 (New Castle County)
1-302-995-8684 (Kent County)

Special supplement program for Women, Infants, and Children.

Division of Services for Aging & Adults

With Physical Disabilities 1-302-577-4791
1901 North DuPont Highway
Main Building
New Castle, DE 19720

The following programs are offered to low-income individuals who meet specific medical and social criteria:

Adult foster Care - Enables persons 18 years of age and older who are no longer capable of living independently to remain in the community and avoid inappropriate or premature placement in a long-term care facility.

Special Assistance Services - Limited funds have been set aside to assist eligible persons to receive assistance with three services: Home Modification, Assistive Technology and transportation.

Attendant Services - Provides the means for independent living for eligible persons who require extensive assistance.

Case Management - To ensure a service delivery system that meets the needs of individuals seeking assistance.

Home Delivered Meals - Nutrition service that delivers hot, nutritionally balanced meals.

Homemaker/Home Health Care - Designed to help maintain frail or disabled individuals 18 years of age or older in the homes for as long as possible.

Information and Assistance - An access system designed to inform, guide, direct and link older persons and persons with physical disabilities to needed and available resources.

HIV/AIDS Hotline 1-800-422-0429

Information and referral services for people who are HIV positive and their families. Hotline operates from 9:00 a.m. to 9:00 p.m.

National Eye Care Project 1-800-222-EYES
1-800-391-EYES

Eye care for low-income senior citizens and Information and referral for people at risk for glaucoma.

DHSS Division for the Visually Impaired (DVI) 577-3333 (New Castle County)
422-1570 (Kent and Sussex Counties)

Services are based on financial eligibility. DVI provides comprehensive services to the blind and severely visually impaired in the home or in the DVI training center. The VIP program is for persons 55 and over, services include training, services in the home, and the provision of aids and appliances.

Helpline

1-800-464-4357

Provides information about which state agency to call for a particular service. Their database has information about human services agencies in Delaware. Operates from 8:00 a.m. to 5:00 p.m.

Parent Information Center1-302-366-0152
1-302-366-0178 (TTY)

Provides information about services available for children with developmental delays and disabilities. They have staff to identify community services, help solve problems and offer emotional support.

Pharmaceutical Assistant ProgramsNemours Health Clinic Program
1801 Rockland Road
Wilmington, DE 19803

1-800-763-9326

A State Government program that gives financial assistance to people who are ill to help them pay for medications.

Wheels Program

1-302-395-5660

Offers transportation to health care appointments for persons over 60 years of age who live within New Castle County, but outside the City limits of Wilmington.

CHEER Transportation

856-4909

Provides transportation to and from nutrition sites and the Bridgeville Senior Center. Services also include transportation for weekly shopping, recreational activities and some medical appointments. CHEER can also arrange for transportation to medical appointments.

DART First State1-800-652-DART (intercounty bus service information)
1-800-553-DART (paratransit service information)
1-800-652-DART (Senior Citizen Affordable Taxi)

Is a statewide transit service of the Delaware Transit Corporation (DTC), a subsidiary of the Delaware Department of Transportation, which provides both fixed route and intercounty bus service, as well as a paratransit bus service, throughout the State of Delaware. Offers reduced fares to senior citizens and persons with disabilities. Seniors are required to show a Medicare card when boarding the bus.

FISH of Northern Delaware

1-302-658-2954

A volunteer organization, provides transportation to appointments for ambulatory individuals north of the C&D canals when all other means of transportation have been exhausted and as volunteers are available. One week advance notice is needed.

Geriatric Services of Delaware, Inc. 1-302-658-6731 (New Castle County)
1-302-856-7774 (Sussex County)

Medical transport is provided to and from medical treatment for ambulatory persons. 48-hour notice is required. There is a fee-for-service or Medicaid is accepted.

Red Cross Transportation 656-6620 (Wilmington/New Castle County)
335-5031 (Kent/Sussex County)

Volunteers provide transportation in Red Cross-owned vehicles to medical/health appointments for ambulatory older persons in cases where no other means of transportation can be found. Appointments must be made through a doctor, nurse, medical clinic or community agency.

Uni-City 831-1187 (Newark area)

A transportation service that operates in the University/Newark area. The buses operate along 3 loops. There is no charge for the service.

Senior Citizen's Legal Assistance Program (SCLAP) 1-302-575-0666 (Wilmington/New Castle County)
1-302-674-3684 (Kent County)
1-302-856-4112 (Sussex County)

SCLAP is operated statewide through the Community Legal Society, Inc. SCLAP provides legal services to Delawareans who are 60 years of age and older in non-criminal and non-fee generating cases.

Delaware Volunteer Legal Services, Inc. (DVLS) 1-302-478-8850
1-800-773-0606

Screens and defers low-income clients with civil cases to volunteer attorneys. They cannot accept fee-generating or criminal cases. Types of cases, depending on attorney availability, include landlord/tenant, wills, family law, foreclosure, consumer, government benefits, and personal injury defense. Call for intake between 9:00 a.m. and 5:00 p.m. Service is free.

Hispanic Outreach Program 655-7338 (New Castle County)

Offers information about available services to older Hispanics and their families in New Castle County. The program also works with the area service providers to improve access for older Hispanics.

Women's Vocational Services 1-302-368-6622
1-302-739-3746
1-302-739-5473 (Kent County)
1-302-856-5325 (Sussex County)
1-302-761-8092 (Wilmington/New Castle County)

Offers programs that are designed for women who have lost their main source of income due to separation, divorce, death or disability of their spouse. Funds for schooling are available to eligible persons.

**Senior Community Service
Employment Program** 1-302-651-3440 (Wilmington/New Castle County)
1-302-734-1200 (Kent County)
1-302-856-7761 (Sussex County)

Provides subsidized, part-time employment opportunities for low-income persons age 55 and above. The program also provides supportive services, training and assistance with seeking employment in the private sector.

Delaware State University 1-302-739-5185
1-302-739-2960

Delawareans age 62 and over may attend classes for credit or audit tuition-free on a space available basis. There is a registration fee of \$30, and charges for books, supplies, lab and shop fees. Free tuition does not include non-credit and special interest courses.

Delaware Technical & Community College 1-302-888-5288 (Straton/Wilmington)
1-302-741-2700 (Kent County)
1-302-856-5400 (Sussex County)

Delawareans 60 years of age or older may enroll tuition free in all Delaware Tech catalog courses on or after the first day of classes if space is available.

University of Delaware 1-302-831-1114
1-302-855-1630

Adult's 60 years of age and over, may attend classes for credit or audit tuition-free, on space available basis, if they are enrolled in an academic undergraduate or graduate degree program.

Food Bank of Delaware

14 Garfield Way 1-302-292-1305
Newark, DE 19713

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Rental/Housing Assistance Programs

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled. 1-302-429-6703, ext. 10 (Wilmington) 1-302-395-5600 (New Castle County) 1-302-366-0826 (Newark) 678-1965 (Kent/Sussex County) 1-302-739-6940 or 1-302-856-5805 (Kent/Sussex County)

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Rural Housing Service offers rental assistance programs, home improvement and repair loans and grants, and self-help housing loans to low-income individuals and families. Contact your local rural development office (check the federal government section in your phone book).

Architectural Accessibility Board

1-302-739-5644

Funds are available for families needing to change their homes to enable them to care for and encourage the independence of medically involved children.

USO Delaware, Inc.

500 Eagle Way
USO, East Wing
Dover AFB, DE 19902

1-302-677-2491
1-302-677-6905 (lounge)

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

Delaware Early Intervention Program

Department of Health and Social Services 1-302-577-4647
1901 North Dupont Highway
2nd Floor, Room 204
New Castle, DE 19720

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

CAP

Client Assistance Program 1-800-640-9336
United Cerebral Palsy, Inc. 1-302-698-9336
254 East Camden-Wyoming Avenue 1-302-698-9338
Camden, DE 19934

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

PADD/PAIMI/PAIR

Disabilities Law Program 1-302-575-0660
913 Washington Street
Wilmington, DE 19801

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

Private Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Chesapeake Util. Corp./ Sharing Tel: 302-734-6797-6007
P.O. Box 615 Fax: 302-734-6010
Dover, DE 19903 csmall@chpk.com

DISTRICT OF COLUMBIA

Administration on Children, Youth and Families (ACYF)

Washington, DC

1-202-205-8347

1-202-401-2337

Administers state grant programs to assist states in providing independent living, child welfare services, foster care, adoption assistance and child care programs.

Office of Family Assistance

Washington, DC

1-202-401-9215

Public assistance and economic self-sufficiency programs.

District of Columbia Department of Insurance

Insurance Administration
441 Fourth Street, NW
8th Floor North
Washington, DC 20001

1-202-727-8000 ext. 3018

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

State Attorneys General Office

District of Columbia Corporation Counsel
441 4th Street NW
Washington, DC 20001

1-202-727-6248

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

District of Columbia Long-Term Care Ombudsman

1-202-434-2099

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

District of Columbia
Department of Human Services
2100 ML King Jr. Avenue, SE
Washington, DC 20020

1-800-666-2229
1-202-645-5057

The CHIP program also known as DC Healthy Families was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-202-676-3900
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the District of Columbia Medicaid Agency.

LIHEAP Assistance for District of Columbia

Department of Human Services
Citizens Energy Resources Division
District of Columbia Energy Office
2000 14th Street, NW
Washington, DC 20001

1-202-673-6727

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

**Department of Human Services
Child Care Subsidy Program**

801 N. Capitol Street
Washington, DC 20002

1-202-279-6000
1-202-727-8300

Provides assistance with the cost of childcare so caregivers can remain employed.

**Department of Human Services
WIC**

801 N. Capitol Street
Washington, DC 20002

1-202-645-5663

A supplemental program for women, infants and children.

**Washington Center for Aging Services
Center Care Day Treatment Program**

1-202-635-8296

Day care programs provide personal care for dependent individuals at risk of institutionalization. Services may include medical, social, therapeutic, and recreational support in a supervised setting. Meals and transportation are provided. The following is a listing of agencies that provide this service.

**The Downtown Cluster's
Geriatric Day Care Center**

1-202-347-7527

Day care programs provide personal care for dependent individuals at risk of institutionalization. Services may include medical, social, therapeutic, and recreational support in a supervised setting. Meals and transportation are provided. The following is a listing of agencies that provide this service.

**IONA Senior Services
IONA Day Health Center Program**

1-202-895-0238

Day care programs provide personal care for dependent individuals at risk of institutionalization. Services may include medical, social, therapeutic, and recreational support in a supervised setting. Meals and transportation are provided. The following is a listing of agencies that provide this service.

**Senior Citizens Counseling & Delivery Services
Multi-Disciplinary Geriatric Extension Program**

1-202-678-5632

Day care programs provide personal care for dependent individuals at risk of institutionalization. Services may include medical, social, therapeutic, and recreational support in a supervised setting. Meals and transportation are provided. The following is a listing of agencies that provide this service.

**Department of Health
Community Mental Health Administration**

1-202-576-8686

Day care programs provide personal care for dependent individuals at risk of institutionalization. Services may include medical, social, therapeutic, and recreational support in a supervised setting. Meals and transportation are provided. The following is a listing of agencies that provide this service.

**Zion Baptist Church Senior Day Care
Program**

1-202-723-8537

Day care programs provide personal care for dependent individuals at risk of institutionalization. Services may include medical, social, therapeutic, and recreational support in a supervised setting. Meals and transportation are provided. The following is a listing of agencies that provide this service.

DC Long-Term Care Ombudsman Program 1-202-434-2120
Legal Counsel for the Elderly -AARP

This section includes the Long-Term Care Ombudsman Program, which advocates on behalf of nursing home and Community Residence Facility residents; the residential facilities supported by the Office on Aging that provide health, personal care or general assistance to its residents; and a training series offered by Howard University.

The Howard University - School of Social Work 1-202-806-7318
Long-Term Care Training Project

This section includes the Long-Term Care Ombudsman Program, which advocates on behalf of nursing home and Community Residence Facility residents; the residential facilities supported by the Office on Aging that provide health, personal care or general assistance to its residents; and a training series offered by Howard University.

Christian Communities Group Homes Board, Inc. 1-202-675-9075

This section includes the Long-Term Care Ombudsman Program, which advocates on behalf of nursing home and Community Residence Facility residents; the residential facilities supported by the Office on Aging that provide health, personal care or general assistance to its residents; and a training series offered by Howard University.

IONA Senior Services 1-202-966-1055

This section includes the Long-Term Care Ombudsman Program, which advocates on behalf of nursing home and Community Residence Facility residents; the residential facilities supported by the Office on Aging that provide health, personal care or general assistance to its residents; and a training series offered by Howard University.

Friendship House 1-202-635-9384

This section includes the Long-Term Care Ombudsman Program, which advocates on behalf of nursing home and Community Residence Facility residents; the residential facilities supported by the Office on Aging that provide health, personal care or general assistance to its residents; and a training series offered by Howard University.

Washington Center for Aging Services 1-202-541-6200

This section includes the Long-Term Care Ombudsman Program, which advocates on behalf of nursing home and Community Residence Facility residents; the residential facilities supported by the Office on Aging that provide health, personal care or general assistance to its residents; and a training series offered by Howard University.

District of Columbia Office on Aging

441 4th Street, NW, Suite 900S
Washington, DC 20001

1-202-727-5626

The purpose of this office is to develop and carry out a comprehensive and coordinated system of health, education, employment, and social services for the District's elderly population, who are 60 years of age and older.

Call "N" Ride Transportation Program

1-202-635-3970

Transportation services are provided for medical appointments, recreation, social outings and other needs.

The Washington Elderly Handicapped Transportation Services (WEHTS)

1-202-635-8866

Transportation services are provided for medical appointments, recreation, social outings and other needs.

Community Based Services

1-202-724-5626

Provides several centers that serve nutritious, well-balanced meals daily, or will arrange for meal delivery to a homebound person. As well as one-on-one advice, guidance, and nutrition education supervised by a dietitian or other health professionals. For more information on how you can participate, contact the D.C. Office on Aging Information and Assistance Branch at the above number or the agencies listed below:

Barney Neighborhood House Senior Citizens Satellite Center

3118 16th Street, NW
Washington, DC 20010
Service Area: 1 and 4

Friendship House Services to the Elderly

619 D. Street, SE
Washington, DC 20003
Service Area: Ward 6 and 2

IONA Senior Services

4200 Butterworth Place, NW
Washington, DC 20016
Service Area: 2 and 3

Senior Citizens Counseling & Delivery Services, Inc.

2500 Martin Luther King, Jr. Avenue, SE
Washington, DC 20020
Service Area: Ward 8

Senior Citizens Counseling & Delivery Services, Inc.

2500 Martin Luther King, Jr. Avenue, SE
Washington, DC 20020
Service Area: Ward 8

Greater Southeast Community Center for the Aging/Comprehensive Senior Services
4025 Minnesota Avenue, NE
Washington, DC
Service Area: Wards 6c and 7

Catholic Services in D.C.

1-202-636-4306

Provides adoptions, counseling, free services, case managers, foster parenting, refugees parenting classes.

Health First Hotlines

Department of Health
825 North Capitol Street
Washington, DC 20002
1-202-442-5999

The following hotlines deliver health care services, implement and administer the District's health insurance programs, safeguarding public health within the District.

Agency for HIV/AIDS 1-202-727-2500

Baby Hotline 1-800-MOM-BABY

Better Asthma Management Program For Children 1-202-682-5864

Breast and Cervical Cancer Early Detection Program (BCCEDP) 1-202-442-5900

Child Day Care 1-202-727-0284

Child Development Center For Newborns to Preschoolers D.C. General Hospital
1-202-675-7619

D.C. General Hospital 1-202-675-5000

D.C. Healthy Start 1-202-645-4174

Dental Services (walk-ins accepted) 1-202-675-7508

Early Intervention Health Services Hotline For Children 0-3 (Project Rose) 1-202-675-5400

Emergency and Urgent Care Center (24 hours) 1-202-675-5400

Eye Care- Glaucoma Information 1-202-234-1010

Healthy Babies 1-202-396-2809

Health Referral Information, DHHS 1-800-336-4797

Home Care Services Visiting Nurses Association of D.C. 1-202-686-2862

Home Care Services Bureau 1-202-727-5720

Homeless-Hypothermia Hotline 1-202-399-7093

Immunization Division 1-202-576-7130

Lutheran Social Services Respite Care 1-202-723-3000

Multicultural Service Center 1-202-673-2061

OBGYN, Prenatal Services and Pregnancy Testing (Free) D.C. General Hospital
1-202-675-5388

Office of Emergency Health and Medical Services 1-202-675-5628

Office of Maternal and Child Health 1-202-442-5925

Safe Haven Outreach Ministry Health and Social Services for Homeless 1-202-546-7146

Renters Assistance

District of Columbia
820 First Street, NE
Washington, DC 20002-4205

1-202-275-7965

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

United Planning Organization (UPO)

1-202-289-9100

United Planning Organization programs seek to meet the basic shelter needs of older Washingtonians by providing temporary shelter for people who are in emergency situations, housing location assistance regarding a variety of housing alternatives and home repair services.

Capital Area Food Bank

645 Taylor Street, NE
Washington, DC 20017-2063

1-202-526-5344

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

CAP/PADD/PAIMI/PAIR

University Legal Services
300 I Street, NE, Suite 202
Washington, DC 20002

1-202-547-0198
www.dcpanda.org

A State Protection and Advocacy Agency for Persons with Developmental Disabilities, Mental Illness and The Client Assistance Program.

Washington DC Early Intervention Program

609 H Street NE
Fifth Floor
Washington, DC 20002

1-202-727-5930

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

**Associated Catholic Charities
Downtown Family Center**

1-202-722-4315

Offers a variety of programs including emergency assistance, education, and employment services for residents of Washington DC in the downtown area.

**Associated Catholic Charities
Northeast Family Center**

1-202-526-4100

Offers food for needy residents and one-time emergency financial assistance for rent, mortgage and utility payments for people in Ward 5.

**Associated Catholic Charities
Southeast Family Center**

1-202-574-3442

Offers family support, foster care, independent living, parent education, and financial assistance for Ward 8 residents.

Bread for the City and Zacchaeus Clinic, Inc. 1-202-561-8587

Provides 3-day supplemental food bag, clothing, social services on request, and legal clinic services every other Wednesday. Serves residents of SE and SW DC.

Change, Inc. 1-202-387-3725

Offers various services including emergency utility/rent assistance, emergency transportation service for medical needs, clothing and counseling service.

The Family Place 1-202-265-0149

Offers emergency food, lunch service, clothing, diapers and financial assistance to needy families who have children age birth to 3.

Greater Washington Urban League 1-202-265-2017
1-202-229-8701

Offers emergency food and utility assistance services.

Lutheran Social Services of the National Capital Area 1-202-723-3000

Provides financial support to needy individuals for rent, utilities, clothing and food in Prince George county, Maryland and Washington, D.C. Also offers information and referrals for local agencies.

Marshall Heights Community Development Organization 1-202-396-1200

Provides a variety of services including food and clothing, housing and economic development assistance, and crisis intervention services to residents of Ward 7.

Peoples Involvement Corporation 1-202-797-3910

Provides a variety of services including housing assistance, clothing, food and job training for residents of Ward 1 and 2 areas.

Salvation Army - Washington DC - E St. 1-202-783-9085

Offers various service including emergency financial assistance, supplemental aid, food, clothing, information and referrals, and counseling services.



**S.O.M.E., Inc.
(So Others Might Eat), Dwelling Place**

1-202-583-7602

Emergency Shelter for abused, neglected and exploited elderly. S.O.M.E., Inc and United Planning Organization programs seek to meet the basic shelter needs of older Washingtonians by providing temporary shelter for people who are in emergency situations, housing location assistance regarding a variety of housing alternatives and home repair services.

S.O.M.E. (So Others Might Eat)

71 "O" Street, NW
Washington, DC 20001

1-202-797-8806

Provides hot meals twice daily, free clothing, dental and medical (Spanish and French dentist), clinic, legal assistance, and other social services to individuals of all ages. Referrals are not required. Multilingual (Spanish, English, and French) staff are available.

Southwest Community House Association 1-202-488-7210

Provides emergency assistance with food stamps, food and clothing, housing services, and other services for needy children and families.

Anchor of Hope Foodbank Network, Inc.

Operation Blessing
5158 Eisenhower Avenue
Alexandria, VA 22304

1-703-823-4100

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas) for residents of DC. Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Eldercare Locator

Administration on Aging
330 Independence Avenue, SW
Washington, DC 20201

1-800-677-1116
www.aoa.dhhs.gov

A nationwide directory assistance program designed to help older persons and caregivers locate support resources such as transportation.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

American Gas Association
400 N. Capitol St., NW
Washington, DC 20001

Tel: 202-824-7208
Fax: 202-824-9090
scrout@aga.org

Edison Electric Institute
701 Pennsylvania Ave, NW
Washington, DC 20004

Tel: 202-508-5559
Fax: 202-508-5403
maryabcm@eei.org

Campaign to Keep America Warm
601 Thirteenth Street, NW
Washington, DC 20005

Tel: 202-783-5588
Fax: 202-783-5595

Markey and Associates
1155 15th Street, NW #1101
Washington, DC 20005

Tel: 202-822-9288
Fax: 202-822-0920
jcbenfield@aol.com

DC Office of the People's Counsel
1133 15th St. NW, Ste. 500
Washington, DC 20005

Tel: 202-727-3071
Fax: 202-727-1014
anewman@opc-dc.gov

American Public Power Assn.
2301 M Street, NW
Washington, DC 20037

Tel: 202-467-2900
Fax: 202-467-2910
mcafruny@appa.net.org

FLORIDA

Florida Department of Insurance

State Insurance Commissioners Office 1-800-342-2762
State Capital 1-850-922-3100
Plaza Level Eleven
Tallahassee, FL 32399-0300

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Florida

Office of the Attorney General 1-850-487-1963
The Capital
PL 01
Tallahassee, FL 32300-1050

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Florida Long-Term Care Ombudsman 1-888-831-0404

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Agency for Health Care Administration 1-888-540-5437
2727 Mahan Drive, Bldg. 3 1-850-488-9347
Tallahassee, FL 32308

The CHIP program also known as KidCare was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed below or contact the above toll-free number.

Medicaid 1-850-414-2060 www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Florida Medicaid Agency at the above number.



LIHEAP Assistance for Florida

Department of Housing and Community Development
Department of Community Affairs 1-850-922-1834
2555 Shumard Oak Blvd. www.liheap.com
Tallahassee, FL 32399-2100

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs. Below is the contact information for each county in Florida.

Alachua County Central Florida Community Action Agency, Incorporated Contact Name: Mr. Oscar Harris, Jr., Executive Director Street Address: 220 North Main Street, Suite C, Gainesville, FL 32602-1503 Phone: (352) 373-7667

Baker County Northeast Florida Community Action Agency, Inc. Contact Name: Mr. John W. Edwards, Jr., Executive Director Address: 411 West Adams Street, 3rd Floor, Suite 200, Jacksonville, FL 32201 Phone: (904) 358-7474

Bay County Bay County Council on Aging, Incorporated Contact Name: Ms. Elizabeth Coulliette, Executive Director Address: 1116 Frankford Avenue, Panama City, FL 32401 Phone: (850) 769-3468

Bradford County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Brevard County Board of County Commissioners Division of Housing and Social Services Contact Name: Zoila Villanueva, Financial Manager Address: 2725 Judge Fran Jamieson Way, Building B, First Floor, Melbourne, FL 32940 Phone: (321) 633-2007

Boward County Broward County Community Action Agency Contact Name: Ms. Gretchen Gettemy-Thompson, Executive Director Address: 900 Northwest 31st Avenue, Fort Lauderdale, FL 33311 Phone: (954) 327-8797

Calhoun County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043

Charlotte County Board of County Commissioners Contact Name: Ms. Victoria Porter, Director, Department of Social Services Address: 512 Grace Street, Suite C, Punta Gorda, FL 33950 Phone: (941) 639-1561

Citrus County Board of County Commissioners Contact Name: Mr. Tom Webster, Director, Department of Development Services Address: 3600 West Sovereign Path, Suite 147, Lecanto, FL 34461 Phone: (352) 527-5377

Clay County Putnam-Clay-Flagler Economic Opportunity Council, Incorporated Contact Name: Ms. Mevlyn Ryles, Executive Director Address: 1400 Reid Street Palatka, FL 32177 Phone: (904) 328-1482

Collier County The Agricultural and Labor Program, Incorporated Contact Name: Ms. Deloris Johnson, Executive Director Address: 7301 Lynchburg Road, Winter Haven, FL 33881 Phone: 1-800-330-3491 or (863) 956-3491

Columbia County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Dade County Miami-Dade County Community Action Agency Contact Name: Ms. Ophelia E. Brown-Lawson, Executive Director Address: 395 Northwest 1st Street, Suite 101, Miami, FL 33128 Phone: (305) 347-4600

Desoto County Polk County Opportunity Council, Incorporated Contact Name: Ms. Lela Harvey-Wooten, Services Program Resource Coordinator Address: 450 West Main Street Bartow, FL 33830 Phone: (863) 533-0015

Dixie County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060-0070 Phone: (904) 362-4115

Duval County Northeast Florida Community Action Agency, Incorporated Contact Name: Mr. John Edwards, Executive Director Address: 411 West Adams Street, 3rd Floor, Suite 200, Jacksonville, FL 32201 Phone: (904) 358-7474

Escambia County Community Action Program Committee, Incorporated Contact Name: Mr. Willie Junior, Executive Director Address: 1308 West Garden Street, Pensacola, FL 32501 Phone: (850) 438-4021

Flagler County Putnam-Clay-Flagler Economic Opportunity Council, Incorporated Contact Name: Ms. Mevlyn Ryles, Executive Director Address: 1400 Reid Street, Suite C Palatka, FL 32177 Phone: (904) 328-1482

Franklin County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Gadsden County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Gilchrist County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060-0070 Phone: (904) 362-4115

Glades County The Agricultural and Labor Program, Incorporated Contact Name: Ms. Deloris Johnson, Executive Director Address: 7301 Lynchburg Road, Winter Haven, FL 33881 Phone: 1-800-330-3491 or (863) 956-3491

Gulf County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Hamilton County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060-0070 Phone: (904) 362-4115

Hardee County Polk County Opportunity Council, Incorporated Contact Name: Ms. Lela Harvey-Wooten, Services Program Resource Coordinator Address: 450 West Main Street Bartow, FL 33830 Phone: (863) 533-0015

Hendry County Hendry County Board of County Commissioners Contact Name: Ms. Elaine Antonacci, Director of Social Services Address: Post Office Box 1760, LaBelle, FL 33975-1760 Phone: (863) 675-5220

Hendry County Board of County Commissioners Contact Name: Ms. Elaine Antonacci, Director of Social Services Address: Post Office Box 1760, LaBelle, FL 33975-1760 Phone: (863) 675-5220

Hernando County Mid-Florida Community Services, Incorporated Contact Name: Francine Ward, Director of Programs and Operations Address: 820 Kennedy Boulevard, Brooksville, FL 34601 Phone: (352) 796-1425

Highlands County Polk County Opportunity Council, Incorporated Contact Name: Ms. Lela Harvey-Wooten, Services Program Resource Coordinator Address: 450 West Main Street Bartow, FL 33830 Phone: (863) 533-0015 or 1-(800) 523-7262

Hillsborough County Hillsborough County Board of County Commissioners Contact Name: Ms. Karen Childs, Director Address: 505 East Jackson Street, Suite 204, Tampa, FL 33602 Phone: (813) 272-6770

Holmes County Tri-County Community Council, Incorporated Contact Name: Mr. Joel Paul, Executive Director Address: 301 North Oklahoma Street, Bonifay, FL 32425 Phone: (850) 547-3688 or 1-(800) 395-2696

Indian River County Economic Opportunities Council of Indian River County, Incorporated Contact Name: Ms. Betty Gipson, Community Services Director Address: 1456 Old Dixie Highway, Building B Vero Beach, FL 32960 Phone: (561) 569-1030

Jackson County Jackson County Senior Citizens Organization, Incorporated Contact Name: Ms. Abbie Burdeshaw, Executive Director Address: 5400 Cliff Street, Graceville, FL 32440 Phone: (850) 263-4650 or 263-2774

Jefferson County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Lafayette County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Lake County Lake Community Action Agency, Incorporated Contact Name: Ms. Valarie Seaton, Director of Community Services Address: 501 North Bay Street Eustis, FL 32726 Phone: (352) 357-3497 or 357-5550

Lee County Lee County Board of County Commissioners Department of Human Services Contact Name: Ms. Karen B. Hawes, Director Address: 83 Pondella Road, Suite 1, North Fort Myers, FL 33903 Phone: (941) 656-7930

Leon County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Levy County Central Florida Community Action Agency, Incorporated Contact Name: Mr. Oscar Harris, Jr., Executive Director Address: 220 North Main Street, Suite C, Gainesville, FL 32602-1503 Phone: (352) 373-7667

Liberty County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Madison County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Manatee County Manatee Opportunity Council, Incorporated Contact Name: Ms. Joan Hill, Executive Director Address: 369 Sixth Avenue West, Bradenton, FL 34205 Phone: (941) 750-8704 or 747-7521

Marion County Central Florida Community Action Agency, Incorporated Contact Name: Mr. Oscar Harris, Jr., Executive Director Address: 220 North Main Street, Suite C, Gainesville, FL 32602-1503 Phone: (352) 373-7667

Martin County The Agricultural and Labor Program, Incorporated Contact Name: Ms. Deloris Johnson, Executive Director Address: 7301 Lynchburg Road, Winter Haven, FL 33881 Phone: 1-800-330-3491 or (863) 956-3491

Monroe County Monroe County Board of County Commissioners Contact Name: Mr. Louis LaTorre, Director of Social Services Address: Public Service Building, 5100 College Road, Key West, FL 33040 Phone: (305) 294-8468

Nassau County Northeast Florida Community Action Agency, Incorporated Contact Name: Mr. John W. Edwards, Jr., Executive Director Address: 411 West Adams Street, Suite 200, 3rd Floor, Jacksonville, FL 32201 Phone: (904) 358-7474

Okaloosa County Council on Aging, Inc. Contact Name: Ms. Ruth Lovejoy, Executive Director Address: 207 Hospital Drive Northeast, Fort Walton Beach, FL 32548 Phone: (850) 833-9165

Okeechobee County Polk County Opportunity Council, Incorporated Contact Name: Ms. Lela Harvey-Wooten, Services Program Resource Coordinator Address: 450 West Main Street Bartow, FL 33830 Phone: (863) 533-0015

Orange County Orange County Department of Community Affairs Division of Health and Family Services Contact Name: Ms. Veronica Maldonado, Administrative Assistant Address: 2100 East Michigan Street Orlando, FL 32806 Phone: (407) 836-7429

Osceola County Orange County Department of Community Affairs Division of Health and Family Services Contact Name: Ms. Veronica Maldonado, Administrative Assistant Address: 2100 East Michigan Street Orlando, FL 32806 Phone: (407) 836-8900

Palm Beach County Board of County Commissioners Community Action Program Contact Name: Ms. Maureen Perrault, Executive Director Address: 810 Datura Street, Room 150, West Palm Beach, FL 33401 Phone: (561) 355-4727 mperraul@co.palm-beach.fl.us

Pasco County Mid-Florida Community Services, Incorporated Contact Name: Francine Ward, Director of Programs and Operations Address: 820 Kennedy Boulevard Brooksville, FL 34601 Phone: (352) 796-1425

Pinellas County Urban League, Incorporated Contact Name: Mr. James O. Simmons, President / CEO Address: 333 - 31st Street North St. Petersburg, FL 33713 Phone: (727) 327-2081 or 323-9333

Polk County Opportunity Council, Incorporated Contact Name: Ms. Lela Harvey-Wooten, Services Program Resource Coordinator Address: 450 West Main Street Bartow, FL 33830 Phone: (863) 533-0015 or 1-(800) 523-7262

Putnam-Clay-Flagler Economic Opportunity Council, Incorporated Contact Name: Ms. Mevlyn Ryles, Executive Director Address: 1400 Reid Street Palatka, FL 32177 Phone: (904) 328-1482

Santa Rosa County Tri-County Community Council, Incorporated Contact Name: Mr. Joel Paul, Executive Director Address: 301 North Oklahoma Street, Bonifay, FL 32425 Phone: (850) 547-3688

Sarasota County Board of County Commissioners Health and Human Services Business Center Contact Name: Mr. Richard A. Jimison, Manager Address: 1938 Laurel Street, Sarasota, FL 34236 Phone: (941) 316-1060 or 316-1057

Seminole County City of Sanford Contact Name: Ms. Lillie Robinson, LIHEAP Outreach Specialist
Ms. Cynthia Oliver, Contracts Coordinator Address: 300 North Park Avenue Sanford, FL 32771
Phone: (407) 330-5665

St. Johns County Northeast Florida Community Action Agency, Incorporated Contact Name: Mr.
John W. Edwards, Jr., Executive Director Address: 411 West Adams Street, 3rd Floor, Suite 200,
Jacksonville, FL 32201 Phone: (904) 358-7474

St. Lucie County The Agricultural and Labor Program, Incorporated Contact Name: Ms. Deloris
Johnson, Executive Director Address: 7301 Lynchburg Road, Winter Haven, FL 33881 Phone: 1-
800-330-3491 or (863) 956-3491

Sumter County Mid-Florida Community Services, Incorporated Contact Name: Francine Ward,
Director of Programs and Operations Address: 820 Kennedy Boulevard Brooksville, FL 34601
Phone: (352) 796-1425

Suwannee County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances
Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL
32060 Phone: (904) 362-4115

Taylor County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances
Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL
32060 Phone: (904) 362-4115

Union County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances
Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL
32060 Phone: (904) 362-4115

Volusia County Council Contact Name: Ms. Myra Gaziane, Human Services Coordinator
Address: 123 West Indiana Avenue DeLand, FL 32720-4611 Phone: (904) 736-5955

Wakulla County Board of County Commissioners Contact Name: Ms. Annie L. Brown, LIHEAP
Coordinator Address: 24 High Drive Crawfordville, FL 32327 Phone: (850) 926-8677

Walton County Tri-County Community Council, Incorporated Contact Name: Mr. Robert Wilford,
Executive Director Address: 301 North Oklahoma Street, Bonifay, FL 32425 Phone: (850) 547-
3688 or 1-(800) 395-2696

Washington County Tri-County Community Council, Incorporated Contact Name: Mr. Joel Paul,
Executive Director Address: 301 North Oklahoma Street Bonifay, FL 32425 Phone: (850) 547-
3688 or 1-(800) 395-2696

Florida Comprehensive Health Insurance 1-850-309-1200

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage in the private market.

AIDS/HIV Assistance

1-800-FLA-AIDS

Offer anonymous or confidential testing for HIV. Clients are provided with information on prevention, the benefits of early treatment and referrals to care and other needed services. Medical care, pharmaceuticals, dental services, mental health counseling, case management and many other support services.

Department of Children and Families

Miami-Dade County	1-305-377-5055
Broward County	1-954-267-2105
Monroe County	1-305-292-6745

Adult Health Care - Counties make available a range of basic medical care services and treatments, to decrease unnecessary emergency room visits.

Dental Health - Dentist provide treatment to indigent school children.

Food Stamps - Provide low-income individuals with assistance to purchase the nutritional food.

Healthy Start - Provide low-income pregnant women with the necessary prenatal care to assure the mother and baby are healthy at delivery.

Home Health Services - Provide care for people who need nursing care or treatment in their homes, when they are eligible for Medicare or another assistance program.

Subsidized child Care - Provide support for families with young children to enable the caretaker to hold a job, obtain training or meet the special needs of a child.

WIC - A Supplemental Food Program for Women, Infant and Children up to the age of five. For more information contact your local Public Health Office.

Welfare - Provide temporary cash assistance to low-income individuals.

Optional State Supplementation (OSS)

Provides income assistance from the State of Florida, if you receive SSI, are determined to be eligible by the department or reside in an Assisted Living Facility that accepts state clients. For more information contact your local Department of Children and Families or Aging and Adult Services Office.

State Elder Helpline	1-800-963-5337
	1-800-262-2243 - for North FL only

The following programs and services are offered to older Floridians.

Department of Elder Affairs (DOEA) - Has an office of volunteer community services that serves as an information clearinghouse on aging issues and resources.

Elder Helpline - Provide senior citizens with a broad range of information and referrals. Some areas they assist in are home care, food stamps, housing, transportation, and emergency relief. 1-800-963-5337 (voice); 1-800-955-8771 (TDD)

Home Delivered Meals - Provide homebound individuals with a hot nutritional meal.

SHINE Program - SHINE (Serving the Health Insurance Needs of Elders) is a free insurance counseling program designed to assist elders in sorting out their insurance problems. 1-800-963-5337

Transportation - Free or low-cost transportation is offered to assist senior citizens and handicapped persons to get to and from medical treatment, buy groceries, or pick up food stamps.

The Florida Bar Referral Panel

1-800-342-8011

Provides referral to one of the participating attorneys in your area. The first half-hour consult is pro bono, thereafter negotiations will be made with the attorney. Cost per hour is usually based on your income level.

Legal Hotline for Older Floridians

1-305-576-5997

Offers legal advice by an attorney for senior citizens over 65 years old. Phone calls are \$15.00 plus the long distance collect call fee. If you are a resident of Miami-Dade County and have limited income you may qualify for free legal advice. Attorneys at the hotline also review documents or offer brief services such as a call or letter written to resolve a problem.

Legal Services and Legal Aid

Services consist of assisting low-income persons who can not afford an attorney with most areas in civil law. Some examples of cases are consumer cases, food stamp cases, landlord/tenant cases, health cases, social security, family matters and public welfare benefits. For more information contact your local Legal Services or Legal Aid office.

Tax Relief

Real Estate Property Tax

Grants homeowners relief under a homestead exemption provision. This exemption allows homeowners (unable to work or retired and live on a fixed income) who holds the legal title and uses the property as a permanent residence. This grant allows the homeowner to subtract \$25,000 from the assessed value of the home. If you have any questions on how to obtain these exemptions, you should call your Property Appraiser's office listed in the white pages of your telephone directory under your county's name.

Homestead Property Deferral

This Act permits the real estate tax on a residence that qualifies under the homestead exemption statute to be deferred. You may defer all or part of the property tax and any non ad valorem assessment. Your property will not be foreclosed on as long as all legal requirements are met and no other tax certificates are unpaid. Deferred taxes are treated as a lien on your homestead.

While the Homestead Property Tax Deferral Act offers older Floridians relief from property taxes, it is somewhat complicated and should be thoroughly studied and understood before being undertaken. For more information, call the Tax Collector's office of your county.

Rental/Housing Assistance Programs

Florida State Office
Southern Bell Tower
301 West Bay Street, Suite 2200
Jacksonville, FL 32202-5121

1-904-232-2357

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO Of Central Florida, Inc.

P.O. Box 149472
Orlando, FL 32814

1-407-647-0407

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

Greater Jacksonville Area USO, Inc.

Building #1050
P.O. Box 108
NAS Jacksonville, FL 32212

1-904-778-2821

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

USO of St. Augustine and St. Johns Counties, Inc.

American Legion Post 37
1 American Circle
P.O. Box 4
St. Augustine, FL 32084

1-904-778-2821

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

USO of Greater Pensacole Area, Inc.

P.O. Box 4321
Pensacola, FL 32507-0321

1-904-455-1064

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

Harry Chapin Food Bank of Southwest Florida

2126 Alicia Street
Ft. Myers, FL 33901-3926

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Daily Bread Food Bank

5850 NW 32nd Avenue
Miami, FL 33142

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

All Faiths Food Bank

717 Cattleman Road
Sarasota, FL 34232

1-914-379-6333

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Divine Providence Food Bank

212 N. Newport Avenue
Tampa, FL 33606

1-813-254-1190

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Northeast Florida

1502 Jessie Street
Jacksonville, FL 32206

1-904-353-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Central Florida

2008 Brengle Avenue
Orlando, FL 32808

1-407-295-1066

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of the Big Bend

4809 Market Place
Tallahassee, FL 32303

1-850-562-3033

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Hallandale Food Pantry - The Lord's House

120 SW Sixth Avenue
Hallandale Beach, FL 33009

1-954-455-0615 (answering machine)
1-954-455-4909

Provides packages of staple food products on a weekly basis to the needy, low-income and homeless individuals.



Florida Association for Community Action 1-352-378-6517

Assist individuals who need food or resources for food.

Neighborhood Care Center 1-813-780-6822

Provides emergency medication assistance to individuals on a one time only basis. Each case is evaluated and determined for eligibility for resident in Zephyrhls.

Nielson Organ Transplant Foundation

580 W. 8th Street 1-904-798-8999
Jacksonville, FL 32209

Provides financial aid for some Florida residents.

The Society of St. Vincent de Paul

Assumption Catholic Church 1-904-398-1917
2403 Atlantic Boulevard
Jacksonville, FL 32207

St. Vincent de Paul provides the following programs: Emergency Food Distribution To Those In Need, Distribution of Lunches To Transients, Emergency Financial Assistance, Visits To The Homebound And Those In Nursing Homes, Receipt And Distribution of Clothing, Referral Of Clients To Appropriate Community Agencies For Additional Assistance, Distribution Of Food Baskets At Thanksgiving And Christmas, and Pickup And Distribution Of Furniture To Those In Need.

Community Services Block Grant Program www.dca.state.fl.us/fhcd/programs/csbgp/

Community Services Block Grants provided to local governments and agencies who intern provide a variety of antipoverty services such as emergency health, food, housing, day care or transportation assistance; housing counseling; financial management assistance; nutrition programs including federal surplus food distribution, community gardening projects, and food banks; job counseling, placement and training services, and homeless prevention programs. Below is the contact information for each county in Florida.

Alachua County Central Florida Community Action Agency, Incorporated Contact Name: Mr. Oscar Harris, Jr., Executive Director Street Address: 220 North Main Street, Suite C, Gainesville, FL 32602-1503 Phone: (352) 373-7667

Baker County Northeast Florida Community Action Agency, Inc. Contact Name: Mr. John W. Edwards, Jr., Executive Director Address: 411 West Adams Street, 3rd Floor, Suite 200, Jacksonville, FL 32201 Phone: (904) 358-7474

Bay County Bay County Council on Aging, Incorporated Contact Name: Ms. Elizabeth Coulliette, Executive Director Address: 1116 Frankford Avenue, Panama City, FL 32401 Phone: (850) 769-3468

Bradford County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Brevard County Board of County Commissioners Department of Housing and Human Services Contact Name: Zoila Villanueva, Financial Manager Address: 2725 Judge Fran Jamieson Way, Building B, First Floor, Melbourne, FL 32940 Phone: (321) 633-2007

Boward County Broward County Community Action Agency Contact Name: Ms. Gretchen Gettemy-Thompson, Executive Director Address: 900 Northwest 31st Avenue, Fort Lauderdale, FL 33311 Phone: (954) 327-8797

Calhoun County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043

Charlotte County Charlotte County Administration Center, County Budget Office Contact Name: Mr. James M. Sweeney, Grants & Housing Coordinator Address: 18500 Murdock Circle, Port Charlotte, FL 33948 Phone: (941) 743-1322

Citrus County Mid Florida Community Services, Incorporated Contact Name: Mr. Michael J. Georgini, Executive Director Address: 820 Kennedy Boulevard, Brooksville, FL 34601 Phone: (352) 796-1425

Clay County Putnam-Clay-Flagler Economic Opportunity Council, Incorporated Contact Name: Ms. Mevlyn Ryles, Executive Director Address: 1400 Reid Street Palatka, FL 32177 Phone: (904) 328-1482

Columba County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Dade County Miami-Dade County Community Action Agency Contact Name: Ms. Ophelia E. Brown-Lawson, Executive Director Address: 395 Northwest 1st Street, Suite 101, Miami, FL 33128 Phone: (305) 347-4600

Desoto County Manatee Opportunity Council, Inc. Contact Name: Ms. Joan Hill, Executive Director Address: 369-6th Avenue, West Bradenton, FL 34205 Phone: (941) 747-7521

Dixie County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060-0070 Phone: (904) 362-4115

Duval County Northeast Florida Community Action Agency, Incorporated Contact Name: Mr. John Edwards, Executive Director Address: 411 West Adams Street, 3rd Floor, Suite 200, Jacksonville, FL 32201 Phone: (904) 358-7474

Escambia County Community Action Program Committee, Incorporated Contact Name: Mr. Willie Junior, Executive Director Address: 1308 West Garden Street, Pensacola, FL 32501 Phone: (850) 438-4021

Flagler County Putnam-Clay-Flagler Economic Opportunity Council, Incorporated Contact Name: Ms. Mevlyn Ryles, Executive Director Address: 1400 Reid Street, Suite C Palatka, FL 32177 Phone: (904) 328-1482

Franklin County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Gadsden County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Gilchrist County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060-0070 Phone: (904) 362-4115

Glades County Glades County Social Services Contact Name: Ms. Muriel F. Green, Director Address: 500 South Highway S.E. (Courthouse Annex and 6th St.), Moore Haven, FL 33471 Phone: (863) 946-0411

Gulf County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Hamilton County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060-0070 Phone: (904) 362-4115

Hardee County Manatee Opportunity Council, Incorporated Contact Name: Ms. Joan Hill, Executive Director Address: 369 - 6th Avenue West, Bradenton, FL 34205 Phone: (941) 750-8704

Hendry County Hendry County Board of County Commissioners Contact Name: Ms. Elaine Antonacci, Director of Social Services Address: Post Office Box 1760, LaBelle, FL 33975-1760 Phone: (863) 675-5220

Hernando County Mid-Florida Community Services, Incorporated Contact Name: Francine Ward, Director of Programs and Operations Address: 820 Kennedy Boulevard, Brooksville, FL 34601 Phone: (352) 796-1425

Highlands County Polk County Opportunity Council, Incorporated Contact Name: Ms. Lela Harvey-Wooten, Services Program Resource Coordinator Address: 450 West Main Street Bartow, FL 33830 Phone: (863) 533-0015 or 1-(800) 523-7262

Hillsborough County Hillsborough County Board of County Commissioners Contact Name: Ms. Karen Childs, Director Address: 505 East Jackson Street, Suite 204, Tampa, FL 33602 Phone: (813) 272-6770

Holmes County Tri-County Community Council, Incorporated Contact Name: Mr. Joel Paul, Executive Director Address: 301 North Oklahoma Street, Bonifay, FL 32425 Phone: (850) 547-3688 or 1-(800) 395-2696

Indian River County Economic Opportunities Council of Indian River County, Incorporated Contact Name: Ms. Betty Gipson, Community Services Director Address: 1456 Old Dixie Highway, Building B Vero Beach, FL 32960 Phone: (561) 569-1030

Jackson County Tri-County Community Council, Incorporated Contact Name: Mr. Joel Paul, Executive Director Address: 301 North Oklahoma Street, Bonifay, FL 32425 Phone: (850) 547-3688 or 1-(800) 395-2696

Jefferson County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Lafayette County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Lake County Lake Community Action Agency, Incorporated Contact Name: Ms. Valarie Seaton, Director of Community Services Address: 501 North Bay Street Eustis, FL 32726 Phone: (352) 357-3497 or 357-5550

Lee County Lee County Board of County Commissioners Department of Human Services Contact Name: Ms. Karen B. Hawes, Director Address: 83 Pondella Road, Suite 1, North Fort Myers, FL 33903 Phone: (941) 656-7930

Leon County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Levy County Central Florida Community Action Agency, Incorporated Contact Name: Mr. Oscar Harris, Jr., Executive Director Address: 220 North Main Street, Suite C, Gainesville, FL 32602-1503 Phone: (352) 373-7667

Liberty County Capital Area Community Action Agency, Incorporated Contact Name: Ms. Dorothy Inman-Crews, Executive Director Address: 309 Office Plaza Drive, Tallahassee, FL 32301 Phone: (850) 222-2043 or 942-2016

Madison County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Manatee County Manatee Opportunity Council, Incorporated Contact Name: Ms. Joan Hill, Executive Director Address: 369 Sixth Avenue West, Bradenton, FL 34205 Phone: (941) 750-8704 or 747-7521

Marion County Central Florida Community Action Agency, Incorporated Contact Name: Mr. Oscar Harris, Jr., Executive Director Address: 220 North Main Street, Suite C, Gainesville, FL 32602-1503 Phone: (352) 373-7667

Martin County Martin County Social Services Treasure Coast Community Action Agency Contact Name: Ms. Cynthia Simpson, Administrator Address: 117 Martin Luther King, Jr. Boulevard Stuart, FL 34994 Phone: (561) 288-5641

Monroe County no contact Nassau County Northeast Florida Community Action Agency, Incorporated Contact Name: Mr. John W. Edwards, Jr., Executive Director Address: 411 West Adams Street, Suite 200, 3rd Floor, Jacksonville, FL 32201 Phone: (904) 358-7474

Okaloosa County Council on Aging, Inc. Contact Name: Ms. Ruth Lovejoy, Executive Director Address: 207 Hospital Drive Northeast, Fort Walton Beach, FL 32548 Phone: (850) 833-9165

Okeechobee County Okeechobee Senior Services (Treasure Coast Community Action Agency) Contact Name: Mr. Frank Mueller, Bookkeeper Address: 1019 West South Park Street Okeechobee, FL 34972 Phone: (863) 462-5180

Orange County Orange County Department of Community Affairs Division of Health and Family Services Contact Name: Ms. Doris Green, Assistant Manager Address: 2100 East Michigan Street Orlando, FL 32806 Phone: (407) 836-8900

Osceola County Orange County Department of Community Affairs Division of Health and Family Services Contact Name: Ms. Doris Green, Assistant Manager Address: 2100 East Michigan Street Orlando, FL 32806 Phone: (407) 836-8900

Palm Beach County Board of County Commissioners Community Action Program Contact Name: Ms. Maureen Perrault, Executive Director Address: 810 Datura Street, Room 150, West Palm Beach, FL 33401 Phone: (561) 355-4727 mperraul@co.palm-beach.fl.us

Pasco County Mid-Florida Community Services, Incorporated Contact Name: Francine Ward, Director of Programs and Operations Address: 820 Kennedy Boulevard Brooksville, FL 34601 Phone: (352) 796-1425

Pinellas County Pinellas Opportunity Council, Inc. Contact Name: Mr. Fred Zecker, Executive Director Address: 3443 First Avenue, North St. Petersburg, FL 33713 Phone: (727) 327-8690 ext. 10

Polk County Opportunity Council, Incorporated Contact Name: Ms. Lela Harvey-Wooten, Services Program Resource Coordinator Address: 450 West Main Street Bartow, FL 33830 Phone: (863) 533-0015 or 1-(800) 523-7262

Putnam-Clay-Flagler Economic Opportunity Council, Incorporated Contact Name: Ms. Mevlyn Ryles, Executive Director Address: 1400 Reid Street Palatka, FL 32177 Phone: (904) 328-1482

Santa Rosa County Tri-County Community Council, Incorporated Contact Name: Mr. Joel Paul, Executive Director Address: 301 North Oklahoma Street, Bonifay, FL 32425 Phone: (850) 547-3688

Sarasota County Board of County Commissioners Health and Human Services Business Center Contact Name: Mr. Richard A. Jimison, Manager Address: 1938 Laurel Street, Sarasota, FL 34236 Phone: (941) 316-1060 or 316-1057

Seminole County Seminole County Board of County Commissioners Seminole County Community Assistance Contact Name: Kelly Metcalf, Help-Sufficiency Case Manager Address: 400 West Airport Boulevard Sanford, FL 32773 Phone: (407) 665-3270

St. Johns County Northeast Florida Community Action Agency, Incorporated Contact Name: Mr. John W. Edwards, Jr., Executive Director Address: 411 West Adams Street, 3rd Floor, Suite 200, Jacksonville, FL 32201 Phone: (904) 358-7474

St. Lucie County St. Lucie County Board of County Commissioners (Treasure Coast Community Action Agency) Contact Name: Ms. Beth Ryder, Director of Community Services Address: 437 North 7th Street, Fort Pierce, FL 34950 Phone: (561) 462-1777

Sumter County Mid-Florida Community Services, Incorporated Contact Name: Francine Ward, Director of Programs and Operations Address: 820 Kennedy Boulevard Brooksville, FL 34601 Phone: (352) 796-1425

Suwannee County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Taylor County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Union County Suwannee River Economic Council, Incorporated Contact Name: Ms. Frances Terry, Executive Director Address: 1171 Nobles Ferry Road, Northwest, Building #2, Live Oak, FL 32060 Phone: (904) 362-4115

Volusia County Council Contact Name: Ms. Myra Gaziane, Human Services Coordinator Address: 123 West Indiana Avenue DeLand, FL 32720-4611 Phone: (904) 736-5955

Wakulla County Wakulla County Senior Citizens Council, Incorporated Contact Name: Mr. R. H. Carter, Executive Director Address: Post Office Box 537 Crawfordville, FL 32326-0537 Phone: (850) 926-7145 or 926-8677

Walton County Tri-County Community Council, Incorporated Contact Name: Mr. Robert Wilford, Executive Director Address: 301 North Oklahoma Street, Bonifay, FL 32425 Phone: (850) 547-3688 or 1-(800) 395-2696

Washington County Tri-County Community Council, Incorporated Contact Name: Mr. Joel Paul, Executive Director Address: 301 North Oklahoma Street Bonifay, FL 32425 Phone: (850) 547-3688 or 1-(800) 395-2696

Temporary Assistance to Needy Families 1-888-356-3281
7601 Little Road 1-727-834-3900 (west)
36739 State Road 52 1-352-521-1200 (east)
New Port Richey, FL

Provides low income families with children under 18 years old who lack the support of one or both parents with direct financial assistance and referral to Job Search Services to low income families. The number of children in the household and income determines the amount of assistance. Recipients are also eligible for Medicaid coverage and are referred to requested social services.

DCF - Adult Payments - Emergency Medical Assistance for Aliens

7601 Little Road 1-727-834-3900 (west)
36739 State Road 52 1-727-521-1200
New Port Richey, FL

Provides temporary Medicaid coverage to aliens who experience a severe medical emergency condition. To be eligible, the client must meet all eligibility requirements (except citizenship, or proper alien status) of SSI, MEDS-AD, or MN. Eligibility requirements are aliens without proper status, or citizenship, who are experiencing a severe medical emergency.

CAP/PADD/PAIMI/PAIR

Advocacy Center for Persons with Disabilities 1-800-342-0823
2671 Executive Center, Circle West 1-850-488-9071
Webster Building, Suite 100 www.advocacycenter.org
Tallahassee, FL 32301-5024

A State Protection and Advocacy Agency for Persons with Developmental Disabilities, Mental Illness and The Client Assistance Program.

Hallandale - Residents' Emergency Assistance

Hallandale Human Resources Department 1-954-457-1460 ext. 1461 or 1462
Hepburn Center
750 NW Eighth Avenue
Hallandale Beach, FL 33009

Provides limited emergency assistance to residents of the City of Hallandale. Assistance may include information and referral to appropriate social service agencies, counseling, provision of clothing, food, shelter, limited transportation or funds to help meet these needs. USDA food program requires proof of income and address at time of registration. Furniture provided when available.



Hallandale - Information and Referral

Hallandale Human Resource Department 1-954-457-1460
Hepburn Center
750 NW Eighth Avenue
Hallandale Beach, FL 33009

Provides information and referral for social services, follow-up, counseling, community outreach, resource bank, housing and employment information, clearinghouse for clients and services as well as form completion assistance and case management.

Leukemia Society - Outpatient Aid

1250 E Hallandale Beach Blvd #605 1-954-458-1050
Hallandale Beach, FL 33009

Assists with payment for drugs, set up and cross matching of blood, transfusions, financial assistance for transportation, x-ray therapy for early stages of Hodgkin's disease and limited cranial radiation therapy for children with lymphoblastic leukemia. Financial aid is limited to expenses not covered by other sources.

Hallandale - Food Distribution Program

Hepburn Multi-Purpose Center 1-954-457-1461
750 NW Eighth Avenue
Hallandale Beach, FL 33009

Provides food distribution to head of household. Food distribution to agency through Farm Share of Florida (6-8 items per month and vegetables when available). Share program is also available for \$14.50 per month and two hours of volunteer service per grocery package. Farm Share is offered on the first Wednesday of each month and the SHARE program is offered on the fourth Saturday of each month.

Broward Meals - Congregate - Hepburn Center

Broward Meals on Wheels; 1-954-458-3251
Human Services Network Inc
750 NW Eighth Avenue
Hallandale Beach, FL 33009

Provides free hot or other nutritionally balanced meals served at designated site to senior 60 years or older.

BC Schools - SSS/ESE/Health Ed - Health Center - Hallandale

School Board of Broward County, Florida 1-954-457-2510
1000 SW Third Street
Hallandale Beach, FL 33009

Qualified individuals may obtain free health exams, diagnosis/treatment of acute or chronic illnesses, first aid, lab tests, screening for sexually transmitted diseases, family planning counseling, immunizations, gynecological/reproductive health services, sports physicals, well baby day care and nutrition counseling.

Florida Early Intervention Program

Children's Medical Services 1-850-487-2690
Department of Health
2020 Capital Circle SE
BIN# 106
Tallahassee, FL 32399-1700

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Food Stamps

7601 Little Road 1-888-356-3281
36739 State Road 52 1-727-834-3900 (west)
New Port Richey, FL 1-352-521-1200 (east)

Provides food stamp coupons to low income individuals and families who meet eligibility requirements. The amount of food stamps provided depends on the number of people in the household and monthly income. Clients do not have to be receiving Aid to Families with Dependent Children to be eligible for food stamps.

New Hope Center, Inc.

100 East Sybelia Avenue, Suite 300 1-407-629-8920
Maitland, FL 32751 www.newhopeorlando.org

Provides assistance to Orange, Osceola, Seminole, and Brevard County residents by granting the wishes of terminally ill children.

Florida Department of Children and Families 1-800-96-ABUSE

The caller may report an abuse, neglect, and domestic violence situation. As well as someone suffering from self-neglect. If the individual resides alone and is terminally ill and cannot do anything for themselves they are considered a "self-neglect" case. The Department will send out a social worker to assess the situation and provide the individual with resources, start their Medicaid claims, SSI claims or any other area of need.

Human Crisis Council, Inc.

Operation Blessing - Orlando
5514 Edgewater Drive
Orlando, FL 32810

1-407-294-4704
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Somebody Cares Tampa Bay

Operation Blessing- Tampa
PO Box 4486
Clearwater, FL 33758

1-727-536-2273
www.SomebodyCaresTampaBay.org

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Florida Power and Light
P.O. Box 8248
Ft. Land, FL 33340

Tel: 954-321-2174
Fax: 954-321-2220
della.m.mccurdy@email.fpl.com

Florida Power and Light
4200 W. Flager St. #1400
Miami, FL 33134

Tel: 305-529-6121
Fax: 305-529-6123
louis_gonzalez@fpl.com

The Salvation Army
PO Box 270848
Tampa, FL 33688

Tel: 813-962-6611
Fax: 813-962-4098

Tampa Electric Company
PO Box 111
Tampa, FL 33601

Tel: 813-228-4422
Fax: 813-228-1120
cbmayes@tecoenergy.com

GEORGIA

State Insurance Commissioners Office

2 Martin Luther King, Jr.
Dr. Floyd Memorial Bldg.
Atlanta, GA 30334

1-404-656-2056

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

State Attorneys General Office

Attorney General of Georgia
Office of the Attorney General
40 Capital Square, S.W.
Atlanta, GA 30334-1300

1-404-656-4585

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Georgia Long-Term Care Ombudsman

1-888-454-5826

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Medicaid Eligibility and Quality Control
Department of Medical Assistance
2 Peachtree Street, NW, 39th Floor
Atlanta, GA 30303-3159

1-877-GA-PEACH
www.ganet.org/gch/dma/peachcare

The CHIP program also known as the PeachCare for Kids was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-299-4844
1-404-657-5334
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Georgia Medicaid Agency at the above number.

LIHEAP Assistance for Georgia

Community Services Section
Division of Family and Children Services
Georgia Department of Human Resources
2 Peachtree Street NW, Suite 19-268
Atlanta, GA 30303-3180

1-404-656-6697
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

This program has three components:

The Regular EAP - Uses low-income Home Energy Assistance Program funds to help eligible households defray the cost of home heating fuels. The component is primarily administered at the local level through contracts with CAAs. The program closes when the allocated federal funds are expended.

The Emergency EAP - Provides immediate financial assistance to households in a residential energy emergency and/or to prevent out-of-home placement of a child or an adult due to a home energy crisis. Funding is through Petroleum Violation Escrow (PVE) monies, and donations from Project Share and the Home Energy Assistance Team (HEAT).

The Weatherization Program - Provides low-cost home energy conservation improvements to eligible households. Improvements may include installing ceiling insulation, caulking, weather-stripping, etc.

The Heating Energy Assistance Team (HEAT) 1-404-656-6696

Provide for heating assistance.

Project SHARE

1-800-25SHARE

Provides energy assistance through the Salvation Army.

Senior Citizen Discounts

1-800-282-5813

Senior citizens may qualify for monthly discounts on the gas or electric bills (\$9.05 for gas and \$7.50 for electric). For more information call your gas or electric service provider.

LifeLine

Provides up to a \$10.50 credit on your monthly phone bill. For more information contact your local phone company.

Link Up Georgia

Reduces the cost of hook-up charges. Bell-South waives the entire hook up fee, where as customers of other companies receive a waiver of one-half of the connection fee or \$30, whichever is less. To be eligible you must be receiving benefits for one of the following programs: TANF, SSI, Food Stamps, Medicaid, or Senior Citizens low-income discount plan offered by the local gas or power company.

Department of Family and Children

2 Peachtree Street, NW
Suite 19-490
Atlanta, GA 30303

1-404-657-7660

The following programs are offered:

Temporary Assistant for Needy Families - TANF provides temporary cash assistance.
1-404-206-5600

Food Stamps - Monthly benefits which enable families or individuals to purchase nutritional foods.

WIC - A supplemental program for women, infant and children. 1-404-657-2900

Child Care - Provides subsidized child care for needy families.

Refugee Resettlement - Provides cash assistance to eligible refugees.

Department of Human Resources

1-404-656-4937

Georgians receive health care, protection, financial assistance, treatment and rehabilitation for disabling conditions.

Community Action Agencies (CAA)

The Community Service Block Grant (CSBG), is a program that assists eligible low-income families. For example employability preparation, transportation issues affecting children and the elderly, housing emergency assistance, alcohol & drug abuse, homelessness and homeless presentation. Below is a listing of local offices:

Athens	1-706-546-8293	Savannah	1-912-238-2960
Gainsville	1-770-532-3191	Jasper	1-706-692-5623/692-5644
Augusta	1-800-890-0493	Columbus	1-706-649-1600
Milledgeville	1-912-453-4111	Decatur	1-404-292-2166
Forest Park	1-404-363-0575	Atlanta	1-404-810-0090
Moultrie	1-912-985-3610	Warner Robins	1-912-922-4464

Brunswick	1-912-264-3281	Eastman	1-912-374-4301
Cartersville	1-770-382-5388	Waycross	1-912-285-6083
Valdosta	1-912-244-7860	Macon	1-912-738-3240
Montezuma	1-912-472-3607/3608	LaGrange	1-706-884-2651

Division of Aging Services

Two Peachtree Street, N.W. 1-404-657-5258
 Suite 36-385
 Atlanta, GA 30303-3142

The following programs and services are offered through the Department of Aging Services.

Access Services - Help consumers get the services they need. Access Services include transportation, information and assistance and case management.

Alzheimer's Program - Provide services for caregivers and clients. The 33 projects across the state serve people with both such as daycare in the home and out of home respite.

Community Care Services Program - Provides the state's frail elderly who are Medicaid eligible with alternatives to nursing home care. It included adult day health centers, alternative living homes, emergency response systems, home delivered meals, home health, personal support services and respite care.

Elderly Legal Assistance Programs - Provide legal advice and assistance in civil matters, housing, consumer problems, and benefits programs such as Medicare and Medicaid.

Health Counseling, Assistance and Referral for the Elderly Program (HICARE) - Provides health insurance information, counseling and assistance for older adults and their families when they need help understanding Medicare, Medicaid, medical bills, supplemental insurance or long-term care insurance.

In-Home Services - Provide assistance such as home delivered meals, homemaker, chore and home health to older citizens. They also include respite services for caregivers to offer them a break from the round-the-clock care they give the homebound.

Long-term Care Ombudsman Program - Works to improve the lives of residents of nursing homes and personal care homes by investigating and resolving problems affecting residents.

Senior Community Service Program - Provides employment opportunities for low-income people age 55 and over.

Georgia Cancer State Aid Program 1-404-657-6607

Provides qualifying individuals with assistance in paying for medications and treatments related to cancer.

Free Mammograms

Breast Test and More

This program offers free mammograms to indigent women. For more information contact your local health department.

Hospital Programs

Many Urban hospitals have programs for free mammograms. For more information contact your local hospital for availability.

STD/HIV Section

1-404-657-3100

Their mission statement is to provide technical support and assistance to the Public Health Districts to prevent STD and HIV infection ensuring the availability of quality STD/HIV prevention and treatment by improving quality assurance guidelines and methods by providing appropriate training.

Rental/Housing Assistance Programs

Georgia State Office
Richard B. Russell Federal Building
75 Spring Street, S.W.
Atlanta, GA 30303-3388

1-404-331-4815

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO OF GEORGIA

Hartsfield International Airport
P.O. Box 20963
Atlanta, GA 30320

1-404-530-6670

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

Atlanta Community Food Bank

970 Jefferson Street, NW
Atlanta, GA 30318

1-404-892-9822

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Golden Harvest Food Bank

3310 Commerce Drive
Augusta, GA 30909-4417

1-706-736-1199

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of the Chattahoochee Valley

1-706-561-4755

5928 Coca-Cola Blvd.
Columbus, GA 31909-5531

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Middle Georgia Community Food Bank

137 College Street
Macon, GA 31208-5024

1-912-742-3958

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Coastal Georgia

5 Carolan Street
Savannah, GA 31401

1-912-236-6750

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Georgia CAP

123 N. McDonough
Decatur, GA 30030

1-404-373-3116
www.theOmbudsman.com/CAP

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

Department of Human Resources

Division of Rehab Service
2 Peachtree Street, NW, Room 23-307
Atlanta, GA 30303

1-404-657-3003

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

PADD/PAIMI/PAIR

Georgia Advocacy Office, Inc.
100 Crescent Centre Parkway, Suite 520
Tucker, GA 30084

1-800-537-2329
1-404-885-1234
thegao.org

A State Protection and Advocacy Agency for Persons With Developmental Disabilities, Mental Illness And The Client Assistance Program.

Georgia Early Intervention Program

Division of Public Health
2 Peachtree St NE
7th Floor
Atlanta, GA 30303

1-404-657-2727
www.ph.dhr.state.ga.us/bcw/bcw.htm

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Brain Tumor Foundation For Children, Inc.

1835 Savory Drive, Suite 316
Atlanta, GA 30341

1-770-458-5554
www.btfcgainc.org

Provide emotional support as well as education to families of children with brain tumors. The following are programs offered as well:

A scholarship to encourage graduate level nursing students in Pediatric Oncology.

The Butterfly Fund has been set up to help with special needs of the victims of pediatric brain tumor disease in Georgia.

Christian Ministry Center USA

Operation Blessing

1-678-986-2041
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Heating Energy Assistance Team
P.O. Box 79176
Atlanta, GA 30357

Tel: 678-418-6591
Fax: 678-418-6593
ihjoseph@bellsouth.net

Salvation Army-Project SHARE
675 Seminole Ave.
Atlanta, GA 30307

Tel: 404-873-3105 x157
Fax: 404-872-6980
mike_bradford@uss.salvationarmy.org

Georgia Power
241 Ralph McGill Blvd. Bin 10230
Atlanta, GA 30308

Tel: 404-506-3857
Fax: 404-506-1958
dmstewar@southernco.com

Resource Services Ministries
11841 Marietta Blvd., NW Suite G
Atlanta, GA 30318-2849

Tel: 404-352-5440
Fax: 404-352-4725
lwestergaard@prodigy.net

The Salvation Army - Southern Territory
1424 NE Expressway
Atlanta, GA 30329

Tel: 404-728-1341
Fax: 404-728-6755
TSSSOUTH@AOL.COM

Resource Service Ministries, Inc.
1841 Marietta Blvd., N.W., Suite G
Atlanta, GA 30318-2849

Tel: 404-728-1341
Fax: 404-728-6755

HAWAII

Hawaii Department of Insurance

State Insurance Commissioners Office 1-808-586-2790
Department of Commerce and Consumer Affairs 1-808-586-2806
250 S. King Street, 5th Floor
Honolulu, HI 96813

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

State Attorneys General Office

Attorney General of Hawaii 1-808-586-1282
Office of the Attorney General
425 Queen Street
Honolulu, HI 96813

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Hawaii Long-Term Care Ombudsman 1-808-586-0100

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Med Quest Division 1-808-586-5391
Department of Human Services
P.O. Box 339
Honolulu, HI 96809-0339

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid (Quest)

1-808-586-7299

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services call:

1-808-587-3521 - Oahu (applicants)	1-808-587-3540 - Oahu (recipients)
1-808-933-4112 - Hawaii (East)	1-808-329-3454 - Hawaii (West)
1-808-243-5780 - Maui	1-808-241-3575 - Kauai
1-808-553-3295 - Molokai	1-800-894-5755 - Lanai

Quest Spenddown Program

1-808-587-3521

Provides medical and dental coverage to certain families and children who because of income are not eligible for coverage under Quest or Quest Net recipients who have a medical need which Quest Net coverage is exhausted or not provided. For more information contact the number listed above our your local Quest office.

LIHEAP Assistance for Hawaii

1-808-586-5734

Community Services Section Division of Family and Children Services
Hawaii Department of Human Resources
820 Mililani Street, Suite 606
Honolulu, HI 96813

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

The Department of Human Service

1-808-587-3521

The following are some of the programs and services that are offered through the Department of Human Services.

Food Stamps - Provides monthly benefits which enable individuals and families to purchase nutritional foods.

General Assistant Program - Provides low-income persons with temporary cash assistance when they don't qualify for any assistance programs.

Temporary Assistance to Needy Families (TANF) - Provides temporary assist to needy families with dependent children.

Funeral Payment Program

Provides partial payments to qualifying applicants, up to a maximum of \$400 for mortuary expenses and \$400 for burial expenses.

Oahu Application Unit 1-808-587-3521

Oahu Ongoing Unit 1-808-587-3540

Kapolei Unit 1-808-692-7364

E. Hawaii Unit 1-808-933-0339

W. Hawaii Unit 1-808-329-3454

Kauai Unit 1-808-241-3575

Maui Unit 1-808-243-5780

Molokai Unit 1-808-553-3295

Lanai Unit 1-808-565-7271

Rental/Housing Assistance Programs

Hawaii State Office
Seven Waterfront Plaza
500 Ala Moana Boulevard, Suite 500
Honolulu, HI 96813-4918

1-808-522-8185

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

The Hawaii Foodbank, Inc.

2611-A Kilihau Street
Honolulu, HI 96819-2021

1-808-836-3600

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Hawaii Early Intervention Program

Department of Health
Pan Am Building
1600 Kapiolani Blvd, Suite 1401
Honolulu, HI 96814

1-808-957-0066
1-808-946-5222

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

IDAHO

Idaho Department of Insurance

State Insurance Commissioners Office 1-208-334-4250
700 West State Street
3rd Floor
Boise, ID 83720-0043

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

State Attorneys General Office

Attorney General of Idaho 1-208-334-2400
Office of the Attorney General
Statehouse
Boise, ID 83720-1000

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Idaho Long-Term Care Ombudsman 1-208-334-4693

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health Services 1-800-926-2588
Division of Medicaid Administration 1-208-334-5747
Department of Health & Welfare
P.O. Box 83720, Third Floor
Boise, ID 83720-0036

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid 1-208-334-4350 www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Idaho Medicaid Agency at the above number.



LIHEAP Assistance for Idaho

Department of Community Services & Development
Idaho Department of Health and Welfare
Division of Welfare and Bureau of Policy
P.O. Box 83720
Boise, ID 83720-0036

1-208-334-5753
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Senior Health Insurance

Benefit Advisor (SHIBA) 1-800-247-4422

Volunteers help seniors become wise consumers of private insurance as well as Medicaid and Medicare. Volunteers can counsel on how much insurance one should have. Will also assist with problems or complaints.

Temporary Assistance for Families 1-208-334-5815

Provides cash assistance to low income families with children. Contact Department of Health and Welfare, Division of Welfare, Bureau of Policy.

Idaho Childcare Program 1-800-926-2588

To provide low-income families pay for childcare when parents are working in job training or enrolled in school. Apply by contacting regional Health and Welfare Office.

Careline 1-800-926-2588

Provides free referrals to a broad range of health and statewide human services within your community and around the state. Such as Children & Family Resources, Early & Periodic Screening - Children's Special Health Programs, Health & Wellness programs, Clinics that offer free or reduced fee care - Women's Resources, Social Services, and Community Assistance Programs – Prescription Assistance Programs.

Women's Health Check Program 1-800-926-2588

Provided by the Department of Health & Welfare. Provides screenings for low-income over 50 with free mammograms and Pap tests who have no insurance to cover procedures.

Rental/Housing Assistance Programs

For the below listings contact:

1-208-331-4882

www.ihfa.org

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Idaho Foodbank Warehouse

1-208-336-9643

4375 S. Apple Street
Boise, ID 83701

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Idaho Early Intervention Program

Department of Health and Welfare
450 West State St
Fifth Floor
Boise, ID 83720-0036

1-208-334-5514

www.uidaho.edu/~tcavi/icc.html

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Private Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

SE Idaho Community Action Agency
825 E. Bridger
Pocatello, ID 83276

Tel: 208-233-7348
Fax: 208-234-4697
general@ida.net

Intermountain Gas Company
555 S. Cole Road
Boise, ID 83707

Tel: 208-377-6069
Fax: 208-377-6081
crich@intgas.com

ID LIHEAP - Dept of Health & Welfare
450 W. State St., 6th Fl. PO 83720
Boise, ID 83720

Tel: 208-334-5753
Fax: 208-332-7343
manzom@dhw.state.id.us

ILLINOIS

Illinois Department of Insurance

State Insurance Commissioners Office 1-217-785-4515
320 West Washington Street
4th Floor
Springfield, IL 62767

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Illinois

Office of the Attorney General 1-312-814-2503
James R. Thompson Center
100 West Randolph Street
Chicago, IL 60601

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Illinois Long-Term Care Ombudsman 1-217-524-6911

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Division of Medical Programs 1-800-323-GROW
Illinois Department of Public Aid 1-217-782-2570
201 South Grand Avenue East
Springfield, IL 62763

The CHIP program also known as KidCare was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-217-785-9021
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Illinois Medicaid Agency at the above number.



LIHEAP Assistance for Missouri

Illinois Department of Commerce and
Community Affairs
Community Services Division
620 East Adams Street, B-4
Springfield, IL 62701

1-800-252-8643
1-618-937-3581
vsi.westfrankfort.com/liheap.htm

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Illinois Comprehensive Health Insurance Plan 1-800-367-6410
1-217-782-6333

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage in the private market.

Circuit Breaker Program 1-800-624-2459

Tax Relief for Senior Citizens and Disabled persons. Program may provide a yearly grant to give you back some of the money you have paid in property taxes, mobile home taxes, rent, or nursing home charges.

Pharmaceutical Assistance 1-800-624-2459

Helps pay for approved prescription medication used for treatment with heart and blood pressure problems, diabetes and arthritis.

Half Priced Vehicle License Discount

Illinois Pharmaceutical Assistance Program 1-800-252-2904
P.O. Box 19021 1-800-624-2459
Springfield, IL 62794

Provides discounts for vehicle licenses.

Community Action Agencies (CAA) 1-312-746-8287 (Chicago)
1-815-338-8790 (Woodstock)

The following programs are offered through the Community Action Agencies. For more information contact your local CAA agency.

Disaster Recovery - Assist provided to individuals who have suffered losses due to a disaster.

Emergency Assistance - Provides assist to individuals through clothes closets and food pantries. Some CAA agencies provide redeemable vouchers or grants to clients that enable them to meet immediate and urgent family needs such as health services, nutritious food, housing, employment-related assistance, day care, medical services and transportation.

Health - Provides health related activities in the form of transportation to medical services, including medical and dental screening, and immunization.

Housing - Aids renters while seeking a residence, landlord/tenant rights and information on housing rehabilitation loans and providing for minor energy efficiency or health and safety related home repair.

Income Assistance - Offer programs to encourage better use of available income through family budget counseling. Also provide information on credit, income taxes, social security and financial management through workshops and brochures.

Nutrition - Provide assistance through Christmas food packages and assistance in accessing food stamps, WIC and other nutrition-related programs, food banks, senior citizen and youth feeding projects, federal surplus food distribution and community gardening projects.

Pilot Programs - Assist with self-sufficiency and economic development.

Scholarship Program - Enables low-income students to attain additional academic or vocational education resulting in high employment potential.

Temporary Assistance for Needy Families Program (TANF) 1-800-252-8635

Provides families with children who need temporary cash and medical care.

Department of Human Services

Childcare Program 1-877-20-CHILD

Provides low-income families with access to affordable childcare that allows them to work and contribute to the healthy, emotional and social development of their children.

Free Vehicles 1-312-793-2342

Peoria County Local office and Friendship House, a non-profit agency, provides welfare-to-work clients with keys and titles to their very own vehicles. Department of Human Services pays for the initial minor repairs and other start-up expenses so that each donated vehicle is free of charge for the work-ready client who receives it. For more information contact the above number.



Rental/Housing Assistance Programs

Illinois State Office
Ralph H. Metcalfe Federal Building
77 West Jackson Boulevard
Chicago, IL 60604-3507

1-312-353-1915

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of Illinois, Inc.

332 North Michigan Avenue
3rd Floor
Chicago, IL 60601

1-312-781-0730

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

Greater Chicago Food Depository

4501 S. Tripp Avenue
Chicago, IL 60632

1-773-247-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

River Bend Food Bank

1-309-764-7434

309 12th Street
Moline, IL

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Peoria Area Food Bank1000 Southwest Adams
Peoria, IL 61602

1-309-671-3906

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Central Illinois Food Bank2000 E. Moffat
Springfield, IL 62791

1-217-522-4022

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Bethlehem Center Food Bank600 Industrial Drive
St. Charles, IL 60674

1-630-443-6910

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Eastern Illinois Food Bank208 West Griggs
Urbana, IL 61801

1-217-328-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

The Coleman Foundation

575 W. Madison Street, Suite 4605
Chicago, IL 60661

1-312-902-7120
www.colemanfoundation.org

Criteria for the charity program is not based on financial status, it is based on medical necessity. The program is available for Midwestern cities for uninsured, indigent or individuals needs assistance for paying hospital bills.

Illinois Early Intervention Program

Bureau of Early Intervention
623 East Adams, Second Floor
PO Box 19429
Springfield, IL 62794-9429

1-217-782-1981
1-217-524-6248

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Illinois Home Weatherization Assistance Program (IHWAP)

1-619-937-3581

Designed to help low-income eligible households conserve fuel and save money by making their homes and apartments more energy efficient. The IL Dept of Commerce and Community Affair (DCCA) administers the program at the state level.

Operation Blessing - Chicago

P. O. Box 34637
Chicago, IL 60634

1-773-625-6770

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

A Hand Up, Inc.
500 South 27th Street, A-16
Decatur, IL 62521-2200

Tel: 217-362-6380
Fax: 217-483-8823
www.ahandup.com

The Peoples Energy
130 E. Randolph Dr., 22th floor
Chicago, IL 60601

Tel: 312-240-4262
Fax: 312-240-3691

Energy Assistance Foundation
P. O. Box 1758
Decatur, IL 62525

Tel: 217-422-3203
Fax: 217-362-3897
Phil_beach@illinova.com

IL Dept Commerce & Community Affairs
Gail Hedges 620 E. Adams, 5th Floor
Springfield, IL 62701

Tel: 217-785-2533
Fax: 217-782-1206
ghedges@commerce.state.il.us

Salvation Army
William Fillmore 5040 N. Pulaski Road
Chicago, IL 60630

Tel: 773-205-3565
Fax: 773-205-3585
william_fillmore@usc.salvationarmy.org

Children's Health Insurance Program (CHIP)

Indiana Department of Health
Children's Health Insurance Program
2 North Meridian 3 A
Indianapolis, IN 46204

1-800-889-9949
1-317-233-8800
www.state.in.us/chip

The CHIP program also known as the Hoosier Healthwise was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

LIHEAP Assistance for Indiana

Indiana Family and Social Services Administration
Division of Family and Children
P.O. Box 6116
Indianapolis, IN 46206-6116

1-317-232-7098
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Client Assistance Program (CAP)

1-800-622-4845

4701 N. Keystone Avenue
Suite 222
Indianapolis, IN 46205

Provides assistance with appealing, legal representation when you are experiencing difficulty seeking or receiving services from the Vocational Rehabilitation Services or other programs and projects under the Rehabilitation Act, such as independent living.

Family Help-Line

1-800-433-0746

Provides quick access to information about various programs and services.

Indianapolis Division of Family and Children

129 E. Market Street
Indianapolis, IN 46204

1-317-232-3645

The Division of Family and Children offer the following programs. Contact your local chapter for more information.

Temporary Assistance for Needy Families (TANF) -1-800-622-4932 A cash assistance program that replaces the AFDC (Aid to Families with Dependent children), formerly known as "welfare".

Food Stamps -A monthly benefits provide individuals and families the ability to purchase nutritional foods.

IMPACT- The Indiana Manpower and Comprehensive Training Program helps former welfare recipients find jobs.

Housing and Community Services - Assist low-income families with housing and other community services.

Protection and Advocacy for Assistive Technology (PAAT)

1-800-622-4845

Provides assistance with persons with disabilities to obtain Assistive technology devices and/or services, as well as information, referrals, direct advocacy, and legal representation in select cases for individuals with disabilities who use or could benefit from the use of Assistive technology.

Areas for Aging

1-800-986-3505

The following programs and services are offered to senior citizens and disabled adults and their families.

Home Delivered Meals - Provide homebound individuals with a hot nutritional meal.

Transportation - Provides free or low-cost transportation to get to and from medical treatment, buy groceries, or pick up food stamps.

In-home services - Assist with basic household task such as laundry and meal preparation.

Little Red Door Cancer Agency (Camp Little Red Door)

1801 North Meridian Street
Indianapolis, IN 46202

1-317-925-5595

A five-day summer session (overnight) camp for Indian children ages 8-18 with cancer. There is a \$10.00 application fee.

Rental/Housing Assistance Programs

Indiana State Office
151 North Delaware Street
Indianapolis, IN 46204-2526

1-317-226-7018

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more that 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of Indianapolis Inc.

Airport Center

1-317-241-6070

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

SH FB of Los Central Indiana

1417 Meridian Street
Anderson, IN 40616-1830

1-765-649-0292

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Tri-State Food Bank

801 E. Michigan Street
Evansville, IN 47711-5631

1-812-425-0775

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Community Harvest Food Bank

P.O. Box 10967
Ft. Wayne, IN 46855

1-219-447-3696

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Northwest Indiana

2248-50 W. 35th Avenue
Gary, IN 46408-1849

1-219-980-1777

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Gleaners Food Bank of Indiana

1102 East 16th Street
Indianapolis, IN 46202-1944

1-317-925-1910

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

North Central Indiana Food Bank

216 West Ewing Avenue
South Bend, IN 46613-2149

1-219-232-9986

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Terre Haute Catholic Charities

1356 Locust Street
Terre Haute, IN 47803

1-812-232-1446

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Indiana Early Intervention Program

Bureau of Child Development
Division of Family & Children
402 West Washington St
#W-386
Indianapolis, IN 46204

1-317-232-2429

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Samaritan Love Center

Woodland Church of God
3401 S. Webster
Kokomo, IN 46902

1-765-453-5673
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

CINERGY
1000 E. Main St.
Plainfield, IN 46168

Tel: 317-838-1485
Fax: 317-838-2402
pcunningham@cinergy.com

Citizens Gas and Coke Utility
2020 N. Meridian St.
Indianapolis, IN 46202

Tel: 317-927-4458
Fax: 317-927-4333
csabac@cgcuc.com

Indiana Utility Regulatory Comm.
302 W. Washington Street Suite E-306
Indianapolis, IN 46204

Tel: 317-232-2712
Fax: 317-233-2410

Indiana Community Action Association
1845 W. 18th Street
Indianapolis, IN 46202

Tel: 317-637-4232
egerardo@incap.org

The Salvation Army
3100 N. Meridian Street
Indianapolis, IN 46036

Tel: 317-937-7000
Fax: 317-937-7010
craig_stone@usc.salvationarmy.org

Interlocal CAP
PO Box 449
NewCastle, IN 47362

Tel: 765-529-4403
Fax: 765-593-2510
jconley@comsys.net

Vectron
20 NW 4th St.
P. O. Box 569
Evansville, IN 47741

Tel: 812-464-4621
Fax: 812-464-4554

IOWA

Division of Insurance

State Insurance Commissioners Office 1-515-281-5705
 Lucas State Office Building
 6th Floor
 Des Moines, IA 50319

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Special Note: In 1995, Iowa passed legislation that made it possible for all residents, no matter how poor their health, to buy one of two special insurance policies, a "basic" or "standard" policy for a price 50% higher than the lowest going rate for a regular policy.

Attorney General of Iowa

Office of the Attorney General 1-515-281-3053
 Hoover State Office Building
 Des Moines, IA 50319

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Iowa Long-Term Care Ombudsman 1-800-532-3213

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Division of Medical Services 1-800-257-8563
 Department of Human Services
 Hoover State Office Building, Fifth Floor
 Des Moines, IA 50319-0114

The CHIP program also known as HAWK-I was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-351-4664
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Iowa Medicaid Agency.

LIHEAP Assistance for Iowa

Division of Community Action Agencies 1-515-281-3838
Department of Human Rights
Lucas State Office Building
Des Moines, IA 50319

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Iowa Comprehensive Health 515-248-2186
Insurance Association

Provides Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called, "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage.

Social Services

Department of Social Services 1-319-356-2207
The University of Iowa Hospitals & Clinics
200 Hawkins Drive, C124 GH
Iowa City, IA 52242

The following programs and services are available through your Department of Social Services:

Iowa Home and Community-Based Service Waiver Programs (HCBS) - The HCBS program helps people in need of additional health care. There are five waivers currently available: Ill and Handicapped; AIDS/HIV; Mentally Retarded; Elderly; and Brain Injury. You also need to apply for Supplemental Security Income (SSI) at 1-800-772-1213.

Patient Medication Assistance Program (PMAP) - Helps eligible patients obtain medications from pharmaceutical companies at no cost.

Health Care Benefits Assistance Program (HCBAP) - Assists patients and families in completing applications for entitlement (Medicaid) and categorical (disability) programs, seeking waivers, tracking applications, and appealing denials.

Senior Health Insurance Information Program (SHIIP) 1-319-384-9256, Trained volunteers provide on-site information on understanding Medicare, organizing medical bills, filing Medicare claims, long-term care insurance policies, evaluating Medicare supplemental plans, and recognizing Medicare fraud and abuse.

Department of Nursing: Children's and Women Services/ OB-GYN Patient Education Committee

This help might be in the form of emotional support, financial counseling or daily physical care. Services that might be provided include: Registered Nurses: Educational support and nursing care provided to pregnant women by the nursing staff of the agency. Nutrition Counseling: Consultation services with a nutritionist; Dental Hygiene: Dental care for the pregnant woman and her family members. For more information contact your local health department or your local visiting nurse.

WIC

1-800-532-1579

A supplemental food program for Women, Infants and Children. Nutritious foods such as milk, eggs, cereal, juice and infant formula are provided at no cost.

Department of Human Services

Des Moines Regional Office
1200 University, Suite B
Des Moines, IA 50314
1-515-283-7900

The following programs and services are offered through the Department of Human Services.

Family Investment Program (FIP) - Provides direct cash grant assistance to needy families with children to assist them in meeting basic living needs.

Day Care 1-515-281-6074 Provides assistance with the cost of child care.

Transitional Child Care (TCC) Program - This program allows state reimbursement of child care costs for families losing their Family Investment Program (FIP) eligibility due to increased earnings.

Family Support Subsidy 1-515-281-4357 This program is designed to assist families in staying together by minimize some of the costs of caring for a child with special needs living at home.

In-Home Services (Adult) 1-515-281-6219 Provides services to enable disabled and elderly adults to remain at home. Some services may include basic house keeping and laundry.

Food Stamp Program 1-515-281-3131 Provides a monthly benefit, which enables individuals and families to purchase nutritional foods.

PROMISE JOBS - Increases the availability of employment and training activities, which result in the family attaining long-term economic self-sufficiency in the shortest possible length of time.

Emergency Assistance 1-515-281-6249 Provides financial assistance to needy children and any other member of the household to meet needs that have been caused by an emergency situation and the family is unable to fulfill.

Bureau of Refugee Services 1-515-283-7999 Rent Subsidy Program - A monthly payment to persons who receive medical assistance under the Medicaid Home and Community-Based Services for persons with mental retardation (HCBS/MR) waiver program and who were discharged from an intermediate care facility for the mentally retarded (ICF/MR) immediately prior to receiving HCBS/MR services. This payment is to assist with rental expenses and, in the initial two months of eligibility, household furnishings and supplies.

Funeral Assistance - A program to assist in the cost of funerals for persons who were a recipient of State Supplementary Assistance or Family Investment Program assistance at the time of their death. The maximum payment under this program is \$400.

Department of Human Services

Sioux Regional Office
520 Nebraska Street, 5th Floor
Sioux City, IA 51101-1316

1-712-255-3522

The following programs and services are offered through the Department of Human Services.

Family Investment Program (FIP) - Provides direct cash grant assistance to needy families with children to assist them in meeting basic living needs.

Day Care 1-515-281-6074 Provides assistance with the cost of child care.

Transitional Child Care (TCC) Program - This program allows state reimbursement of child care costs for families losing their Family Investment Program (FIP) eligibility due to increased earnings.

Family Support Subsidy 1-515-281-4357 This program is designed to assist families in staying together by minimize some of the costs of caring for a child with special needs living at home.

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Funeral Assistance - A program to assist in the cost of funerals for persons who were a recipient of State Supplementary Assistance or Family Investment Program assistance at the time of their death. The maximum payment under this program is \$400.

Department of Human Services

Waterloo Regional Office
5109 Nordic Drive
Cedar Falls, IA 50613

1-319-268-7370

The following programs and services are offered through the Department of Human Services.

Family Investment Program (FIP) - Provides direct cash grant assistance to needy families with children to assist them in meeting basic living needs.

Day Care 1-515-281-6074 Provides assistance with the cost of child care.

Transitional Child Care (TCC) Program - This program allows state reimbursement of child care costs for families losing their Family Investment Program (FIP) eligibility due to increased earnings.

Family Support Subsidy 1-515-281-4357 This program is designed to assist families in staying together by minimize some of the costs of caring for a child with special needs living at home.

In-Home Services (Adult) 1-515-281-6219 Provides services to enable disabled and elderly adults to remain at home. Some services may include basic house keeping and laundry.

Food Stamp Program 1-515-281-3131 Provides a monthly benefit, which enables individuals and families to purchase nutritional foods.

PROMISE JOBS - Increases the availability of employment and training activities, which result in the family attaining long-term economic self-sufficiency in the shortest possible length of time.

Emergency Assistance 1-515-281-6249 Provides financial assistance to needy children and any other member of the household to meet needs that have been caused by an emergency situation and the family is unable to fulfill.

Bureau of Refugee Services 1-515-283-7999 Rent Subsidy Program - A monthly payment to persons who receive medical assistance under the Medicaid Home and Community-Based Services for persons with mental retardation (HCBS/MR) waiver program and who were discharged from an intermediate care facility for the mentally retarded (ICF/MR) immediately prior to receiving HCBS/MR services. This payment is to assist with rental expenses and, in the initial two months of eligibility, household furnishings and supplies.

Funeral Assistance - A program to assist in the cost of funerals for persons who were a recipient of State Supplementary Assistance or Family Investment Program assistance at the time of their death. The maximum payment under this program is \$400.

Department of Human Services

Council Bluffs Regional Office
417 East Kaneshville Boulevard
Council Bluffs, IA 51503
1-712-328-5691

The following programs and services are offered through the Department of Human Services.

Family Investment Program (FIP) - Provides direct cash grant assistance to needy families with children to assist them in meeting basic living needs.

Day Care 1-515-281-6074 Provides assistance with the cost of child care.

Transitional Child Care (TCC) Program - This program allows state reimbursement of child care costs for families losing their Family Investment Program (FIP) eligibility due to increased earnings.

Family Support Subsidy 1-515-281-4357 This program is designed to assist families in staying together by minimize some of the costs of caring for a child with special needs living at home.

In-Home Services (Adult) 1-515-281-6219 Provides services to enable disabled and elderly adults to remain at home. Some services may include basic house keeping and laundry.

Food Stamp Program 1-515-281-3131 Provides a monthly benefit, which enables individuals and families to purchase nutritional foods.

PROMISE JOBS - Increases the availability of employment and training activities, which result in the family attaining long-term economic self-sufficiency in the shortest possible length of time.

Emergency Assistance 1-515-281-6249 Provides financial assistance to needy children and any other member of the household to meet needs that have been caused by an emergency situation and the family is unable to fulfill.

Bureau of Refugee Services 1-515-283-7999 Rent Subsidy Program - A monthly payment to persons who receive medical assistance under the Medicaid Home and Community-Based Services for persons with mental retardation (HCBS/MR) waiver program and who were discharged from an intermediate care facility for the mentally retarded (ICF/MR) immediately prior to receiving HCBS/MR services. This payment is to assist with rental expenses and, in the initial two months of eligibility, household furnishings and supplies.

Funeral Assistance - A program to assist in the cost of funerals for persons who were a recipient of State Supplementary Assistance or Family Investment Program assistance at the time of their death. The maximum payment under this program is \$400.

Department of Human Services

Cedar Rapids Regional Office
411 Third Street, SE
Cedar Rapids, IA 52401

1-800-272-8703

The following programs and services are offered through the Department of Human Services.

Family Investment Program (FIP) - Provides direct cash grant assistance to needy families with children to assist them in meeting basic living needs.

Day Care 1-515-281-6074 Provides assistance with the cost of child care.

Transitional Child Care (TCC) Program - This program allows state reimbursement of child care costs for families losing their Family Investment Program (FIP) eligibility due to increased earnings.

Family Support Subsidy 1-515-281-4357 This program is designed to assist families in staying together by minimize some of the costs of caring for a child with special needs living at home.

In-Home Services (Adult) 1-515-281-6219 Provides services to enable disabled and elderly adults to remain at home. Some services may include basic house keeping and laundry.

Food Stamp Program 1-515-281-3131 Provides a monthly benefit, which enables individuals and families to purchase nutritional foods.

PROMISE JOBS - Increases the availability of employment and training activities, which result in the family attaining long-term economic self-sufficiency in the shortest possible length of time.

Emergency Assistance 1-515-281-6249 Provides financial assistance to needy children and any other member of the household to meet needs that have been caused by an emergency situation and the family is unable to fulfill.

Bureau of Refugee Services 1-515-283-7999 Rent Subsidy Program - A monthly payment to persons who receive medical assistance under the Medicaid Home and Community-Based Services for persons with mental retardation (HCBS/MR) waiver program and who were discharged from an intermediate care facility for the mentally retarded (ICF/MR) immediately prior to receiving HCBS/MR services. This payment is to assist with rental expenses and, in the initial two months of eligibility, household furnishings and supplies.

Funeral Assistance - A program to assist in the cost of funerals for persons who were a recipient of State Supplementary Assistance or Family Investment Program assistance at the time of their death. The maximum payment under this program is \$400.

Division of Persons with Disabilities 1-515-242-6334

The following programs are offered through the Division of Persons with Disabilities.

Technical Assistance - Provides information and referral to individuals with concerning matters of employment, housing, accessibility, transportation, education, programs and services. Eligible persons may also receive assistance with removing architectural barriers at a low/or no cost. All services are free of charge.

Client Assistance Program 1-800-652-4298 Designed to help people who are seeking or receiving services from an agency funded by the Rehabilitation Act. Some of the agencies are the Division of Vocational Rehabilitation Services, Department for the Blind, Projects with Industry, and Independent Living Programs. All services are free of charge and are provided statewide.

Deaf Services Commission 1-515-281-3164 (voice/TTY)

The following are services and programs offered through the Deaf Services Commission.

Sign Language Interpreting - Provided by the staff of certified Interpreters.

Interpreter Referral Services - Meets requests through interpreters in private practice who are registered with the agency.

Oral Interpreting Services - Provided for those persons who rely on speech reading.

Assistance and consultation services - Provided on an individual and systems basis.

Information and referral - Includes a lending library, presentations and general information on the local, state and national level.

Technical assistance - Provides other appropriate accommodations in compliance with accessibility laws.

Junior Commissioner Program - Encourage the development of our future Deaf and Hard of Hearing community members through youth leadership conferences.

Department of Elder Affairs

Clemens Building
200-10th Street, 3rd Floor
Des Moines, IA 50309-3609

1-515-281-5187

The following programs and services are offered through the Department of Elder Affairs.

Assisted Living Certification - A provision of housing with services that may include health related care, personal care, and assistance with dressing, eating, bathing, taking medications, cooking and shopping.

Resident Advocate Committee Program - Consist of volunteers who visit with the residents of the facility to seek and resolve complaints or grievances on behalf of residents.

Case Management Program for the Frail Elderly - Helps people remain in their home by providing programs that assist with home delivered meals, adult daycare, nursing and homemaker services, companion and respite care, consultations about problems, modify the home for disability, housing as well as finding other resources.

Elder Abuse Awareness and Prevention - Refers to the abuse, neglect, or exploitation of people age 60 or older in the areas of physical, sexual, or financial abuse, or neglect and self neglect.

Employment Programs 1-515-281-4650 Provides senior citizens aged 55 years and older help with retraining part-time employment. For more information, contact Minnie Mallard at the above number.

Money Management Program - Provides trained volunteers who offer money management assistance to older persons who are mentally or physically challenged and cannot manage their finances or just need some help getting organized and paying routine bills.

Legal Assistance 1-800-992-8161 or 1-515-282-816 A legal hotline for lowans 60 years and older that offers a free and confidential service who have questions about non-criminal legal matters.

Rental/Housing Assistance Programs

Iowa State Office
Federal Building
210 Walnut Street, Room 239
Des Moines, IA 50309-2155

1-317-284-4840

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

HACAP Food Reservoir

1201 Continental Place NE, #3
Cedar Rapids, IA 52402

1-319-393-7811

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of Iowa

2220 E. 17th Street
Des Moines, IA 50316

1-515-564-0330

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of Southern Iowa

225 S. Benton
Ottumwa, IA 52501
1-515-682-3403

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Cedar Valley Food Bank

106E. 11th Street
Waterloo, IA 50703-4830

1-319-235-0507

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Iowa Early Intervention Program

Bureau of Children, Family, &
Community Services
Grimes State Office Building
Third Floor
Des Moines, IA 50319-0146

1-515-281-7145
lynda.pletcher@ed.state.ia.us

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Iowa Christian Outreach Center

Operation Blessing
P. O. Box 8249
Des Moines, IA 50301

1-515-282-0700
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

Iowa Bureau of Energy Assistance Jerry McKim DCAA/Dept. of Human Rights Lucas State Office Bldg. Des Moines, IA Tel: 515-281-0856

KANSAS

Kansas Department of Insurance

State Insurance Commissioners Office 1-785-296-7801
420 S.W. 9th Street
Topeka, KS 66612-1678

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Kansas

Office of the Attorney General 1-785-296-2215
Judicial Building
301 West Tenth Street
Topeka, KS 66612-1597

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Kansas Long-Term Care Ombudsman 1-785-296-3017

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

HealthWave Implementation Director 1 800-792-4884
Adult and Medical Services Commission 1-785-296-4755
Kansas Department of Social and Rehabilitation Services
915 S.W. Harrison Street Rm. 615-S
Topeka, KS 66612

The CHIP program also known as the HealthWave program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-316-337-7386

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Kansas Medicaid Agency at the above number.

LIHEAP Assistance for Kansas

Emergency Program Administrator
Division of Income Maintenance, DSRS
Docking State Office Bldg., 6th Floor
Topeka, KS 66612-1570

1-785-296-3349

www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Kansas Uninsurable Health Insurance Plan

1-800-290-1366

1-316-792-1779

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage in the private market.

Kansas Department of Social & Rehabilitation Services

915 Harrison Street, 6th Floor
Docking State Office Building
Topeka, KS 66612

1-785-296-3959

The following programs are offered through the Department of Social Services.

General Assistance (GA) - General Assistance is a state-funded program for adults who cannot support themselves because of a serious physical or mental disability. General Assistance recipients must pursue SSI eligibility.

Temporary Assistance for Families (TAF) - The Personal Responsibility and Work Opportunity Act of 1996 transformed welfare by ending the statutory entitlement to welfare under the former Aid to Families with dependent children.

Medical Assistance eligibility (MA) - The Economic and Employment Support section is responsible for establishing and administering the policies which determines who is eligible to receive medical assistance, including cash assistance recipients, pregnant women and children, the elderly, and the disabled.

Refugee Services - The Refugee program provides essential services to households to aid in their resettlement in the United States.

Kansas Works - Work Programs Services are offered to TAF and Food Stamp recipients. The Kansas Works programs provide employment-related services with the objective of encouraging employment, education, and training.

Food Stamps (FS) - The Food Stamp program is offered to individuals and families with income below 130 percent of the national poverty level.

Commodity Food Distribution - The federally funded commodity programs provide food for distribution to low-income households, charitable institutions.

Funeral Assistance - The Funeral Assistance program provides funds for low-cost funerals for some public assistance recipients.

Estate Recovery - The 1992 Kansas Legislature established the Estate Recovery Program as a means to recover medical care costs from the estates of certain deceased medical assistance recipients.

Child Care - Provides subsidized child care to eligible families.

PATH Homeless Program - Projects for Assistance in Transition from Homelessness (PATH) is a federal grant to help states find and serve homeless people with severe and persistent mental illness

ACCESS Homeless Program - Access to Community Care and Effective Services and Supports (ACCESS) is a cooperative agreement with the federal government.

Rental/Housing Assistance Programs

Kansas/Missouri State Office
Gateway Tower II
400 State Avenue
Kansas City, KS 66101-2406

1-913-551-6916

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Kansas Food bank Warehouse

806 East Boston
Wichita, KS 67211

1-316-265-4421

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Kansas Early Intervention Program

Infant Toddler Program
Landon State Office Building, 10th Floor
900 SW Jackson
Topeka, KS 66612-1290

1-785-296-6135

www.kdhe.state.ks.us/bcyf/cds/its/index

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

KENTUCKY

State Insurance Commissioners Office

P.O. Box 517
215 West Main Street
Frankfort, KY 40602-0517

1-502-564-6027

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

KY

Attorney General of Kentucky

Office of the Attorney General
State Capital, Room 16
Frankfort, KY 40601

1-502-596-5300

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Kentucky Long-Term Care Ombudsman

1-800-372-2991

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Division of Children's Health Programs

Department of Medicaid Services
275 East Main Street
Frankfort, KY 40621

1-800-635-2570
1-502-564-7940

The CHIP program also known as the Kentucky Children's Health Insurance Program (KCHIP) was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-502-564-7372
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Kentucky Medicaid Agency.

Department of Community Based Services

Cabinet for Families and Children 1-502-564-4847
275 East Main Street, 3rd Floor
Frankfort, KY 40621

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Weatherization Assistance Program (WAP) 1-502-564-4847

Designed to increase energy efficiency of low-income dwellings, especially those occupied by elderly, those having disabilities and children.

Senior Services of Northern Kentucky

1032 Madison Avenue 1-502-491-0522
Covington, KY 41011

Provides transportation for senior citizens 60 years or older in the areas of Boone, Kenton, Campbell Counties and Cincinnati hospitals. A three-day to one-week notice is required for an appointment. There is a \$1.50 donation for each way is requested when possible.

Transit Authority of Northern Kentucky (TANK)

3375 Madison Pike 1-502-341-8265 ext. 33
Fort Wright, KY 41017

Provides transportation for residents of Northern Kentucky. Individuals must fill out a TANK application prior to the service needed. A one-week notice is required for appointments. There is a charge of 75 cents each way.

Indian Summer Camp

9118 Old Hurstborne Lane 1-502-491-8518
Louisville, KY 40220

Provides a six-day summer session (overnight) for children ages 7-17 who have had or currently have cancer. Pediatric oncologists are available during camp session. There is no charge for the camp.

Cabinet for Families and Children

Department for Medicaid Services 1-800-462-6122
275 E. Main Street
Frankfort, KY 40621

The following programs and services are offered through the Cabinet for Families and Children.

Food Stamps-A monthly benefit which enables families and individuals to purchase nutritional foods.

Kentucky Transitional Assistance Program (K-TAP)-Provides cash assistance to needy families and individuals.

Child Care- Provides assistance with the cost of childcare to eligible families.

Transportation- Provides contracted entities, per diem, flat rate payment or car repair services in limited circumstances.

Cash Assistance Grants - provided to eligible families that meets criteria for public assistance.

DISK- Drug Information Services of Kentucky 1-800-432-9337

Kentucky Physicians Care Program- A pharmaceutical assistance program for eligible low-income individuals.

Waiver Program- Provides persons qualified through the home health care program with a medical card. The home health care program consists of helping with cleaning, bathing, and/ or basic living skills.

Spend Down Program- Provides persons who do not qualify for Medicaid, with this program if eligible. Individual submits medical bills to department, monthly. Once the individual has met their cap, the Spin Down picks up the extra cost. For example if a person receives \$800 month in SSDI, and is responsible for \$600 in medical bills (before the spin down would go into affect), and has \$1000 in medical bill, the spin down program would pay \$200 that month.

Rental/Housing Assistance Programs

601 West Broadway
P.O. Box 1044
Louisville, KY 40201-1044

1-502-582-6161

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of Kentucky, Inc.

P.O. Box 72626
Louisville, KY 40272

1-502-624-6800
1-502-361-1888 (Airport Center)

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include: information and referral, family outreach, and emergency assistance and quality of life.

Kentucky Food Bank, Inc.

105 Warehouse Ct.
Elizabethown, KY 42702

1-502-769-6997

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

God's Pantry Food Bank

1685 Jaggie Fox Way
Lexington, KY 40511-1084

1-606-255-6592

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Dare to Care

5803 Fern Valley Road
Louisville, KY 40232-5458

1-502-966-3821

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

State Services for Kentuckians with Disabilities

The Commonwealth of Kentucky State Services for Kentuckians with Disabilities provides the following programs:

Client Assistance Program - 1-800-633-6283

KY Deafblind Project - 1-502-897-1583

Division of Mental Health - 1-502-564-5777

Division of Exceptional Children Services - 1-502-564-4970

LOUISIANA

Louisiana Department of Insurance State Insurance Commissioners Office

Louisiana Department of Insurance
950 North 5th Street
Baton Rouge, LA 70804-9214

1-225-343-4834

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Louisiana

Office of the Attorney General
Department of Justice
P.O. Box 94095
Baton Rouge, LA 70804-4095

1-225-342-7013

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Louisiana Long-Term Care Ombudsman 1-225-342-7100

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Department of Health and Hospitals

1201 Capital Access Road
P.O. Box 629
Baton Rouge, LA 70821-0629

1-877-252-2447
1-504-342-2964

The CHIP program also known as the LA CHIP was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed below or contact the phone number above.

Medicaid

1-225-342-0825

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Louisiana Medicaid Agency at the above number.

LIHEAP Assistance for Louisiana, Energy Assistance Section

Department of Social Service
P.O. Box 3318
Baton Rouge, LA 70821

1-225-342-5278

www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Louisiana Health Insurance Association

1-800-736-0947

1-504-926-6245

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage in the private market.

Department of Social Services

Office of Family Support
P.O. Box 3318
Baton Rouge, LA 70821

1-225-342-5278

The following programs and services are offered through the Department of Social Services.

Child Care Assistance Program (CCAP) - Provides assistance to parents to help pay for the childcare they need to work or attend school or training.

Disability Determinations Services Program (DDS) - Provides benefits to disabled individuals under Title II (Disability Insurance Benefits) and Title XVI (Supplemental Security Income).

Electronic Benefits Transfer (EBT) - The electronic method of delivering Family Independence Temporary Assistance Program (FITAP) and Food Stamp benefits to recipients.

Family Independence Temporary Assistance Program (FITAP) - Provides temporary cash assistance to families in need.

Support Enforcement Services (SES) - Places the primary responsibility for support of children on their non-custodial parent(s) in an attempt to reduce the children's dependence on public assistance.

Food Stamp Program - Provides monthly benefits that help low-income households buy the food they need for good health.

Head Start Collaboration Project - Designed to increase effective linkage between Head Start Grantees and State agencies and includes the principle of serving the whole family as the key strategy for improving developmental, social and economic conditions for low-income children.

Refugee Cash Assistance - Encourages effective refugee resettlement and promotes economic self-sufficiency through the effective use of cash assistance, medical assistance and support services.

U.S. Citizen Repatriation - Assists U.S. citizens returned from abroad due to illness or poverty. This program provides temporary assistance, including money for medical care, food, clothing and transportation, and is 100% federally funded.

Department of Social Services

Office of Family Support 1-225-342-5278

The following programs and services are offered through the Department of Social Services.

Individual and Family Grant Program - Provides funds to disaster victims.

Family Crisis Assistance Program - Expanded home energy assistance services to families and individuals whose social and economic hardships are compounded by a home heating or cooling energy crisis.

Weatherization Assistance (WAP) - Weatherization of home of low-income persons, particularly those who are elderly, handicapped or young children.

St.Vincent de Paul Society 1-504-822-9288

A Catholic Charity in New Orleans provides assistance in numerous areas as well as a referral service. For more information contact your local chapter.

Red Cross 1-504-587-1500

Assists military families with disasters.

Copeline 1-504-523-2673

A referral service as well as counseling and gambling hotline.

Total Community Action 1-504-821-2000

Provides assistance with medical equipment.



Cancer Association of Greater New Orleans

824 Elmwood Park Blvd., Suite 240
New Orleans, LA 70123

1-800-624-2039
1-504-733-0252

The Cancer Association, a United Way agency, provides medication, colostomy supplies, and some comfort items for people suffering with cancer. These services are offered to residents of Assumption Parish, Jefferson Parish, Lafourche Parish, Orleans Parish, Plaquemines Parish, St. Bernard Parish, St. Charles Parish, St. Mary Parish, St. Tammany Parish, Terrebonne Parish, and Washington Parish. The Cancer Association also subsidizes the rental of some items of equipment (pays a portion of the rental fee charged by a patient-selected vendor). These services are available to cancer patients being cared for at home and who do not have a third party insurance coverage for outpatient medications.

Easter Seal

1-504-523-7325

Provides assistance for eligible individuals in need of medical equipment with donated items.

Rental/Housing Assistance Programs

Louisiana State Office
Ninth Floor
Hale Boggs Federal Building
New Orleans, LA 70130-3099

1-504-589-7251

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Food Bank of Central Louisiana

3223 Baldwin Avenue
Alexandria, LA 71301

1-318-445-2773

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Second Harvesters FB of Greater New Orleans

1201 Adams Avenue
New Orleans, LA 70123-2236

1-504-734-1322

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.



Louisiana Early Intervention Program

State Department of Education
PO Box 94064
Baton Rouge, LA 70804-9064

1-225-342-3730

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Private Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below)

Total Community Action
1420 So. Jefferson Davis Prkwy
New Orleans, LA 70125

Tel: 504-827-2285
Fax: 504-827-2209
LLMAC@bellsouth.net

Capital Area Legal Services Corp.
200 North Third Street
Baton Rouge, LA 70801

Tel: 225-338-9797
Fax: 225-387-4802
calsc@calsccla.org

Entergy New Orleans
639 Loyola Avenue Mail Stop L-ENT-13B
New Orleans, LA 70161

Tel: 504-670-3660

LA Association of Councils on Aging
#7 Bienville Square
Natchitoches, LA 71457

Tel: 318-352-1556
Fax: 318-352-5876
lacoa@cp-tel.net

MAINE

State Insurance Commissioners Office

Dept. of Professional & Financing Regulations 1-207-624-8475
State Office Building
Station 34
Augusta, ME 04333-0034

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Maine

Office of the Attorney General 1-207-626-8800
State House Station Six
Augusta, ME 04333

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Maine Long-Term Care Ombudsman 1-207-621-1079

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Maine Department of Health 1-877-543-7669
Bureau of Human Services 1-207-624-5521
Dept. of Human Services www.janus.state.me.us/dhs/boh
State House Station 11
35 Anthony Avenue, Pella Bldg
Augusta, ME 04333

The CHIP program also known as the Cub Care was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-750-5353

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Maine Medicaid Agency at the above number.

Health Insurance Counseling

1-800-750-5353

Provides Medicare beneficiaries with free health insurance counseling.

Division for the Blind and Visually

Impaired at the Regional Office

1-207-774-6273

Provides services to persons of all ages with vision problems which include diagnosis, adaptive skill training, provision of aids and appliances and counseling.

Medical Eye Care Program

1-800-321-5557

Provides financial assistance for certain treatment for people with vision problems and who have limited income but are not Medicaid eligible.

Department of Human Services

35 Anthony Avenue
#11 State House Station
Augusta, ME 04333-0011

1-207-624-5335

1-800-262-2232

The following programs and services are offered through the Department of Human Services (DHS).

Temporary Assistance for Needy Families (TANF) - Cash benefits are time limited to households headed by employable adults age 19 and older.

General Assistance, 1-800-442-6003 or 1-207-287-6948 State funded program designed to provide cash assistance to low-income people who do not qualify for federally funded programs.

Food Stamps 1-800-452-4643 A program that enables low-income families to buy a variety of foods, which is the basis for better nutrition.

Employment & Training (E&T) - This program is designed to help ABC and Food Stamp recipients become self-supporting by helping them find employment.

Child Care - This service provides support for families with young children to enable the caretaker to hold a job, obtain training or meet special needs of a child.

Women, Infant and Children (WIC) - Purpose: Special supplement program for Women, Infants, and Children

LIHEAP Assistance for Maine

Energy and Housing Coordinator
Maine State Housing Authority
353 Water Street
Augusta, ME 04330

1-207-624-5708
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Fix ME

1-800-452-4668

Periodically offers low interest home improvement loans.

HIV/AIDS Assistance Program

1-800-851-2437
1-207-287-3747

Assist people with the HIV/AIDS with related medications free of charge.

Ellsworth Free Clinic

P.O. Box 5104
Ellsworth, ME 04603

1-207-667-7953

Offers free primary care services to people with low-income or who have no insurance or are under insured. Each clinic has their own eligibility guidelines, contact them directly for more information.

Biddeford Free Clinic

189 Alfred Street
Biddeford, ME 04005

1-207-282-1138

Offers free primary care services to people with low-income or who have no insurance or are under insured. Each clinic has their own eligibility guidelines, contact them directly for more information.

Portland Street Clinic

15 Portland Street
Portland, ME 04101

1-207-874-8982

Offers free primary care services to people with low-income or who have no insurance or are under insured. Each clinic has their own eligibility guidelines, contact them directly for more information.



Hospital Programs

Provide programs to give people free medical services either in the hospital or at a family practice clinic to people with very low income and no health insurance. These programs will give free drug samples when available. Contact your hospital or clinic for more information.

Community Health Centers

www.state.me.us/dhs/beas/medbook.htm

Provides medical services to people on a sliding fee scale.

Mail Order Companies

1-800-262-2232

Private companies that offer discounted prescription drugs through a mail order service. Other companies have discounted programs where you pay a fee to enroll then are given a card to use at participating pharmacies to purchase your medications at discounted rates. For more information contact your local Agency for Aging.

Legal Services for the Elderly, Inc. (LSE)

1-800-750-5353
1-207-623-1797

Provides free legal services statewide to people aged 60 and over.

Advocates for Medicare Patients (AMPs)

1-800-750-5353
1-207-621-0374

Assists patients if they have been denied Medicare benefits for home health, skilled nursing facility or hospital care.

State of Maine Bureau of Taxation-

Elderly Low Cost Drug Program
State House Station 24
Augusta, ME 04332

1-888-600-2466
1-207-626-8475

Assists with the cost of prescription medications for low-income adult's age 62 or older or adults who are age 19 or older and are medically qualified for Social Security Disability Income (SSDI). This program has two parts, Basic and Supplemental.

Maine Revenue Services

1-800-773-7894
1-207-626-8474

Provides elderly tax assistance, along with assistance with processing applications and answering eligibility and financial questions to all ages.

Bell Atlantic's Residence Lifeline Program 1-800-585-4466

Can reduce your basic monthly bill if you qualify for one of the following programs: food stamps Medicaid, Aid to Dependent Children, Fuel Assistance or general assistance.

AT&T Lifeline Program 1-800-222-0300

AT&T will pay your Universal Connectivity charge, the carrier line charge, and the \$3.00 minimum use charge.

Bureau of Medical Services 1-800-321-5557
1-207-287-1818

Provides information about medications covered in the programs.

Indian Health Services

Provides a wide range of medical, dental mental health, and social services. Primary health care services and prescription drugs are covered with some limitations. For more information contact the health center for the tribe to which you belong.

Indian Township Health Center 1-207-796-2321

Penobscot Indian Health Services 1-800-736-6226 or 1-207-827-6101

Maliseet Health Center 1-800-640-2266 or 1-207-532-2240

MicMac Health Center 1-800-355-1435 or 1-207-764-6968

Pleasant Point Health Center 1-207-853-0711

Penobscot Nation

6 River Road, Indian Island 1-207-827-7776
Old Town, ME 04468

Provides Native American Indian Grants & Services.

Pleasant Point Passamaquoddy Tribe

Pleasant Point Reservation 1-207-853-2551
P.O. Box 343
Perry, ME 04667

Provides Native American Indian Grants & Services.



Central Maine Indian Association

132-144 North Main Street
Brewer, ME 04412

1-800-564-2642
1-207-989-5971

Finds services available to Maine's older Indian people.

Bureau of Elder and Adult Services

Department of Human Services
35 Anthony Avenue
#11 State House Station
Augusta, ME 04333-0011

1-800-262-2232
1-207-624-5335

The following programs and services are offered to low-income individuals who meet specific medical and social criteria.

Adult Day Services - Provide a structured, supportive service, which enables the caregiver time off.

Adult Foster Care - Enables persons 18 years of age and older who are no longer capable of living independently to remain in the community and avoid inappropriate or premature placement in a long-term care facility.

Special Assistance Services - Limited funds have been set aside to assist eligible persons to receive assistance with three services: Home Modification, Assistive Technology and Transportation.

Attendant Services - Provides the means for independent living for eligible persons who require extensive assistance.

Case Management - to ensure a service delivery system that meets the needs of individuals seeking assistance.

Home Delivered Meals - Nutrition service that delivers hot, nutritionally balanced meals.

Personal Care Assistance Program - Helps at home with bathing, dressing, cleaning, laundry, shopping and errands.

Senior Community Service Employment (SCSEP) 1-800-262-2232

Provides part-time employment in community service jobs to low-income individuals 55 or older.

Women, Work, and Community 1-800-442-2092 ext. 333

Assist men and women after divorce, death, or disability of a spouse or family member.

Technical Colleges

People 62 or older may register for courses on space available free of charge.

Central Maine Technical College , Auburn, ME	1-800-891-2002
Eastern Maine Technical College , Bangor, ME	1-800-286-9357
Kennebec Valley Technical College , Fairfield, ME	1-800-428-5882
Northern Maine Technical College , Presque Isle, ME	1-207-768-2700
Southern Maine Technical College , South Portland, ME	1-877-282-2182
Washington County Technical College , Calais, ME	1-800-210-6932
York County Technical College , Wells, ME	1-800-580-3820

University of Maine System 1-800-800-4876 ex 4406

Seniors 65 or older may request a Senior Waiver at the Student Accounts office at the campus, which may enable you to take the course tuition free.

Maine State Housing Authority

353 Water Street
Augusta, ME 04330-4633 1-800-452-4668

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Good Shepherd Food Bank

415 Lisbon Street
Lewiston, ME 04240

1-207-782-3554

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Maine Early Intervention Program

Department of Education
State House
Station #146
Augusta, ME 04333

1-207-287-3272

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Private Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Maine State Housing Authority
353 Water Street
Augusta, ME 04330-8633

Tel: 207-626-4600
Fax: 207-626-4678

Washington Hancock CA
PO Box 280
Main & Maple St.
Milbridge, ME 04658

Tel: 207-546-7544
Fax: 207-546-3216
ewest@whcacap.org

Vinalhaven Fuel Fund
P.O. Box 636
Vinalhaven, ME 04863

Tel: 207-863-2114

Kennebec Valley C.A.P.
97 Water Street
Waterville, ME 04901

Tel: 207-877-5677
Fax: 207-872-6747

Kennebec Valley CAP
97 Water Street
Waterville, ME 04901

Tel: 207-877-5677
Fax: 207-873-0158
patk@gwi.net

MARYLAND

Maryland Bureau of Insurance

State Insurance Commissioners Office 1-410-468-2000
501 St. Paul Place
Stanbalt Building, 7th Floor South
Baltimore, MD 21202-2272

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Maryland

Office of the Attorney General 1-410-576-6300
200 Saint Paul Place
Baltimore, MD 21202-2202

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Maryland Long-Term Care Ombudsman 1-410-767-1100

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Office of Eligibility and Administration, Medical Care Policy Administration

Department of Mental Health & Hygiene 1-800-456-8900
Herbert R. O'Connor Building 1-410-767-1463
201 West Preston Street, Fifth Floor
Baltimore, MD 21201

The CHIP program also known as Maryland Children Health Program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-410-767-1100
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Medicaid Agency.

MEAP Assistance for Maryland Energy Assistance Program

Community Services Administration
Department of Human Services
311 West Saratoga Street
Baltimore, MD 21201

1-800-352-1446
1-410-767-7218
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Weather Assistance Program (WAP) 1-800-352-1446

Provides home Weatherization services to make the home or apartment more energy efficient at no cost to the family.

Utility Service Protection Program (USPP) 1-800-352-1446

Protects low-income families from utility cut-off and allows households eligible for Maryland Energy Assistance Program to enter in a year round even monthly payment program from their utility company.

Baltimore Gas and Electric (BGE) 1-800-786-2000

Offers the Electric Water Heater Energy Saver Switch program that provides a \$20 per year credit, Air Conditioning Energy Saver Switch provides a \$40 per year credit and the Time of Use Meter that provides up to 9% per year savings. Contact BGE for more information.

Customer Assistance Maintenance Program (CAMP) 1-410-234-6080

Provides up to \$144 in billing credits to BGE bills to customers who are eligible for MEAP and who participate in USPP.

Homeowners' Property Tax Credit

Allows qualified homeowners credits against their property tax bill. Contact your local county office of the program for more information.

Renters Tax Credit 1-800-944-7403
1-410-767-5915

Provides tax credits to those who rent and are below certain income limits.

Maryland Pharmacy Assistance Program (MPAP)

P.O. Box 386
Baltimore, MD 21203-0386

1-800-492-1974
1-410-767-5394

Provides low income residents in need of financial assistance obtain certain maintenance drugs used to treat long-term illnesses, as well as anti-infective drugs such as AZT and insulin syringes. Under this program, you pay \$5.00 for each prescription and refill and the State pays the rest.

Spanish Information

1-800-732-7850

Serves the special information needs of Spanish-speaking persons by answering their questions about services.

Department of Aging

1-800-AGE-DIAL
1-410-767-7725

The following programs and services focus on the needs of elderly, disabled, vulnerable adults.

Adult Protective Services - Serves people ages 18 or over that lack the physical or mental capacity to provide for their daily needs.

In-Home Aide Services - Assists functionally disabled adults with activities of daily living in their home.

Senior Legal Assistance - Provides legal advice, counseling and representation to senior citizens 60 years or older.

Senior Health Insurance Counseling and Advocacy (Senior HICAP) - Assist seniors with the preparation and filing of health insurance claims, as well as assistance with the selection of health insurance policies.

Project HOME - Provides a protective living environment in a home-like setting for the disabled adult who cannot live alone primarily due to mental or physical health problems.

Senior Information and Assistance - Provides access to information on services and benefits for older persons, statewide. This includes, but is not limited to information on transportation, income and financial aid, daily meals, pharmacy assistance, housing, and volunteer opportunities.

Department of Social Services (DSS)

Catonsville District Branch Office
910 Frederick Road
Catonsville 21228

1-410-853-3450

Dundalk District Branch Office
7701 Dunmanway
Dundalk, MD 21222

1-410-853-3440

Essex Eastern District Branch Office
439 Eastern Avenue
Essex, MD 21221

1-410-853-3800

Reisterstown District Branch Office 1-410-853-3010
12035 Reisterstown Road
Reisterstown, MD 21236

Townson District Branch Office 1-410-853-3346
1 Investment Place
Townson, MD 21204

The following programs and services are offered through DSS.

Day Care Subsidy -1-410-767-7840 - Provides financial assistance to eligible low-income families who need help in paying for childcare.

Referral Info and Local Resources -1-410-887-2800 -The DSS provides this number 24 hours a day. Your call will be connected with the people whom can best help you. Provides voluntary counseling programs, in-home aide service and foster care.

Homeless Services - 1-410-887-2800 - Provides information on the current vacancies in the three Baltimore County shelters (one for men and two for families), as well other resources.

Food Stamps - A monthly benefit, which enables low-income families to purchase nutritional foods.

Temporary Cash Assistance (Welfare) - Provides cash assistance to eligible individuals and families.

Emergency Food Assistance - Distributes federal surplus foods to emergency food pantries and needy households.

TEMHA (Transitional Emergency Medical & Housing Assistance) - Provides information and referrals of agencies that assist in emergency medical and housing assistance. Some agencies assist with food, drug rehabilitation, counseling, and financial assistance. For more information contact your local Department of Social Service.

The Maryland Office for New Americans (MONA)

Department of Human Resources 1-410-767-7514
311 W. Saratoga Street
Baltimore, MD 21201

Provides support services to refugees to ease their transition into American society. For more information about the Refugee Program or MONA's other programs contact the number above.

Rental/Housing Assistance Programs

Maryland State Office 1-410-962-2520
City Crescent Building, Fifth Floor
10 South Howard Street
Baltimore, MD 21201-2505

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Baltimore County Housing Office

1-410-887-4000
1-800-735-2258 (Maryland Relay)

Individuals with disabilities seeking information or requesting assistance aid, services or accommodations, should call the Baltimore County Housing Office or Maryland Relay at the above numbers. To ensure availability of qualified interpreters, and appropriate accommodations, at least 8 days advanced notice is required

The Maryland Food Bank, Inc.

241 North Franktown Road
Baltimore, MD 21223

1-410-947-0404

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Maryland Early Intervention Program

Division of Special Education
200 West Baltimore St
Baltimore, MD 21201

1-410-767-0261
www.msde.state.md.us/

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.



The PARTNERSHIP

1-410-887-8629

Provides Baltimore County residents that are not eligible for Medicaid or private insurance between the ages of 19-64 that meet income guidelines can receive medical and case management services for as low as \$25.00 a month.

**American Cancer Society –
Carroll and Frederick County Unit**

1-888-535-4555

Provides transportation to cancer treatment centers, limited financial assistance for pain and nausea medications and various support programs including support groups for parents.

Annapolis Area Ministries Inc.

1-410-263-1835

Provides emergency food, baby food, health kits, diapers, and other items for needy individuals and families. Also offers emergency financial assistance for rent, heating and utility service. Also offers information and referral to other community services and Pro bono legal services.

Arc of Anne Arundel County

1-410-268-8085

Offers financial assistance in the purchase of medical supplies, counseling, respite care and crisis intervention services for families with children who have special needs.

Assistance Center of Towson Churches

1-410-296-4855

Offers emergency food service, BG&E assistance, clothing, and prescription assistance service for needy residents.

Associated Catholic Charities - Baltimore

1-410-261-5800
1-410-230-5400

Offers emergency food, used clothing and emergency financial assistance to low-income individuals and families. Also offers information and referral for other community services.

Associated Catholic Charities – Calvert County Family Center

Prince Frederick, MD 20678

1-410-535-0309

Offers emergency food, used clothing, household items, and emergency financial assistance for rent, mortgage, utility, and prescription payments to low-income individuals and families. Also offers information and referral.

Associated Catholic Charities - Charles County Family Center

La Plata, MD 20646

1-301-934-2582

Offers financial assistance service for food, rent, mortgage, and utility costs to needy families.

Associated Catholic Charities - Montgomery County Family Center

Silver Spring, MD 20902

1-301-942-1856

Offers emergency food service and financial assistance service for rent or mortgage.

Associated Catholic Charities - Prince George's Family Center

District Heights, MD 20747

1-301-568-9529 ext.18

Offers emergency assistance, life skill building, individual and family counseling, parenting skills and after-school programs.

Associated Catholic Charities - St. Clements Family Center

Avenue, MD 20609

1-301-769-2788

Provides food pantry, clothing and utility assistance services for residents of the St. Clements area in St. Mary's County.

Asthma and Allergy Foundation of America - MD DC Chapter

Towson, MD 21286

1-410-653-2880

Offers a variety of services including Asthma care training, support groups, lung function screenings, physician referrals, patient assistance, medication discount program, and continuing medical education seminars. Camperships provided for needy children to two-week resident camp.

Baltimore County Department of Social Services - Family Investme

Towson, MD 21204

1-410-853-3243

1-410-853-3385

Provides energy bill assistance service for low-income families and individuals.

Bethesda Cares

Bethesda, MD 20814

1-301-907-9244

Offers support service to prevent eviction of county residents. Provides services including food, medical care and clothing to needy individuals.

Carroll County Depart. Of Social Services - Family Investment

Westminster, MD 21157

1-410-386-3360

Offers case management, information and referrals for day care assistance, medical assistance, food stamps, emergency medical and housing assistance service to help families and individuals.

Catholic Charities' Calvert County Service

Huntingtown, MD 20639

1-410-535-0309

Offers emergency food pantry and clothing service, one-to-one counseling, utility/rent assistance, and information and referral to other agencies for families in needs.

Catholic Charities of Calvert County

P.O. Box 779
Prince Frederick, MD 20678

1-410-535-0309

Provides clothing, supplemental food packages information and referral to local resources, and emergency financial assistance for physicians or prescriptions to children and adults.

Catonsville Emergency Food Ministries, Inc.

Gwynn Oak, MD 21207

1-410-747-4357

Provides limited financial aid for rent, utilities and medical bills for low-income families.

Charles County Children's Aid Society, Inc.

Waldorf, MD 20602

1-301-645-1561

Provides emergency assistance, food, clothing, shelter, and financial assistance for medical expenses to families with children.

Charles County Department of Social Services

La Plata, MD 20646

1-301-392-6400
1-877-871-1177

Offers temporary financial assistance, medical assistance, food stamps, child support, and social services for people in need.

Communities in Action Inc. - Silver Spring

Silver Spring, MD 20906

1-301-603-1545

Offers emergency services such as financial assistance for rent, utilities, medical and transportation expenses. Provides food, clothing, and referrals to other community services.

Community Action Council of Howard County

Columbia, MD 21046

1-410-313-6440

Offers emergency food and rent assistance for individuals and families in need. Families with children must go to the Department of Social Services to find out eligibility.

Community Assistance Network

Dundalk, MD 21222

1-410-285-4674

Offers energy bill assistance service for low-income county residents.

Community Ministries of Rockville

Rockville, MD 20850

1-301-762-8682 Ext. 104 and 106

Rockville Emergency Assistance Program (REAP) provides financial assistance for rent, utilities, food, medication, and other needs.

Community Ministry of Montgomery County

Rockville, MD 20850

1-301-762-8682

Provide information and referral, clothing, and financial assistance to children and adults.

Frederick County Department of Social Services

Frederick, MD 21705

1-301-694-4575

Provides child care financial assistance to needy families.

Harford County Government - Department of Community Services

Towson, MD 21204

1-410-638-3374

Offers financial assistance and other emergency assistance services including Coats for Kids, baby items, Back to School Assistance, Free Furniture Program, Food Drives, and Clothing Resources for families and individuals in crisis situations.

Helping Children with Special Needs, Inc. (PACT)

Baltimore, MD 21224

1-410-298-7000

www.pact.kennedykrieger.org

Offers referral and coordination of services for families. Flexible funds are available to purchase resources and services needed by families.

Liberty Assistance Center

Randallstown, MD 21133

1-410-655-9109

Offers assistance with BGE and other utility bills for low-income individuals and families.

Mt. Airy Net

Mount Airy, MD 21771

1-301-829-0472

1-301-829-1615

Offers emergency assistance including rent, fuel/electricity, pharmaceutical, food and clothing for Mt. Airy residents.

National Center for Children and Families

Bethesda, MD 20817

1-301-365-4480

Offers a variety of services to support families in need. Services include advocacy and referrals, rental assistance, skills training, and counseling services.

Religious Coalition for Emergency Human Needs

2 East Church Street
Frederick, MD 21701

1-301-694-6968

Offers food vouchers, clothing vouchers, prescription assistance, crisis intervention, and information and referral service for people in need.

Relocation and Emergency Housing Services

Baltimore, MD 21202 1-410-396-4257

Offers rent assistance service to needy individuals and families.

Rental Allowance Program (RAP) - Department of Community Service

Port Tobacco, MD 20677 1-301-934-9305

Offers rent assistance to prevent eviction.

Rental Allowance Program (RAP) - Department of Housing and Community Development

9400 Peppercorn Place, Suite 200 1-301-934-9305
Hyattsville, MD 20785

Offers rent assistance for needy individuals and families to prevent eviction.

Rental Allowance Program (RAP) - Department of Housing and Community

Hyattsville, MD 20785 1-301-883-5500

Offers rent assistance for needy individuals and families to prevent eviction.

Rental Allowance Program (RAP)

Neighborhood Service Center, Inc. 1-410-822-5015
Easton, MD 21601

The Neighborhood Service Center offers rent assistance to prevent eviction.

Rental Allowance Program (RAP) - Queen Anne's County Community Development Office

Centreville, MD 21617 1-410-758-3977
1-410-827-7406

Offers rent assistance for needy individuals and families to prevent eviction.

Rental Allowance Program (RAP) - Somerset County Department of Technical and Community Services

11916 Somerset Avenue 1-410-651-1005
Princess Anne, MD 21853

Offers rent assistance for needy individuals and families to prevent eviction.



Salvation Army - Glen Burnie

Glen Burnie, MD 21061

1-410-768-0477

Offers meals, counseling, utility assistance and rental assistance services for families in need.

Salvation Army Service Unit of Calvert County

Prince Frederick, MD 20678

1-410-535-0309

Provides emergency services including rent, utilities, food, medical and clothing assistance for needy individuals and families. Counseling and referrals to maintenance/rehabilitation programs available.

Samaritan Center

Baltimore, MD 21201

1-410-659-4013

Offers a variety of services including referral, advocacy, counseling and financial assistance services to needy individuals and families in Baltimore City.

**Salvation Army
Annapolis Corps**

1-410-263-4091

1-410-269-5568

Offers food pantry, counseling, utility assistance, and daycare services for families in need.

The Shepherd's Table

Silver Spring, MD 20910

1-301-585-6463

Offers meals every night and clothing on Wednesday and Saturday mornings. The Resource Center provides counseling, prescription and transportation assistance, and mobile medical clinic on Monday night.

Shore-Up! Inc.

Salisbury, MD 21803

1-410-749-1142

Offers financial assistance, counseling and referral services to needy individuals and families.

Silver Spring & Wheton - HELP

Silver Spring, MD 20904

1-301-585-4357

Provides food, referrals to health, financial assistance, prescriptions, and baby items to children and adults.

Southwest Emergency Services

Halethorpe, MD 21227

1-410-247-8154
1-410-719-0722

Offers emergency food, clothing, rent assistance, and utilities assistance services for families and individuals with urgent needs.

The Assistive Technology Guaranteed Loan Program

Baltimore, MD 21218

1-800-832-4827

Provides financial assistance to Maryland residents with disabilities and their families who qualify for low-interest loans to buy equipment that helps them live, work, and learn more independently.

UCP of Southern Maryland - Financial Aid Program

Annapolis, MD 21401

1-410-841-2500
www.ucpa.org/ucp_localsub.cfm/83/10815

Provides direct financial help to both children and adults with disabilities (and their families), so they may realize or maintain independence. Also, provides assistance in purchasing many services and resources, including adaptive equipment, day care, home care, tuition, health services and transportation to all disabled individuals living in Southern Maryland.

Washington County Community Action Council (CAC), Inc.

Hagerstown, MD 21740

1-301-797-4161

Offers emergency services such as food and Rental Allowance Program (RAP) to needy individuals and families.

Anchor of Hope — Baltimore

Operation Blessing
8516 Stevenswood Drive
Baltimore, MD 21244

1-410-655-4995
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Private Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below)

Baltimore Gas and Electric
39 West Lexington St., Mezzanine
Baltimore, MD 21201

Tel: 410-209-1650
Fax: 410-234-5033
don.m.dasher@BGE.com

Fuel Fund of Central Maryland
305 W. Chesapeake Ave. Ste. LL65
Baltimore, MD 21204

Tel: 410-547-7157
Fax: 410-244-8795
mevanni@yahoo.com

Office of People's Counsel
6 St. Paul St., Suite 2102
Baltimore, MD 21202

Tel: 410-767-8150
Fax: 410-333-3616

Luanne P. McKenna
6 St. Paul St., Suite 2102
Baltimore, MD 21202

Tel: 410-767-8158
Fax: 410-333-3616
luanne@opc.state.md.us

Office of Home Energy Programs
311 W. Saratoga Street, Room 214
Baltimore, MD 21201

Tel: 410-767-7062
Fax: 410-333-0074
ewalker@dhr.state.md.us

Fuel Fund of Central MD
3103 Carlisle Avenue
Baltimore, MD 21216

Tel: 410-383-9009
Fax: 410-728-3821

Community Assistance Network
7701 Dunmanway
Dundalk, MD 21222

Tel: 410-887-2460
Fax: 410-887-5781

Anne Arundel County EOC
P.O. Box 1951
Annapolis, MD 21403

Tel: 410-626-1919
Fax: 410-267-9143

The SA/Cecil Heating Assistance Program
P.O. Box 195
Elkton, MD 21922-0195

Tel: 410-996-0241
Fax: 410-996-0696
srice@der.net

MASSACHUSETTS

Elderhostel

75 Federal Street
Boston, MA 02110-1914

1-617-426-8056

Provides short term, on campus, college level courses to older persons at a very low cost.

Massachusetts Department of Insurance

State Insurance Commissioners Office
470 Atlantic Avenue
Boston, MA 02210-2223

1-617-521-7794

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Massachusetts

Office of the Attorney General
One Ashburton Place
Boston, MA 02108-1698

1-617-727-2200

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Massachusetts Long-Term Care Ombudsman 1-617-727-7750

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Division of Medical Assistance
600 Washington Street
Boston, MA 02111

1-800-841-2900
1-617-210-5036
www.state.ma.us/dma

The CHIP program also known as MassHealth was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-841-2909
1-617-210-5000
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Massachusetts Medicaid Agency at the above number.

LIHEAP Assistance for Massachusetts

Department of Housing and Community Development
One Congress Street, Suite 1001 1-617-727-7004
Boston, MA 02114

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

AIDS/HIV Bureau

250 Washington Street, 3rd Floor 1-617-624-5300
Boston, MA 02108

Promotes the awareness and prevention through four units, Prevention and Education, HIV Counseling, Testing, and Clients Services, HIV Health and Residential Services.

The Department of Transitional Assistance (DTA) 1-800-531-2229

The following programs are offered through the Department of Transitional Assistance.

Transitional Aid to Families with Dependent Children - Provides time-limited cash benefits to certain families with dependent children and pregnant women in the last 120 days of pregnancy.

Emergency Aid to the Elderly, Disabled and Children - Provides cash benefits to individuals who are eligible.

Food Stamp Program - A monthly benefit which enables eligible individuals and families to purchase nutritional foods.

State Supplemental Food Program - Provides state-funded food stamp benefits to non-citizens that are not eligible for the federal Food Stamp Program due to their non-citizen status.

Emergency Assistance - May be available to needy families with dependent children under the age of 21 or to a pregnant woman without any dependent children. Can pay for three months back rent for a family if it will prevent homelessness or accommodations in a family shelter if the family is homeless.

Structured Job Search Program - Program that helps TAFDC recipients find work.

Child Care 1-800-345-0131- Provides assistance with the payment of child care for eligible Structured Job Search Program families.

Children's Medical Security Plan 1-800-531-2229 -Provides access to primary care and preventive services for children and adolescents through a health insurance program.

MassHealth 1-888-665-9993 or 1-800-841-2900 -Pays for health care for qualified people living in Massachusetts with low and medium incomes. Many people who are working or have health insurance can get help through MassHealth.

Heatline 1-800-632-8175 -Fuel assistance can help you pay for heating your house or apartment during the winter months. It can pay for fuel, or if heat is included in your rent, it can pay part of your rent.

F.O.R. 1-800-531-2229 -Provide the most up-to-date information on government programs and services. They can help you fill out forms, solve problems you are facing in getting services, and help you find other services and programs in your community.

Massachusetts Department of Social Services

24 Farnsworth Street
Boston, MA 02210

1-617-748-2400

The following are some of the programs and services that are offered through the Department of Social Services:

Emergency Food Assistance Program (EFAP) -Provides much-needed emergency food supplies to low and no-income households and individuals, as well as congregate feeding sites such as food kitchens.

Other Department of Social Services Phone Numbers to Remember

1-800-KIDS-508 - Provides information regarding adoption and foster parenting

1-800-792-5200 -Child abuse hotline

1-800-632-8218 -Payment assistance line, resolves payment questions for foster/adoption parents

1-617-727-3171 -Volunteer Case Review Ext. 451

Rental/Housing Assistance Programs

Massachusetts State Office
Thomas P. O'Neill, Jr. Federal Building
10 Causeway Street, Room 375
Boston, MA 02222-1092

1-617-565-5196

For the below listings contact

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of New England, Inc.

Building #8, 2nd Deck-427 Commercial Street 1-617-720-4949/4531
Boston, MA 02109-1027

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

USO at Logan Airport

Terminal C, Lower Level 1-617-880-8930
MA

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

USO OF PIONEER VALLEY, INC.

1820 Seawolf Avenue 1-413-593-6395
Chicopee, MA 01022-1659

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

Greater Boston Food Bank

99 Atkinson Street 1-617-427-5200
Boston, MA 02118-2701

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

The Food Bank of Western Massachusetts

97 N. Hatfield Road
Hatfield, MA 01038-0160

1-413-247-9738

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Worcester County Food Bank

1-508-842-3663

474 Boston Turnpike
Shrewsbury, MA 01545

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Massachusetts Early Intervention Program

Early Intervention Services
Department of Public Health, 4th Floor
250 Washington St
Boston, MA 02108-4619

1-617-624-5969

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

UMASS

1-508-334-1510

Provides eligible low-income individuals with free or partial free care at University of Massachusetts.

Private Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

Massachusetts Electric Co.
55 Bearfoot Road
Northborough, MA 01532

Tel: 508-421-7200
Fax: 508-421-7201
Lafleur@neesnet.com

S. Middlesex Opportunity Council
300 Howard St.
Framingham, MA 01702

Tel: 508-620-2334
Fax: 508-620-2336
billm@smoc.org



KeySpanEnergy/Bostongas
201 Rivermoor Street
West Roxbury, MA 02132

Tel: 978-322-3310
Fax: 978-322-3333

Tri-City Community Action Program
341 A. Forest St.
Malden, MA 02148

Tel: 781-322-4460
Fax: 781-324-5303
m.murphy@tri-cap.org

Citizens Energy Corporation
530 Atlantic Ave.
Boston, MA 02210

Tel: 617-338-6300 x427
Fax: 617-542-4487
heidi_heinlein@citizensenergy.com

P.A.C.E.
166 William St.
New Bedford, MA 02740

Tel: 508-999-9920
Fax: 508-999-3728
fstubbs@worldnet.att.net

Fisher, Sheehan & Colton
34 Warick Road
Belmont, MA 02178

Tel: 617-484-0597
Fax: 617-484-0594
roger@fsconline.com

MICHIGAN

State Insurance Commissioners Office

Michigan Insurance Bureau
Department of Commerce
611 W. Ottawa Street
2nd Floor, North
Lansing, MI 48933-1020

1-517-373-9273

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Michigan

Office of the Attorney General
P.O. Box 30212
525 West Ottawa Street
Lansing, MI 48909-0212

1-517-373-1110

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Michigan Long-Term Care Ombudsman

1-517-886-6797

The Long -Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Michigan Department of Public Health
Department of Community Health
P.O .Box 30479
Lansing, MI 48909-7979

1-517-335-5121
1-888-988-6300

The CHIP program also known as MICHild was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

LIHEAP Assistance for Michigan

Michigan Family Independence Agency
235 S. Grand Avenue
P.O. Box 30037
Lansing, MI 48909

1-517-335-3588
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Healthy Kids

1-888-858-5929

Provides free health insurance for mothers, babies and children.

Medical Access Program

1-517-887-4465

Assist the working uninsured families in receiving affordable health care service who reside in Ingham, Clinton or Eaton County.

Local Family Independent Agency (FIA)

1-800-543-7765
1-517-373-2035

The FIA also can assist with family needs such as food, shelter, and daily living expenses. The following programs and services are offered through FIA.

Adult Community Placement- Provides community placement for aged, physically handicapped, or developmentally disabled adults who are unable to live on their own.

Migrant Services- Provides services such as food stamps, day care, State Emergency Relief, Medicaid, hospitalization, outreach and referral to eligible migrant agricultural workers and family members.

Food Stamp Cash Out -If your family earns at least \$350 a month for three consecutive months, you may receive a check for your food stamp benefit instead of coupons.

Disability Determination Services -Determines eligibility for children and adults who are applying for Social Security and Supplemental Security Income disability program. Can also refer individuals to other agencies for job training, health services and drug or alcohol treatment.

Work First - Provides employment and training services to FIP recipients to assist them in becoming self-sufficient.

State Emergency Relief - Provides limited assistance to individuals and families in emergency situations. Some services include, but are not limited to food, household contents, migrant hospitalization, burial, relocation, house payments, property taxes, home repairs, heating fuel and utilities. Provides limited assistance to individuals and families facing emergencies threatening their health and safety.

State Disability Assistance - Provides cash assistance to disabled individuals who do not have dependent children.

Family Independence Program (FIP) -Provides cash assistance to eligible families with children. Call 1-517-373-2035 for more information.

Michigan Commission on Disability Concerns - Provides information and technical assistance services, as well as disability rights training.

Adult Independent Living Services- Provides case management, home help services and supportive services to enable the individual to remain at home.

Adult Community Placement - Provides community placement for aged, physically handicapped or developmentally disabled adults who are unable to live on their own.

HIV/AIDS Services- Provides advocacy services for individuals with HIV/AIDS including information, referrals, and coordination of FIA Services.

The Insurance Assistance Program -pays private medical insurance premiums for those who qualify.

Michigan Commission of the Blind - Assist individuals find employment and function independently in the society.

Michigan Commission on Disability Concerns - Provides information and technical assistance services as well as disability rights training.

Native American Affairs and Indian Outreach - Provides information and referral to health, education, employment, training, and housing opportunities.

Refugee Assistance Services - Provides a variety of services which include reception and placement, short-term cash and medical assistance, comprehensive employment services, foster care for unaccompanied minors, and initial health care screening.

Food Stamps- Enables eligible individuals and family assistance to purchase nutritional foods.

State Medical Program - Provides basic outpatient health care services to low income individuals who do not qualify for Medicaid or any other medical benefits.

Salvation Army 1-800-274-3583

Provides emergency shelter.

American Cancer Association 1-616-364-6121

Provides wig and medical equipment for homes to eligible persons in Grand Rapids, Michigan.

CACS Head Start and Preschool Programs 1-616-482-1504

Child care financial assistance and resources.

East Lansing Scholarship Program 1-616-337-1731

Child care financial assistance and resources.



FIA (DSS) Child Care Services

Clinton County 1-616-224-5500

Child care financial assistance and resources.

FIA (DSS) Child Care Services

Eaton County 1-616-543-0860

Child care financial assistance and resources.

FIA (DSS) Child Care Services

Ingham County 1-616-887-969

Child care financial assistance and resources.

FIA (DSS) Child Care Services

Shiawassee County 1-616-725-3200

Child care financial assistance and resources.

Lansing Scholarship Program

1-616-887-4319

Child Care Financial Assistance and Resources.

Women's Resource Center

1-616-483-1199

Child Care Financial Assistance and Resources.

Christian Services

1-616-394-5411

Clothing, Furniture and/or Emergency Needs.

Community Action

Charlotte, MI 1-616-543-5465

Clothing, Furniture and/or Emergency Needs.

Cristo Rey Community Center 1-616-372-4700

Clothing, Furniture and/or Emergency Needs.

Eaton Clothing and Furniture Center 1-616-543-4334

Clothing, Furniture and/or Emergency Needs.

Helping Hands

Charlotte, MI 1-616-543-8737

Clothing, Furniture and/or Emergency Needs.

Salvation Army

Lansing, MI 1-616-484-4424

Owosso, MI 1-616-725-7485

Clothing, Furniture and/or Emergency Needs.

St. Vincent DePaul

East Rapids, MI 1-616-663-4735

Lansing, MI 1-616-484-4228

Owosso, MI 1-616-723-4277

St. Johns, MI 1-616-224-8994

Grand Rapids, MI 1-616-452-1408

Clothing, Furniture and/or Emergency Needs.

Seventh Day Adventists

Grand Ledge, MI 1-616-627-4348

Waverly, MI 1-616-321-8283

Clothing, Furniture and/or Emergency Needs.

Volunteers of America

Lansing, MI 1-616-484-4414

Clothing, Furniture and/or Emergency Needs.



Capital Area Transportation 1-616-394-1000

Provides transportation.

CATA Rural Services 1-800-322-1390

Provides transportation.

EATRAN

Charlotte, MI 1-616-543-4087

Lansing, MI 1-616-371-3312

Provides transportation.

Spec Tran 1-616-394-6230

Provides transportation.

American Red Cross Food Distribution Center 1-616-321-6807

Provide food and nutrition assistance.

Capital Area Community Services 1-616-393-7077

Provide food and nutrition assistance.

Expanded Food and Nutrition 1-616-887-4588 (Ingham County)

Provide food and nutrition assistance.

Ingham County Food Bank 1-616-887-4357

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Laingsburg Food Bank, United Methodist 1-616-651-5531

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Self Help Garden Project 1-616-887-4307

Provides food and nutrition assistance.

Share Michigan 1-616-482-8900

Provides food and nutrition assistance.

WIC Program

Clinton County	1-616-224-7734
Eaton County	1-616-541-2630 or 1-616-485-7110
Ingham County	1-616-887-4326
Shiawassee County	1-616-743-2383

Provides food and nutrition assistance for women, infants and children.

Access 1-616-774-2175

An organization that works with churches to help find resources available to people in need.

Food Bank of South Central Michigan

5451 Wayne Road	1-616-964-3663
Battle Creek, MI 49016-0408	

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Gleaners Community Food Bank

2131 Beaufait
Detroit, MI 48207

1-313-923-3535

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of Eastern Michigan

2312 Lapeer Road
Flint, MI 48503

1-810-239-4441

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Second Harvest Gleaners Food

1250 Front Avenue, NW
Grand Rapids, MI 49504-3217

1-616-458-7856

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

BankAmerican Red Cross Food Distribution

2116 Mint Road
Lansing, MI 48906

1-517-321-6807

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of Oakland County

120 E. Columbia
Pontiac, MI 48343

1-248-332-1473

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Rental/Housing Assistance Programs

Michigan State Office (Eastern Area) 1-313-226-5500
477 Michigan Avenue
Detroit, MI 48226-2592

Grand Rapids Area Office (Western Area) 1-616-456-2127
Third Floor, Federal Building
Trade Center Building, 50 Louis Street, NW
Grand Rapids, MI 49503-2648

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

My Friends Care Bone Marrow Transplant Fund

148 S. Main Street- Suite 101 1-810-783-7390
Mt. Clemens, MI 48043 www.myfriendscare.org

Helps with fundraising for Michigan residents.

Michigan Early Intervention Program

PO Box 30008 1-517-335-4865
Lansing, MI 48909 www.earlyon-mi.org

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Children's Leukemia Foundation of Michigan

29777 Telegraph Road, Suite 1651
Southfield, MI 48034

1-800-825-2536
1-248-353-8222
www.leukemiamichigan.org

Provides financial assistance to Michigan resident with a diagnosis of Leukemia, Lymphoma, Non-Hodgkins, Hodgkins, Myeloma or Aplastic Anemia or any other malignant or potentially malignant disorder of the blood, lymphatic system or bone marrow. Listed below are the two financial programs offered:

Financial Assistance program - offers up to \$1,000 per fiscal year toward treatment costs, prescription costs, travel to and from treatment centers and wigs and head-coverings.

Special Needs Fund - offers up to \$500 (separate from the \$1,000 above) to cover the expenses that fall through the cracks of traditional financial aid programs (e.g. lodging, rent/mortgage, auto repairs, child care, etc.).

Wings of Mercy

513 East 8th Street
Suite 25
Holland, MI 49423

1-616-396-1077

Provides transportation for individuals with a medical illness to access treatment in another state.

The Rainbow Connection

14 West Huron Street
Pontiac, MI 48342

1-866-727-0013
1-248-338-7760

Fulfills the wishes of children with life threatening illnesses in the state of Michigan.

CRSP - Community Revitalization Stewardship Program

Operation Blessing
13333 E. Warren Ave.
Detroit, MI 48215

1-313-822-0898
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds

www.nationalfuel Funds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuel Funds.org/statesa-c.html (listed below):

Detroit Department of Human Services
5031 Grandy
Detroit, MI 48211

Tel: 313-852-5672
Fax: 313-852-4837

Macomb Co. Comm. Services Agency
21885 Dunham Rd
VerKuilen #10 Clinton
Township, MI 48036

Tel: 313-469-6999
Fax: 313-469-5530

Macomb Co. Comm. Svcs Agency
21885 Dunham Rd, VerKuilen#10
Clinton Township, MI 48036

Tel: 810-469-6329
Fax: 810-469-5996

Economic Opportunity Comm. of St. Clair County
108 McMorrان Blvd
Port Huron, MI 48060

Tel: 810-982-8541
Fax: 810-982-7233

SEMCO ENERGY
405 Water Street Port
Huron, MI 48060

Tel: 810-987-2200 x4185
Fax: 810-898-4098

SEMCO ENERGY
2915 Lapeer Port
Huron, MI 48060

Tel: 810-987-2200 x2021
Fax: 810-987-7140

MichCon
500 Griswold
Detroit, MI 48226

Tel: 313-256-5090
Fax: 313-256-5915

MichCon
500 Griswold
Detroit, MI 48226

Tel: 313-256-5108
Fax: 313-965-6128
hoeksemar@dteenergy.com

MichCon
500 Griswold
Detroit, MI 48226

Tel: 313-256-6601
Fax: 313-256-5915

Muskegon-Oceana Community Action
Against Poverty, Inc.
1706 Clinton Street, Suite 003
Muskegon, MI 49442

Tel: 231-725-9499
Fax: 231-722-1958

CAA of South Central Michigan
175 Main, PO Box 1026
Battle Creek, MI 49016

Tel: 616-965-7766
Fax: 616-965-1152

The Heat and Warmth Fund
1212 Griswold
Detroit, MI 48226

Tel: 313-226-9465
Fax: 313-226-9353
THAWFUND@JUNO.COM

Detroit Edison Company
26801 Northwestern Hwy Room 159
Southfield, MI 48034

Tel: 248-223-2459
Fax: 248-223-2430
lordj@dteenergy.com

The Salvation Army
PO Box 420160
Pontiac, MI 48342 Fax: 248-334-0442 tsa@tir.com

Tel: 248-334-2407

Southwest Michigan CAA
185 East Main St.
Benton Harbor, MI 49022

Tel: 616-925-9077
Fax: 616-925-9271

Consumers Energy Company
212 W. Michigan Ave
Jackson, MI 49201

Tel: 517-788-1273
Fax: 517-788-0674
ddlaskovich@consumersenergy.com

The Salvation Army
1215 East Fulton
Grand Rapids, MI 49503

Tel: 616-459-3433
Fax: 616-356-1021

Salvation Army - E. Michigan Division
16130 Northland Drive
Southfield, MI 48075

Tel: 248-443-5500
dczaplick@usc.salvationarmy.org

Inter-Tribal Council of Michigan
405 E. Easterday Ave. Sault Ste.
Marie, MI 49783

Tel: 906-632-6896
Fax: 906-632-1366
knystrom@up.net

Wayne-Metropolitan Community
Services Agency
3715 West Jefferson
Encorse, MI 48229

Tel: 313-843-2550
Fax: 313-841-7540

MINNESOTA

Minnesota Department of Commerce

State Insurance Commissioners Office 1-651-296-6025
133 East 7th Street
St. Paul, MN 55101

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Minnesota

Office of the Attorney General 1-800-657-3787
State Capital, Suite 102 1-651-296-3353
St. Paul, MN 55155

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Minnesota Long-Term Care Ombudsman 1-800-657-3591

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Minnesota Department of Public Health 1-800-657-3672
Department of Human Services 1-612-282-9921
444 Lafayette Road, Sixth Floor
St. Paul, MN 55155-3852

The CHIP program also known as the MinnesotaCare program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program

(CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-333-2433
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Minnesota Medicaid Agency.

LIHEAP Assistance for Minnesota

Minnesota Department of Children
Community Services Division
1500 West Highway 36
Roseville, MN 55113

1-651-582-8415
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Minnesota Comprehensive Health Insurance Association

1-952-593-9609

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

Aging and Adult Service Division

MN Department of Human Services
444 Lafayette Road
St. Paul, MN 55155-3843

1-888-234-3703
1-651-215-0574

The following programs and services are offered through the Division of Aging.

Minnesota Health Insurance Counseling Program (MHIC) - Provides information, counseling and assistance to Medicare eligible persons.

Adult Day Care - Provide social, recreational and health activities and services in group settings.

Transportation - Provides transportation to and from medical appointments, and other necessary appointments or errands.

Home Delivered Meals - Provides individuals unable to care for themselves with a nutritious hot meal.

Home Health Aids - Provides nursing care by registered nurses.

Alternative Care Program 1-651-296-2213 -A state-funded program that supports certain services for elderly persons. A monthly fee may be requested. Service that are available are adult day care, adult foster care, homemaker services, home health aides, personal care assistance, case management, respite care, assisted living, care-related supplies and equipment, home-delivered meals, transportation, skilled nursing, chore services, companion services, nutrition services, residential care services, training for direct informal caregivers, and telemedicine devices. For more information contact Pat James at the above number.

Elderly Waiver Program -1-651-297-1656 - Funds services for elders 65 or older who are eligible for Medical Assistance and are at risk of entering a nursing facility. Covered services include visits by skilled nurses, home health aid, homemaker, companion, personal care assistance as well as home delivered meals, adult day care, supplies and equipment, and certified community residential services such as assisted living, foster care, and residential care. For more information contact Cynthia Hendricks at the above number.

Consumer Support Grants Program -1-888-234-3703 -Provides cash grants to persons who need services in order to remain in the home and wish to purchase the service themselves. The cash assistance can be used to purchase services such as home health aid, homemaker, chore and personal care attendant services, home improvements, financial assistance programs, energy/fuel assistance, health care information, obtaining medical equipment, housing alternatives/information/counseling, legal information, nursing home information, nutrition, real estate agent referral program, taxes, transportation, telephone assistance, and voting information.

Senior LinkAGE Line 1-800-333-2433

Assists low-income seniors pay for prescription drugs. A \$35.00 monthly deductible.

Telephone Assistance Plan 1-651-282-6047

Assist low-income senior citizens with the cost of telephone services. For more information contact Bruce Bentson, Administrative Supervisor at the above number.

Department of Human Services

444 Lafayette Road North 1-651-297-3933
Saint Paul, MN 55155

The following programs and services are offered through the Department of Human Services.

General Assistance - Provides monthly cash grants to eligible individuals.

Food Stamps - Monthly benefit which enables eligible families and individuals to purchase nutritional foods.

Food Assistance Program -1-651-282-6047- Assists non-citizens ineligible for federally-funded food stamps.

MAXIS - Supports eligibility determination for Minnesota Family Investment Plan, Food Stamps, General Assistance, Minnesota Supplemental Aid, Group Residential Housing, as well as other non-medical programs. MAXIS also supports eligibility for various state and federal medical programs, including Medical Assistance, and General Assistance Medical Care.

HIV/AIDS Program-1-800-657-3761- Provides payment for medical and dental insurance premiums, including, but not limited to COBRA extension, Medicare Supplemental Policies, and conversion or individually purchase policies. Other covered services are a portion of the prescription drugs cost, routine diagnostic, preventive and corrective dental procedures, and nutritional supplements (up to \$50 a month).

Minnesota Children with Special Needs Program Services (MCSHN)

Minnesota Children with Special Health Needs 1-800-728-5420
85 E 7th Pl 1-651-215-8956
P.O. Box 64882
St. Paul, MN 55164-0882

Diagnostic services are available to any child or youth under age 21 who is a Minnesota resident and is suspected of having a chronic or disabling condition. A written application is required and

services must be prior approved. There are no family out-of-pocket expenses for this service. Third party resources will be billed when available.

Treatment Services May Include:

Chemotherapy - Dental Care - Equipment - Hearing Aids - Hospitalization - Lab Tests and X-Rays

Medical Supplies - Medications - Physician and Specialist Visits - Rehabilitation Services - Specialty Clinic Visits

Other Services provided by MCSHN are Information and Referral services for:

Educational Services - Financial Assistance - Home Health Care - Home Modifications - Legal Services

Protection and Advocacy - Service Coordination - Specialized Equipment - Summer Camps for Disabled Children

Support Groups - Transportation

Rental/Housing Assistance Programs

Minnesota State Office
220 Second Street, South
Minneapolis, MN 55401-2195

1-612-370-3135

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Additional Housing Assistance

Minnesota Housing Finance Agency

1-651-297-2361

MFHA Section 8 Housing Information - Two primary subsidized housing programs were created under Section 8 of the Housing and Community Development Act of 1974 designed to assist low and moderate-income families in need of housing. Eligible applicants qualifying for housing assistance payments pays no more than 30% of their monthly income for rent.

Section 8 New Construction - This section 8 program is administered by the Minnesota Housing and Finance Agency (MHFA) for 232 developments located throughout the State. Each management sent should be contacted individually for information about income limits, eligibility requirements, and waiting lists.

Section 8 Existing Housing - This program is not available at MHFA. It is administered by local, county, or regional housing and redevelopment authorities (HRA), and helps pay the rent on housing the applicant can find in the market. Local HRAs can be contacted for dates of application and eligibility requirements.

Additional Programs sponsored by MHFA:

Foreclosure Prevention and Assistance Program - 1-612-297-3133 - Assists individuals facing foreclosure due to a temporary financial crisis by providing case management services and, if applicable, mortgage payment, or other financial assistance on a one-time basis. The program is delivered through community-based non-profit organization. You can also contact them by email: mhfa@state.mn.us and mention Foreclosure Prevention in the subject line.

Family Homeless Prevention and Assistance Program -1-651-297-3294- Provides grants to encourage and support innovations at the county, region, or local level in redesigning the existing homelessness support system or in establishing a comprehensive system. Funds are used for a broad range of purposes aimed at preventing homelessness, shortening the length of stay in emergency shelters, and/or assisting families with securing transitional or permanent affordable housing. Call for a list of participating organizations. You can also contact by email: mhfa@state.mn.us and mention Family Homeless Prevention in the subject line.

Programs to Assist Renters/Communities -1-651-296-9836 -Rent subsidies program that links housing with social services for persons with severe and persistent mental illness. Bridges is a local housing agency, which provides housing services, and a local mental health authority, which provides other support services while persons are on waiting lists for federal or other permanent housing subsidies, operate Bridges. Call for the list of administrators around the state. You can also contact by email at mhfa@state.mn.us and mention Bridges in the subject line or message.

Housing Trust Fund -1-651-297-4294 (rental housing) -1-651-296-8843 (single family housing) - Provides deferred loans without interest for the development, construction, acquisition, preservation and rehabilitation of low-income rental housing, limited equity cooperative housing and homes for ownership through community housing organizations. Funds are available twice a year. Call for the date of the next funding round. You can also contact by email at mhfa@state.mn.us and mention Housing Trust Fund in the subject line or message.

Rental Assistance for Family Stabilization - 1-651-296-9836 – Provides rent assistance to families on public assistance who are involved in a self-sufficiency effort. The program is administered jointly by a local housing agency and local self-sufficiency effort. The program is administered jointly by a local housing agency and local self-sufficiency provider. You can also contact by email at mhfa@state.mn.us and please mention Rental Assistance in the subject line or message.

Transitional Housing Program - 1-651-297-4294 -Provides funds for the construction, acquisition, or rehabilitation of residential housing for low-income individuals and families having an immediate need for temporary or transitional housing. Funds are available once a year; call for

funding dates. You can also contact by email at mhfa@state.mn.us and mention Transitional Housing in subject line or message.

Targeted Home Fund - 1-651-297-3123 - Provides a flexible fund for rental or single family affordable or supportive housing which meets federal HOME requirements. Funding is available once a year; call for funding dates. You can also contact by email at mhfa@state.mn.us and mention Targeted Home Fund in the subject line or message.

North Country Food Bank

424 North Broadway
Crookston, MN 56716

1-218-281-7356

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of the Northern Lakes

2002 West Superior St., Suite 9
Duluth, MN 55806

1-218-727-5653

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Second Harvest North Central Food Bank

118 10th Street, SE
Grand Rapids, MN 55744

1-218-326-4420

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Greater Minneapolis

1-612-593-9844

8405 10th Avenue North
Minneapolis, MN 55427

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Channel One Food Bank

131 35th Street, SE
Rochester, MN 55904

1-507-287-2350

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Second Harvest St. Paul Food Bank

1140 Gervais Avenue
St. Paul, MN 55109

1-651-484-5117

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

HeatShare

Administered by the Salvation Army

1-800-842-7279

www.angelfire.com/mn/hshare/criteria.html

HeatShare provides emergency energy assistance on a year-round basis. Funds are used for natural gas, oil, propane, wood, electricity, and emergency furnace repairs. Assistance is limited to \$300.00.

Minnesota Early Intervention Program

Department of Children, Families and Learning 1-651-582-8436
1500 Highway 36 West
Roseville, MN 55113-4266

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Duluth & Minneapolis Love Lines

2535 Central Ave. N
Minneapolis, MN 55418

1-612-379-1199

www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.



Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Arrowhead Economic Opportunity Agency
702 Third Avenue
South Virginia, MN 55792-2797

Tel: 218-748-7334
Fax: 218-749-2944
www.aeo.org

The Salvation Army
1031 Payne Avenue St.
Paul, MN 55101

Tel: 651-771-0713
Fax: 651-771-6292
allison_uthke-scaletta@usc.salvationarmy.org

Reach Out for Warmth
Minnesota Department of Economic Security
390 North Robert Street - Annex St.
Paul, MN 55101

Tel: 651-284-3263
Fax: 651-284-3277
www.reachoutforwarmth.org

Community Action of Minneapolis
401 Second Ave. S., Ste. 500
Minneapolis, MN 55401

Tel: 612-348-8858
Fax: 612-348-9384
jmccauley@cmpls.org

Northern States Power Company
414 Nicollet Mall-RS4
Minneapolis, MN 55401

Tel: 612-330-7639
Fax: 877-488-1587
Patrick.J.Boland@nspco.com

Reliant Energy--Minnegasco
800 LaSalle Ave., Floor 11
Minneapolis, MN 55402

Tel: 612-321-4994
Fax: 612-321-4873
dorothy.i.wolke@reliant.energy.com

The Salvation Army
2445 Prior Avenue
Roseville, MN 55430

Tel: 651-295-4700
Fax: 651-746-3410
Mike_McGlone@usc.salvationarmy.org

Anoka County CAP
1201 89th Ave., NE #345
Blaine, MN 55434

Tel: 763-783-4726
Fax: 763-783-4700

Minnesota Power
30 W. Superior St.
Duluth, MN 55802

Tel: 218-722-5642
Fax: 218-722-2954
jburton@mnpower.com

Tri-CAP
700 W. St. Germain Street St.
Cloud, MN 56301

Tel: 320-251-1612
Fax: 320-251-7786

Lutheran Social Services of Minnesota
2027 S. 6th St. #102
Brainerd, MN 56401

Tel: 218-829-5000
Fax: 218-829-9217
kathleen.kennedy@lss.mn.org

LIHEAP Assistance for Mississippi

Mississippi Department of Economic
and Community Affairs
Division of Community Services
Mississippi Dept. of Human Services
750 N. State Street
Jackson, MS 39202-4772

1-601-359-4769
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Mississippi Comprehensive Health
Insurance Risk Pool

1-601-362-0799

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

Division of Aging and Adult Services

750 North State Street
Jackson, MS 39202

1-800-948-3090
1-601-359-4929
1-800-346-6347 (Dept. of Human Services)

Their mission is to keep pace with the needs of the state's older citizens and to improving their quality of life. They provide the following services:

Information, Assistance, Outreach and Local Focal Points - First Contact point for assistance.

In-Home Services - Assists with laundry, cooking and cleaning.

Senior Community Service Employment Program (SCSEP) - Identifies employment opportunities.

Transportation - Provided for seniors over 60 years old through Civic or Community groups.

Homestead Exemption - If 65 years of age or older and your home is assessed at 6,000 or less, you are exempt from paying taxes.

Mississippi Insurance Counseling and Assistance Program (MICAP) - Designed to answer questions about health insurance.

Senior Community Service Employment Program (SCSEP) - Identifies employment opportunities for elders whose income places them at or below poverty level and are unemployed or having a hard time finding a job.

Adult Day Care - provides a structured environment to elders who are unable to care for themselves.

Senior Discounts - Seniors can purchase goods and services from participating merchants at reductions averaging about 15 percent of regular prices.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Mississippi Food Network

440 W. Beatty Street
Jackson, MS 39205

1-601-353-6656

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Mississippi Early Intervention Program

State Department of Health
2423 North State St, Room 105A
PO Box 1700
Jackson, MS 39215-1700

1-601-576-7427

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

Entergy Mississippi
711 Tombigbee St., P.O. Box 1640
Jackson, MS 39215

Tel: 601-351-4354
Fax: 601-351-4460
vmabry@entergy.com

MS DHS- Div. Community Services
P.O. Box 352
Jackson, MS 39205

Tel: 601-359-4768
Fax: 601-359-4370

Hinds Co. Human Resource Agency
PO Box 22657
Jackson, MS 39225

Tel: 601-923-3930
Fax: 601-923-3925

MISSOURI

The Medicine Program

P.O. Box 515
Doniphan, MO 63935-0515

1-573-778-1118
www.themedicineprogram.com

Provides free prescription medicine to those who qualify.

Missouri Department of Insurance

State Insurance Commissioners Office
301 West High Street
6 North
Jefferson City, MO 65102-0690

1-800-726-7390
1-573-751-4126

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies. The Missouri Department of Insurance staffs a consumer hotline to assist consumers with issues involving insurers, including managed care companies.

Attorney General of Missouri

Office of the Attorney General
Supreme Court Building
207 West High Street
Jefferson City, MO 65101

1-573-751-3321

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Missouri Long-Term Care Ombudsman

1-800-309-3282

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Division of Medical Services

Department of Social Services
P.O. Box 6500
615 Howerton Court
Jefferson City, MO 65102

1-888-275-5908
1-573-751-3425
www.dss.state.mo.us/mcplus

The CHIP program also known as MC+ for Kids was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-392-2161
1-800-392-8030
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Missouri Medicaid Agency at the above number.

LIHEAP Assistance for Missouri

Division of Family Services
Department of Social Services
P.O. Box 88
Jefferson City, MO 65103

1-573-751-0472
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Missouri Health Insurance Pool 1-800-843-6447

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage in the private market.

Missouri Department of Health

Division of Chronic Disease Prevention
& Health Promotion
101 Park DeVillie Drive, Suite A
Columbia, MO 65203

1-573-876-3200

The Department of Health provides no-cost breast and cervical cancer screenings to economically disadvantaged women. Special emphasis is placed on women 50 years of age or older.

CLAIM Program

1-800-390-3330

To increase access to drugs for some patients, a number of pharmaceutical manufacturers have developed programs to help make medications more available and in some cases, free of charge.

Lions Club

1-573-635-1773

Many Lions Club chapters provide assistance for persons who need to purchase new eyeglasses. Contact your local chapter or the Missouri Lions Club Headquarters in Jefferson City at the above number for more information.

Rehabilitation Services for the Blind (RSB) 1-800-592-6004

Offers services that include rehabilitation, business enterprise, and instruction in independent living skills among others for persons with restricted vision.

Missouri Dental Association 1-800-688-1907

Offers a Senior Care Program for persons' aged 60 and older. Contact the above number to request more information and a referral to a participating dentist in your area.

University of Missouri-Kansas City School of Dentistry

650 East 25th Street 1-816-235-2010
Kansas City, MO 64108

The students at the school provide care. For more information contact the school directly.

St. Louis University School of Dentistry 1-314-577-8000

Offers help with certain procedures such as root canals, gum disease, and dental implants. For more information contact the school directly.

The State of Missouri

Department of Social Services 1-800-735-2966
221 West High Street 1-800-735-2466
P.O. Box 1527
Jefferson City, MO 65102-1527

The following are some of the programs and services that are offered through the Department of Social Services:

General Relief - Assist needy and medically unemployable adults who do not qualify under any other assistance program. To qualify you must be at least 18 years of age and physically or mentally unable to work for a period of 90 days or longer, or you must stay home to care for a family member whose medical condition makes them unable to care for themselves.

Food Stamps - Monthly benefits that assist low-income families or individuals to purchase nutritional foods.

Temporary Assistance Benefits - Provides temporary assistance to needy low-income individuals.

Aid to Families with Dependant Children - Assists children who have been deprived due to absence or incapacity of one or both parents.

Medical Assistance - Medical care for persons who are blind, aged or disabled.

Child Care - Provides assistance to low-income families who are working or are in training or continuing their education.

Division of Aging Statewide Info and Referral

Area Agency of Aging (AAA)
P.O. Box 1337
Jefferson City, MO 65102

1-800-235-5503
www.dss.state.mo.us/da/guide/da.htm

The following are some of the programs and services that are offered through the Division of Aging:

Adult Day Care - Provide structured program in a medically monitored setting to individuals who need supervision while their caretaker is gone. Participants attend the program in a scheduled basis and services may include medical care, meals, recreation, physical therapy, supervision, exercise, transportation, health screening, socialization, education, respite care, evening care and counseling.

LifeLine - Provides a minimum discount of \$3.50 on your monthly bill. Contact your local telephone company for information.

LinkUp - Provides assistance to start or restore telephone service.

Senior Community Service Employment Program (SCSEP) - Provides assistance to seniors 55 or older to gain new job skills and training as well as earn income while serving the community.

Governor's Silver Club - Seniors receive discounts from participating merchants of the price of goods. The average discount is 10%.

Social Worker - Assist seniors with locating resources and programs available.

Senior Centers - Offer hot meals to individuals and their spouses.

Home Delivered Meals - A hot nutritional meal is delivered to the home of individuals who are unable to support themselves.

Older Volunteer Service Bank - Provides respite for families who are the full time caretaker to the individual.

Senior Centers - sometimes called "Nutrition Centers" provides persons 60 years and older and their spouses voluntary contribution basis meals. Special diets may be available with a prescription from a physician.

Legal Aid - In some instances AAA hires private attorneys to provide legal assistance.

Non-Emergency Medical Transportation (NEMT) - Through an arrangement between the area for aging, the department of transportation and the department of social service. The Medicaid program can help with the cost of your transportation to medical services. You must have a Medicaid card to qualify for this free service. Friendly visiting - If you seldom leave your home and would like assistance with writing letters, reading and interrupting business mail or other social activities.

Long Distance Medical Transportation

For Radiation Therapy or Kidney Dialysis
1-800-489-9585 (Eastern)
1-800-444-8113 (Western)

Special long distance transportation to medical treatment is offered in some areas. Contact the Kidney Foundation for more information by calling their toll-free numbers.

Southeast Missouri Legal Services

P.O. Box 349
Charleston, MO 63834

1-800-748-7456

Assist seniors in need of legal assistance with situations that range from denial of benefits to estate planning. The Older American Act funds received by these offices are intended to provide legal services to persons 60 or older. Seniors in economic or social hardship are given priority.

Legal Aid of Southwest Missouri

333 Park Central East, Suite 426
Springfield, MO 65806

1-800-444-4863

Assist seniors in need of legal assistance with situations that range from denial of benefits to estate planning. The Older American Act funds received by these offices are intended to provide legal services to persons 60 or older. Seniors in economic or social hardship are given priority.

Legal Services of Eastern Missouri

4232 Forest Park Avenue
St. Louis, MO 63108

1-800-444-0514

The following is a list of offices that assist seniors in need of legal assistance with situations that range from denial of benefits to estate planning. The Older American Act funds received by these offices are intended to provide legal services to persons 60 or older. Seniors in economic or social hardship are given priority.

Legal Aid of Western Missouri

1005 Grand Avenue
Kansas City, MO 64106

1-816-474-1413

The following is a list of offices that assist seniors in need of legal assistance with situations that range from denial of benefits to estate planning. The Older American Act funds received by these offices are intended to provide legal services to persons 60 or older. Seniors in economic or social hardship are given priority.

Mid-Missouri Legal Aid

205 E. Forest Avenue
Columbia, MO 65201

1-800-568-4931

The following is a list of offices that assist seniors in need of legal assistance with situations that range from denial of benefits to estate planning. The Older American Act funds received by these offices are intended to provide legal services to persons 60 or older. Seniors in economic or social hardship are given priority.

Meramec Area Legal Aid

P.O. Box 135
Rolla, MO 65402

1-800-999-0249

Assist seniors in need of legal assistance with situations that range from denial of benefits to estate planning. The Older American Act funds received by these offices are intended to provide legal services to persons 60 or older. Seniors in economic or social hardship are given priority.

**Lawyers Reference Service of
Metropolitan St. Louis**

1-314-622-4995
1-314-889-3073

The following referral services, which are operated by the organized bar, assist individuals with selecting a private attorney. Many attorneys provide an initial consultation fee of charge or at a set fee.

Lawyer Referral Service of Greene County

1-800-392-8777
1-573-635-4128

The following referral services, which are operated by the organized bar, assist individuals with selecting a private attorney. Many attorneys provide an initial consultation fee of charge or at a set fee.

**Lawyer Referral Service of the
Kansas City Bar Association**

1-816-221-9472

The following referral services, which are operated by the organized bar, assist individuals with selecting a private attorney. Many attorneys provide an initial consultation fee of charge or at a set fee.

Circuit Breaker

Missouri Department of Revenue
P.O. Box 3022
Jefferson City, MO 65105

1-800-877-6881

Provides seniors 65 or older that qualify with Property Tax and Rent Credit assistance. Seniors must complete Form MO-SC, "Senior Citizens Income Tax Credit Claim". For more information contact the Department of Revenue.

Tax Counseling for the Elderly (TCE)

1-800-424-1040

Provides free tax assistance and return preparation to seniors 60 years or older.

Volunteers of the Tax-Aid program of the America

Association of Retired Persons (AARP) 1-913-831-6000

Provides free personal income tax preparation assistance to older low and moderate-income taxpayers.

Rental/Housing Assistance Programs

Robert A. Young Federal Building 1-314-539-6505
1222 Spruce Street, Third Floor
St. Louis, MO 63103-2836

Missouri Rural Development 1-800-332-3642
601 Business Loop 70 West
Columbia, MO 65203

Department of Housing and 1-913-551-6850
Urban Development
400 State Avenue
Kansas City, MO 66101

Missouri Housing Development Commission 1-816-759-6600
3435 Broadway
Kansas City, MO 64111

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

James S. McDonnell USO, Inc.

P.O. Box 10367
Lambert St. Louis International Airport
St. Louis, MO 63145

1-314-429-7702

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with these three programs which include: information and referral, family outreach, and emergency assistance and quality of life.

Central Missouri Food Bank

200 Pennsylvania Drive
Columbia, MO 65202-1938

1-573-474-1020

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Harvesters

1811 N. Topping
Kansas City, MO 6412

1-816-231-3173

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America. Jackson County residents should contact Mid Atlantic Coalition at 1-816-561-3339 or Grandview Assistance at 1-816-761-1919 for access to the food from Harvesters.

Boot Heel Food Bank

945 South Kings Hwy
Sikeston, MO 63801

1-573-471-1818

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Ozark's Food Harvest

615 N. Glenstone Avenue
Springfield, MO 63801

1-417-865-3411

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Second Harvest Food Bank

915 Douglas
St. Joseph, MO 64505

1-816-364-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

St. Louis Area Food Bank

5959 St. Louis Avenue
St. Louis, MO 63120

1-314-383-3335

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Missouri Arthritis Program

c/o Missouri Department of Health
201 Business Loop
70 West
Columbia, MO 65203

1-573-876-3200

Provides outreach, education and direct services to persons affected by the over 100 forms of rheumatic disease services administered by eight regional arthritis centers located throughout the state. Examples of programs for older adults include group aquatic exercises, the bone up on arthritis course for the homebound seniors, and arthritis support groups.

Community Action Agency

Jackson County, MO

1-816-358-6868

Assist eligible Jackson County individuals with electric company disconnection notices by providing financial assistance.

Energy Care

2758 Wyoming Street
St. Louis, MO 63118

1-314-773-5900

stlouis.missouri.org/501c/EnergyCare/EnergyCare.html

EnergyCare provides energy services and information for the low-income elderly, ill, disabled and young children in St. Louis County and St. Louis City.

CARONDELET COMMUNITY BETTERMENT FEDERATION, INC. (11th Ward)

6408 Michigan
St. Louis, MO 63111

1-314-752-6339
1-314-752-3896
stlouis.missouri.org/resources/ccbf.htm

Mission is to address the needs and problems in the Carondelet Community and seek. The goal also is to work closely with all active organizations in Carondelet for networking and to avoid duplication of services. Since this area has a high population of elderly, they service them as requested and as needs arise. This would include 55 years and up. At the Outreach Center the service any age, but screen them for certification as to NEEDS. You must bring proof of residence, number living in household and age (birth certificate required). However they do work with younger people in encouraging housing rehab and improvements through our 50/50 House Repair Program. This is a great need. MAJOR PROGRAMS AND SERVICES ARE LISTED BELOW :

50/50 House Repair Program has been working since January, 1995. It provides a 50% rebate to Homewoners 55 and younger who do exterior work on their houses and meet income guidelines, who live in their houses, own them and are in the 11th Ward. Contact for CCBF 50/50 House Repairs Mr. Wayne Jones

CCBF House Repair Program for Senior Homeowners who live in the Carondelet area or 11th Ward may apply for house repairs, if they own the house, live in it, are 55 years and up and have financial need to do repairs. This is funded about 70% by the Community Development Association and 30% by private industry. Contact for CCBF House Repair Program- Marsha Brann, Manager

The Carondelet Senior Center is operated at 6518 Michigan at St. Paul's Episcopal Church. It provides a hotmeal program for persons 60 Years and up and many diverse activities Monday through Fridays. People make donations for the meals. The program is funded through the Older American Assistance Program through the St. Louis Area Agency on Aging (SLAAA) and with contributions from CCBF INC. Contact for Carondelet Senior Center 6518 Michigan 63111 353-9425 Sister Mary Loran Aubuchon, Assistant Director

CCBF / St. Joseph Outreach Center located at 6322 Minnesota Avenue is a joint program funded 50% by Catholic Charities and 50% CCBF INC. We provide food distribution each Tuesday, including delivery to homebound elderly, assistance with utilities (as funding is available), counseling, home visits to elderly homebound; and many other services for those with low incomes. All ages are serviced through the Center. Contact for CCBF/St. Joseph Outreach Ctr. 6322 Minnesota 63111 351-6407 Rose Haloftis, Asst. Director

Catholic Community Service Centers

325 N. Newstead
St. Louis, MO 63108

1-314- 531-0511
stlouis.missouri.org/resources/cr_ccs26.htm

CCS Centers help individuals by direct assistance with daily needs such as food, utility assistance, clothing, housing, and health care access. The Centers also address long-term needs by offering programs for life skills education, employment counseling, health care access, and youth services.

Other Locations are:

North St. Louis City/County

CCS Central St. Louis City

Midtown CCS Cadet-Washington County

Rural CCS Festus-Jefferson, St. Genevieve, Perry, and St. Francois Co.

Rural CCS St. Charles, Lincoln, and Warren Co.

St. Charles
 CCS: North St. Louis City/County: St. Jane
 CCS: Carondelet area
 St. Joseph CCS
 South St. Louis City
 Southside CCS Vietnamese Immigrant Health Center

For more specific address information, please call (314) 531-0511

Cathedral Cooperative Child Care Center

Cathedral Mission Society
 1210 Locust St.
 St. Louis, MO 63103

1-314-231-1242
 1-314-231-7754

Serves children and their families in crisis or need and are committed to providing compassionate, comprehensive programs that lead to productive independent living. The Cathedral Child Care Center provides affordable, quality child care to low income families in the St. Louis metropolitan area.

Catholic Charities Refugee Services

2840 Wisconsin Avenue
 St. Louis, MO 63118

1-314-771-2570

Sponsors refugees who have fled their homelands to start a new life in America. Reunifications of family members as well as direct sponsorship of those who have no family in St. Louis are the prime parts of the program. Services offered are Job Development, Medical Referral, Case Management, Referral to English as a Second Language Classes, Airport Reception, Enrollment of refugee, Assistance with Housing children in local schools & Household Furnishings, Immigration Counseling, Cultural Orientation, Volunteer Activities, Assist the staff with any of the Help transport refugees to their appointments, phases of resettlement activity, Act as a translator for job interviews, medical appointments, school enrollment, etc., Contribute household goods or furnishings for the newly arrived refugees, and make a financial contribution to assist with the needs of refugees.

Catholic Commission on Housing

4140 Lindell Blvd.
 St. Louis, MO 63108

1-314-371-0138
stlouis.missouri.org/resources/cch.htm

A not-for-profit organization, with the essential mission of enabling low to moderate income families to own their own home for the first time. Various financing mechanisms are used to implement the aforementioned goal. A comprehensive motivation and training program is a required part of the homeownership process. The Commission enables approximately 100 families per year. For information or to schedule your attendance at an orientation session, please call (314) 371-0139.

Christian Service Center, Inc.

1000 N. 19th Street
St. Louis, MO 63106-3515

1-314-231-1515
1-314-241-3305
stlouis.missouri.org/resources/csc.htm

The following programs are offered:

Family Shelter - 24-hour emergency shelter for homeless single women and families in the City of St. Louis. All basic services provided to include clean beds & linens, three meals daily, laundry and shower facilities, counseling, housing placement, follow-up, medical and psychological assessment, etc.

Sanctuary Shelter - Overnight emergency shelter for homeless transient single women and families. Educational Services - Most comprehensive educational program for homeless adults in the City of St. Louis with formal instruction provided in areas of budgeting, parenting, employment, tenant/landlord issues, legal issues, nutrition, health, etc.

Youth Services - Most comprehensive program for homeless children in the City of St. Louis. Activities include: camping, sports, recreation, computer literacy, on-site 6,000 volume library, after-school tutoring, counseling, etc.

Homeless Resource Bank - Largest in-kind distribution program in St. Louis providing material goods to more than three dozen Bi-State Area shelters and charities. Items distributed include office supplies and furnishings, food, personal hygiene articles, paper products, custodial supplies, etc. 19th Street Café - Non-traditional "soup kitchen" program to benefit transients, homeless persons, and others who are hungry. Largest hot meal program in City of St. Louis. Social Services - "School Supplies 4 Kids" sponsored in cooperation with KMOV-TV, WIL-FM Radio, and Target Stores, which collects and distributes new school supplies to benefit approximately 6,000 needy youngsters annually.

Social Services - "KidsCaring 4 Kids" sponsored in cooperation with KMOV-TV, KHITS-FM Radio, and Magna Banks which collects and distributes food and toys to benefit approximately 8,000 children and their families annually.

Social Services - "Warm Wishes" sponsored in cooperation with more than twenty local hotels and motels, which collects and distributes more than 10,000 blankets and comforters annually to those in need.

COMMUNITY BLOCK UNIT NO. 142

2337 St. Louis Ave.

1-314- 621-0850

Our primary service area is from Martin Luther King Dr. to Jefferson Ave.; and Natural Bridge Ave. to N. Florissant. Services include food for the hungry, assistance in finding employment and assistance in finding housing.

ENERGY ASSISTANCE

This directory below provides you with information about energy assistance programs available in St. Louis City. You should use this guide for general information and for direction in the program that best fits your needs. For information contact your local Department of Social Services, Division of Family Services (DFS).

The Cold Weather Rule The Missouri Public Service Commission's Cold Weather Rule prohibits disconnection of residential service during the time period November 1 to March 31 if you take the appropriate action. For more information call: Union Electric Co. (24 hour telephone service, 7 days a week) St. Louis City/County 342-1111 Laclede Gas 621-6960

Low Income Home Energy Assistance Program (LIHEAP) A federally funded program which assists low-income households one time each winter (November 1 - March 31) with home heating costs. Your heating bill does not have to be in arrears. Benefits are based on number of people in the household, household income, and type of fuel used to heat the home. Eligibility is determined by the Missouri Department of Social Services, Division of Family Services. For more information on how to apply or for help filling out the application call: St. Louis City/County 340-7600 The last day to apply for a grant is March 31 of each year.

Energy Crisis Intervention Program (ECIP) Provides direct assistance once each winter to Missouri clients whose utility services are off or in threat of disconnection.

Dollar More A program sponsored by Union Electric Company and administered by the United Way of Greater St. Louis. DOLLAR MORE provides assistance with utility bill payments to prevent cut-off or to restore electric service as a supplement to a federal or state grant. Priority recipients are low-income, elderly, handicapped or persons with special needs.

Dollar Help A non-profit corporation supported by Laclede Gas Company that provides private funds to low-income, elderly, and disabled households which have received a LIHEAP grant, but need additional help. DOLLAR HELP grants are used to prevent the cut-off of the households home heating source or to restore the primary heating source. DOLLAR HELP is available only if you have qualified for LIHEAP. To find out if you are eligible for ECIP, DOLLAR HELP and/or DOLLAR MORE funds call: St. Louis City & Wellston Residents Human Development Corporation (HDC) 652-5100 St. Louis County Residents Metroplex, Inc. 863-0015

For Other Assistance: To help prevent utility cut-off, obtain warm clothing, food and information or emergency housing contact: St. Vincent de Paul Society at 531-2183, Catholic Charities Dial Help at 371-4357, Urban League Outreach Center at 289-0365, Lutheran Family & Children Services at 534-1515, EnergyCare at 773-5900, New Life Evangelistic Center at 421-3020, Salvation Army at 534-1250, Senior Home Security at 531-9779, United Way at 421-4636, TDD: 539-4010

Qualifying low-income homeowners and renters within the area are eligible to receive assistance in the form of weatherization improvements to their homes through their local community action agencies. Elderly and handicapped persons are given preference. The improvements include caulking, water heater jackets, weather-stripping and insulation., For information call: Urban League Outreach Center 289-0365 Metroplex 863-0015 ‘

Family Care Health Centers

Administrative Offices	1-314-481-1615
6827 S. Broadway	1-314-353-1310
St. Louis, MO 63111	

Family Care Health Centers offers complete health services for men, women, and children of all ages.

Family Care Health Center at Alexian Brothers Hospital: providing primary medical services in southeast St. Louis City. 3846 Ohio Ave. St. Louis, MO 63118 Phone: (314) 865-2539

Family Care Health Center of Carondelet: facility providing primary medical and social services in the Carondelet community in southeast St. Louis City. 6313 Michigan Ave. St. Louis, MO 63111 Phone: (314) 353-5190 Family

Family Care Health Center Dental Office: providing direct dental services in the Carondelet community. 422 Wilmington Ave. St. Louis, MO 63111 Phone: (314) 353-372

Family Care Health Center of Forest Park Southeast: providing primary medical and social services in the Forest Park Southeast community in mid St. Louis City. 4352 Manchester St. Louis, MO 63110 Phone: (314) 531-544

Family Care Health Centers-Deaconess-South County: serves both as a primary medical facility as well as a training site for Deaconess Health Systems Family Medicine residency program. 2938 Telegraph Rd. St. Louis, MO 63125 Phone: (314) 845-6515

Franciscan Connection

2903 Cherokee Street
St. Louis, MO 63118

1-314-773-8485
stlouis.missouri.org/resources/crcfrncon.htm

Financial assistance is offered in the form of vouchers for utilities. Limited financial aid for utilities for those residing on designated streets in zip code areas: 63111 (Meramec, River, Walsh, and Grand Blvd.) and 63118 (Sidney, Jefferson, Meramec, and Grand Blvd.).

Hosea House

2635 Gravois
St. Louis, MO 63118

1-314-773-5438
stlouis.missouri.org/resources/comreshh.htm

Hosea House is an interfaith agency that provides direct service to needy families in south St. Louis. The agency offers assistance in times of emergency need. Below is a listing of services provided:

Bulk purchasing program for local food pantries.

Distribution of hygiene products, clothing, shoes, household goods, furniture, heaters, fans, and blankets

New Mother's Project -Distribution of baby food and formula, layette packets, baby clothing and infant cribs and car seats.

TOPS -On-site teen and high-risk pregnancy outreach program

Tutoring in reading, writing and math for adults and children through the Parent/Child Education Center

On-site "family" literacy program in collaboration with Missouri LIFT - Scholarships to summer camps for children

Payment of family rent and utility bills through the Homelessness Prevention program - Employment and job readiness training

Employment referrals and job pool

Thrift Store

Payment for medical prescriptions

Bus passes Rural/urban nutritional linkage project, which provides families with the means to purchase Missouri-grown produce at a low cost.

Joint Neighborhood Ministry

Epiphany United Church of Christ Main
Office and Family Assistance Center
2911 McNair
St. Louis, MO 63118

1-314-771-3987
stlouis.missouri.org/resources/cr_jnm26.htm

Joint Neighborhood Ministry has delivered services to low-income families in the Benton Park Neighborhood in south St. Louis. Listed below are services offered.

Food Pantry: distributes a 3-day supply of canned goods, bread, and meat to 350-450 families monthly

Family Advocate: helps families to plan to escaping from poverty and establishing self-sufficiency. The program also provides funding for assistance in common poverty-related emergencies, such as utility shut-offs and evictions.

Joint Neighborhood Ministry

Curby Memorial Presbyterian Church
Preschool and Youth Programs
2621 Utah
St. Louis, MO 63118

1-314-771-0242
stlouis.missouri.org/resources/cr_jnm26.htm

Joint Neighborhood Ministry has delivered services to low-income families in the Benton Park Neighborhood in south St. Louis. Listed below are services offered.

Food Pantry: distributes a 3-day supply of canned goods, bread, and meat to 350-450 families monthly

Family Advocate: helps families to plan to escaping from poverty and establishing self-sufficiency. The program also provides funding for assistance in common poverty-related emergencies, such as utility shut-offs and evictions.

People's Health Centers, Inc.

5701 Delmar Blvd.
St. Louis, MO 63112

1-314-367-7848
1-314-367-5637
stlouis.missouri.org/resources/phc.htm#SERV

Provide care to patients of all ages. PHC's perinatal services work to combat infant mortality, low birth-weight babies, teenage pregnancies, and inadequate prenatal care. The Centers' comprehensive medical services include: pediatrics, internal medicine, obstetrics and gynecology, podiatry, dentistry and radiology. In addition to its perinatal programs, the Centers offer other preventive programs to combat substance abuse and to foster health promotion and nutrition.

Society of St. Vincent De Paul of St. Louis

4141 Forest Park Avenue
St. Louis, MO 63108

1-314-531-2183
1-314-531-6712

Provides care and concern along with food, rent, burial services to the indigent or utility assistance within the physical boundaries of each parish. As well as the following services listed below.

St. Louis Regional Medical Center

5535 Delmar Blvd.
St. Louis, MO 63112

1-314-361-1212
stlouis.missouri.org/resources/hcslrmmc.htm

Both city and county contracted with Regional from 1985 to 1995 to provide acute care to their residents, regardless of their ability to pay. While those contracts have expired, Regional continues to provide care to city and county residents. Regional's contract with the City to operate four primary care centers is being renewed. Listed below are services supplied:

Specialty Outpatient Services: In clinics attached to the hospital, Regional offers outpatient services in: Urology - Plastic Surgery - Ear/Nose/Throat - Neurology - Surgery - Gynecology - Colposcopy - Orthopedics - Podiatry - Infectious Diseases - Hematology/Sickle Cell - Oncology - Cardiology -

The St. Luke's Ambulatory Care Group (ACG), also attached to the hospital, offers specialty services in: Arthritis - Pulmonary Diseases - Cardiology - Kidney Disease - Gastroenterology - Internal Medicine -Health Protection Pediatrics - Obstetrics -

Transportation: Regional's fleet of 13 vehicles provides door-to-door service for elderly or disabled patients who need transportation to their clinics.

Missouri Early Intervention Program

Department of Elementary & Secondary Education 1-573-751-0185
State Department of Education www.dese.state.mo.us/divspeced/First Steps/index.htm
PO Box 480
Jefferson City, MO 65102-0480

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Missouri Assistive Technology Project 1-800-647-8557

Can help you find the devices you need to continue doing the things you have always done.

Living Faith Foursquare Church

Operation Blessing
10909 Midland Blvd.
St. Louis, MO 63114

1-314-423-1800
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Laclede Gas Company
720 Olive St., Suite 824
St. Louis, MO 63101

Tel: 314-342-0669
Fax: 314-436-3166
gthirdkill@lacledegas.com

EnergyCare
2758 Wyoming Avenue
St. Louis, MO 63118

Tel: 314-773-5900
Fax: 314-773-5983

Salvation Army
Midland Division
Knox P.O. Box 21787
St. Louis, MO 63109

Tel: 314-646-3000
Fax: 314-646-3201

Human Development Corp. of St. Louis
4548 Martin Luther King Dr.
St. Louis, MO 63113

Tel: 314-535-7633
Fax: 314-535-7638
jackiehdc@stlnet.com

Catholic Charities
1112 Broadway
Kansas City, MO 64105

Tel: 816-756-1858 x 561
Fax: 816-756-5022

Metropolitan Lutheran Ministry
3031 Holmes
Kansas City, MO 64109

Tel: 816-931-0027
Fax: 816-931-3511
mlmdfc@crn.com

Mid-America Assistance Coalition
One West Armour Blvd., #20
Kansas City, MO 64111

Tel: 816-561-2727
Fax: 816-561-7277
maacexec@coop.crn.org

Missouri Gas Energy
3420 Broadway
Kansas City, MO 64111

Tel: 816-360-5759
Fax: 816-360-5594

The Salvation Army
3637 Broadway
Kansas City, MO 64141

Tel: 816-756-1455
Fax: 816-931-7944
deborah_abner@usc.salvationarmy.org

The Salvation Army
3637 Broadway
Kansas City, MO 64141

Tel: 816-756-1455
Fax: 816-931-7944
kevin_ellers@usc.salvationarmy.org

MONTANA

State Insurance Commissioners Office

126 North Sanders
270 Mitchell Building
Helena, MT 59601

1-406-444-2040

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

State Auditor and Commissioner of Insurance

P.O. Box 4009
Helena, MT 59604-4009

1-406-444-2511

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Montana Long-Term Care Ombudsman

1-406-444-4676

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Health Policy and Services Division

Department of Public Health and Human Services
1 Cogswell Building, 1400 Broadway
P.O. Box 202951
Helena, MT 59620-2951

1-800-421-6667
1-406-444-4144

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-406-444-7781
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Montana Medicaid Agency.

LIHEAP Assistance for Montana

Montana Department of Economic
and Community Affairs
Division of Family Assistance,
Dept. of Public Health & Human Services
P.O. Box 4210
Helena, MT 59604-4210

1-406-447-4260
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Weatherization Program

1-406-447-4260

Provides funding for installation of Weatherization materials to reduce heating cost for low-income individuals.

Risk Pools

Montana Comprehensive Health
Insurance Association

1-406-444-8200

Provides Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

Department of Public Health & Human Services

1400 Broadway
Helena, MT 59620-2952

1-406-444-5902

The following programs and services are offered to eligible individuals residing in Montana.

Temporary Assistance for Needy Families (TANF/FAIM) - Provides payments to low-income families and children who meet income and resource eligibility standards. FAIM also provides employment and training assistance and other employment based support services.

FAIM Day Care - Provides families that are in training or participating in a job program with child care.

Intensive Needs Services -1-406-443-7370 -Provides support services for families of children (up to age 22) who have very severe disabilities. The primary goal of the program is to enable families to keep their child or young adult in the family home. Services available under this program include things such as home modifications, habilitation and expanded respite care services. For more information on this program contact your local developmental disabilities program office or Family Outreach Inc. listed above.

Impaired -Related Work Expenses - An impaired individual may be eligible deductions if he or she meets the SSA definition of disability; and because of a physical or mental impairment, requires assistance (services, medical devices, etc.) in order to work.



Family Investment Program (FIP) - (replacement for Aid to Families with Dependent Children) Provides cash payments and usually Medicaid health care coverage to families with dependent children and limited income and resources.

Patient Medication Assistance Program (PMAP) -Helps eligible patients obtain medications from pharmaceutical companies at no cost.

Health Care Benefits Assistance Program (HCBAP) -Assists patients and families in completing applications for entitlement (Medicaid) and categorical (Disability) programs, seeking waivers, tracking applications, and appealing denials.

Food Stamps/ Citizens Advocate 1-800-332-2272

A monthly benefit for low-income individuals and families to enable them to purchase nutritional food.

WIC 1-800-433-4298

A supplemental program for women, infants and children. Provides a cereal, formula, juice, eggs, cheese, and some produce at no cost.

Disability Services Division

111 Sanders Suite 307 1-406-444-2590
PO Box 4210
Helena, MT 59604-4210

Provides services such as institutional care, residential services, case management and home bases services. The Disability Services Division as provides employment outcome related service, such as counseling and guidance, career training, transportation, job placement, and supported employment. The following legal services are also provided through the Disability Service Division.

American with Disabilities Act/ Accessibility Technical Assistance - Provide individuals with information regarding their rights and responsibilities under the Americans with Disabilities Act (ADA).

Individual and Systems Advocacy - Assist persons with disabilities identify their independent living needs, develop an individual plan of action to meet those needs, share resource information, and facilitate problem-solving skills necessary for ensuring an independent and self-determined lifestyle.

Parents Let's Unite for Kids (PLUK) - A private, nonprofit organization formed by parents of children with disabilities and chronic illnesses in the state of Montana for the purpose of information, support, training and assistance to aid their children at home, school and as adults.

Montana Advocacy Program (MAP) - A non-profit corporation that administers five Protection and Advocacy programs that advocate the rights of individuals with disabilities. . MAP's staff includes professional advocates and attorneys.

Client Assistance Program (CAP) - This federally funded program's main goal is to identify, explain, and resolve any problems you may be having with your rehabilitation program as quickly as possible.

Rural Institute on Disabilities (Statewide Focus) - Assists in the provision of interdisciplinary training, research, service demonstration programs, leverage of funds, and information dissemination which increases and supports the independence, productivity, and inclusion into the community of persons with developmental disabilities.

Montana Center on Disabilities (Statewide Focus) - Dedicated to promoting the inclusion of people with disabilities of all ages and cultural backgrounds into their communities.

University of Montana Disabled Student Services (University only) - Provides program access to the University by students with disabilities. We coordinate and provide reasonable accommodations, advocate for an accessible and hospitable learning environment, and promote self-determination on the part of the students we serve.

Mental Disabilities Board of Visitors - Consists of five members appointed by the Governor to review care at Montana's institutions for the mentally ill and the developmentally disabled, and care at Montana's community mental health centers. They also provide legal representation at Montana State Hospital.

Volunteer Income Tax Assistance and Tax Counseling for the Elderly 1-406-444-6900

Free programs designed to help low-income and senior citizens prepare their federal and state income tax returns.

Disaster and Emergency Services

P.O. Box 4789- 1100 North Main 1-406-841-3911
Helena, MT 59604-4789

Montana DES will take the lead in coordinating comprehensive emergency management in Montana.

Montana State Government Telephone Directory

Aging Hotline	1-800-332-2272
AIDS Hotline	1-800-233-6668
Montana AIDS Hotline	1-800-233-8092
ASK-A-NURSE	1-800-542-0259
Children's Special Health Services	1-800-762-9891
Disability Determination Services	1-800-545-3054
Home Health Hotline	1-800-762-4618
Montana Telecommunications Access Program	1-800-833-8507
Relay Center -To call a hearing person	1-800-253-4091



Relay Center - To call a hearing-impaired person 1-800-253-4093

TDD/TTY (Hearing and Speech Impaired) 1-800-335-7592

Rental Assistance

Senior Community Builder 1-406-441-1298
HUD Helena Office
301 S. Park, Room 464
Helena, MT 59626-0095

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Montana Early Intervention Program

Division of Disability Services 1-406-444-2995
Department of Public Health and www.dphhs.state.mt.us/dsd/govt_programs
Human Services
PO Box 4210
Helena, MT 59604-4210

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

NEBRASKA

State Insurance Commissioners Office

Terminal Building
941 'O' Street
Lincoln, NE 68509-8920

1-402-471-2201

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Nebraska

Office of the Attorney General
State Capital
P.O. Box 98920
Lincoln, NE 68509-8920

1-402-471-2682

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Nebraska Long-Term Care Ombudsman

1-402-471-2307

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Kids Connection Program Manager

HHS Finance and Support
P.O. Box 95026
Lincoln, NE 68509-5026

1-877-NEB-KIDS

1-402-471-9380

The CHIP program, also know as Kids Connection was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-234-7119

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Nebraska Medicaid Agency.

LIHEAP Assistance for Nebraska

Department of Social Services
301 Centennial Mall South, 5th Floor
P.O. Box 95026
Lincoln, NE 68509

1-402-471-9262

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Department of Health and Human Services

P.O. Box 95044
Lincoln, NE 68509-5044

1-402-471-9431

The following programs are offered through the Department of Health and Human Services.

Aid for Dependent Children (ADC) - Provides cash assistance to low-income families with minor children. ADC income is used to pay for family living expenses ex: rent, utilities, food, clothing, and other necessities.

Food Stamps - A monthly benefit which enables individuals and families to purchase nutritional foods.

Child Care Subsidy - Provides assists with paying for childcare to enable the caretaker to work.

Panhandle Community Services

3350 10th Street
Gering, NE 69341

1-308-635-3089

Provides emergency aid vouchers for food, rent, utilities, gas, and prescriptions. As well as health services on a sliding scale. The areas served are Scotts Bluff, Cheyenne, Morrill, Kimball, Garden, Deuel, and Banner.

Panhandle Community Services

509 W. 5th Street
P.O. Box 35
Kimball, NE 69145

1-308-235-3048

Serves Kimball and Banner counties with vouchers for food, rent and utilities (only when FEMA money is available).

Bitner Warner Foundation Help Fund

290035 Main Road
Minatare, NE 69356

1-308-635-3941

Serves Scotts Bluff county. Assists persons and families with disabilities with information, referral and financial assistance for medical evaluation and therapy, equipment and transportation.

Housing Authority of the County of Scotts Bluff

89A Woodley Park Road
Gering, NE 69341

1-308-635-3787

Provides housing for low-income households residing in Scotts Bluff County.

Valley Christian Neighbors in Needs

2314 3rd Avenue
Box 349
Scotts Bluff, NE 69361

1-308-632-8417

Provides emergency financial aid for paying rent, gas, electric and rental assistance of small houses for emergency housing.

Rental/Housing Assistance Programs

Nebraska State Office
Executive Tower Center
10909 Mill Valley Road
Omaha, NE 68154-3955

1-402-492-3137

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Food Bank of Lincoln

4840 Doris Bair Circle
Suite A
Lincoln, NE 68504-1465

1-402-466-8170

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

The Nebraska Food Bank

6824 J Street
Omaha, NE 68117-1016

1-402-331-1213

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Nebraska Early Intervention Program

Special Education Office
Nebraska Department of Education
PO Box 94987
Lincoln, NE 68509-4987

1-402-471-2463

www.nde.state.ne.us/ECH/ECSE/ecse.html

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

The Salvation Army-Western Div.
3612 Cuming St.
Omaha, NE 68131

Tel: 402-554-5991
Fax: 402-554-5962
kreeder@radiks.net

NEVADA

State Insurance Commissioners Office

1665 Hot Springs Road
Carson City, NV 89710

1-775-687-4270

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Office of the Attorney General

Old Supreme Court Building
100 North Carson Street
Carson City, NV 89701

1-775-684-1100

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Nevada's Disability Advocacy & Law Center, Inc.

Main Office
6039 Eldora Avenue
Suite C- Box 3
Las Vegas, NV 89146

1-888-349-3843

A federally mandated protection and advocacy system for the human, legal, and service rights for individuals with disabilities.

Nevada's Disability Advocacy & Law Center, Inc.

Northern Office
1201 Terminal Way, Suite 219
Reno, NV 89502

1-800-992-5715

A federally mandated protection and advocacy system for the human, legal, and service rights for individuals with disabilities.

Client Assistance Program

2450 Wrondel Way, Suite E
Reno, NV 89502

1-775-688-1440

Provides information across Nevada about benefits and services to individuals under the Americans with Disabilities Act and about all available benefits and services under the Rehabilitation Act.

Nevada Long-Term Care Ombudsman 1-702-486-3545

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Office of Health Management

Department of Health Care Financing & Policy 1-800-360-6044
2527 North Carson Street 1-702-687-4176 Ext. 247
Carson City, NV 89710 www.insurekidsnow.gov/childhealth/states/fs_nv.asp

The CHIP program also known as the Nevada Check Up program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid 1-800-307-4444
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Nevada Medicaid Agency.

Baby Your Baby 1-800-4-BYB-NOW

To help pregnant women in Nevada obtain early and continuous prenatal care. Also assists children up to 5 years of age find healthcare. Also helps find financial assist, a baby car seat, immunization and more.

Women's Health Connection

Breast and Cervical Cancer Program 1-775-684-5920
State of Nevada, Department of Human Resources www.health2k.state.nv.us
Health Division, 505 East King Street, Room 103
Carson City, NV 89701

To reduce breast cancer mortality and the incidence of cervical cancer thereby enhancing the quality of life for Nevada women and their families through collaborative partnerships, health education, and access to high quality screening service and therapeutic care. Women age 40 and above who meet criteria are eligible for clinical breast exams, pelvic exams, pap smears, mammograms and some additional diagnostic services.

LIHEAP Assistance for Nevada

Nevada Department of Human Resources
State Welfare Division
559 S. Saliman Road, #101
Carson City, NV 89701-5040

1-775-687-6919

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Division of Aging Services

687-4210 (Carson City)
688-2964 (Reno)
486-4690 (Las Vegas)

Provides a number of programs and services to eligible senior citizens. Such as transportation, home-delivered meals, and assistance with every day living.

Child and Family Services Division

684-4429 (Carson City)
688-2600 (Reno)
486-7650 (Las Vegas)

Provides mental health treatment, early childhood services, intensive family services, as well as child protection.

AIDS Hotlines

AIDS 24-Hour	1-800-842-AIDS
Immunization 24-Hour	1-800-270-3290
Women's Health	1-888-463-8942

Food Stamp Program

687-4760 (Carson City)
688-2200 (Reno)
486-5000 (Las Vegas)

Provides monthly benefits to enable eligible families and individuals to purchase nutritious food.

WIC

1-702-684-4285

Supplemental program for women, infant and children. Provides cereal, milk, cheese, formula, produce, and juices.

Community Food Bank of Clark County

4601 E. Cheyenne Avenue
Las Vegas, NV 89115

1-702-643-0074

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of Northern Nevada

994 Packer Way
Sparks, NV 89431-6441

1-702-331-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Nevada Early Intervention Program

Nevada Department of Education
1820 East Sahara
Suite 208
Las Vegas, NV 89104

1-702-486-6454

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Lions Eye Foundation

1-415-923-3950

Alternate Phone:

Provides complete surgical eye care for people with low income or no insurance. Serves all of California and parts of Nevada.

Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

Southwest Gas Corporation
PO Box 98510
Las Vegas, NV 89193

Tel: 702-364-3297
Fax: 702-220-4736

NEW HAMPSHIRE

New Hampshire Area Office

Federal Building
Norris Cotton
275 Chestnut Street
Manchester, NH 03101-2487

1-603-666-7493

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

State Insurance Commissioners Office

56 Old Suncook Road
Concord, NH 03301-7317

1-800-852-3416
1-603-271-2261

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of New Hampshire

Office of the Attorney General
State House Annex
25 Capital Street
Concord, NH 0331-6397

1-603-271-3658

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Civil Practice Clinic

2 White Street
Concord, NH 03301

1-603-225-3350

Provides legal services for Landlord/Tenant, Consumer and Family Problems.

Public Utilities Commission

NH Pro Bono
Legal Advice & Referral Center

1-800-852-3793

Provides legal assistance for hearings on utility shutoffs.

New Hampshire Pro Bono

112 Pleasant Street
Concord, NH 03301

1-800-639-5290

Provides free legal services to low-income persons.

Legal Advice & Referral Center

1-800-639-5290

Provides legal assistance.

Senior Citizens Law Project

Senior Advice Line
1361 Elm Street
Suite 307
Manchester, NH 03101

1-888-353-9944
1-603-624-6000

Free legal services for clients over 60.

New Hampshire Long-Term Care Ombudsman

1-603-271-4375

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Office of Health Management

Department of Health & Human Services 1-877-4NH-CHIP
6 Hazen Drive 1-603-271-6521
Concord, NH 03301-6505

The CHIP program also known as Healthy Gold and Healthy Kids Silver was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-603-225-9000
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the New Hampshire Medicaid Agency at the above number.

NH Healthy Kids

1-800-545-9635

Non-profit, low cost medical and dental insurance for New Hampshire children, established by a special legislative act.

The Medicine Program

1-573-778-1118

Provides free prescription medicine to those who qualify.

Catastrophic Illness

1-800-852-3345 Ext. 4526

Provides \$2,000 a year to low-income residents who require extensive treatment for cancer, cystic fibrosis, end-stage renal disease, hemophilia, or spinal cord injury.

LIHEAP Assistance for New Hampshire

Fuel Assistance Program Manager 1- 603-271-8317
Governor's Office of Energy And Community Services
57 Regional Drive
Concord, NH 03301-8519

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Weatherization Assistance Program

1-603-271-2611

Funds energy improvements in homes of low-income households.

Senior Elderly Assistance Service 1-603-271-2611

Provides a one-time grant up to \$250.00 towards heat to elderly people who are not income eligible for Fuel Assistance but have a compelling need. You can apply at your or Governors Office of Energy and Community Services at the above number or local Community Action Program (CAP).

New Hampshire Help Line

P.O. Box 1016
2 Industrial Park Drive
Concord, NH 03301

1-800-852-3388
www.nhhelpline.org

The Help Line is a twenty-four hour telephone service. The following are services provided:

Assistance in locating basic needs such as food, housing, financial assistance, utilities, etc.

Assistance in locating emergency shelter.

Help for families facing eviction.

Crisis aid involving suicide, child or adult abuse, alcohol or drug abuse and domestic violence.

Assistance for unemployed people.

Information and assistance on Medicare, Medicaid, Medigap, and Long Term Care insurance for New Hampshire's elders and disabled.

Referrals to appropriate agencies for help in solving any problem.

Local Town and City Welfare Department

Offers direct relief to low-income individuals in the form of vouchers paid directly to vendors for such needs as food, rent, and utilities. For more information contact the number below or check under "Government, City/Town" in the Yellow Pages for the phone number. In smaller towns contact the Board of Selectman or Town Office for details.

Keene 1-603-357-9809	Littleton 1-603-444-3995
Conway 1-603-447-3811	Nashua 1-603-594-3317
Dover 1-603-743-6031	Laconia 1-603-527-1267
Manchester 1-603-624-6484	Portsmouth 1-603-431-2000
Claremont 1-603-542-7007	Berlin 1-603-752-2120
Concord 1-603-228-8577	Salem 1-603-890-2130

Division of Family Assistance 1-800-852-3345, Ext. 4580
1-603-271-4580

Provides "The Assistance Handbook," a listing of critical resources for people in need, which includes numerous services, which are listed below.

Food Stamp Program -Provides monthly assistance to low-income families and individuals for purchasing nutritional foods.

Temporary Assistance for Needy Families (TANF) - Provides financial and medical assistance to single parents or to two parent households in which one parent is disabled or unemployed.

Aid to the Permanently and Totally Disabled (APTD) - Provides financial and medical assistance to persons between the ages of 18 and 64 and are permanently and totally disabled.

Old Age Assistance (OAA) - Provides financial and medical assistance to persons who are 65 years of age or older.

Aid to the Needy Blind (ANB) - Provides financial and medical assistance to blind individuals who are unable to provide for themselves.

Medical Assistance - Provide payment for medical expenses to pregnant women, children under age 19 under the CHIP program, individuals who have Medicare coverage by paying for Medicare premiums, co-insurance and deductibles. Regardless of income, Medical Assistance may be available to help those with high one-time or ongoing medical expenses.

Child Care - Assists with the payment of child care cost, so parent can work, attend school, seek employment or are in a training program.

Women, Infants and Children (WIC) 1-800-WIC-4321
1-603-271-4546

Special Supplemental program for Women, Infants and Children up to the age of 5.

Commodity Supplemental Food Program (CSFP) 1-800-WIC-4321
1-603-271-4546

Provides supplemental nutrition food to children up to 6 years old, elderly aged 60 or older, and pregnant and postpartum women.

SERVE New England 1-800-603-4855

Helps food stamps go twice as far by providing monthly cooperative buying programs where you can buy a package of frozen meats, fresh fruits, and vegetables at about half the grocery store prices. The only qualification is 2 hours of volunteer work anywhere you like for each package purchased.

Rental/Housing Assistance Programs

New Hampshire Area Office
Federal Building 1-603-666-7493
275 Chestnut Street
Manchester, NH 03101-2487

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled. 1-800-439-7247

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

New Hampshire Coalition for the Homeless 1-800-852-3388

Acts as referral agency for the homeless and needy.

NH Public Utilities Commission 1-800-852-3793

A monthly phone credit of \$5.25 to anyone who is eligible for Medicaid, Food Stamps, Supplemental Security Income (SSI), Federal Public Housing Assistance, or low income Home Energy Assistance.

NH Department of Agriculture 1-603-271-3697

Provides reduced cost pet neutering if you qualify.

Home Budgeting 1-800-327-6778

Provides a Consumer Credit Counseling Service that offers free counseling for households in the management of their incomes.

New Hampshire Food Bank

62 West Brook Street
Manchester, NH 03101-1215

1-603-669-9725

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

New Hampshire Early Intervention Program

Department of Health and Human Services 1-603-271-5122
Division of Developmental Services
105 Pleasant Street
Concord, NH 03301

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

New Hampshire Dental Society 1-603-225-5961

Provides dental services on a sliding fee scale.

Dartmouth-Hitchcock Medical Center

One Medical Center Drive 1-603-650-7340
Lebanon, NH 03766

Offer a financial assistance for services at Dartmouth-Hitchcock to qualified individuals. To determine eligibility an application must be filed.

High Hopes Foundation of New Hampshire, Inc.

P.O Box 172 1-800-639-6804
North Salem, NH 03073 www.highhopesnh.org

Grants the wishes of New Hampshire children with debilitating chronic illnesses or life-threatening diseases.

Fuel Funds www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Neighbor Helping Neighbor Fund Tel: 603-669-4000
PO Box 330 Fax: 603-624-6864
Manchester, NH 03105

Tri-County Community Action Tel: 603-752-7105
30 Exchange St. Fax: 603-752-8041
Berlin, NH 03570 kmccosh@tccap.org



NEW JERSEY

New Jersey Department of Insurance

State Insurance Commissioners Office 1-609-292-7272
20 West State Street
CN325
Trenton, NJ 08625

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of New Jersey

Office of the Attorney General 1-609-292-4925
Richard J. Hughes Justice Complex
265 Market Street, CN 080
Trenton, NJ 08625

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

New Jersey Long-Term Care Ombudsman 1-877-582-6995

Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Department of Human Services

Office of New Jersey KidCare 1-800-701-0710
P.O. Box 712 1-609-588-2600
7 Quakerbridge Plaza
Trenton, NJ 08625-0712

The CHIP program also known as NJKidCare was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid 1-609-588-3139
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary services. For general information on services contact the New Jersey Medicaid Agency.



Home Energy Assistance Unit

DHS, Division of Family Development
6 Quakerbridge Plaza
CN 716
Trenton, NJ 08625

1-609-588-2158
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Small Employers Health Coverage

1-800-838-0935

Program gives small employer groups (those 2-50 employees) guaranteed access to small group benefits.

State Health Insurance Assistance Program 1-800-792-8820

A program that assists senior citizens with questions about Medicare/Medicaid supplemental insurance.

Division of Temporary Disability Insurance 1-609-984-4138

Provides cash benefits to nearly all workers covered under the Unemployment Compensation Law to ensure against wage loss when an individual can not work because of an illness or injury not caused by his/her job.

Maternal Child and Community Health Service

1-800-328-3838

Provides breast and cervical cancer screening and follow-up family planning and adolescent pregnancy prevention, injury prevention, oral health, prevention oriented early childhood health including lead screening and primary care for uninsured residents through community health centers.

Division of Family Health Services

Special Child and Adult Health Services
P.O. Box 364
Trenton, NJ 08625

1-609-292-5676

Provides children with quality healthcare services that will prevent or reduce the effects of a developmental delay, chronic illness or behavioral disorder. Services are available for children from birth to their 21st birthday. Some services are available without regard for financial status or family income. The following programs are offered through the Special Children Health Services.

Pediatric Ambulatory Tertiary Services -Three Centers are funded in New Jersey to be sure that children who are underinsured or uninsured receives quality specialized services.

Pediatric HIV/AIDS Services -These services exists throughout the state to provide expert care for infants and children who are HIV positive, have AIDS or have been exposed to the virus. These centers are fully staffed by a team of consultants who share involvement with the care of these children and their families affected by the virus.

New Jersey Organization for Cystic Fibrosis 1-201-595-1003 -To provide financial assistance for adults with cystic fibrosis.

Huntington Disease Family Service Center 1-609-757-7812 -Provides services to families with Huntington Disease regardless of ability to pay.

Catastrophic Illness in Children Relief Fund 1-800-335-FUND
www.state.nj.us/humanservices/cicrf.html -Provides financial assistance for children 18 years old or younger when the medical bills were incurred.

New Jersey Department of Health & Senior Services 1-800-792-8820 or 1-609-588-3146 - Division of Senior Affairs' Information and Assistance Service assists older adults in locating available and appropriate resources.

Office of Area Agency on Aging Administration 1-609-588-3447

Area Agencies on Aging include information and assistance, outreach, transportation, case management, homemaker, visiting nurse, respite telephone reassurance, hospice, escorted transportation, adult day care, legal assistance, education, caregiver support, etc. Meals provided in a group setting and delivered to the home are also available through the Area Agencies on Aging.

New Jersey PAAD Program

Pharmacy Assistance to the Aged and Disabled 1-609-588-7049
CN 715 1-800-792-9745
Trenton, NJ 08625

Provides financial assistance to persons who are ill, to help pay for medications.

New Jersey EASE (Easy Access, Single Entry) 1-609-588-3654

Responsible for the implementation of the State initiative to reorganize county senior service networks to provide consumers with services which are more accessible, responsive and appropriate to their needs.

Congregate Housing Services Program (CHSP) 1-609-588-3654

Provides selective supportive services to low-income elderly persons residing in subsidized housing facilities. The services offered include meals provided in a group setting, housekeeping, personal assistance and case management.

**Employment & Training Program
For Older Workers - Workforce 55+** 1-609-588-3478

Provides and promotes useful work experience and opportunities for economically disadvantaged persons age 55 or older and to facilitate the transition of job ready enrollees into unsubsidized employment in public and private sector business and industry.

**Counseling on Health Insurance
For Medicare Enrollees (CHIME)** 1-609-588-3447

Provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.

Statewide Respite Care Program 1-609-588-2902

Provides respite care services for elderly and functionally impaired persons to relieve their unpaid caregivers of stress arising from the responsibility of providing daily care. Services available under this program are Companions, Homemaker/home health aides (on an hourly or overnight basis), Medical or social adult day care, Temporary care in licensed medical facilities, Camperships, and Private duty nursing service.

Alzheimer's Adult Day Care Program 1-609-588-3274
1-609-588-3479

Partially subsidizes the purchase of adult day care services for persons with Alzheimer's disease or a related dementia.

WIC 1-800-328-3838

A Supplement program for women, infants and children.

Farmers Market Nutrition Program 1-800-328-3838

Administered by NJ Department of Health and Senior Services WIC Program, Begins in June and continues until supplies deplete. Provides fresh fruit, vegetables and herbs to WIC clients and people nutritionally at risk.

Cancer Care 1-800-813-HOPE
www.cancercare.org

Cancer Care provides limited financial assistance nationally for pancreatic cancer, colorectal cancer, women with breast, ovarian and cervical cancer. Local financial assistance includes help for people with all cancers in New York, New Jersey, Connecticut and San Diego, California. Financial help is for transportation, radiation, chemotherapy, pain medications, home care, child care, and some screening and biopsies.

Food Bank of South New Jersey

1361 Walnut Street
Camden, NJ 08103

1-609-963-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Community Food Bank of New Jersey

31 Evans Terminal Road
Hillside, NJ 07205-2400

1-908-355-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Rental/Housing Assistance Programs

New Jersey State Office
One Newark Center
13th Floor
Newark, NJ 07102-5260

1-201-622-7900

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

La Casa DeDon Pedro

317 Roseville Avenue
Newark, NJ 07102

1-973-485-0701

Provides services for several different social services in the areas of heating and rent.

New Jersey Department of Health and Senior Services Division of Long Term Care Systems

These are county-based organizations, usually affiliated with United Way, that sponsor the CONTACT and First Call for Help programs throughout the state. Staff members are available to provide information about a variety of services and community resources that people may need, including care for the elderly. The following is a listing of the phone numbers for each of the county organizations.

CONTACT in Atlantic County - 1-800-982-7587 or 609-343-2305
Helpline in Bergen County - 201-646-3676 or 201-343-6543
CONTACT in Burlington County -609-234-8888 or 609-267-8500 or 609-871-4700
Union Organization for Social Services in Camden County -609-663-2255
First Call for Help in Cape May County - 609-729-2255
First Call for Help in Cumberland County - 609-935-4357
First Call for Help in Essex (North) County - 973-746-4040
First Call for Help in Essex (West) County - 973-624-8300
Information and Referral in Gloucester County - 800-648-0132
First Call for Help in Hudson County - 201-434-2628
Helpline in Hunterdon County - 800-272-4630 or 908-735-4357
First Call for Help in Mercer County -609-896-4108 or 609-799-6033 or 610-924-5265 or 611-896-2120
CONACT in Mercer County - 609-858-2244
Infoline in Middlesex County - 732-418-0200
First Call for Help in Monmouth County - 732-938-2250
First Call for Help in Morris County - 800-435-7555 or 201-898-0550
First Call for Help in Ocean County - 732-240-6105
First Call for Help in Passaic County -973-279-8900
First Call for Help in Somerset County - 908-725-6640 or 908-253-6500
Helpline in Sussex county - 973-209-4357
First Call for Help in Union County - 908-353-7171
First Call for Help in Warren County - 908-689-7335 or 908-453-3325 or 908-459-4357

New Jersey Early Intervention Program

Department of Health and Human Services
Division of Family Health Services
PO Box 364
Trenton, NJ 08625-0364

1-609-777-7734
www.liheap.com

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Lasting Connections

277 Fairfield Road, Suite 132
Fairfield, NJ 07004

1-973-575-2903
www.lastingconnections.org

Offers a wide array of services, including cash payments, pre-paid phone cards, and even counseling on how best to stretch telecommunications capabilities. Grants up to \$500 are provided to families facing a serious medical crisis with emphasis on children.

Emmanuel Cancer Foundation

1815 Front Street
Scotch Plains, NJ 07076

1-908-322-4323

Provides services to pediatric cancer patients in the areas of financial assistance, meals, recreational, holiday party and summer picnic, and material assistance such as groceries, toys, clothing, and household items.

Catastrophic Illness and Children's Relief Fund

1-800-335-3863

Provides financial assistance to children with any diagnosis under the age of 18 who reside in New Jersey.

Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Division of the Ratepayer Advocate
31 Clinton St., 11th Fl./ Box 46005
Newark, NJ 07101

Tel: 973-648-2690
Fax: 973-624-1047
Imosston@rpa.state.nj.us

PSE & G Rosa
80 Park Plaza T-7
Newark, NJ 07101

Tel: 973-430-6863
Fax: 973-624-4107
Rosa.Pagnillo-Lopez@PSEG.com

New Jersey SHARES
121 Shelley Drive
Hackettstown, NJ 07840

Tel: 908-979-3377
Fax: 908-979-3399
NJSHARES@aol.com

Response Analysis
3 Lawyers Lane
Hopewell, NJ 08525

Tel: 609-921-3333
Fax: 609-921-2611
david.carroll@response.analysis.com

AARP
Forrestal Village
132 Main
St. Preton, NJ 08540

Tel: 609-452-3919
Fax: 609-987-4634
jdieterlie@aarp.org

New Jersey Community Action Assn (NJCAA)
227 East Hanover Street
Trenton, NJ 08608

Tel: 609-392-1110
Fax: 609-392-3231
wlawson.capeda@worldnet.att.net

NEW MEXICO

New Mexico Department of Insurance

State Insurance Commissioners Office 1-505-827-4601
P.O. Box Drawer 1269
Santa Fe, NM 87504-1269

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of New Mexico

Office of the Attorney General 1-505-827-6000
P.O. Box 1508
Santa Fe, NM 87504-1508

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

New Mexico Long-Term Care Ombudsman 1-505-827-7640

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Medical Assistance Division

Planning and Program Operation 1-505-476-7818
Human Services Dept. 1-888-997-2583
P.O. Box 2348 www.insurekidsnow.gov/childhealth/states/fs_nm.asp
Santa Fe, NM 87504-2348

The CHIP program also known as The Mexikids program was created in order to provide health insurance to children who are presently uninsured. This State has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed below or the toll-free number above.

Medicaid 1-505-827-7640
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the New Mexico Medicaid Agency.



Department of Human Services

P.O. Box 2348
Sante Fe, NM 87504

1-800-432-6217
1-505-827-7750

The following programs are offered through the Department of Human Services.

Subsidized Child Care - Dedicated to enhancing affordable, quality child care to assist low income families so parents may work or participating in education or training.

Temporary Assistance for Needy Families (TANF) - Provides financial and work assistance to low-income needy families.

Income Support Division

1-888-473-3676

The following programs are offered through the Income Support Division, a section of the Department of Human Services.

Food Stamps- Monthly cash benefit which enable low-income households to purchase nutritional foods.

Community Development Programs - Provides programs through the Community Development Block Grant such as Refugee Resettlement, Low Income Telephone Assistance Program, and the homeless programs.

General Assistance (GA) - A limited state-funded program that provides financial assistance to children and disabled adults.

Temporary Cash Assistance - Monthly cash benefits to help meet basic family needs such as housing, utilities, and clothing.

LIHEAP Support Division

Community Development & Commodities Bureau
New Mexico Human Services Department
P.O. Box 26507
Albuquerque, NM 87125-6507

1-505-841-2664
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

1-505-292-2600

New Mexico Comprehensive Health Insurance Pool

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

Rental/Housing Assistance Programs

New Mexico State Office
625 Truman Street, NE
Albuquerque, NM 87110-6443

1-505-262-6303

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Second Harvest Road Runner Food Bank

P.O. Box 12924
Albuquerque, NM 87195-2924

1-505-247-2052

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Southern New Mexico Cancer Support Service Inc. (SNMCSS)

Las Cruces, NM

snmcss@zianet.com

Pays for transportation, medication and lodging if the patient needs to travel. SNMCSS are all volunteers and work hard to help the NM community for Dona Ana, Luna Lincoln, Chaves, Sierra, Hidalgo, and Otero counties. SNMCSS assist only individuals who are in NM or come to NM for treatment.

Blue Cross Blue Shield

Individual Policy

1-800-432-0750

Provides individual policies, which are medically, screened, however only having a 6 month period for pre-existing.

New Mexico Early Intervention Program

Department of Health
1190 St. Francis Drive
PO Box 26110
Santa Fe, NM 87502-6110

1-505-827-0119

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

MidWest CAP

1-505-722-3261

Help with utilities and medication needs for individuals in McKenny County.

Catron County CAP

1-505-835-0899

Helps with emergency needs for Catron County residents.

NEW YORK

Community Family Development

269 Mill Street
Poughkeepsie, NY

Provides child care center. Provided with United Way grants and community development scholarships to assist with child care.

Dutchess Outreach

1-914-454-3792

Assists in the area of Dutchess County. Has limited funds for renter's assistance. Much meet criteria.

Community Action Agency

1-914-452-5104

Works with family who are on public assistance/low income.

St. Vincent De Paul Society

1-718-292-9090

This Catholic Charity assists in a emergency needs.

Poughkeepsie Catholic Charities

1-914-452-1400

Provides assistance for emergency needs.

State Insurance Commissioners Office

160 West Broadway
New York, NY 10013

1-212-480-6400

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of New York

Office of the Attorney General
Department of Law - The Capital
2nd Floor
Albany, NY 12224

1-800-771-7755
1-212-416-8521

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

New York Long-Term Care Ombudsman 1-800-342-9871

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

State of New York

Department of Health 1-800-698-4KIDS
Corning Tower, Empire State Plaza 1-518-486-7897
Room 1119
Albany, NY 12237

The CHIP program also known as Child Health Plus was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid 1-518-486-9057
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the New York Medicaid Agency.

Division of Temporary Assistance

Office of Temporary and Disability Assistance 1-518-474-9227
New York State Department of Family Assistance
40 North Pearl Street
Albany, NY 12243-0001

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

New York Dept. of Social Services 1-518-474-2121

The following programs and services are offered through the Department of Social Services.

Children's Medical Services 1-916-654-0832
Child Care Program 1-916-657-2144
Children's Services 1-916-445-2777
Renter's Assistance 1-800-852-5711
Drug Assistance 1-916-445-0834

Senior Citizens' Hot Line 1-800-342-9871

Provides information about programs and services available for the elderly in New York State.

**The Health Insurance Information
Counseling and Assistance Program
(HIICAP) Health Insurance Help** 1-800-333-4114
1-212-869-3850

Provides health insurance counseling, assistance and information about Medicare, Medicaid, Medigap, long-term care insurance and other related concerns.

New York Lighthouse Vision 1-212-821-9235

Assist individuals of all ages who are blind or partially sighted to lead independent and productive lives. The following are other programs offered by the NY Lighthouse Vision Rehabilitation Services.

The Lighthouse Child Development Center - Provides educational and therapeutic services to children who are visually impaired, from birth to age seven.

Early Childhood - A class in which parent and infants learn how to promote their child's healthy development.

Youth Programs - Focuses on independent living skills, safe mobility skills computer training, education and career goals.

Career Services for Adults - Assists individuals with impaired sight prepare for employment.

Life Skills for Adults - Provides a full range of programs fostering independence.

Low Vision Clinical Care - offers a low vision examines performed by specially trained optometrists or ophthalmologist.

Independent Living Training - Provides therapist who assist individuals with vision impairment make lifestyle changes to enable them to function at home, work and in the community.

Printed Access Center - Provides a wide range of services to help make printed materials more accessible.

**New York State Department
Of Social Services** 1-800-342-3715 or 1-518-474-2121
1-877-472-8411 or 1-718-291-1900

Provides general information on programs and services provided by the Department of Social Services. These services include Medicaid, HEAP, Food Stamps, Emergency Assistance, Housing, Utility assistance.

**Temporary Assistance for Needy Families
(TANF)** 1-518-474-9222

Provides temporary assistance to eligible needy families.

Department for the Aging

2 Lafayette Street
New York, NY 10007

1-212-442-1000

The following programs are offered:

Public Assistance - Cash benefits for low-income persons to provide essential food, clothing and shelter

Food Stamps - A monthly benefit which enable individuals access to food.

Reduced Fare - Provides reduced fare on the New York City subways and buses to disabled and senior citizens.

Senior Citizens Homeowners Exemption (SCHE) -Provides savings of up to 50% to qualified property owners.

Real Property Tax Credit (IT-214) - Provides tax credit or cash payment of up to \$375 to homeowners or renters for part of previous year's rent or real property taxes.

Weatherization Referral and Packaging Program (WRAP) - Provides low-income elderly with free home energy services designed to lower their energy.

School Tax Relief Program (STAR) - Provides an exemption from the school portion of property taxes for owner-occupied primary residences.

New York State Elderly Prescription Drug Insurance (EPIC)

1-800-332-3742

A prescription plan for senior citizens whose income meets the stated guidelines.

Advocates for Persons with Disabilities

1-800-943-2323
1-518-473-4538

Provides information on programs and services, including assistive technology.

Partnership for Long Term Care Insurance 1-800-772-1213

Provides information about a long-term care insurance option that combines private insurance and Medicaid.

AIDS

1-800-541-AIDS

Provides information on general assistance.

AIDS Drug Assistance Program

1-800-542-2437
1-888-575-2327
www.pmdc.org

Provides assistance to HIV positive individuals with obtaining approved medication at no or low cost.

AIDS Counseling and Testing

The following are listing of numbers for counseling and testing for HIV/AIDS.

Albany 1-800-542-2437
Buffalo 1-800-962-5065
Mineola 1-800-962-5064
New Rochelle 1-800-462-6785

Jamaica 1-800-462-6787
Rochester 1-800-962-5063
Hauppauge 1-800-462-6786
Syracuse 1-800-562-9423

Growing Up Healthy Hotline

1-800-522-5006

Provides Child Health Insurance Plus, PCAP (Prenatal Care Assistance Program), WIC, Early Intervention Program, Food and Nutrition, Growing Up Healthy, Immunizations, Infant Health Assessment, Teen Pregnancy, and Sudden Infant Death Syndrome.

New York State Office of Temporary & Disability Assistance

Floor 7B
40 North Pearl Street
Albany, NY 12243

1-518-474-9222

Provide public access on information regarding government programs, as well as customer service.

Department of Family Assistance

1-800-342-3009

Gives public access on information regarding government programs.

Electronic Benefit Transfer

1-888-328-6399

Information on customer service and how benefits are delivered provided by the New York State Office of Temporary & Disability Assistance.

Bell Atlantic LifeLine Service

1-800-555-5000

Offers a reduced rate on the basic monthly charge, as well as a discount on the cost of installing new service.



Bell Atlantic Special Protections 1-800-555-5000

Is available to person's 62 years or older or who are on long-term disability. The service will contact you or a family member to make a payment arrangement if your service is in danger of being disconnected due to lack of payment.

Bell Atlantic Center for Individuals With Disabilities 1-800-974-6006

Provides specially trained staff to assist individuals with special needs or have difficulty using the telephone, including those who are deaf, hard of hearing, blind, deaf/blind, or vision, motion or speech impaired. Some special programs offered are Dial Operator Privileges, Directory Assistance Exemption, Directory Assistance Call Completion, Teletypewriter (TTY) Discount, Dial Operator Privileges, and Large Print or Braille Bills.

Technology Related Assistance for Individuals with Disabilities Center (TRAID) 1-800-522-4369

Enables people with disabilities to learn about test assistive equipment.

Cancer Care 1-800-813-HOPE
www.cancercare.org

Provides local financial assistance to help people with all cancers in New York. Financial help is for transportation, radiation, chemotherapy, pain medications, home care, child care, and some screening and biopsies. For more information visit Cancer Care website or call tollfree.

Rental/Housing Assistance Programs

New York (Downtown Area) 1-212-264-3312
New York State Office
26 Federal Plaza
New York, NY 10278-0068

Buffalo Area Office (Upstate Area) 1-716-551-5719
Lafayette Court
465 Main Street, Fifth Floor
Buffalo, NY 14203-1780

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Dutchess Outreach 1-914-454-3792

Has limited funds for renter's assistance in Dutchess County. To be eligible must meet criteria and is a result of an unexpected injury, or illness.

Poughkeepsie Catholic Charities 1-914-452-1400

Provides services in different areas.

Community Action Agency 1-914-452-5104

Works with families with family development who are on public assistance or are low-income in Poughkeepsie.

Salvation Army 1-914-471-1210

Provides a variety of services.

Legal Aid of Dutchess County 1-914-471-0058

Provides free legal aid to low-income residents of Dutchess County. Some areas legal aid covers are Social Services issues and eligibility issues. For more information contact directly.

Child Care Assistance

Community Family Development 1-914-471-5301

Community Family Development is a child care center in Poughkeepsie. They have United Way grants and a Community Development Scholarship to assist low-income families with child care cost.

USO of Metropolitan New York, Inc.

283 Lexington Avenue
New York, NY 10016

1-212-448-0455

United Services Organization (USO)- The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

USO Council of Watertown, Inc.

P.O. Box 912
Watertown, NY 13601

1-315-782-3082

United Services Organization (USO)- The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

USO General Douglas MacArthur Memorial Center

283 Lexington Avenue
New York, NY 10016

1-212-448-0496

United Services Organization (USO)- The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

FB of Western New York

91-95 Holt Street
Buffalo, NY 14206-2293

1-716-852-1305

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

FB of Central New York

6970 Schuyler Road
East Syracuse, NY 13057-9791

1-315-437-1899

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

FB of the Southern Tier

945 County Route 64
Elmira, NY 14903

1-607-796-6061

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Regional FB Northeast New York

965 Albany Shaker Road
Latham, NY 12110-1409

1-518-786-3691

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food PATCH

358 Saw Mill River Road, 2nd Fl.
Millwood, NY 10546

1-914-923-1100

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food for Survival, Inc.

Hunts Point, 335 Food Center Dr.
New York, NY 10546

1-718-991-4300

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Foodlinks, Inc.

936 Exchange Street
Rochester, NY 14608-2801

1-716-328-3380

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.



Long Island Cares, Inc.

PO Box 1330
West Brentwood, NY 11717-0706

1-516-435-1936

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

**Elmhurst Medical Center for
Breast Cancer Patients**

1-718-334-2398

Provides qualified uninsured breast cancer patients with medical care at a reduced rate.

Burden Center for the Aging

1-212-879-7400

Assists with rent and insurance claims.

Friends of Karen, Inc.

118 Titicus Road
P.O. Box 190
Purdys, NY 10578-0190

1-800-637-2774
1-914-277-4547

Provides assistance to any family in New York metro area with a child up to 21 years of age who has a terminal or life threatening illness. Provides direct financial assistance to help with needs related to the child's illness which includes transportation, in-hospital costs such as tv, phone; childcare for siblings; food clothing and medical supplies, birthday and holiday gifts, funeral arrangements, rent or mortgage and bereavement support.

New York Early Intervention Program

State Department of Health
Corning Tower, Room 208
Empire State Plaza
Albany, NY 12237-0618

1-518-473-7016

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

H.P.D.

Affordable Housing Hotline

1-212-863-5610

This hotline list affordable apartments for low and middle income adults of any age. These apartments are located in buildings that are being renovated under programs sponsored by the New York City Department of Housing Preservation and Development.

New York Foundation for Senior Citizens, Inc.

1-212-962-7559

Home Sharing matches senior citizens, age 60 and over, living in Manhattan and Brooklyn, who have excess space in their homes or apartments to share with responsible, compatible persons of all ages in need of housing.

Catholic Charity

1-716-856-4494

www.ccwny.org

Provides Erie County through downtown Buffalo residents with emergency financial assistance and food pantry.

Project Share Red Cross

1-716-886-7560

Assist disabled or elderly persons with medical conditions with natural gas, electric and propane who reside in Orange, Sullivan and Putnam counties.

Neighbor For Neighbor Heat Fund

www.nationalfuelgas.com

This fund provides grants to help people prevent disconnection of their utility service, pay current or past due bills, and purchase home heating fuel of any kind. The Salvation Army and Catholic Charities screen applications.

Crisis Services

1-716-834-3151

Provides referrals for a variety of areas, such as financial assistance.

Life Line United Way

1-800-333-0542

Provides assistance with rent and utilities when available.

**Health Insurance Information Counseling
And Assistance Program (HIICAP)**

NYC Department for the Aging
2 Lafayette Street, 6th Floor
New York, NY 10007

1-212-333-5511

www.cu.nyc,ys.aging

Free help for seniors with health insurance questions. Below is a listing of additional offices in other cities.

Manhattan, Health Outreach - 212-746-4351
Manhattan, Lenox Hill Hospital - 212-434-2980
Manhattan, Institute For Puerto Rican/Hispanic Elderly - 212-677-4181
Manhattan, Penn South Program for Seniors - 212-243-3670
Manhattan, Goddard-Riverside Senior Center - 212-873-6600
Manhattan, Empire Medicare Services - 212-476-2288
Manhattan, Southbridge Towers - 212-571-7679
Manhattan, Morningside Retirement Health Services - 212-666-4000
Manhattan, Harlem Interagency Council on Aging - 212-234-1060
Manhattan, Health Outreach - 212-932-5844
Manhattan, Alzheimer's Association - 212-983-0700
Manhattan, Co-op Village Senior Care - 212-358-8489

Bronx, Riverdale Senior Center - 718-884-5900
Bronx, William Hodson Senior Center - 718-538-3700
Bronx, Co-op City Senior Services - 718-671-2090

Queens, Flushing Hospital - 718-670-4546
Queens, Raices-Corona Senior Center - 718-458-7259
Queens, Elmhurst-Jackson Heights Senior Center - 718-478-7171
Queens, Jackson Heights Community Development Corp. - 718-458-3600
Queens, Health Outreach - Flushing - 718-748-0873

Brooklyn, Bay Ridge Senior Center - 718-748-0873
Brooklyn, Eileen Dugan Senior Center - 718-596-1956
Brooklyn, Greenpoint - Krakus Luncheon Club - 718-383-3434
Brooklyn, Crown Heights - Jewish Community Council - 718-778-8808
Brooklyn, Coney Island, Warbasse Cares for Seniors - 718-996-5200
Brooklyn, Midwood- Health Outreach - 718-677-0101

Staten Island, Cassidy Coles Senior Center - 718-273-6808
Staten Island, Alzheimer's Association - 718-667-7100
Staten Island, West Brighton Senior Center - 718-727-9763
Staten Island, RSVP/SERVE - 718-494-3222
Staten Island, Great Kills Friendship Club - 718-356-5050

American Cancer Society 1-718-886-8890
Chinese American Affiliate - Flushing,

Provides medical supplies and equipment, prescription medicine assistance, transportation to and from doctor's appointments, support groups, and rehabilitation programs to support cancer patients and their families.

SKIP

213 West 35th 1-212-268-5999
11th Floor
New York, NY 10001

Created for families by families, SKIP offers an extensive knowledge of organizations in New York State.

Buffalo Outreach Center

Operation Blessing
418 Louisiana #3
Buffalo, NY 14204

1-716-856-3310
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

New York Christian Resource Center

P. O. Box 280-118
Brooklyn, NY 11228-0118

1-718-265-CARE
1-718-265-2273
www.nycrc.org

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

The Salvation Army
120 W. 14th Street
New York, NY 10011

Tel: 212-337-7260
Fax: 212-337-7219
Langford54@aol.com

The Salvation Army – Eastern Territory
440 W. Nyack Rd.
West Nyack, NY 10994

Tel: 845-620-7200
Fax: 845-620-7759
Jcheydleur@use.salvationarmy.org

HEARTSHARE
191 Joralemon St.
Brooklyn, NY 11201

Tel: 718-422-4203
Fax: 718-522-4506
HShare@aol.com

Key Span Energy
One Metrotech Center
Brooklyn, NY 11201

Tel: 718-403-2579
Fax: 718-624-7607
mthompsongrassi@keyspanenergy.com

KeySpan Energy
One Metrotech Center
Brooklyn, NY 11201

Tel: 718-403-2247
Fax: 718-624-7607
JJacob@keyspanenergy.com

Central Hudson Gas & Electric Corp.
284 South Avenue
Poughkeepsie, NY 12601

Tel: 914-486-5527
Fax: 914-486-5894
sroyce@cenhud.com

Niagara Mohawk
300 Erie Blvd., West F-1
Syracuse, NY 13202

Tel: 315-428-6039
Fax: 315-428-5524

Niagara Mohawk
300 Erie Blvd.
West Syracuse, NY 13202

Tel: 315-428-5349
Fax: 315-428-6519
zieglerj@nimo.com

Coalition Against Rising Energy Costs
222 Varick Ave.
Brooklyn, NY 11237

Tel: 718-456-7235
Fax: 718-456-7235
tony@careco.org

Rochester Gas & Electric Co.
89 East Avenue
Rochester, NY 14649

Tel: 716-724-8790
Fax: 716-724-8799
Lydia_Boddie-Neal@rge.com

NORTH CAROLINA

North Carolina Department of Insurance

State Insurance Commissioners Office 1-919-733-7349
4140 Dobbs Building
P.O. Box 26387
Raleigh, NC 27611

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of North Carolina

Office of the Attorney General 1- 919-716-6400
Department of Justice
P.O. Box 629
Raleigh, NC 27602-0629

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

North Carolina Long-Term Care Ombudsman 1-919-733-8395

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Division of Medical Assistance

Department of Health and Human Services 1-800-367-2229
1985 Umstead Drive 1-919-857-4262
P.O. Box 29529
Raleigh, NC 27626-0529

The CHIP program also known as NC Health Choice for Children was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-919-733-0111

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for-low income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the North Carolina Medicaid Agency.

Division of Social Service

Public Assistance Section
Department of Health & Human Services
325 North Salisbury Street
Raleigh, NC 27603-5905

1-919-733-7831

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Office of Economic Opportunity

222 N. Person Street
The Medical Society Building
Raleigh, NC 27601

1-919-715-5850

Provides shelter and support services to homeless people and families. At these shelters the homeless can get housing counseling and placement, employment assistance, child care services, health care assistance, food assistance information and referral services, legal assistance, security deposits and first month's rent, rent mortgage payment assistance, utility payment assistance, case management services, and transportation assistance.

Division of Public Health

1916 Mall Service Center
Raleigh, NC 27699-7916

1-919-733-3816

The following programs are offered through the Division of Public Health Chronic.

Disease Prevention and Control - Provide Chronic Disease Control, Forensic Test for Alcohol, Health Promotion, Tobacco Prevention and Control.

Breast and Cervical Cancer control Program/Wise Women - Offer screening tests for breast and cervical cancer to eligible women.

Division of Social Services

Albemarle Building
325 N. Salisbury Street
Raleigh, NC 27603-5905

1-919-733-9386

The following programs are offered through the Division of Social Services:

Food Stamps - Assist low-income households who are unable to buy enough food for a nutritionally adequate diet.

State-County Special Assistance for Adults Program - Provides financial assistance to elderly or disabled persons who are unable to pay the cost of their care in adult care homes.

Work First - offers short-term cash assistance to families in employment related crisis to keep them from going on welfare.

Smart Start

The North Carolina Partnership for Children, Inc. 1-919-821-7999
1100 Wake Forest Road, Suite 300
Raleigh, NC 27604

Aids children age zero to five and their families obtain subsidized childcare, health care and other family services. For more information contact the North Carolina Partnership for Children, Inc.

Health Check 1-919-857-4011

An outreach program aimed at improving the quality of health care among low-income children. The program guarantees eligible children regular comprehensive health exams that include necessary immunizations, screenings, and follow-up care.

Division on Aging

693 Palmer Drive 1-919-733-3983
Caller Box 29531
Raleigh, NC 27626-0531

The following programs are offered through the Division of Aging.

GrandCare program - Provides information, ideas, counseling, and emotional support to grandparents who are the primary caregivers for grandchildren.

Supportive services - Enable older adults to remain at home and strengthen family caregiving.

Alzheimer's Disease - Prepares family caregivers to become better equipped to care for victims of Alzheimer's Disease and related disorders.

Work training - Provides work-training opportunities to displaced homemakers and older adults who are unemployed or underemployed.

Group and home-delivered meals - Provides hot nutritious meals to eligible persons.

In-home aide care - Helps to maintain or improve the daily functioning of impaired older adults.

Health screening - Helps to maintain or improve the daily functioning of impaired older adults.

Home and community services - Helps to maintain or improve the daily functioning of impaired older adults.

Respite - Provides temporary relief to family caregivers responsible for the care of elderly.

Housing and Supportive Health - Links older adults in need of housing and supportive health and personal care services with appropriate information and resources.

Division of Medical Assistance

Kirby Building, Dix Campus
1985 Umstead Drive
P.O. Box 29529
Raleigh, NC 27626-0529

1-919-857-4011

The following programs are offered through the Division of Medical Assistance.

Baby Love program -Helps improve women's access to early prenatal care and preventive health care for low birth weight infants.

Carolina Access - Connects people with primary care doctors who manage their patient care needs.

Health Check - An outreach program aimed at improving the quality of health care among low-income children. The program guarantees eligible children regular comprehensive health exams that include necessary immunizations, screenings and follow-up care.

Women's and Children's Health Section

1916 Mail Service Center
Raleigh, NC 27699-1916

1-919-733-3816

The following programs are offered through the Women's and Children's Health Section.

Nutritious Meals- Helps low-income children receive free nutritious meals during the summer with summer food service grants to local groups.

Cystic Fibrosis Assistance- Helps low-income children and adults with cystic fibrosis to receive the health care they need by paying for hospitalization, surgery, and other medical services.

Preventive Health - Provides preventive health services to low-income children through local health department child health clinics.

Health Care- Provides health care for low-income children with chronic medical conditions that affect growth and development.

Family Planning- Helps low-income men and women with family planning by providing counseling, contraceptives and voluntary sterilization, as well as physical exams, Pap tests, and sexually transmitted diseases screening.

High-Risk Maternity Clinics- Provide low-income pregnant women who have medical complications with high quality prenatal care. High-risk maternity clinics are located throughout the state.

Food Assistance- Makes sure pregnant women and infants of low income families have their nutritional needs met. Educating pregnant women and mothers of young children about nutrition and helping them get fresh fruits and vegetables at their local farmers market.

Home Health - Ensures low-income people get the home health services they need, such as nursing or therapy, by contracting with home health agencies to provide these services.

Division of Community Health

512 N. Salisbury St.
Raleigh, NC 27604-1148

1-919-733-4984

The following programs are offered through the Division of Community Health.

End-Stage Renal Disease - Pays for health care services for low income people with end-stage renal disease who have no other source of reimbursement for services such as dialysis, medication and transportation to dialysis.

Migrant Farmers - Provides migrant farm workers and their dependents with essential preventive and primary health care while they reside in the state.

Breast and Cervical Screening- Offers breast and cervical cancer screening tests at low or no cost to low income women, as well as financial assistance for treatment.

Financial Assistance for Cancer - Provides financial assistance to low income people for diagnosis and treatment of cancer.

Epidemiology and Communicable Disease

1902 Mail Service Center
Raleigh, NC 27699-1903

1-919-733-3421

The following programs are offered through the Division of Epidemiology and Communicable Disease

HIV/AIDS- Provides surveillance and prevention activities, as well as provision of outpatient care and support services related to HIV/AIDS and other sexually transmitted diseases.

Medical Evaluation - Provided for workers in hazardous trades.

Care-Line

Office of Citizen Services
325 N. Salisbury Street
Raleigh, NC 27603

1-800-662-7030
1-919-733-4261
www.dhr.state.nc.us/DHR/

Guide citizens through the human service delivery system by providing information and referral to the proper department or agency and assisting with problem resolution for concerns or complaints through the Ombudsman and Information and Referral programs.

Care-Line Information and Referral Service 1-800-662-7030

If you can't find the answer to your question, the Care-Lines experts are ready to help you travel through the maze of the human services available within the North Carolina Department and non-profits across North Carolina. Call or email to care.line@ncmail.net to get answers to your questions, cut through the red tape and find the right programs and people to help you. The Office of Citizen Services operates the Care-Line.

North Carolina State Office

Koger Building
2306 West
Meadowview Road
Greenboro, NC 27407-3707

1-910-547-4038

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO Council of Jacksonville-Camp LeJeune Area, Inc.

9 Tallman Street
Jacksonville, NC 28540

1-910-455-3411

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

MANNA Food Bank

627 Swannanoa River Road
Asheville, NC 28206

1-828-299-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of North Carolina

500 B Spratt
Charlotte, NC 28206

1-704-376-1785

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of the Albemarle

109 Tidewater Way
Elizabeth City, NC 27906-1704

1-252-335-4035

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Southeast N.C.

380 Tarheel Road
Raleigh, NC 27107

1-919-875-0707

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of North Carolina

3655 Reed Street
Winston-Salem, NC 27107-5428

1-336- 784-5770

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.



United Christian Ministry

Goldsboro, NC

1-919-734-0480

Provides financial assistance towards rent. You must have an eviction notice and a breakdown of what is owed, including any court fees on the renter association's letterhead.

Salvation Army

Goldsboro, NC

1-919-735-4811

Provides financial assistance for rent to qualified individuals.

North Carolina Early Intervention Program

Division of MH/MR/SAS
325 North Salisbury St, Suite 1156-4
3006 Mail Service Center
Raleigh, NC 27699-3006

1-919-733-3654
www.check-it-out.org

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Operation Blessing

Charlotte, NC

1-704-553-1686
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Operation Blessing

P. O. Box 2364
Fayetteville, NC 28302

1-910-483-0523
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Duke Energy Corp.
422 South Church Street
Charlotte, NC 28202

Tel: 704-382-3575
Fax: 704-382-7887

Duke Energy Corp.
P. O. Box 1006 - EC01K
Charlotte, NC 28202-1006

Tel: 704-382-5783
Fax: 704-382-3264

Crisis Assistance Ministry
500 A Spratt St.
Charlotte, NC 28206

Tel: 704-371-3001 x113
Fax: 704-333-4310

Piedmont Natural Gas Company
PO Box 33068
Charlotte, NC 28233

Tel: 704-364-3120
Fax: 704-365-8515

Duke Power Company
9700 David Taylor Dr.
Charlotte, NC 28262-2363

Tel: 704-382-3575
Fax: 704-382-7887
aalmeida@DukeEnergy.com

Lumbee Regional Dev't Assn
P.O. Box 68
Pembroke, NC 28372

Tel: 910-521-8602
Fax: 910-521-8625

NORTH DAKOTA

State Insurance Commissioners Office

600 E. Blvd.
Bismark, ND 58505-0320

1-701-328-2440

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of North Dakota

Office of the Attorney General
State Capital
600 East Boulevard Avenue
Bismark, ND 58505-0040

1-701-328-2210

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

North Dakota Long-Term Care Ombudsman 1-800-451-8693

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Division of Medical Assistance

Department of Human Services
600 East Boulevard Avenue
Department 325
Bismark, ND 58505-0261

1-888-222-2542

1-334-206-5300

The CHIP program also known as the Healthy Steps Program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-701-328-2440

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for the low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the North Dakota Medicaid Agency.

Department of Human Services

State Capitol Building
Judicial Wing
6000 E. Blvd., Room 301
Bismark, ND 58505-0250

1-701-328-4882

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Comprehensive Health Association
of North Dakota

1-800-737-0016
1-701-282-1235

Provides Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

Aging Services Division

North Dakota Department of Human Services
600 South 2nd Street, Suite 1C
Bismark, ND 58504-5729

1-800-451-8693

Provides elderly individuals with congregate meals, home delivered meals, transportation services, outreach services, chore-escort/shopping, health maintenance, speech/hearing, counseling, preventive health and adult care.

North Dakota Department of Human Services

Public Assistance Division
600 East Boulevard Avenue, Dept. 325
Bismark, ND 58505

1-800-755-2716

The following programs and services are offered through the Department of Human Services.

Childcare Assistance Program - Assists low-income families obtain and pay for the care of dependent children while they work or are in training.

Refugee Cash Assistance Program - Provides time-limited cash benefits to individuals admitted into the U.S. as refugees.

JOBS Program - Provides employment and training component of North Dakota's TANF.

Basic Care Assistance Program - Assists people over age 18, who are blind or disabled, or age 65 and who need the services provided by a licensed base care facility.

Temporary Assistance for Needy Families (TANF) - Provide time-limited cash assistance to needy families with children.

Food Stamps

1-701-328-2328

Provides food coupons for eligible families.

Children's Special Health Services

1-800-755-2713

Helps pay for diagnostic services to identify children with disabilities or chronic conditions with disabilities or chronic conditions. May also help pay for treatment if child has an eligible condition and meets financial criteria.

Health Tracks

1-800-755-2604

Program that can pay for counseling, hearing and vision care, developmental tests, shots and lab test, medicine, dental care and specialist.

Targeted Case Management

1-800-755-2604

Provides pregnant women and their infants up to 6 months who are eligible for the Medicaid program with a case manager who helps arrange appointments for medical care, and assisting with linking participants to other services like prenatal education, parenting resources, job training, transportation and financial assistance; helps plan for baby's in-home needs such as arranging for home visits by a nurse helps selecting child care, finding baby clothes, etc.

Human Service Center

1-800-755-2716

Provides the following services on a sliding fee scale based on income. No one is denied services because of the inability to pay. There are no fees for Vocational Rehabilitation Services. For more information contact your local Department of Human Services.

- Alcohol and drug abuse services including assessment and treatment aftercare
- Community services
- Counseling for individuals and families
- Crisis intervention
- Developmental disabilities services
- Infant development services
- Intensive-in-home services
- Nursing services
- Psychiatric and medical services
- Services to seriously mentally ill adults
- Vocational rehabilitation

Rental/Housing Assistance Programs

North Dakota State Office
HUD-Fargo Office
657 2nd Avenue North, Room 366
Fargo, ND 58108

1-701-239-5040

For the below listings contact

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Great Plains Food Bank

1104 NP Avenue
Fargo, ND 58107-0389

1-701-232-6219

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

North Dakota Early Intervention Program

Department of Human Services
600 South Second St
Suite 1A
Bismarck, ND 58504-5729

1-701-328-8936

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Fuel Funds

www.nationalfuel Funds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuel Funds.org/statesa-c.html (listed below):

SEND Community Action Agency
PO Box 2683
Fargo, ND 58108

Tel: 701-232-2452
Fax: 701-298-3115
agency@senda.org

Red River Valley Community Action
1013 N. 5th At.
Grand Forks, ND 58203

Tel: 701-746-5431
Fax: 701-746-0406
kentkeys@gaffaneys.com

Dakota Prarie CAA
1219 College Dr., Box 698
Devils Lake, ND 58301

Tel: 701-662-6500
Fax: 701-662-6511
dpcaalundon@stellarnet.com

Energy Share of North Dakota
P.O. Box 507
Jamestown, ND 58402

Tel: 701-252-1821
Fax: 701-252-7108
tmartel@daktel.com

CAP, Region VII
2105 Lee Ave.
Bismarck, ND 58504

Tel: 701-258-2240
Fax: 701-258-2245

Community Action & Development
202 E. Villard
Dickinson, ND 58601

Tel: 701-227-0131
Fax: 701-227-4750
comact1@dickinson.ctctel.com

Community Action Opportunities
420 3rd St. SW
Minot, ND 58701

Tel: 701-839-7221
Fax: 701-839-1747
cao@minot.ndak.net

OHIO

State Insurance Commissioners Office

Ohio Department of Commerce & Economics 1-614-644-2658
2100 Stella Court
Columbus, OH 43215

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Ohio

Office of the Attorney General 1-614-466-3376
State Office Tower
30 East Broad Street
Columbus, OH 43266-0410

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Ohio Long-Term Care Ombudsman 1-800-282-1206

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Department of Health & Social Services

30 East Broad Street 1-800-324-8680
Columbus, OH 43266-0423 1-614-728-8476

The CHIP program also known as Healthy Start was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-614-644-3458
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Ohio Medicaid Agency.

LIHEAP Assistance for Ohio

Ohio Department of Health & Social Services 1-614-644-6858
77 South High, 25th Floor www.liheap.com
Columbus, OH 43216

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Breast & Cervical Cancer Prevention Project (BCCP)

P.O. Box 118 1-614-752-2464
Columbus, OH 43266-0118

Free breast and cervical cancer screening and diagnostic tests, plus other services, throughout Ohio to women who meet the criteria for the BCCP's priority groups. An uninsured individual can request a case manager who can assist them with resources to help access care.

OPTIONS

P.O. Box 118 1-614-466-4180
Columbus, OH 43266-0118

Links people with volunteer dentists or dental clinics where they can receive dental care for reduced fees. OPTIONS (Ohio Partnership to Improve Oral health through access to Needed Services) are a public-private partnership of the Ohio Department of Health and the Ohio Dental Association.

Franciscan at St. John

121 East 13th Street 1-513-651-6444
Cincinnati, OH 45210

Provides emergency food, clothing, household items, rental assistance when a letter from a hospital, doctor, or nurse states a loss of income due to illness and funds are available.

Meals on Wheels

644 Linn Street 1-513-721-4330
Suite 1020
Holiday Office Park
Cincinnati, OH 45203

Provides one delivered hot meal per day for persons sixty years or older who are unable to provide meals for themselves.

Norwood Service League

5300 Montgomery Road
Norwood, OH 45212

1-907-631-4000

Provides low-income people residing in Norwood with emergency food assistance twice per month. Individuals must register by phone first and then food may be picked up at the food closet.

St. Vincent DePaul

1125 Bank Street
Cincinnati, OH 45214

1-513-421-0602

Provides low-income residents living in the West End area with emergency food, clothing, and furniture, rent assistance and financial assistance.

Terrace Guild

4848 Winneste Avenue
Cincinnati, OH 45232

1-513-641-0382

Provides emergency food, gas, electric, and rental assistance for residents of the 45232 zip code only.

Women, Infant & Children Program (WIC)

Nutrition Supplement Program
7710 Reading Road
Cincinnati, OH 45237

1-907-821-6813

Provides Women, Infants and Children with food supplements to ensure a balanced, nutritional diet.

American Cancer Society

11117 Kenwood Road
Cincinnati, OH 45242

1-800-242-7014
1-800-366-5570 (physician administered)

Provides pharmaceutical drug assistance to the medically indigent. Will pay co-pay for patient depending on their income and insurance coverage.

Council on Aging

Cincinnati Area Senior Services
644 Linn Street
Cincinnati, OH 45203

1-800-721-7670

Provides financial assistance homemaking assistance, personal care, medical transportation, adult day care for person sixty years or older.

Ohio Department of Aging

Toll-Free Elder Rights Helpline 1-800-282-1206

Call to see if you qualify for public benefits such as Medicare/Medicaid, Social Security benefits and other government benefits.

Golden Buckeye Card Program 1-800-422-1976

Provides adults 60 years or older with discounts on meals, entertainment, merchandise, and services at numerous participating businesses throughout the state.

SaveWell 1-877-728-3935
www.savewell.com

A discounted prescription, vision care, dental services and chiropractic & alternative medicine plan offered to residents of Cleveland for no annual membership fee.

Bureau of Vocational Rehabilitation

617 Vine Street 1-721-852-3260
Cincinnati, OH 45202

Helps disabled persons return to the workforce through training. For residents of Hamilton, Adams, Brown, Clermont and Highland counties.

Lawyer Referral Service

35 East Seventh Street 1-721-381-8359
Cincinnati, OH 45202

Provides referrals to lawyer that can meet special needs of clients, (problems at work, wills, trusts and estates) free of charge. Initial consultation fee with attorney is \$20.00 or under for the first half hour. Arrangements thereafter are made between attorney and client.

Legal Aid of Cincinnati 1-721-241-9400

Provides legal assistance for civil cases to low-income residents of Hamilton, Clermont, and Brown Counties.

Pro Seniors 1-800-488-6070

Provides free legal service to seniors 60 and over in five counties: Butler, Warren, Clermont, Hamilton and Clinton.

American Cancer Society

Ohio Division 1-800-686-4357
1-614-889-9565

Camp friendship is for children 7-15 years of age who are being treated for cancer and are in remission free of charge. Camp counselors, nurses and physicians are available during the two one-week summer sessions.

Kids' N Kamp

1-614-262-2220

Provides a camp for children with cancer and their families free of charge.

Hospice for Middletown

4414 Lewish Street 1-800-886-0282
Middletown, OH 45044

Provides hospice services for patient with terminal diagnosis and prognosis of less than 6 months to low-income or uninsured patients. As well as Medicare and Medicaid, some private insurance and Champus accepted.

Access Metro Bus System

122 W. Fifth Street 1-907-632-7572
Cincinnati, OH 45202

Provides transportation at \$1.00 each way to individuals who are able to ride a bus. A comprehensive area is covered and is wheel chair accessible. ESP approval is necessary, contact the Council on Aging for more information.

Anderson Senior Adult Service Center

7970 Beechmont Avenue 1-513-474-3100
Cincinnati, OH 45255

Provides transportation in the areas of Anderson, Mt. Washington, California, and Newton. A two-day notice for local services and a one-day notice are required for hospital visits. There is no charge for the services, although donations are requested. Provides wheelchair accessibility.

Brown County Senior Citizens Council

505 North Main Street 1-513-378-6608
Georgetown, OH 45121

Provides wheel chair accessible transportation for medical appointments for Brown residents 60 years or older. A ten-day notice is required for an appointment. There is no fee for the services although donations are requested.

Butler County Enhanced Medicaid Transportation

3175 Dixie Highway
Hamilton, OH 45015

737-6634

Provides transportation for individuals throughout the Cincinnati area. A two-day notice is required for an appointment. Medicaid is accepted for wheelchair bound individuals and reduced rates are also available for disabled individuals.

Clermont Senior Services

2085 Front Wheel Drive
Batavia, OH 45103

724-1255

Provides transportation to residents of Clermont County who are 60 years of age or older or disabled. There is no fee for the service although donations are accepted.

Clermont County Enhanced

Medicaid Transportation
2400 Clermont Center Drive
Batavia, OH 45103

732-7903

Provides transportation by contracted taxicab to residents of Clermont County. Individual must have an active medical card from Medicaid and have no alternative means of transportation. A two-week notice is required for appointments.

Clifton Senior Multiservice Center

900 Rue de la Paix
Cincinnati, OH 45220

1-513-861-6934

Provides transportation to residents of Clifton, Clifton Heights, Fairview, University Heights, Winton Place, and Winton Hills who are 60 years or older. Transportation assists patients with going to and from hospitals and the downtown area.

Community Services West

St. Rt. 128 & Harrison Ave.
P.O. Box 262
Miami town, OH 45041

353-3011

Provides medical transportation to senior citizens. Community Services West coordinates with five senior centers on the west side of town (Green, Whitewater, Delhi, and Harrison). Individuals must be determined eligible by Elderly Services Program.

Dial-A-Ride

120 Washington
Cincinnati, OH 45217

1-513-641-3900

Provides transportation for St. Bernard residents. For individuals 65 years or older a fee of 10 cents is charged for each way and for individuals under 65 years old are charged 25 cents each way.

Door to Door

4627 B Carlyn
Cincinnati, OH 45241

1-513-489-7788

Provides free transportation for treatment and doctor appointments for individual with Medicaid approval. A three-day advance for taxi service and a five-day advance for bus tokens or Access is required.

Hamilton County Enhanced

Medicaid Transportation
Hamilton County Department of Human Services
222 E. Central Parkway, Fourth Floor
Cincinnati, OH 45202

1-513-946-2464

Provides free transportation for treatment and doctor appointments for individual with Medicaid approval. A three-day advance for taxi service and a five-day advance for bus tokens or Access is required.

Hyde Park Multiservice Center

2800 Erie Avenue
Cincinnati, OH 45208

1-513-321-6816

Provides transportation to elderly persons who are registered with Elderly Service Program. Areas that are covered are Mt. Lookout, Hyde Park, O'Brienville, Madisonville, and Oakley. Fee is determined on a sliding scale.

Maple Knoll Center for Older Adults

11199 Springfield Pike
Springdale, OH 45246

782-2471

Provides transportation to doctor appointments only in the areas of Wyoming, Woodlawn, Glendale, Springdale, Forest Park, and Greenhills. There is no charge for the service although donations are accepted.

Marielders Senior Center

6743 Chestnut
Cincinnati, OH 45227

1-513-271-5588

Provides free transportation for senior citizens 55 or older who are members of Marielders Center or a Mariemont resident. Areas covered are Fairfax, Terrace Park, Madison Place, and Mariemont. A one week notice is required and the individual must be ambulatory.

Medic One

8391 Blue Ash Road
Cincinnati, OH 45236

1-513-984-2000

Provides 24-hour transportation citywide. Accepts Medicaid, Medicare, and private insurance plans. Uninsured individuals fee varies for stretcher or wheelchair services (oxygen-use extra).

Sycamore Senior Adult Center

4131 Cooper Road
Cincinnati, OH 45242

1-513-984-1234

Provides transportation for senior citizens in the areas of Arlington Heights, Blue Ash, Deer Park, Evendale, Indian Hill, Kennedy Heights, Lockland, Madeira, Montgomery, Pleasant Ridge, Reading, Sharonville, Silverton, Sycamore, and Symmes Towns.

Victory Neighborhood Services

2615 Melrose Avenue
Cincinnati, OH 45206

1-513-751-6844

Provides transportation for senior citizens 55 or older in the areas of Avondale, Evanston, and Walnut Hills (zip codes of 45206, 45207, or 45229). There is no fee for seniors under 60 years old and the fees are determined for senior's 60 years or older by the Council of Aging.

Rental/Housing Assistance Programs

Ohio (Eastern Area)
Cleveland Area Office
Renaissance Building
1350 Euclid Avenue, Suite 500
Cleveland, OH 44115-1815

1-216-522-2700

Ohio (Western Area)
Ohio State Office
200 North High Street
Columbus, OH 43215-2499

1-614-469-5787

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of Central Ohio, Inc.

Port Columbus International Airport
4600 East 17th Avenue, Room 102-A
Columbus, OH 43219

1-614-231-7300

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

USO of Northern Ohio, Inc.

9199 Market Place
Broadview Heights, OH 43219

1-440-717-0999

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

Akron-Cannon Regional Foodbank

546 Grant Street
Akron, OH 44311

1-330-535-6900

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of North Central Ohio

P.O. Box 616
Amherst, OH 44311

1-440-960-2265

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Freestore Food Bank

1250 Tennessee Avenue
Cincinnati, OH 45229

1-513-482-4500

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Cleveland Food Bank, Inc.

1557 East 27th Street
Cleveland, OH 44114

1-216-696-6007

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Mid-Ohio Food Bank

1625 W. Mound Street
Columbus, OH 43223-1809

1-614-274-7770

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Emergency Food Bank

370 West 1st Street
Dayton, OH 45401-0517

1-937-461-3310

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB

5901 Dixie Highway
Fairfield, OH 45014

1-513-874-0114

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

West Ohio Food Bank

123 E. Wayne Street
Lima, OH 45802-1566

1-419-222-7946

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Southeastern OH

1005 Cic Drive
Logan, OH 43138

1-740-385-6813

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB

641 E. High Street
Springfield, OH 45505

1-937-325-8715

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Toledo Northwest Ohio FB

359 Hamilton Street
Toledo, OH 43602

1-419-242-5000

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of the Mahoning

1122 E. Midlothian Blvd.
Youngstown, OH 44502

1-330-783-9234

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

United Way Helpline

Cincinnati, OH

1-800-233-4357

1-513-721-7900

Maintains a directory of other organizations to assist with numerous issues, as well as referrals to free clinics for medical care for residents of Hamilton County.

Free Store

112 East Liberty
Cincinnati, OH 45210

1-513-241-1064

Provides free services to persons with no income and for emergency situations that include food assistance, transportation, clothing, rent, housing, medical treatment and counseling.

Ohio Early Intervention Program

State Department of Health, 5th Floor
PO Box 118
Columbus, OH 43266-0118

1-614-644-8389

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Operation Blessing

Sweet Waters Family Ministries
Box 226
Mesopotamia, OH 44439

1-330-637-6897

www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

OKLAHOMA

Oklahoma Early Intervention Program 1-405-521-4879

Oliver Hodge Memorial Education Building, Fourth Floor
2500 North Lincoln Blvd
Oklahoma City, OK 73105-4599

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Oklahoma Department of Insurance

State Insurance Commissioners Office 1-405-521-2686
3814 N. Santa Fe
Oklahoma City, OK 73118

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Oklahoma

Office of the Attorney General 1-405-521-3921
State Capitol, Room 112
2300 North Lincoln Boulevard
Oklahoma City, OK 73105

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Oklahoma Long-Term Care Ombudsman 1-405-521-6734

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Oklahoma Health Care Authority
4545 North Lincoln Boulevard
Suite 124
Oklahoma, OK 73105

1-405-530-3357

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-405-521-6628
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Medicaid Agency.

LIHEAP Assistance for Oklahoma

Division of Family Support Services
Department of Human Services
P.O. Box 25352
Oklahoma City, OK 73125

1-405-521-4488
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Oklahoma Health Insurance Risk Pool

1-800-255-6065
1-913-362-0040

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficult finding affordable coverage in the private market.

Rental/Housing Assistance Programs

Oklahoma State Office
500 West Main Street
Oklahoma City, OK 73102

1-405-553-7555

Metropolitan Fair Housing Council
of Greater Oklahoma City
1500 Northeast 4th Street
Oklahoma City, OK 73117

1-405-232-3247

Oklahoma Human Rights Commission
2101 North Lincoln Boulevard
Jim Thorpe Building, Room 480
Oklahoma City, OK 73105

1-405-521-2360

For the below listings contact

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled. 1-800-439-7247

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

OASIS Information and Referral Service

4545 North Lincoln, Suite 281
Oklahoma City, OK 73105

1-800-426-2747
oasis.ouhsc.edu

A free statewide information and referral service for children with special needs, infants and toddlers with developmental delays, and women, infants, children and adolescents with health needs. OASIS can assist with locating a wide range of services including car seat loaner program, counseling, daycare, disability organizations, parent support groups, well baby and child health check-ups, including immunizations, family planning, financial aid programs, medical services, therapy, respite care, services for children with special needs, WIC, parent-to parent matching, and prenatal care.

Rehabilitation Services

Department of Rehabilitation Services
3535 NW 58th, Suite 5001
Oklahoma City, OK 73112

1-800-845-8476
1-800-833-8973
www.onenet.net/~drspiowm

The following programs are offered through the Department of Rehabilitation Services.

Oklahoma Library for the blind and physically handicapped- A resource library designed to accommodate the blind and physically handicapped.

School for the deaf and blind- Specialty schools specifically designed for deaf and blind people.

Visual Services - Variety of services.

Services for the deaf and hard of hearing - Variety of services.

Vocational rehabilitation and supported employment - Variety of services.

Development Disabilities

Provides information on services for persons with mental retardation and other developmental disabilities 24 hours a day.

North and Western Oklahoma 1-800-522-1064

North and Eastern Oklahoma 1-800-522-1075

Central and Southern Oklahoma 1-800-522-1086

Department of Human Services

P.O. Box 25352
Oklahoma City, OK 73125

1-800-426-2747
1-405-521-2778
www.state.ok.us/~oja/oja

The following programs and services are offered through the Department of Human Services.

Medical Assistance - Provides low-income individuals with medical assistance so they may receive necessary care.

Children with Special Health Care Needs Program - Early and Periodic Screening, Diagnosis and Treatment (EPSDT)

Developmental Disabilities Services Division - Provides services for persons with mental retardation and other disabilities.

Aid to the Blind and Disabled - Programs for disabled and blind individuals.

Temporary Assistance to Needy Families (TANF) - Provides cash assistance to needy families.

Food Stamps - A monthly benefit which enable needy families and individuals to purchase nutritious foods.

Daycare Subsidy - Provides assistance with the cost of child care so the caregiver is able to work.

Oklahoma Head Start and Early Head Start

2915 Classen, Suite 215
Oklahoma City, OK 73106

1-405-524-4124
www.okacaa.org

Purpose: A comprehensive statewide program for pregnant mothers and children up to age five from low-income families. Provides health, mental health, nutrition, and social services as well as preschool education and parent involvement.

Parents as Partners in Education

1401-A NE 70th Street
Oklahoma, OK 73111

1-405-478-4078
www.parentsaspartners.org

Provides referral for parental needs such as food, clothing, section 8 housing, food stamps, WIC, developmental screening, hearing, vision testing, immunizations, and more.

Child Study Center

1100 NE 13th Street
Oklahoma City, OK 73117

1-405-271-5700

Provides behavior management training for parents, physical, occupational and speech therapy, early intervention for infants at risk, psychological evaluation and treatment and diagnosis, evaluation and treatment in many specialty areas.

Oklahoma Indian Affairs Commission

4545 North Lincoln, Suite 282
Oklahoma City, OK 73105

1-405-521-3828

Provides information concerning Indian health services and/ or your local tribal agency.

WIC

1-405-271-4477

A specialty supplement program for women, infant and children.

Oklahoma Disability Law Center

2828 East 51st Street, Suite 302
Tulsa, OK 74105

1-918-743-6220
1-800-226-5883
www.flash.net/~odlcokc

A statewide program providing free legal services to persons with disabilities or mental illness.

Oklahoma Disability Law Center

2915 Classen Boulevard, Suite 300
Oklahoma City, OK 73106

1-405-525-7755
1-800-880-7755
www.flash.net/~odlcokc

A statewide program providing free legal services to persons with disabilities or mental illness.

Senior Health Insurance Counseling Program

1-800-763-2828
1-405-521-6628

S.H.I.C.P. provides seniors with free assistance with health insurance problems or questions.

Oklahoma Food Bank

30 SE 17th Street
Oklahoma City, OK 73126

1-405-236-8349

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Tulsa Community Food Bank

1150 N. Iroquois Avenue
Tulsa, OK 74106

1-918-585-2800

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

OREGON

Oregon Early Intervention Program

State Department of Education
Public Service Building
225 Capitol St NE
Salem, OR 97301-0203

1-503-378-3598 x642

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

OR

State Insurance Commissioners Office

Dept. of Consumer & Business Services
350 Winter Street, N.E.
Room 200
Salem, OR 97310-0700

1-503-947-7984

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Oregon

Office of the Attorney General
Justice Building
162 Court Street NE
Salem, OR 97310

1-503-378-6002

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Oregon Long-Term Care Ombudsman

1-503-378-6533

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state if you have a complaint about a nursing home.

Department of Human Resources

Human Resources Bldg.
500 Summer Street, N.E., Third Floor
Salem, OR 97310-1015

1-800-359-9517

The CHIP program also known as the Oregon Health Plan was created to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office above.

Medicaid

1-503-947-7984

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary services. For general information on services contact the Oregon Medicaid Agency.

LIHEAP Assistance for Oregon

Oregon Dept. of Housing and Community Services
1600 State Street
Salem, OR 97310

1-503-986-2094

www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Oregon Medical Insurance Pool

1-503-373-1692

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called "risk pools," that serve people who have pre-existing health conditions, and often are denied or have difficult finding affordable coverage in the private market.

Family Health Insurance Assistance Program

1-888-564-9669

Offers state paid subsidies to people unable to afford health insurance coverage and who have been uninsured for at least six months.

Senior Health Insurance Benefits Assistance Program (SHIBA)

1-800-772-4134

Provides information, counseling and assistance with insurance questions or problems.

Adult and Family Service Division

500 Summer St. NE
Salem, OR 97310-1013

1-503-945-5601

The following programs and services are offered through the Adult and Family Services:

Food Stamps - A monthly benefits which enables individuals and families to purchase nutritional foods.

Emergency Assistance - Helps Low-income families meet a variety of urgent maintenance, medical or service needs. Typically used for payments to avoid utility shut-off and other shelter cost.

Employment/Education - Related Day Care - Assist In-come families with the cost of daily care.

Temporary Assistance of Needy Families (TANF) - Provides cash assists to supply basic needs for the family.

Refugee Resettlement - Offers cash and medical benefits to refugees who are in the US because of actual or threatened political persecution in their native country.

Law Enforcement Medical Liability Assistance Program (LEMLA) - The division pays medical providers for services to persons injured as a result of police actions used in their apprehension.

JOBS - Assists families in securing employment. Also provides support service payments such as childcare, transportation and other essentials.

Senior and Disabled Services Division (SDSD)

Senior and Disabled Services Division
500 Summer St, NE 2nd Floor
Salem, OR 97310-1015

1-800-282-8096

The following programs and services are offered through the Senior and Disabled Division:

Employment Assistance - Provides training and assistance to person unable to find a job.

Meals on Wheels - Provides hot nutritional meals to people unable to care for themselves

Transportation - Arranges rides to and from medical facilities, errands, and to pay bills.

In-Home Assistance - Assists with basic tasks such as laundry.

Adult Daycare - Allows caregivers a rest period where the individual is in a monitored and structured environment.

General Assistance - Provides cash and medical assistance to individuals with physical or mental disabilities.

Respite Care - Provides up to two full weeks of care.

Women, Infant and Children (WIC) 1-800-SAFNET

A supplemental food program for women, infants and children.

Rental/Housing Assistance Programs

Oregon State Office
Suite 700
400 Southwest Sixth Avenue
Portland, OR 97204-1632
1-503-326-2661

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Oregon Food Bank

2540 NE Riverside Way
Portland, OR 97211
1-502-282-0555

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

PENNSYLVANIA

State Insurance Commissioners Office

Pennsylvania Department of Insurance 1-717-787-7000
1326 Strawberry Square
Harrisburg, PA 17120

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Pennsylvania

Office of the Attorney General 1-717-787-3391
Strawberry Square
Harrisburg, PA 17120

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Pennsylvania Long-Term Care Ombudsman 1-717-783-7247

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health & Social Services 1-800-986-KIDS
1345 Strawberry Square 1-717-705-0009
Harrisburg, PA 17120

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-783-7067
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Pennsylvania Medicaid Agency.

Pennsylvania Department of Health & Social Services

Division of Food Stamps & LIHEAP
Complex 2, Room 224
Willow Oak Building, P.O. Box 2675
Harrisburg, PA 17105

1-717-772-7907
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

First Call for Help

1-800-411-8929

Is a United Way program in Philadelphia that assists in the areas of energy assistance, rental assistance, and childcare information.

Commonwealth of Pennsylvania

Department of Public Welfare
Allegheny County Assistance Office
Pittsburgh State Office Building
300 Liberty Avenue
Pittsburgh, PA 15222-1215

1-800-692-7462
1-717-787-7000

Provides a variety of social services.

Caring Foundation for Children

1-800-543-7105

Provides medical assistance to children under nineteen living in Western Pennsylvania ineligible for medical assistance and is not insured. You will not be turned down because of family income for free, low-cost or direct pay health insurance.

HealthChoice

1-800-485-5998

Health care program for people in Pennsylvania who get medical services received with your Access card are covered under HealthChoice. This program includes Behavioral Health Services for medical assistance recipients including mental health, drug and alcohol programs. Counties served through this program include: Allegheny, Armstrong, Beaver, Butler, Fayette, Greene, Indiana, Lawrence, Washington and Westmoreland counties.

Food Stamps

1-800-692-7462 (Welfare Helpline)

A monthly benefit, which enables individuals and families to purchase nutritional foods.

Department of Health State Health Center

Immunizations available free of charge at State Health Centers. For more information contact the following agencies.

Allegheny County 1-412-578-8060
Philadelphia County 1-215-685-6740
All other areas calls: 1-800-692-7254

Healthy Beginnings Pennsylvania

Department of Public Welfare 1-800-842-2020

Pays for health care for eligible children and pregnant women, prenatal care, doctor visits, childhood shots and other types of health care are provided under this medical assistance program.

Women, Infants and Children (WIC) 1-800-942-9467

A supplemental food program for women, infants and children, who provide cereal, juice, milk, cheese, formula and eggs.

**Early and Periodic Screening
Diagnosis and Treatment (ESPDT)** 1-800-KIDS-MED

A federal-state partnership that replaces episodic, crisis oriented care often received by the poor with comprehensive preventive treatment care. ESPDT provides periodic evaluation of an eligible child's physical, dental, mental health status for children under 21 years of age. Included in the Family Care Network Providers.

Cash Assistance 1-800-692-7462

Cash payment to help eligible persons who don't have enough income to meet their basic needs. If you are eligible for case advance, you are automatically eligible for medical assistance.

Medical Assistance Transportation Program (MATP)

Provides rides to and from your medical providers, mileage reimbursement can be provided.

The following are the counties participating in MATP:

Allegheny 1-412-350-4476	Armstrong 1-724-548-3405
Beaver 1-724-728-5633	Butler 1-724-282-6060
Fayette 1-724-282-6060	Greene 1-724-627-6778
Indiana 1-724-465-265	Lawrence 1-724-652-5588
Washington 1-800-331-5658	Westmoreland 1-800-242-2706

Healthy Horizons

1-724-565-2146

This is a two-part medical assistance program for people age 65 or older, or persons with a disability. The intent of this program is to ensure adequate healthcare for elderly/disabled persons with low incomes and to allow more spendable income for these individuals by paying their Medicaid premiums.

Rental/Housing Assistance Programs

Pennsylvania (Eastern Area) 1-215-656-0574
Pennsylvania State Office
The Wanamaker Building, 100 Penn Square East
Philadelphia, PA 19107-3390

Pennsylvania (Western Area), 1-412-644-6571
Pittsburgh Area Office
412 Old Post Office, Courthouse Building
7th and Grant Street
Pittsburgh, PA 15219-1906

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of Philadelphia, Inc.

Airport Center 1-215-365-8889
Philadelphia International Airport
Terminal D
Philadelphia, PA 19153

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

SH FB

1703 Ash Street
Erie, PA 16503

1-814-459-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Northwest PA

821 Broadway Avenue
Farrell, PA 16121

1-724-981-0353

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

PA

Community Food Warehouse

3908 Corey Road
Harrisburg, PA 17109

1-717-564-1700

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Greater Pittsburgh FB

3200 Walnut Street
Philadelphia, PA 19065

1-215-739-7394

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Greater Philadelphia FB

1011 Tuckerton Court
Reading, PA 19605

1-610-926-5802

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Greater Boats Food Bank

165 Amber Lane
Wilkes Barre, PA 18703

1-570-826-0510

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Rx Council

1-412-471-9570
trfn.clpgh.org/rxcouncil

The Rx Council of Western Pennsylvania exists to provide emergency prescription assistance through direct services to Allegheny County Residents on a low or fixed income.

Action-Housing

1-412- 824-2444
1-412-291-2102

Uses their financial and human resources to empower the most vulnerable families and individuals in Pittsburgh and Allegheny County to build more secure and self-sufficient lives through the provision of decent affordable housing and essential supportive services.

Homeless Assistance - Designed to help insure the availability of shelter, food and other basic services for homeless families and individuals throughout Pittsburgh and Allegheny County.

Emergency Shelters - an interactive list is offered on the above website.

Mortgage Assistance Program and the Pennsylvania Homeowner's Emergency Mortgage Assistance Program (HEMAP), which the agency helps to administer, enable long-term unemployed homeowners to save their homes from foreclosure through counseling and direct financial assistance. Call William Susan at (412- 281-2102) for more information.

Development Program - Contact Jennifer DiNardo at (412- 281-2102) for more information.

Weatherization - Provides weatherization, energy education, furnace repair and replacement services to low-income families and elderly and disabled persons in the City of Pittsburgh and Allegheny, Washington and Greene Counties. A Crisis services is provided to restore heat during cold winter months for low-income clients.

Social Service Coordination For Seniors and the Disabled - services may include referrals to the Area Agency on Aging for housekeeping, personal grooming, shopping assistance and Meals on Wheels. Assistance is also offered in applying for LIHEAP, Medicare, PACE, rent rebates and other programs for which seniors and those with physical/mental disabilities may be eligible.

Family Self-Sufficiency - helps very low-income, single parent families in Allegheny County to secure and maintain decent, affordable housing and higher levels of self-sufficiency.

Supportive Housing Management Services (SHMS) - manages housing for the homeless, women and children in crisis situations, frail elderly with limited income, persons with physical and mental disabilities, long-term Unemployed, public housing residents and other low and moderate income families.

APPRISE

Department of Aging

1-800-783-7067

Volunteers provide elderly and disabled individuals with educational assistance with Social Security, Medicaid Medicare, Medicare HMO, Medigap, the prescription drug program PACE, as well as their rights.

PACE/PACENET

Department of Aging

1-800-225-7223

Provides pharmaceutical assistance for the qualified elderly.

Pennsylvania Early Intervention Program

Office of Mental Retardation
Department of Public Welfare
PO Box 2675
Harrisburg, PA 17105-2675

1-717-783-8302

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Neighbor For Neighbor Heat Fundwww.nationalfuelgas.com

This fund provides grants to help people prevent disconnection of their utility service, pay current or past due bills, and purchase home heating fuel of any kind. Applications for the program are screened and grants are administered by human service organization from the 14 Northwestern Pennsylvania counties.

Wings For Children, Inc.

15 Allegheny County Airport
Pittsburgh, PA 15122

1-800-743-5527

1-412-469-9330

www.wingsforchildren.com

Provides transportation with small private aircrafts for children with chronic/life threatening diseases to access treatment.

Variety Club

1520 Locust Street, Suite 900
Philadelphia, PA 19102 1-215-735-0803

1-800-553-7806

Provides the following programs and services to special-needs children throughout the Delaware Valley region:

Variety At Work - Takes children on trips and outings.

Holiday Party - Provides a party for hundreds of disabled children ages 6-12 years old.

Golf Buddy Program - Introduces golf to physically and developmentally disabled children.

Sunshine Coach Program - Purchases brand new Ford passenger vans and awards them to institutions and organizations that help children.

Direct Care for Kids - Assists families in purchasing much needed medical equipment

Variety Club Camp and Developmental Center - offers two and three-week residential camp sessions, adapted aquatics, wheelchair basketball, dancing, adapted SCUBA lessons, after schools programs, and weekend retreats.

Bethel Deliverance Church

Operation Blessing
2923 West Cheltenham Ave.
Philadelphia, PA 19150

1-215-885-2585

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

The Special Kids Network

Pennsylvania Department of Health

1-800-986-4550

www.health.state.pa.us

This program works with communities across Pennsylvania to improve access to services for children with special needs. You may access information and resources through their online searchable database or call directly.

PUERTO RICO

State Insurance Commissioners Office

Puerto Rico Department of Insurance
Cobian's Plaza Building
1607 Ponce de Leon Avenue
Santurce, PR 00909

1-787-722-8686

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Puerto Rico

Office of the Attorney General
P.O. Box 192
San Juan, PR 00902-0192

1-787-721-7700

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Puerto Rico Long-Term Care Ombudsman 1-787-725-1515

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health
G.P.O. Box 70184
San Juan, PR 00936

1-809-765-1230

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed below or the toll-free number above.

Medicaid

1-787-721-8590
www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Puerto Rico Medicaid Agency.

Caribbean Food Bank

P.O. Box 2989
Bayamon, PR 00906

1-787-740-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Puerto Rico Early Intervention Program

Department of Health
Office of the Secretary
Call Box 70184
San Juan, PR 00936

1-787-274-5659

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

RHODE ISLAND

State Insurance Commissioners Office

Department of Business Regulation
233 Richmond Street
Suite 233
Providence, RI 02903-4233

1-401-456-9100

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Rhode Island Long-Term Care Ombudsman 1-401-785-3340

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Human Services
600 New London Avenue
Cranston, RI 02920

1-800-299-8444
1-401-464-2501

The CHIP program also known as RITE Care was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Rhode Island Medicaid Agency nearest you.

1-800-675-9397 - Newport District Office

1-800-984-8989 - Pawtucket District Office

1-800-862-0222 - North Kingstown Office

1-800-471-1757 - Warwick District Office

Department of Administration

Division of Central Services
State Energy Office
One Capital Hill
Providence, RI 02908-5850

1-401-222-6920 ext. 112

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Division of Elders

1-401-222-2858

Provides human, physical, and financial assistance to eligible senior citizens. Some services include, but are not limited to are transportation, nutrition and home meals programs, home and respite care, protective services, and elderly housing.

Rhode Island Pharmaceutical

Assistance to the Elderly

1-800-322-2880
1-401-222-2880

A co-payment program covering prescription drugs for certain medical conditions.

Department of Human Services

600 New London Avenue
Cranston, RI 02920

1-401-462-2121
www.dhs.state.ri.us

Provides medical and financial aid, food stamps and social services to individuals who need assistance.

Rhode Island Department of Health

3 Capitol Hill
Providence, RI 02908

1-401-222-2231

The following programs and services are offered through the Department of Health.

Children's Preventive Services 1-401-222-2312 - Provides services for all children in Rhode Island, including newborn developmental and metabolic screenings, and immunizations; links childhood program databases to each other and the healthcare providers.

Children with Special Health Care Needs 1-401-222-2312 - Provides programs that address the needs of children at risk for chronic health and developmental problems. Programs include prenatal screening for metabolic, hemoglobinopathy, hearing, and other developmental risks. As well as early intervention programs, disability prevention, addressing brain injury, ADA compliance, clinical specialty programs, and system development for children with complex technology-dependent conditions.

Maternal and Child Health (MCH) 1-401-222-2312 - Provides family planning and family life, prenatal programs including the Childhood Immunization Program, Childhood Lead Poisoning Prevention Program, Home Visiting Program, child and adolescent programs, and nutrition services and information.

Women, Infants and Children (WIC) Program 1-800-942-7434 - Service includes assessment of nutritional status, provisions of nutritious food, nutrition education, breastfeeding promotion and assistance in securing referrals to other services.

AIDS Information and Referral 1-401-222-2320 or 1-401-222-2577 - Provides funding for education, case management, treatment and other ancillary services.

Children with Special Health Care Needs 1-401-222-2312 - Provides direct programs to address the needs of children at risk such as prenatal screening for metabolic, hemoglobinopathy, hearing, and many others.

Maternal and Child Health 1-800-942-7434 (Mother and Child Hotline) 1-800-624-2700 (Nutritional Hotline) - Administers child and adolescent programs, nutrition services and information, family planning and prenatal programs.

Rental/Housing Assistance Programs

Rhode Island State Office
10 Westbosset Street
Providence, RI 02903-3234

1-401-528-5370

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Rhode Island Community Food Bank

104 Hay Street
West Warwick, RI 02893

1-401-826-3073

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Rhode Island Early Intervention Program

Division of Family Health
Cannon Building 3
Capitol Hill, Room 302
Providence, RI 02908-5097

1-401-222-4612 x112
www.health.state.ri.us

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Ride Transportation

1-800-479-6902

Provides eligible elderly persons with transportation to and from doctor appointments.

Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

Providence Gas Company
Toohey 100 Weybosset Street
Providence, RI 02903

Tel: 401-272-5040

SOUTH CAROLINA

Attorney General of South Carolina

Office of the Attorney General
150 Main Street
Columbia, SC 29211-1549

1-401-274-4400

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

State Insurance Commissioners Office

South Carolina Department of Insurance
1612 Marion Street
P.O. Box 100105
Columbia, SC 29202-3105

1-803-737-6212

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of South Carolina

Office of the Attorney General
Rembert C. Dennis Office Building
P.O. Box 11549
Columbia, SC 29211-1549

1-803-734-3970

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

South Carolina Long-Term Care Ombudsman

1-803-898-2850

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Human Services
1801 Main Street, 11th Floor
Columbia, SC 29202-8206

1-803-253-6100

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-803-898-2850

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the South Carolina Medicaid Agency.

LIHEAP Assistance for South Carolina

South Carolina Division of Economic Opportunity 1-803- 734-9861
Division of Public Health
1205 Pendleton Street
Columbia, SC 29201

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

South Carolina Comprehensive
Health Insurance Association

1-803-788-0222

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called, "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage.

Rental/Housing Assistance Programs

South Carolina State Office
Strom Thurmond Federal Building
1835 Assembly Street
Columbia, SC 29201-2480

1-803-765-5831

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of Charleston, Inc.

5500 International Boulevard
Suite #120
Charleston, SC 29418-6922

1-803-883-3811

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

Community Food Bank of the Piedmont

206 S. Main Street
Mauldi, SC 29662-0873

1-843-747-8146

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Lowcountry Food Bank

1635 Cosgrow Road
Charleston, SC 29405

1-843-747-8146

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

South Carolina Early Intervention Program

Division of Community Health Services
Robert Mills Complex, Box 101106
Columbia, SC 29201

1-803-898-0591

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.



SOUTH DAKOTA

South Dakota Long-Term Care Ombudsman 1-605-773-3656

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Social Services
Richard F. Kneip Building
700 Governors Drive
Pierre, SD 57501-2291

1-800-529-5000
1- 605-773-3495

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Office of Energy Assistance

Department of Energy Assistance
Department of Social Services
206 W. Missouri Avenue
Pierre, SD 57501-4517

1-605-773-4131/3668
www.liheap.com

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Weatherization (WAP) 1-800-223-8503

Assists low-income households overcome the high cost of energy by making their homes more energy efficient.

Inter-Lakes CAA 1-605-256-6518

Provides community service clinical development senior nutrition, public transportation, housing, energy programs, emergency/homeless services and Microenterprise Development.

Greater Missouri CAA 1-605-224-9904

Provide resolving loan fund, weatherization program-energy conservation program, Emergency Food and Shelter Program, Homecare Program, self-sufficiency program: Child Care, Housing and Transportation.

Northeast SD CAA

1-605-698-7654

Provides energy conservation, housing development, nutrition and economic development.

Rural Office of CAA

1-605-487-7635

Provides financial assistance and direct services to those needing transportation, elderly nutrition, weatherization and emergency services.

Oglala Sioux Tribe Weatherization

1-605-867-5169

Programs to assist low-income individuals and families with weatherization.

South Dakota Department of Health

615 E. 4th Street
Pierre, SD 57501-1700

1-800-738-2301
1-605-773-3737

The following are some of the programs and services are offered through the Department of Health.

WIC - Supplement nutrition program for women, infant and children.

Children's Special Health Services (CSHS) 1-800-529-5000 -Provides financial assistance for specified conditions and procedures to children with a chronic illness, disabling condition and other and other special health care needs.

South Dakota Women's Cancer Network

1-800-738-2301
1-800-660-7703

Provides direct assistance to women who need diagnostic and treatment services for breast and cervical cancer but cannot afford such service.

Department of Social Services

700 Governors Drive, Knup Building
Pierre, SD 57501

1-605-773-3165

The following are some of the programs and services are offered through the Department of Social Services.

Child Care Services 1-800-227-3020 - Assist low-income individuals with their child care bills.

Temporary Assistance for Needy Families (TANF) -Temporary public assistance for families with children under 18 years old.

Food Stamp - A monthly benefit provided to assist individuals or families with the purchase of nutritional food.

Refugee Assistantance 1-605-773-4678 -Provides medical and financial assistance.

Communications Services for the Deaf (CSD) 1-800-642-6410
1-605-367-5760

Provides a variety of services to deaf or hard of hearing people such as independent living, housing, legal assistance, interpreting services, Deaf-Blind Program, Employment Services and many more.

Aberdeen Area Family Support Program

PO Box 134 1-888-225-3080
Aberdeen, SD 57402 1-605-225-0044

Provides financial assistance to purchase services and supports but does not offer service coordination. Families not served by a local support program are eligible through the state program. (McPherson, Edmunds, Faulk, Brown, Spink, Marshall, and Western Day Counties)

Northeast Family Support Program

100 S. Maple, PO Box 81 1-800-499-7404
Watertown, SD 57201 1-605-882-5080

Provides financial assistance to purchase services and supports but does not offer service coordination. Families not served by a local support program are eligible through the state program. (Roberts, Grant, Codington, Deuel, Hamlin, Clark, and Eastern Day Counties)

SE Family Support Program

PO Box 328 1-888-816-5880
Wakonda, SD 57073 1-605-267-2079

Provides financial assistance to purchase services and supports but does not offer service coordination. Families not served by a local support program are eligible through the state program. (Clay, Turner, Union, Lincoln, Charles Mix, Bon Homme, Yankton, Hutchinson, and Douglas Counties)

Adult Services & Aging

700 Governors Drive 1-605-773-3656
Pierre, SD 57501-2291 www.state.sd.us/social/asa

The following programs are offered through the Adult Services & Aging. A voluntary contribution is a required fee or co-pay maybe required depending on service.

Noon Meals -Provides a hot nutritious meal every weekday either in group dining or home delivered.

Transportation - Provides rides for medical appointments, shopping, senior center activities, banking and other essential errands.

In -Home Services - Provides elderly and disabled adults with assistance in routine household tasks.

Homemaker Services - Includes housekeeping, laundry, floor care, assists with personal hygiene and other household tasks.



SH FB of South Dakota

3511 North First Avenue
Sioux Falls, SD 57104

1-605-335-0364

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

State Insurance Commissioners Office

Dept. of Commerce & Regulation
500 E. Capitol
Pierre, SD 57501

1-605-773-3563

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of South Dakota

Office of the Attorney General
500 East Capitol
Pierre, SD 57501-5070

1-605-773-3215

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Medicaid

1-605-773-3656

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical expenses. For general information on services contact the South Dakota Medicaid Agency.

Energy Crisis Intervention Program (ECIP) 1-800-233-8503

Assists low income households in a crisis assistance such as a disconnection notice refusal to deliver fuel with less than 20% in the tank, have been evicted for non-payment and heat is included in rent or furnace repair is needed.

Western SD CAA

1-605-348-1460

Programs provided include basic need assistance, weatherization, and community based economic development and employment assistance.

All Women Count!

1-800-738-2301

Serves women 40-64 years of age for Pap Smears and 50-64 for mammograms, women without insurance to pay for screening exams and women who have insurance but cannot pay the deductible or co-payment.

USA Relay

1-800-877-1113

Provides a third person relay agent who helps "relay" a conversation between those who use TTY's for communicate on the phone and those who do not.

Easter Seal Society of South Dakota, Inc.

1-800-592-1852

Offer a wide variety of family services, which include financial assistance for equipment, medication and transportation. Also provides equipment to loan free of charge.

Statewide Family Support Program

1-800-529-0505

Provides financial assistance to purchase services and supports but does not offer service coordination. Families not served by a local support program (see list below) are eligible through the state program.

Black Hills Support Program

1-800-283-7109

870 N. Main, Box 295

1-605-578-3298

Deadwood, SD 57732

(Rapid City and the Northern Hills Area)

Mitchell Family Support Program

PO Box 445

1-800-456-0728

Woonsocket, SD 57385

1-605-796-4591

(75 miles radius of Mitchell)

Sioux Falls Family Support Program

1-605-376-7680

715 E. 14th Street

Sioux Falls, SD 57104

(Sioux Falls City Limits)

Aberdeen Area Family Support Program

1-888-225-3080

PO Box 134

1-605-225-0044

Aberdeen, SD 57402

(McPherson, Edmunds, Faulk, Brown, Spink, Marshall and Western Day Counties)

Northeast Family Support Program

1-800-499-7404

100 S. Maple, PO Box 81

1-605-882-5080

Watertown, SD 57501

(Roberts, Grant, Codington, Deuel, Hamlin, Clark and Eastern Day Counties)

SE Family Support Program

1-888-816-5880

PO Box 328

1-605-267-2079

Wakonda, SD 57073

(Clay, Turner, Union, Lincoln, Charles Mix, Bon Homme, Yankton, Hutchinson and Douglas Counties)

RX Access 1-800-822-8804

Assist with obtaining prescriptions medications at low or no cost.

SHIINE 1-800-822-8804
(Senior Health Information and Insurance Education)

Volunteers to help with insurance and billing questions free of charge.

Rental/Housing Assistance Programs

South Dakota State Office 1-605-330-4223
HUD-Sioux Falls Office
2400 West 49th Street, Room I-201
Sioux Falls, SD 57105-6558

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Black Hills Regional Food Bank

814 N. Maple 1-605-348-2689
Rapid City, SD 57701

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

South Dakota Early Intervention Program

700 Governors Drive
Pierre, SD 57501

1-605-773-4478

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Fuel Funds

www.nationalfuelunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelunds.org/statesa-c.html (listed below):

The Salvation Army
1003 6th Avenue
Aberdeen, SD 57401

Tel: 605-225-7410
Fax: 605-225-1304
rmlab@juno.com

TENNESSEE

State Insurance Commissioners Office

Department of Commerce and Insurance
500 James Robertson Parkway, 4th Floor
Nashville, TN 37243-0574

1-800-342-4029
1-615-741-2218

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Tennessee

Office of the Attorney General
500 Charlotte Avenue
Nashville, TN 37243

1-615-741-6474

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Tennessee Long-Term Care Ombudsman 1-615-741-2056

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP) 1-615-741-0213

Department of Health & Social Services
729 Church Street
Nashville, TN 37247-6501

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid (TennCare) 1-800-525-2816

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Tennessee Medicaid Agency.

**Qualified Medicare Beneficiary (QMB) /
Special Low Income Medicare Beneficiary (SLMB)**

1-800-624-5547

A hotline that provides information about eligibility for QMB/SLMB, which provides payment of Medicare premiums, deductibles and co-payments by the TennCare program.

LIHEAP Assistance for Tennessee

Department of Human Services
Citizens Plaza Building
400 Deaderick Street
Nashville, TN 37248

1-907-465-3066

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

TennCare Program

1-615-741-8642

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called, "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage.

Department of Human Services

Citizens Plaza Building
400 Deadrick Street
Nashville, TN 37248-0001

1-615-313-4700

The following are programs and services offered.

Food Stamps 1-800-342-1784 - Monthly benefits which enables low-income families and persons to purchase nutritional foods.

Families First 1-888-863-6178 - Provides cash grants, education, job training, child care, employment assistance, and transitional benefits to poor or low-income people working toward a lifestyle without welfare.

Temporary Assistance for Needy Families (TANF) - Provides temporary assistance to eligible needy families.

Community Program Section - Provides adult protection services, homeless, refuge, summer food program, family day homes, weatherization, low-income energy assistance as well as child care funding.

The Sundquist Administration's Welfare Reform Program – Families First provides cash grants, education, job training, child care, employment assistance and transitional benefits to poor or low income Tennesseans working toward a lifestyle without welfare.

Services for the Blind and Visually Impaired 1-800-628-7818

Provides information and assistance with services provided by the Division of Rehabilitation Services, and Services for the Blind and Visually Impaired.

Tennessee Council for the Hearing Impaired 1-800-270-1349

Provides information and assistance with services to the deaf and hard of hearing by the Division of Rehabilitation Services and the Tennessee Council for the Hearing-Impaired.

Department of Health

1-615-741-3321

The following programs are offered through the local health Department:

Child Health - Provides well child check-ups including physical exams, screening test, immunizations and screenings.

Immunization Shots - Children and adult can receive necessary vaccines.

Primary Care - Medical staff are available for diagnosis and treating acute and chronic illness, as well as providing diagnostic testing such as blood pressure screening and pap smears.

Family Planning - Receive complete physical exams and all appropriate lab test, as well as, provide patients with birth control.

Sexually Transmitted Disease Control - Provide confidential testing, treatment and partner notification for sexually transmitted disease including HIV/AIDS.

Tuberculosis Control - Provides diagnosis, treatment, and follow-up services for person with Tuberculosis medicine is available when needed.

Nutrition - Can teach individuals the proper nutrition for everyday life.

WIC - A supplemental food program for women, infants and children.

Children Special Services - Assist with medical treatment for children to age 21, when they have special medical needs and the family is financially unable to provide the necessary care.

Prenatal - Provides pregnancy testing, presumptive eligibility screening for Medicaid and referral for prenatal care. Some departments have full service prenatal care.

HUG (Help US Grow) - Provides home visits by a public health nurse to families whose infants may be at risk for medical or developmental problems.

AIDS Hotline

1-800-525-2437

Provides answers to questions regarding HIV/AIDS and can provide information on where to get tested, how to get in touch with support groups, symptoms of the disease or how the virus is transmitted.

Baby Hotline

1-800-428-BABY

Provides information and assistance in arranging prenatal care for women planning a pregnancy or already pregnant.

Health Access Hotline

1-800-659-3010

Provides information about the Health Access Incentive Program to interested parties or potential applicants. The program provides financial incentives for primary care providers who agree to practice in medically underserved areas of Tennessee.

Traumatic Brain Injury Hotline

1-800-882-0611

Provides information on traumatic brain injury data and Tennessee's Traumatic Brain Injury Program.

Nursing Home Residents' Grant Assistance Program

1-615-255-8313 ext. 68

Provides financial support for eligible individuals residing in nursing homes licensed by the State of Tennessee, who do not have their nursing home care paid for, in whole or in part, by a federal, state or combined federal/state medical care program.

Rental/Housing Assistance Programs

Tennessee (Western Area)
Tennessee State Office, Suite 200
251 Cumberland Bend Drive
Nashville, TN 37228-1803

1-615-736-5063

Tennessee Knoxville Area Office
(Eastern Area)
John J. Duncan Federal Building
710 Locust Street, Third Floor
Knoxville, TN 37902-2526

1-615-545-4389

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of Metropolitan, Memphis and Shelby County, Inc.

7918 Church Street
P.O. Box 907
Millington, TN 38083-0907

1-901-872-7722

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

Chattanooga Food Bank

3402 N. Hawthorne Street
Gray, TN 37615

1-423-622-1800

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Northeast Tennessee

127 Dillon Court
Jackson, TN 38302

1-423-477-3394

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of West Tennessee

255 N. Highland
Jackson, TN 38302

1-901-424-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.



SH FB of East Tennessee

922 Delaware Avenue
Knoxville, TN 37921

1-423-521-0000

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of West Tennessee

255 N. Highland
Chattanooga, TN 37406

1-901-424-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Memphis Food Bank

239 S. Dudley Street
Memphis, TN 38104

1-901-527-0841

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Healing Hands Health Center

210 Memorial Drive
Bristol, TN 37620

1-423-652-0260

Free clinic offering free or reduced cost dental services.

St. Jude Children's Research Hospital

501 St. Jude Place
Memphis, TN 38105

1-800-822-6344
www.stjude.org

Mission is to care for children stricken with catastrophic diseases, to conduct medical research on those diseases and to raise the funds to allow St. Jude to accomplish this. No child is ever turned away for there inability to pay.

Tennessee Early Intervention Program

State Department of Education
Andrew Johnson Tower, 5th Floor
710 James Robertson Parkway
Nashville, TN 37243-0375

1-615-741-3537

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Senior Citizen Insurance Assistance

1-800-525-2816

Provides assistance to seniors with questions or concerns with their insurance.

Isaiah 58 - Belmont Church

Operation Blessing
68 Music Square East
Nashville, TN 37203

1-615-256-2123
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below)

City of Chattanooga Human Services
501 West 12th Street
Chattanooga, TN 37402

Tel: 423-757-5551
Fax: 423-757-5125

Knoxville Utilities Board
626 Gay Street
Knoxville, TN 37950

Tel: 423-524-2911
Fax: 423-558-2386

Knoxville Utilities Board
P.O. Box 59017
Knoxville, TN 37950-9017

Tel: 865-594-7401
Fax: 865-594-7271

Memphis Light, Gas & Water Div.
P.O. Box 430
Memphis, TN 38101

Tel: 901-528-4820
Fax: 901-528-4086
pbrewer@migw.org

TEXAS

State Insurance Commissioners Office

Texas Department of Insurance
333 Guadeloupe Street
P.O. Box 149104
Austin, TX 78714-9104

1-512-463-6464

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Texas

Office of the Attorney General
Capitol Station
P.O. Box 12548
Austin, TX 78711-2548

1-512-463-2191

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Texas Long-Term Care Ombudsman

1-800-252-2412

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health & Social Services
P.O. Box 13247
Austin, TX 78711

1-800-252-8263

1-512-424-6536

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-252-9240

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Texas Medicaid Agency.

LIHEAP Assistance for Texas

Texas Department of Health & Social Services 1-512-475-3864
Division of Public Health
P.O. Box 13941
Austin, TX 78711-3941

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Texas Health Insurance Risk Pool 1-888-398-3927
1-512-474-1587

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called, "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage.

Department of Human Services

John H. Winters Human Services Complex 1-512-438-3011
P.O. Box 149030
Austin, TX 78714-9030

The following are some of the programs and services are offered through the Department of Human Services.

Food Stamps 1-800-248-1078 - A monthly benefit that enables eligible individuals or families purchase nutritional food.

Temporary Assistance for Needy People (TANF) - Provides cash grants to eligible needy families.

Community Care Programs - Provides a variety of care programs for the aged and disabled to keep them in their community.

Child Care Subsidiary - Provides assistance with paying for child care so that the caretaker may remain employed.

Department of Health

1100 West 49th Street 1-512-458-7519
Austin, TX 78756

The following are some of the programs and services are offered through the Department of Health.

Medical Transportation - Provides non-emergency transportation services to authorized medical and dental care.

Healthy Steps -Largest most comprehensive medical/dental prevention and treatment program for children of low-income families.

Comprehensive Care Program of Texas Healthy Steps - Offers additional services for Medicaid clients younger than twenty-one. Services may include provisions of meals/lodging for a child and/or one attendant when an overnight stay at a medical facility is medically necessary. Prepayment for mileage may be provided for drivers who transport clients.

Disaster Assistance Program - Receive up to \$13,900 in grant money made up of Federal and State tax dollars, which don't have to be paid back. For more information contact the toll free number given by the media after a natural disaster (FEMA).

Refugee Cash Assistance Program - Provides temporary cash assistance to refugees who are not eligible for the TANF program.

Refugee Medical Assistance - Refugees receiving cash assistance can also receive assistance under the Medicaid program.

Repatriation - Provides temporary assistance such as food, lodging, medical care to a U.S. citizen and their dependents who have returned from a foreign country because of a crisis and are without available resources.

Texas Commodity Assistance Program (TEXCAP) - Distributes a portion of the nation's agricultural abundance to low-income and unemployed persons and households.

Breast and Cervical Cancer Control Program - Provides eligible women aged 50-64 free mammograms, pap tests, colonscopy, biopsies and other diagnostic procedures, breast examinations, client education, and public information. For more information call 1-800-452-1955.

Rental/Housing Assistance Programs

Texas (Southeastern Area) 1-714-834-3235
Houston Area Office, Norfolk Tower
2211 Norfolk, Suite 200
Houston, TX 77098-4096

Texas (Southwestern Area) 1-210-229-6783
San Antonio Area Office
Washington Square, 800 Dolorosa Street
San Antonio, TX 78207-4563

Texas (Northern and Western Areas) 1-817-885-5934
Texas State Office
1600 Throckmorton, P.O. Box 2905
Fort Worth, TX 76113-2905

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of South Texas, Inc.

Building 3, Naval Air Station
Corpus Christi, TX 78419

1-512-776-4779

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

USO of Greater Houston, Inc.

P.O. Box 397
Houston, TX 77001-0397

1-713-313-1754

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

USO of San Antonio and Central Texas, Inc.

420 East Commerce Street
San Antonio, TX 78205

1-210-227-9373

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

Food Bank of Abilene

5505 North First
Abilene, TX 79603

1-915-695-6311

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

High Plains Food Bank

815 South Ross
Amarillo, TX 79120

1-806-374-8562

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Capital Area FB

8201 South Congress Avenue
Austin, TX 78745

1-512-282-2111

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

FB of Corpus Christi

826 Krill Street
Corpus Christi, TX 78403

1-361-887-6291

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

North Texas FB

436 Schilling Way
Dallas, TX 75237

1-214-330-1396

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Arrant Area FB

2600 Cullen
Ft. Worth, TX 76147

1-817-332-9177

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Houston FB

3811 Eastex Freeway
Houston, TX 77026

1-713-223-7300

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

South Plain FB

4612 Locust Avenue
Lubbock, TX 79404

1-806-763-3003

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

FB of the Rio Grande Valley

2601 Zinnia
McAllen, TX 78502

1-956-682-0101

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

West Texas FB

P.O. Box 4242
Odessa, TX 79760

1-915-580-6333

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

San Antonio FB

4311 Director Drive
San Antonio, TX 78219

1-210-337-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Regional East Texas FB

P.O. Box 6974
Tyler, TX 75711

1-903-597-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Community FB of Victoria

3809 East Rio Grande
Victoria, TX 77903

1-361-578-0591

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Witchita Falls

1230 Midwestern Pkwy
Witchita Falls, TX 76307

1-940-766-2322

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

United Way Help Line

San Antonio, TX

1-210-227-4357
1-210-227-HELP

Provides emergency assistance to homeless persons in the San Antonio area. Advice on resources for emergency cases.

Apartments Subsidized Through HUD Rental Programs

You must contact each one individually to inquire about type of assistance available and waiting list procedures.

Antioch Village	337-4171	Pan American League	435-0172
Aurora Apartments	222-9951	Park South Village	922-1283
Austin Apartments	655-0421	Pecan Hill	826-3048
Candleridge Apts	435-6331	Pin Oak	342-0333
Chaminade Apts	732-8244	Point East Apts	333-2871
Cheyenne Village	433-1712	Ridgecrest	822-5270
Chisolm Trace		Rigsby Apts	337-4241
Christian Village	680-4829	Roseville Apts	333-8031

County Club Village	822-0843	Sacred Heart	222-0825
East Park Place	661-4197	San Jose Apts	924-0410
Glenwood Apts	736-5554	Sunshine Plaza	735-1936
Granada Homes	225-2645	Sutton Square	732-7654
Guild Park	927-5901	Twin Oaks Apts	696-7885
Independence Sqaure	532-3118	Union Oaks Apts	533-5061
Ingram Square	436-1644	Villa Alegre	675-6411
La Lucinda Arms	655-0421	Villa De Amistad	924-7363
Las Palmas Gardens	433-7621	Villa O'Keefe	333-3461
Lasker O. Hereford	435-7024	Vista Verde I	223-4796
Monarch Place	737-7769	Vista Verde II	226-5377
Morningview Oaks	337-2539	Walnut Manor	349-1075
Mt. Zion	225-7111	West Avenue Apts	344-1204
Nimitz Apts	341-5285	West Durango Plaza	435-1061
Northwest Apts	735-8116	West End Baptist	433-3091
Oak Hill Road	672-2877	WestMinister Square	733-6641
Palacio Del Sol	224-0442	Whitefiled Place	333-8790

American Red Cross

3642 E. Houston
San Antonio, TX

1-210-224-5151

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance is provided to victims of natural disasters of fire.

Texas Early Intervention Program

Brown-Heatly State Office Building
4900 North Lamar
Austin, TX 78751-2399

1-512-424-6754
www.eci.state.tx.us

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Cancer Patient Services

1-956-727-1729

Provides gas reimbursement/assistance and/or bus round trip tickets for indigent persons whose income falls under \$15,000 a year in the area of Laredo, TX.

The Hospital Welcome Lodge

4040 High Ridge Circle
San Antonio, TX 78229

341-4746

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area.

Quality Inn Northwest

6023 NW Expressway
I-10 & Vance Jackson
San Antonio TX

736-1900

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area.

Ronald McDonald House

4803 Sid Katz
San Antonio TX

614-2554

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area. Priority is given to families with children in the hospital.

Howard Johnson Inn & Suites (Medical Center)

Formerly Best Western Oak Hills Medical Center

7401 Wurzbach
San Antonio, TX

614-9900

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area.

Country Hearth Inn (Medical Center)

7500 Louis Pasteur Drive
San Antonio, TX 78229

616-0030

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area.

Motel 6 - San Antonio NW

9400 Wurzbach Road
San Antonio, TX 78240

593-0013

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area.

Regency Inn & Suites

9727 Fredericksburg Road
San Antonio, TX 78240

690-2255

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area.

HomeGate Studios and Suites

10950 Laureate Drive
San Antonio, TX 78249

691-1103

Offers reduced rate lodging for families/friends of patients with hospital authorization in the San Antonio Medical Center Area.

Lodging and Meal Assistance

Bexar County TX

1-877-633-8747

PICU/Medicaid clients living outside Bexar County can call the above number to make arrangements for lodging and meal assistance.

Austin Housing Authority

Social Services Division
1640 E. 2nd Street
P.O Box 6159
Austin, TX 78762

1-512-478-4685

HUD approved housing counseling agencies.

Child and Family Service, Inc.

1221 W. Ben White Blvd., Suite 112B
Austin, TX 78704

1-512-478-1648

HUD approved housing counseling agencies.

Colonias Del Valle

1203 East Ferguson
Pharr, TX 78520

1-210-787-9903

HUD approved housing counseling agencies.

Community Development Corp. of Brownsville

1150 E. Adams, 2nd Floor
Brownsville, TX 78520

1-210-541-4955

HUD approved housing counseling agencies.

Community Action Division

Housing Counseling Program
115 Plaza De Armas, Suite 200
San Antonio, TX 78228

1-210-207-7830

HUD Approved Housing Counseling Agencies.

Consumer Credit Counseling Service of Greater San Antonio, Inc.

4203 Woodcock Drive, Suite 251
San Antonio, TX 78228

1-210-734-8112

HUD Approved Housing Counseling Agencies. If you have a FHA-Insured Mortgage Loan and need information regarding HUD's assignment program contact the above number.

HUD - San Antonio Office

Attn: Loan Mgmt. Branch, Single Family Section
800 Dolorosa Street
San Antonio, TX 78207

1-210-229-6830
1-210-229-6839

HUD Approved Housing Counseling Agencies. If you have a FHA-Insured Mortgage Loan and need information regarding HUD's assignment program contact the above number.

Consumer Credit Counseling Service of South Texas

1721 South Brownlee Blvd.
Corpus Christi, TX 78404

1-512-882-1791

HUD Approved Housing Counseling Agencies. If you have a FHA-Insured Mortgage Loan and need information regarding HUD's assignment program contact the above number.

The Salvation Army

Social Service Center
226 Nolan Street
San Antonio, TX

1-210-226-2291

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance consists of meals, food and shelter.

San Antonio Metropolitan

Ministries (S.A.M.M. Shelter)
930 W. Commerce
San Antonio TX

1-210-224-5838

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance consists of meals and shelter.

Society of St. Vincent De Paul

Friendship House
401 Cedarhurst
San Antonio, TX

1-210-674-5861

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance consists of vouchers for rent and food.

Battered Women's Shelter of Bexar County 1-210-733-8810

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance consists of temporary shelter and services for battered women and their children.

Greater Randolph Area Services Program

213 E. Aviation
Universal City, TX 78148

1-210-658-6351

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance consists of food and transportation services for elderly and handicapped.

San Antonio Food Bank

119 West LaChappelle
San Antonio, TX

1-210-226-3334

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance consists of food.

Christian Assistance Ministry

110 McCullough
San Antonio, TX

1-210-223-6662

Provides emergency assistance to homeless persons in the San Antonio area. Emergency assistance consist of food, clothing, financial aid, and nutrition education.

Community Outreach Referral & Evaluation, Inc. (C.O.R.E.)

Texas Health Steps Medical Case Management Services 1-210-366-2800

A licensed nurse or social worker provides Medicaid services for Medicaid clients from the age of 1 year old to 21 year old to get help with their Medicaid benefits and access community services. The services a C.O.R.E. case manager may be able to help with the following services:

- | | |
|---|--|
| Financial Assistance | Counseling |
| Medical Assistance | WIC |
| Housing Assistance | Education (GED and College) |
| Clothing | Employment |
| Transportation Assistance | Recreation |
| Food Stamps | Respite Child Care Preschool Headstart |
| Immunizations | Respite Child Care Preschool Headstart |
| Dental, Vision and Hearing | Reading/Literacy Parenting Classes Family Planning |
| Health Care (locating a Physician and getting transportation to appointments) | |

Candlelighters Childhood Cancer Family Alliance

8323 Sotuhwest Freeway, Suite 435 1-713-270-4700
Houston, TX 77074

Provides toiletry bags for unexpected hospital stays, funeral related expenses, conferences and workshops as well as tuition assistance for children in the Houston area.

People That Care

Operation Blessing 1-972-790-0800
1829 West Shady Grove www.operationblessing.com
Grand Prairie, TX 75050

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Turning Point Ministries

Somebody Cares Houston 1-713-621-1498
P.O. Box 570007 www.tpmi.org
Houston, TX 77257-0007

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.



Community Care-Prayer Outreach

Operation Blessing
P. O. Box 114
Port Neches, TX 77651

1-409-724-0163
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Entergy Gulf States - Texas
P.O. Box 2951
Beaumont, TX 77704

Tel: 409-981-2202
Fax: 409-98-2317
jdorrel@entergy.com

Entergy Gulf States - Texas
P.O. Box 2951
Beaumont, TX 77704

Tel: 409-981-2202
Fax: 409-981-3044
bbrouss@entergy.com

Department of Community Initiatives
115 Plaza de Armas, Suite 150
San Antonio, TX 78205

Tel: 210-207-7855
Fax: 210-207-7843

Salvation Army –
SW 451 W. Avenue D
P.O. Box 461927
Garland, TX 75046-1927

Tel: 972-272-4531
Fax: 972-487-1366
EdWhealdon@aol.com

Texas Legal Services Center
815 Brazos, Suite 1100
Austin, TX 78701

Tel: 512-477-6000
Fax: 512-477-6576
rchapman@tlsc.org

Project Bravo
4838 Montana Ave.
El Paso, TX 79903

Tel: 915-562-4100
Fax: 915-562-8952

UTAH

State Insurance Commissioners Office

Utah Department of Insurance
3110 State Office Building
Salt Lake City, UT 84114-1201

1-801-538-3800

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Utah

Office of the Attorney General
State Capitol, Room 236
Salt Lake City, UT 84114-0810

1-801-538-1326

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Utah Long-Term Care Ombudsman

1-801-538-3910

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Health
P.O.Box 16700
Salt Lake City, UT 84116-0700

1-888-222-2542

1-801-538-6254

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-801-538-3910

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Utah Medicaid Agency.

LIHEAP Assistance for Utah

Utah Department of Community
& Economic Development
Division of Public Health
324 South State
Salt Lake City, UT 84111

1-801-538-8644

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Utah Comprehensive Health
Insurance Association

1-800-662-0876
1-801-333-5664

Provides Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called, "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage.

Child and Family Services

150 East Center Street, Suite 5100
Provo, UT 84606

1-801-374-7005

The following are some of the programs and services offered through the Department of Human Services.

Food Stamps - A monthly benefit, which enables eligible families and individuals to purchase, needed nutritious foods.

Temporary Assistance for Needy Families - Provides temporary cash assistance.

Child Care - Provides assistance with paying the childcare cost.

Aging Services Program

120 North 200 West, Room 401
Salt Lake City, UT 84103

1-801-538-3910
www.hsdaas.state.vt.us/SrvAge.htm

Provides Home delivered meals (Meals on Wheels, etc). Home and Community Based Alternative Services and waiver services, health insurance programs, Long-term Ombudsman and Community Service Employment Programs (www.hsdaas.state.vt.us/SrvAge.htm) can give listing of offices throughout the State.

Division of Services for People with Disabilities 1-801-538-4200

To promote opportunities and provide supports for persons with disabilities to participate.

Employee Assistance Program (EAP)

1-801-538-4216

A confidential and voluntary counseling/ referral service, which helps employees with their household members deal with personal or work-related problems. (Family problems, alcohol and drug abuse, work-related stress, legal problems, financial problems, mental health, marital issues, and similar matters).

Rental/Housing Assistance Programs

Utah State Office
 HUD Salt Lake City Office
 257 East, 200 South, Room 550
 Salt Lake City, UT 84111-2048

1-801-524-3574

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Utah Food Bank

1025 South 700 West
 Salt Lake City, UT 84104

1-801-908-8660

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Utah Early Intervention Program

Baby Watch Early Intervention
State Department of Health
PO Box 144720
Salt Lake City, UT 84114-4720

1-801-584-8226

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

VERMONT

State Insurance Commissioners Office

Vermont Division of Insurance
Department of Banking, Insurance & Securities
89 Main Street, Drawer 20
Montpelier, VT 05620-3101

1-802-828-3301

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Vermont

Office of the Attorney General
109 State Street
Montpelier, VT 05609-1001

1-802-828-3171

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Vermont Long-Term Care Ombudsman

1-802-863-5620

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Department of Social Welfare
103 South Main Street
Waterbury, VT 05671-1201

1-800-250-8427

1-802-241-2897

The CHIP program also known as Dr. Dynasaur was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-642-5119

www.hcfa.gov/Medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Vermont Medicaid Agency.

LIHEAP Assistance for Vermont

Vermont Department of Health &
Social Services
Department of Social Welfare
103 South Main Street
Waterburg, VT 05676

1-802-241-2994

Weatherization 1-804-241-2453

1-802-241-2452

The Weatherization program's mission is to reduce the energy costs for low-income families, particularly for the elderly, people with disabilities, and children, by improving the energy efficiency and comfort of their homes while ensuring their health and safety.

Department of Social & Rehabilitation Services

103 South Main Street
Waterbury, VT

1-409-241-2100
www.ahs.state.vt.us/services

The following programs are offered:

Subsidized Child Care - To ensure there is an adequate supply of quality childcare services that are affordable to low income and at risk families and their children.

Food/Clothing - Helps find food and food assistance programs within the community.

Housing/Shelter - Provides list of community care homes, homeless shelters, assistance in finding housing, improvements, modifications and weatherization to homes.

Income Support Services - Helps meet daily financial needs, Aid to Needy Families with Children (AFNC), employment insurance, Social Security (SSI/SS).

Child/Youth Care - Provides financial assistance for childcare and respite care.

Transportation Aid - Free low cost transportation services, public transportation, assists in finding transportation, cars and car repair programs, transportation services for elderly and disabled.

Crisis Fuel Program

1-800-287-0589

Utility/Fuel - Assists with paying utility/fuel bills, emergency services and helps with repairs and weatherization.

Adult Independence - Program that helps older adults and adults with disabilities to live independently in their communities, including: day programs, companion programs, caregiver programs and homemaker services, in-home medical services, home delivered and community meal programs, respite programs, community care homes.

Medical/Dental - Helps choose/pay for medical or dental care and nursing homes. In-home medical services (including nursing care) hospitals and clinics, hospice services, medical therapy, rehabilitation, and adaptive equipment.



Department of Aging and Disabilities

103 S. Main Street
Waterbury, VT 05671

1-802-241-2400

Assist older persons and adults with physical disabilities in maintaining employment, to live independently as possible, and assure quality care. For more information on services provided contact the number above.

Office of Economic Opportunities

103 South Main Street
Waterbury, VT 05671-1801

1-802-241-2450

The following program and services are offered through the Office of Economic Opportunities.

Community Services 1-802-241-2454 - Provides crisis assistance through emergency food, shelter and other services. For more information contact the above number or you local chapter of Economic and Development.

Donated Foods Section - Distributes food to schools participating in the National School Lunch Program; day cares in the Child and Adult Care Program; summer feeding programs; non-profit institutions and soup kitchens; and low-income households.

Farmer's Market Nutrition Program - Enables income-eligible families to purchase locally grown fresh produce from community-based farmer's markets.

Vermont Department of Health

Division of Health Protection
EMS & Injury Prevention
108 Cherry Street, Box 70
Burlington, VT 05402

1-800-244-0911
1-802-863-7310

The following are programs and services offered:

Emergency Medical Assistance - Provides medical assistance to eligible individuals in emergency situations

Women, Infant, and Children (WIC) - A supplemental program with milk, cheese, formula, juice, eggs, and cereal

Healthy Babies - A system of care aims to improve the health of pregnant women and infants up to age 1.

Vermont Food Bank, Inc.

698 South Barre Road
South Barre, VT 05670

1-802-476-3341

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Vermont Early Intervention Program

PO Box 70
Burlington, VT 05402

1-802-651-1786

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Fuel Funds

www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

CNOED
P.O. Box 1603
Burlington, VT 05402

Tel: 802-863-6248 X 726
Fax: 802-660-3454
kerryweston@aol.com

VIRGINIA

USO of Metropolitan Washington, Inc.

Building #59, Post Headquarters
Room B-9
Fort Myer, VA 22211

1-703-696-2628

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

VA

State Insurance Commissioners Office

Virginia Bureau of Insurance
State Corporation
1300 East Main Street
Richmond, VA 23219

1-804-371-9694

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Virginia

Office of the Attorney General
900 East Main Street
Richmond, VA 23219

1-804-786-2071

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Virginia Long-Term Care Ombudsman

1-800-552-3402

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Family Access Medical Insurance Security Plan (FAMIS)

600 East Broad Street
Suite 1300
Richmond, VA 23219

1-866-873-2647
1-804-371-8850
www.famis.org

FAMIS is Virginia's program that helps working families provide health insurance to their children at a reduced or no cost.

Medicaid

1-800-552-3402

www.hcfa.gov/medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Virginia Medicaid Agency.

LIHEAP Assistance for Virginia

Virginia Department of Social Services
Theater Row Building
730 E. Broad Street, 7th Floor
Richmond, VA 23219-1849

1-804-692-1751

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Social Services Department

Virginia Department of Social Services
730 East Broad Street
Richmond, VA 23219-1849

1-800-552-3431

1-804-692-1900

The following programs and services are offered through the Department of Social Services.

Emergency Assistance (EA) - Provides short-term, limited financial assistance to families with children when fire or natural disasters have destroyed those things necessary for taking care of your families through food clothing, shelter or replacement of essential household items.

State/Local Hospitalization - Provides direct payment to hospital for individuals who are unable to pay for required medical services.

Women, Infant and Children (WIC) - Provides direct payment to hospital for individuals who are unable to pay for required medical services.

General Relief (GR) - Provides limited financial assistance to individuals and families. Because GR is a local program, the kind of assistance varies from agency to agency. Ask your worker what kind of GR assistance your agency offers.

Auxiliary Grants (AG) - Provides some people who live in an adult care residence (ACR) or an adult family home can receive cash from the auxiliary programs. The cash received, plus other income is used by the person to pay for care provided. Individuals who get cash from AG also get a Medicaid card to use for medical bills.

Temporary Assistance for Needy Families (TANF) - A program which provides temporary financial assistance to eligible families with children. Family receives monthly cash payments to meet their basic needs.

Tax Relief for Older Virginians & for Virginians with Disabilities - If you are older than 65 or disabled (regardless of age) you may be eligible for real property tax relief in most Virginia cities and counties. You may also qualify for additional personal exemptions or deductions on your Virginia State Income Tax return.

CMSIP - Similar to Medicaid, but usually devoted to working families that meet poverty guidelines.

Rental/Housing Assistance Programs

Virginia State Office, The 3600 Center
3600 West Broad Street
P.O. Box 90331
Richmond, VA 23230-0331

1-804-278-4559

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Radar 1-540-853-2591

Provides Medicaid recipients with transportation.

Taxi Well Service 1-757-875-1055

Accepts Medicaid for payment in the area of Newport News. If the person does not have Medicaid, regular fees apply. Services are not available outside the Peninsula.

Community Medical 1-757-597-7711

Accepts Medicaid for payment in the area of Newport News. If the person does not have Medicaid, regular fees apply. Services are not available outside the Peninsula.

Community Wealth Medical 1-757-888-9921

Accepts Medicaid for payment in the area of Newport News. If the person does not have Medicaid, regular fees apply. Services are not available outside the Peninsula.

Access to Rural Transportation Project 1-800-642-8522

Pays for Medicaid and low income pregnant women in Newport News. Services are not available outside the Peninsula.

First Call for Help 1-800-411-8929

First Call for Help is run by the United Way. They have an information database in which the person calls and can be provided with a referral for transportation if available in their area. Assistance is offered in the following areas. Referrals for transportation assistance (when available) for all other areas in Virginia can be requested by calling the United Way directly at the above number.

Newport News	757-594-4636
Surry County	757-861-9330
Williamsburg	757-229-2222
Norfolk	757-625-4543
Smithfield	757-625-4543

Golden Care Van 1-757-875-7556

Provides senior citizens with transportation to health related appointment in the Newport News area only. The fee is \$5.00 a round trip and is limited to 4 trips per month. Services are not available outside the Peninsula.

Handy Ride of Hampton 1-757-722-3333

Provides transportation to individuals who are deemed disabled by a doctor. There is a \$2.00 fee each way. The person must apply in order to receive this service. Services are not available outside the Hampton Roads and Peninsula area.

Health Keeper Transportation 1-757-431-5090

Provides services to individuals who have Health Keepers Plus Insurance and live within the Peninsula. Fees are submitted to the persons insurance company for payment. Services are not available outside the Peninsula.

Health Keepers Plus 1-800-382-9625

Provides transportation to individuals who have Health Keepers Plus and live in Richmond. Fees are submitted to the persons insurance company for payment. Services are not available outside Richmond.

Senior Services Transportation Department 1-800-677-1116

Helps families and individuals arrange pre-scheduled rides for medical visits, adult day care, home delivered meals, SEVAMP nutrition centers and other destinations in Virginia. Contact the Elder Locator for a location nearest to you.

Medicaid Transport 1-800-552-8627

Provides transportation for Medicaid receipts in the state of Virginia.

Area Agency for Aging 1-757-873-0541

Provides a transportation service to assist older persons to and from needed community facilities and resources. Contact your local chapter for instruction.

All For You 1-757-850-6700

Provides transportation to Medicaid recipients only for the state of Virginia.

Feaster Transportation 1-757-245-6334

Provides transportation to Medicaid recipients in the areas of Newport News, Richmond, Norfolk, and Williamsburg only. Services are not available in other areas.

Wheels Service 1-757-875-1055

Provides transportation to medical appointments in the Hampton Roads and Peninsula area. Medicaid and HMO's are accepted for payment only. Services are not available outside the Hampton Roads and Peninsula area.

Family Matters Hotline 1-800-230-6977 (Norfolk)
1-703-642-0700 (Arlington)
1-804-843-8016 (Lynchburg)

Has an extended database, which contains numerous resources in the area of Virginia and West Virginia. A variety of services are provided, including transportation. The patient must call the organization personally in order to find the appropriate resource that best fits their needs. Every call is on a case by case basis depending on the services offered in the area calling from. The majority of organizations that provide the transportation are through the Community Action Agency, Senior Centers, as well as some churches.



USO of Hampton Roads, Inc.

Coliseum Mall
1800 West Mercury Boulevard
Hampton, VA 23666

1-757-827-1063

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

Fredericksburg Area Food Bank

1327 Alum Springs Road
Fredericksburg, VA 22401

1-540-371-7666

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Food Bank of the Virginia Peninsula

9912 Hosier Street
Newport News, VA 23601

1-757-596-7188

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

FB of Southeastern Virginia

P.O. Box 1940
Norfolk, VA 23501

1-757-624-1333

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Central Virginia FB Inc.

4444 Saraellen Road
Richmond, VA 23231

1-804-226-1899

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Southwestern Virginia SHFB

P.O. Box 10743
Roanoke, VA 24022

1-540-342-3011

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Blue Ridge Area FB

P.O. Box 937
Veronna, VA 24482

1-540-248-3663

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Free Clinic /Charity Care

1240 Third St, SW
Roanoke, VA 24016

1-540-344-8242
www.freeclinic.org

Provide programs for patients who can not afford health care. To find out about reduced cost for specialty care contact one above numbers.

Augusta Regional Free Clinic

P.O. Box 153
Fishersville, VA 22939

1-540-885-0604

Provides free or reduced rate dental services.

Bedford Christian Free Clinic

P.O Box 357
Bedford, VA 24523

1-540-586-3711
1-540-586-4666

Provides free or reduced rate dental services.

Bradley Free Clinic

1240 Third Street, SW
Roanoke, VA 24016

1-540-344-5156
1-540-342-0220

Free clinic offering free or reduced cost dental services.

Brock Hughes Free Clinic

P.O. Box 392
Wytheville, VA 24382

1-540-223-0558
1-540-223-0015

Free clinic offering free or reduced cost dental services.

Charlottesville Free Clinic

1138 Rose Hill Drive, #200
Charlottesville, VA 22903

1-804-296-5525

Free clinic offering free or reduced cost dental services.

Chesapeake Care

2145 Military Highway South
Chesapeake, VA 23320

1-757-545-5700

Free clinic offering free or reduced cost dental services.

Cross-Over Health Center

108 Cowardin Avenue
Richmond, VA 23224

1-804-233-5016

Free clinic offering free or reduced cost dental services.

Fan Free Clinic

P.O. Box 6477
Richmond, VA 23230

1-804-358-6343

Free clinic offering free or reduced cost dental services.

Madison Free Clinic

P.O. Box 914
Madison, VA 22727

1-540-948-3916

Free clinic offering free or reduced cost dental services.

St. Lukes Community Clinic

842 C North Shenandoah Avenue
Fort Royal, VA 22630

1-540-636-4325

Free clinic offering free or reduced cost dental services.

Tri-County Health Clinic

P.O Box 202
Richland, VA 24641

1-540-963-8505

Free clinic offering free or reduced cost dental services.

Fauquier Free Clinic

P.O Box 3138
Warrenton, VA 20188

1-540-347-0394

Free clinic offering free or reduced cost dental services.

Free Clinic of Central VA

P.O Box 38
Lynchburg, VA 24505

1-804-845-4557

Free clinic offering free or reduced cost dental services.

Free Clinic of the New River Valley

P.O Box 371
Christiansburg, VA 24068

1-540-381-0820
1-540-745-5777

Free clinic offering free or reduced cost dental services.

Free Medical Clinic of Northern Shenandoah Valley

P.O Box 44
Winchester, VA 22604

1-540-662-2130

Free clinic offering free or reduced cost dental services.



Glouster-Mathews Free Clinic

P.O Box 943
Hayes, VA 23072

1-804-642-9515

Free clinic offering free or reduced cost dental services.

Harrisonburg-Rockingham Free Clinic

P.O Box 833
Harrisonburg, VA 22801

1-540-433-5431

Free clinic offering free or reduced cost dental services.

Lloyd F. Moss Free Clinic

Karen Dulaney, Executive Director
P.O Box 1843
Fredericksburg, VA 22402

1-540-899-1065

Free clinic offering free or reduced cost dental services.

Prince William Area Free Clinic

9301 Lee Avenue
Manassas, VA 20110

1-703-792-6378
1-703-792-7321

Free clinic offering free or reduced cost dental services.

Surry Area Free Clinic

P.O Box 32
Surry, VA 23883

1-757-294-3352
1-757-294-3185

Free clinic offering free or reduced cost dental services.

Lions Club

1-757-875-9294

Hampton Roads residents interested in free eye surgery program should call the Lions Club. To qualify patients must have no insurance, including Medicaid and Medicare. The program covers a range of medical problems, including cataracts, glaucoma, retinal and corneal surgery such as laser vision correction to reduce dependence on glasses.

Virginia Primary Care Association

10800 Midlothian Tpke. Suite 265
Richmond, VA 23235

1-804-378-8801
www.vpca.com

Community Health Centers are non-profit, private corporations located in a medically underserved area to provide comprehensive health care to anyone seeking care. In addition to treating individual patients, a health center emphasizes health promotion and disease prevention for entire communities. A Community Health Center does not deny anyone primary health care services - all community residents have equal access regardless of ability to pay or geographic locations/residence. Below is a listing of the Virginia's Federally Qualified Health Center & VPCA Members.

Bland County Medical Clinic

Route 1, Box 102
Bastian, VA 24314
1-540-688-4331

Blue Ridge Medical Center

Route 1, Box 340
Arrington, VA 22922
1-804-263-5953

Boydton Medical Center

P.O. Box 540
Boydton, VA 23917
1-804-738-6102

Clinch River Health Services

P.O. Box 228
Dungannon, VA 24245
1-540-467-2201

Central Virginia Health Services

P.O. Box 220

New Canton, VA 23123

1-804-581-3271

-*Central Virginia Community Health Center, New Canton, VA.*

-*Alberta Family Health Services, Alberta, VA*

-*Family Medical Clinic, Drakes Branch, VA*

-*Southern Albemarle Family Practice, Esmont, VA.*

-*Women's Health Center, Farmville, VA.*

-*Petersburg Health Care Alliance, City of Petersburg, VA.*

-*King William Community Doctors, Central Garage, VA*

-*Westmoreland Medical Center, Montross, VA*

-*Hopewell Health Care Alliance, Hopewell, VA.*

-*Prince George Health Care Alliance, Prince George, VA.*

Central Piedmont Health Services

490B Piney Forest Road

Danville, VA 24540

1-804-685-1400

-*Sandy River Medical Center*

-*Southside Family Medical Center*

-*Martinsville Family Medical Center*

Daily Planet

(Health Care for the Homeless)

302 W. Canal St.

Richmond, VA 23220

1-804-783-2505

Eastern Shore Rural Health System

(CHC & Migrant programs)

Corporate Office

P.O. Box 1039

Nassawadox, VA 23413

1-757-414-0400

-*Atlantic Community Health Center, Oak Hall, VA.*

-*Bayview Community Health Center, Cheriton, VA.*

-*Franktown Community Health Center, Franktown, VA.*

-*Onley Community Health Center, Onley, VA*

-*Tangier Community Health Center, Tangier Island, VA*

Horizon Health Services

P.O. Box 45

Ivor, VA 23866

1-757-859-6161

-*Ivor Medical Center, Ivor, VA*

-*Waverly Medical Center*

Lunenburg Medical Center

P.O. Box 70
Victoria, VA 23974
1-804-696-2165
-Lunenburg Medical Center, Victoria, VA
-KenCare, Kenbridge, VA
-Dinwiddie Medical Center, Dinwiddie, VA

Peninsula Institute for Community Health

4714 Marshall Avenue
Newport News, VA 23607
1-757-380-8709
-PICH@48th, Newport News, VA
-PICH @Stoneybrook, Newport News, VA.
-Main Street Physicians, Suffolk, VA

**Shenandoah Community Health Center,
Intercounty Health Inc.**

(CHC & Migrant Programs)
P.O. Box 1146
Martinsville, WV 25402 (Headquarters & CHC Site)
1-304-267-5531
-Winchester Migrant Health Center, Winchester, Va.
-Mount Jackson Migrant Clinic, Mt. Jackson, Va.

Stone Mountain Health Services

Drawer S
St. Charles, VA 24282
-St. Charles Community Health Clinic, St. Charles, VA.
-St. Charles Breathing Center, St. Charles, VA.
-Stone Mountain Internal Medicine, Pennington, VA.
-Castlewood Clinic, Castlewood, VA.
-Davenport Clinic, Davenport, VA
-Haysi Clinic, Haysi, VA.
-Thompson Family Health Center, Vansant, VA.
-Vansant Breathing Center, Vansant, VA
-Western Lee County Health Clinic, Ewing, VA.
-Konnarock, VA

**Vernon J. Harris East End
Community Health Center**

719 N. 25th Street
Richmond, VA 23223
1-804-780-0840

**Kuumba Community Health &
Wellness Center**

3716 Melrose Avenue NW
Roanoke, VA 24017
1-540-362-5158

**Portsmouth Community
Health Center**

P.O. Box 338
Portsmouth, VA 23705-0338
1-757-397-0042
-Park Place Medical Center,
Norfolk, VA
-South Norfolk Pediatrics,
Chesapeake, VA

Saltville Medical Center

P.O. Box 729
Saltville, VA 24370
1-540-496-4433

**Stony Creek Community
Health Center**

P.O. Box 188
Stony Creek, VA 23882
1-804-246-6100

Tri-Area Health Clinic

P.O. Box 9
Laurel Fork, VA 24352
1-540-398-2292

The following are not designated as FQHCs or C/MHCs, however they operate much like a CHC including being private, nonprofit organizations, offering universal access through a sliding-fee-scale, and are governed by a local volunteer board of directors.

Alexandria Neighborhood Health Services, Inc.

(Arlandria Health Center)
3804 Executive Ave., Apt. D 1- D3
Alexandria, VA 22305
1-703-370-7630

Primarily serving women and children.

Highland Medical Center

P.O. Box 490
Monterey, VA 24465
1-540-468-3300

A rural health clinic status.

Irvin Gammon Craig Health Center

8000 Brook Road
Richmond, VA 23227
1-804-264-2986

Olde Towne Medical Center

5249 Olde Towne Road
Williamsburg, VA 23188
1-757-259-3258

A rural health clinic status.

Staunton River Medical Center

Box 760
Hurt, VA 24563
1-804-324-4411

A private practice with agreements to provide care on a sliding fee basis.

Lee's Friends

Guild House
618 Stockley Gardens
Norfolk, VA 23507

1-757-625-3115
www.communitylink.org/less_friends

Assist cancer patients transportation, free wigs, home and hospital visitation, assistance with legal, health coverage and insurance forms as well as a one-time grant for various needs such as rent, mortgage, utility, food or medical cost. Cancer patients must live within the Hampton Roads area. In order for the patient to receive funding, and organization such as Patient Advocate Foundation must verify and write a letter on patients behalf to include reason for assistance, the name and account number for the bill as well as the address and amount for consideration.

Home Helpers

2111 Hartford Road
Hampton, VA 23666

1-757-825-5760

Home Helpers provides Seniors, new moms, and disabled with that little extra help in managing their everyday life. For one small monthly fee, Home Helpers can eliminate many of the daily chores of any household. From small maintenance in your home or apartment, arranging lawn and landscape service, maid service to weekly linen service. Available day or night they can be arranged to fit your needs, including grocery shopping, light housework as well as other helpful services.



Virginia Early Intervention Program

Department of MH/MR/SA Services 1-800-234-1448
PO Box 1797 1-804-371-6592
Richmond, VA 23218

Also known as Babies Can't Wait this program helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assertive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

The Gesundheit Institute

P.O. Box 98072 1-703-525-8169
Northern, VA

A special hospital devoted to free healthcare healing and humor. Founded by Patch Adams, M.D.

Acts, Inc. Emergency Assistance

Dumfries, VA 22026 1-703-221-3186

Provides assistance with food, clothing, and furniture emergency financial assistance with rent, and utilities and prescriptions. Serves residents of Eastern Prince William County. Referrals are not required.

Alexandria Division of Social Services

Alexandria, VA 22301 1-703-838-0700

Offers financial benefits for caregivers of Children and Adolescents with Disabilities.

Alexandria Redevelopment & Housing Authority

Alexandria, VA 22314 1-703-549-7115

Provides rental assistance for low-income individuals and for persons with disabilities.

Alleghany Highlands Community Service Board - Mental Retardation

Clifton Forge, VA 24422 1-540-863-1620

Offers a variety of services to support all individuals with mental retardation, developmental delays and developmental disabilities. Services include assessment, referral, monitoring, advocacy, 24-hour respite care, and limited financial assistance for other programs.

AMEN (Arlingtonians Ministering to Emergency Needs)

Arlington, VA 22209

1-703-558-0035

Offers emergency financial assistance service to Arlington residents who need help due to some unforeseen circumstances.

American Cancer Society – Abingdon, VA 1-540-466-2218

Provides medical supplies and equipment, prescription medicine assistance, transportation to and from doctor's appointments, support groups, and rehabilitation programs to support cancer patients and their families.

American Lung Association of Virginia 1-540-628-1277
Abingdon, VA

Offers information on lung diseases, a support group, medical care workshops, and advocacy services. Also offers one-time financial assistance for indigent clients.

Appalachian AIDS Coalition, Inc 1-540-889-7621

Offers various support services for individuals with AIDS/HIV in Southwest Virginia. Services include information and referral, support groups and financial assistance for dental, medical, transportation expenses and medication expenses.

Arlington Community Action Program, Inc. 1-703-241-2040

Offers food and food vouchers for families in emergency situations. Also offers rental referrals and utilities assistance service. Must be a Arlington County resident and must meet income guidelines.

Arlington Public Health Information 1-703-228-5300

Provides a variety of health services and programs, including emergency financial assistance, child and family services, crisis intervention, medical and dental clinics, and counseling services. Fees are sliding scale and free to low-income residents. Some services are free.

Autism Society of America 1-703-533-3365
Northern Virginia Chapter

Offers information and referral service, financial support for the cost of children's summer programs, and support groups to individuals with autism and their families in the Northern Virginia area.



Bertha Snyder Children's Care Fund 1-757-625-2267

Provides scholarships, childcare, resource and referral, and camp scholarships to low income children from infancy to 16 years.

Birthright of Norfolk, Inc. 1-757-489-0222

Offers assistance or referral for medical care, transportation, maternity/baby clothing, education, housing financial and legal help to needy families.

Blue Ridge AIDS Support Services 1-540-345-6705

Offers various support services for people with HIV/AIDS. Services include rental/utility bill assistance, emergency food, technical assistance, information and referral, and case management services.

Blue Ridge Behavioral Healthcare Family Support 1-540-342-6003

Offers financial support to assist families in caring for a family member with a disability, or to improve the quality of life for the disabled family member. Eligibility requirements to receive service are that a family member who lives at home must be mentally retarded and emotionally disturbed, or mentally retarded and physically handicapped.

Catholic Charities Diocese of Alexandria 1-703-548-4227

Provides emergency food, financial assistance, shelter, and clothing (Thursday only). Written referrals required for food.

Catholic Charities of Hampton Roads 1-757-467-7707

Offers various support services including advocacy, education, bereavement support groups, financial assistance, and counseling services to persons in need.

Catholic Charities of the Diocese of Arlington Emergency Assistance 1-703-549-8644
1-703-548-4227

Provides emergency financial assistance service for purchasing medication, clothing and food to needy individuals and families.

Child Day Care Block Grant 1-757-441-5300

Provides day care subsidization service for special needs children under age 18 years. Parents must be working or attending a job training or education program.

Commonwealth Catholic Charities 1-804-285-5900

Offers food and financial assistance services to individuals and families in need. Also offers information and assistance to reach financial stability.

Echo 1-703-569-9160

Provides food, financial assistance, medical services, clothing, and meals on wheels services.

Emergency Needs Services - Norfolk 1-757-664-6035

Provides a variety of services such as assessment, information and referral, emergency assistance for food, clothing, shelter, and medication to needy individuals and families.

Epilepsy Foundation of Virginia 1-804-924-8678

Offers a wide range of programs and services including information and referral service, a medication assistance program for individuals in a financial crisis, camperships to assist camp fees, peer counseling, and assistance to find support groups for people with epilepsy, their families and friends.

**Fairfax County Human Services
Coordinated Services Planning** 1-703-527-4077

Provides coordination and resource center for information regarding food donations, emergency financial assistance, and subsidized child care.

Family Support Grant 1-757-441-5300

Provides a combination of assistance and services for families who are residents of Norfolk and provide care at home for their family members with mental retardation or developmental delay.

Good Shepherd Housing & Family Services 1-703-768-9404

Supports low-income families and individuals by assisting with eviction prevention, security deposits and utilities. Also provides furniture recycling and budget counseling.

Link, Inc. 1-703-437-1776

Provides food and food certificates, furniture, and limited financial assistance. Referrals from congregations or other social services agencies required for financial assistance. Serves residents of the Herndon and Sterling extended areas.



Lorton Community Action Center 1-703-339-5161

Provides food, clothing, emergency financial assistance, and information and referral. Referrals from social service agencies preferred. Proof of address required.

New River Valley AIDS Coalition 1-540-381-5473

Offers a variety of support services including case management, support groups, financial assistance for prescription, medical bills, housing and utilities, and other emergency assistance services for individuals with HIV/AIDS and their families.

Prince William County Department of Social Services - Financial 1-703-792-7500

Provides assistance and offers a number of different financial assistance programs available to families and individuals who find themselves in financial need.

RPJ Housing Development Corporation 1-703-528-5606

Assists maintaining housing for the elderly, the handicapped and low and moderate incomes families. Also assists low-income, first-time homeowners with down payments.

Salvation Army, Arlington Corps 1-703-979-3380

Provides emergency food, clothing and heating assistance services to low-income Arlington County residents. Need to be referred by the Department of Human Services or other agency.

Salvation Army - Northumberland County 1-804-529-6104

Provides emergency financial assistance for basic necessities, such as food, clothing, and shelter to Northumberland County residents. Also offers information and referral service to counseling, medication assistance, and rent/mortgage payments assistance services.

Salvation Army - Williamsburg 1-757-229-6651

Offers an emergency assistance for food, clothing, rent, utility bills, medication, and emergency housing to needy individuals and families.

Serve, Inc. - Manassas 1-703-368-3612

Provides financial assistance, childcare, emergency and/or monthly food packet to the families in need. Limited delivery to disabled and elderly. Serves Western Prince William County, Manassas City, and Manassas Park. Residency identification is required.

Share, Inc. - McLean

1-703-284-2179

Provides food, clothing, partial rental assistance, furniture, and transportation services in McLean for medical and social service appointments. Referrals not required if in referral area, other persons in Virginia might be eligible for assistance if referred by a social worker.

Consumer Services Fund

Department of Rehabilitation Services

1-800-552-5019

Children and adults with physical or sensory disabilities can access this fund after exhausting all other resources. Applications are usually filled out by an "advocate" and are reviewed on a quarterly basis.

Assistive Technology Loan Fund

1-800-552-5019

This is a fund of money for people who have low income, no income or bad credit who need assistance. Some examples of what they can "borrow" for are, voice activated computers, hearing aids, motorized wheelchairs, vehicles with a wheelchair lift, etc.

State of Virginia Office of Children with Special Health Care Needs

1-866-737-5965

Assist families with insurance questions and appeals as well as access to special services. This program also assists families who are uninsured or underinsured to access equipment (except wheelchairs).

Warren's Hope

1-804 379-4700

Serve children with special healthcare needs who reside in the Richmond, Virginia area.

Bloomfield Foundation

1-804 823-2874

Serve children with special healthcare needs.

The Salvation Army of Fairfax County

1-703-385-8700

Provides emergency food, rent (financial assistance), utility, and prescription assistance, social services, and clothing services.

The Salvation Army of Loudon County

1-703-771-3371

Provides limited financial assistance, low-cost thrift store, and assistance with clothing. Serves residents of Loudoun County. Referrals are preferred.



**The Salvation Army of Prince
William County**

1-703-221-2267

Provides limited food, clothing, and emergency financial assistance to families in need. Serves residents of Prince William County. Referrals from social service caseworkers or other emergency agencies preferred but not required. Proof of residency required.

United Community Ministries (UCM)

7511 Fordson Road
Alexandria, VA 22306

1-703-768-7106

Offers emergency financial assistance service programs for food, utility, and eviction prevention.

United Way of Central Virginia

1-434-846-8467

Offers a variety of services such as financial assistance for rent or utilities, emergency services, legal assistance, mental health services and information and referrals to local service agencies and other services.

**Virginia Housing Development Authority
Housing Management**

1-800 968-7837
1-804-782-1986

Offers housing locator service and rental assistance program for low income individuals and families.

Kids, Inc.

9300 - D Old Keene Mill Road
Burke, VA 22015

1-703-455-KIDS
1-703-440-9208

Grants wishes of terminally ill children.

American Cancer Society

1-888-227-6333

Provides information and referral, transportation, ostomy groups, and funding for pain and nausea reduction medications.

American Red Cross, Hampton Roads

Provides individual and family counseling for military families and veterans, community health services, emergency funds for military families and veterans. The following are contact numbers for the Hampton Roads offices:

Norfolk, VA

1-757-446-7700

Norfolk, VA - Military Emergency Number

1-757-446-7756



Norfolk Naval Shipyard, VA	1-757-396-1255
Portsmouth/West Chesapeake	1-757-393-1031
Portsmouth Naval Hospital, VA	1-757-953-5435
Virginia Beach, VA	1-757-486-1908
Hampton Roads, VA	1-757-838-7320

SHARE -Norfolk

800 Tidewater Drive Norfolk, VA	1-757-627-6599
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Provides food to needy families.

Norfolk Urban Outreach Ministry	1-757-461-4213
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972 Norfolk Square
Norfolk, VA

Provides food to needy families.

Consumer Credit Counseling Service of VA, Inc.	1-757-424-2060
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Provides financial aid counseling.

Family Services Consumer Credit Counseling of Tidewater Emergency Fund	1-757-625-2227
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Provides financial assistance to residents of Tidewater area.

The Leukemia Society of America	1-757-838-9351
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Provides patients with Leukemia, Lymphomas, Multiple Myeloma, Pre-Leukemia, and Hodgkin's disease with financial aid.

Virginia Beach Cooperative Extension Financial Counseling	1-757-427-4769
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Provides financial assistance counseling.

Meals

The following are a listing of mobile meal organization in the Hampton Roads area. Hours of operation are 9:00 to 5:00 pm. There is a charge of \$21.00 a week.

Jewish Community Center of Tidewater - offers kosher meals/mobile meals - 1-757-489-1371

Meals-on-Wheels of Chesapeake - 1-757-547-8121 ext 1222

Meal-on-Wheels of Portsmouth - 1-757-465-8124

Suffolk Meals-on-Wheels - 1-757-934-4911

Meals-on-Wheels of Virginia Beach, Inc. - 1-757-340-2066

Mobile Meals of Norfolk - 1-757-455-5937

Seniors Services of South East Virginia 1-757-461-9481

Offers meals for homebound senior residents of Norfolk, Portsmouth, Chesapeake, Virginia Beach, Suffolk, Franklin, Isle of Wight and South Hampton Counties. Transportation for medical appointments as well.

Operation Blessing International

9296 Warwick Blvd.
Newport News, VA 23607

1-757-245-7376
www.operationblessing.com

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

SeniorNavigator.com

600 E. Main Street, Suite 360
Richmond, VA 23219

1-804-827-1280
www.SeniorNavigator.com

Provides a comprehensive database of local senior services, both private and public. These services include descriptions of services and providers, hours of operation, cost and method of payment, eligibility criteria, maps, available transportation, and contact names and numbers.

Food Share Program

1-800-253-7842

This program has no income guidelines. They provide interested people with packages of food at \$14 and \$15 that include meat, canned goods, etc.

United Way Community Referral Center

Richmond, VA 1-800-983-2645
1-804-275-2000

Maintains a database of community information and referrals.

Arlington Information and Referral

Department of Human Services 1-703-228-1350
1-703-228-1300

Offers walk-in emergency prescription, food and rent assistance program.

MAP 1-757-398-3600

Provides low-income Portsmouth residents assistance with prescription drugs.

John Foundation 1-804-330-2008

Provides assistance to medically indigent cancer patients with a grant up to \$500.

**Department of Social Services
Campbell County** 1-804-332-9754

Offers transportation for doctor appointments and treatments for residents of Campbell County. Appointments need to be arranged in advance to insure available drivers.

Mobility Independent Transportation Systems

2075 West Main Street 1-540-943-8173
Waynesboro, VA 22980

Provides mobility assistance for elderly and disabled. Provides financial assistance to purchase vans and scooters and new and used vehicles that are handicapped accessible.

Loudoun County Transportation Association

50 A Sycolin Road 1-877-777-2708
PO Box 2833 1-703-777-5246
Leesburg, VA 20177

Operates Loudoun Transit buses on-call transportation for senior citizens and handicapped citizens in parts of Loudoun County. Also offers continuous fixed route service in Leesburg, Sterling as well as commuter connections with the Mark train system in MD.



Botetourt County Senior Citizen Van Transportation

1 West Main Street, Box 4
Fincastle, VA 24090

1-540-473-8316
1-540-366-0700

Provides transportation to the grocery store, doctor's appointments, and other needed stops.

CARE Transportation

2210 Magnolia Street
Richmond, VA 23223

1-804-782-2273

Provides transportation to individuals with disabilities to ensure a safe trip to and from their appointments.

Emergency Services

2712 Washington Avenue
Newport News, VA 23607

1-757-380-9024

Provides direct and immediate crisis intervention to individuals and their families who are experiencing problems associated with mental illness, mental retardation and substance abuse. Services include information and referral, assessment and triage, hospital pre-admission screening, crisis intervention counseling and linkage to other community resources.

Case Management

2501 Washington Avenue
Newport News, VA 23607

1-757-245-0217

Provides on going assessment of needs, linking and coordinating of services and monitoring of services for individuals with serious mental illnesses, mental retardation and substance abuse needs. Case manager services include assisting individuals with meeting rental, medical and dental needs.

Lion's Club

Hampton Roads

1-757-875-9294

Uninsured persons may qualify for free eye surgery program. The program covers a range of medical problems, including cataracts, glaucoma, retinal and crossed eyes, but not cosmetic surgery such as laser vision correction to reduce dependence on glasses. This service is for residents in the Hampton Roads area.

Hat Trader

1-757-258-5628

This one-woman operation lends hats, wigs, and scarves to women with any form of cancer who have suffered hair loss as a result of medical treatment.

Lady Queen of Peace Ministry

1-703-271-9342

Offers assistance to individuals in need with a one-time grant to help towards utilities and rent. Also available food assistance and the MAD 25 program, a used clothing store.

Catholic Charities

1-703-548-4227

Provides needy individuals with rent and utilities assistance.

Office of the Managed Care Ombudsman

Bureau of Insurance
P.O. Box 1157
Richmond, VA 23218

1-877-310-6560
1-804-371-9032
www.state.va.us/scc

Helps Virginia residents who have insurance provided by a Managed Care Health Insurance Plan (MCHIP), such as a Health Maintenance Organization (HMO) or Preferred Provider Organization (PPO). This office assists consumers with understanding the appeal process and to understanding their rights.

Virginia Insurance Counseling and Assistance Program

Peninsula Agency on Aging, Inc.
739 Thimble Shoals Blvd., Suite 1006
Newport News, VA 23606

1-757-873-0541

Educate, counsel and assist consumers on medical benefit programs and problems with Medicare, Medicaid, medical bill paying and long term insurance.

Fuel Fundswww.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Nat'l Rural Electric Cooperative Assn
4301 Wilson Blvd.
Arlington, VA 22203

Tel: 703-907-5790
Fax: 703-907-5516
carolwhitman@nreca.org

Nat'l Rural Electric Cooperative Assn.
4301 Wilson Blvd
Arlington, VA 22203

Tel: 703-907-5548
Fax: 703-907-5521
robert.patton@NRECA.org

The Salvation Army - National Hdqtrs
P.O. Box 269, 615 Slaters Ln.
Alexandria, VA 22313

Tel: 703-684-5500
Fax: 703-519-5889
paulbollwahn@usu.salvationarmy.org

The Salvation Army
2 West Grace Street
Richmond, VA 23220

Tel: 804-225-7479
Fax: 804-225-0018

City of Charlottesville
P.O. Box 591, City Hall
Charlottesville, VA 22902

Tel: 804-970-3222
Fax: 804-970-3212
dyerw@ci.charlottesville.va.us

Dominion Virginia Power
P.O. Box 26666
Richmond, VA 23261

Tel: 804-771-4414
Fax: 804-771-4364
rita_randolph@vapower.com

WASHINGTON

State Insurance Commissioners Office

Washington Office of the Insurance 1-360-753-7301
14th Ave. & Water Streets
P.O. Box 40255
Olympia, WA 40255

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Washington

Office of the Attorney General 1-360-753-6200
P.O. Box 40100
1125 Washington Street, SE
Olympia, WA 98504-0100

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Washington Long-Term Care Ombudsman 1-800-562-6028

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP) 1-877-KIDSNOW

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP).

Medicaid

1-800-397-4422
www.hcfa.gov/medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Washington Medicaid Agency.

Family Planning Extension - The state-funded family planning extension provides an additional 10 months of medical coverage for family planning services only following a pregnancy for women who received medical benefits for pregnancy. Women receive this extension regardless of how the pregnancy ends.

General Assistance for Pregnant Women - The GA-S program provides cash benefits to pregnant women who do not meet TANF categorical requirements.

General Assistance for Children Living with Legal Guardians (GA-H) - The GA-H program provides cash benefits to a needy dependent child living with a court-appointed legal guardian who is not a relative of specified degree.

State-Funded CN Scope of Care for Aliens - Those who are not lawfully admitted for permanent residence, and those not permanently residing in the U.S. under color of law, that are not eligible for federal programs may be eligible for state-funded programs. This program provides medical coverage for:

State Family Assistance (SFA): SFA is a state-funded cash and medical program for legal immigrant families who do not meet the eligibility requirements for the federal programs. It provides the same scope of medical coverage as TANF.

Aged, Blind, or Disabled (ABD): Persons with income and resources below federal Supplemental Security Income (SSI) limits may receive both SSI cash benefits and Categorically Needy (CN) medical, or they may receive CN medical only.

Food Lifeline

1702 Northeast 150th Street
Shoreline, WA 98155

1-206-545-6600

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Spokane Food Bank

1234 East Front Avenue
Spokane, WA 99202

1-509-534-6678

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Rental/Housing Assistance Programs

Washington State Office
Seattle Federal State Office
909 1st Avenue, Suite 200
Seattle, WA 98104-1000

1-206-220-5290

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

USO of the Puget Sound Area, Inc.

Sea-Tac International Airport
Military Lounge Terminal, 2nd Floor
Seattle, WA 98158

1-206-246-1908
1-206-433-5438 (Sea-Tac Airport Center)

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include information and referral, family outreach, and emergency assistance and quality of life.

Washington Early Intervention Program

Department of Social and Health Services
12th and Franklin Streets
PO Box 45201
Olympia, WA 98504-5201

1-360-902-8490
www.wa.gov/dshs/iteip/iteip.html

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

American Cancer Society - Everett

1-425-741-8949

Provides information about cancer and makes referrals to programs and services in the community. Cancer patients with limited financial resources or insurance can receive wheelchairs, walkers, other items as well as limited financial assistance. Also provides transportation for cancer patients to hospitals and treatment centers for chemotherapy.

American Red Cross - Oak Harbor, WA 1-360-257-2879

Provides emergency food, housing, clothing, and financial assistance to individuals of all ages in need.

Catholic Community Services - Lacey 1-360-407-7595

Provide food, clothing, and rent/utility financial assistance services for low-income families.

Children's Hospital & Medical Center 1-206-526-2000

A private, not-for-profit regional pediatric center. Providing health care appropriate for the special needs of children. Financial assistance is provided based upon family need and hospital resources. Accepts third party insurance.

Fred Hutchinson Cancer Research Center 1-206-667-5000

Provides information on cancer prevention, screening, diagnosis, treatment and survivorship issues as well as support groups through Patient and Family Services. Home health care is arranged for pediatric transplant patients (ages 18 and under). Also provides a financial assistance fund for cancer patients. Patients must complete an application and interview process to demonstrate their financial needs.

Hopelink 1-425-485-6521
(Formerly N.E. King County Multi-Service Center)

Offers limited financial help and food for low-income families. If client has been evicted or is forced to move, agency may provide partial rent for 1st month, and/or help with utilities.

Island County Health Department 1-360-679-7350

Provides information and resources about the child's condition, and emotional support for the whole family and community and health care referrals. There is also a limited amount of funding for special equipment needed by children in low-income families.

Salvation Army - Puyallup Valley Corps 1-253-841-1491

Provides food, clothing and financial assistance with utilities for low-income families and individuals.

Seattle Milk Fund - Tuition Grants Program 1-206-782-6731

Provides "Tuition Grants" to Seattle area high school students that are referred by their school counselor. College students may apply at their university. Students must be in a 2 to 4 year undergraduate degree program, maintain a minimum 2.8 GPA, and carry at least 12 credit hours.



Shriners Hospitals For Children - Nile Temple (Rehabilitative Treatment)

6601 244th Street SW
Mountlake Terrace, WA 98043

1-425-774-9611

Provides free orthopedic and burn care to children under the age of 18. Conditions treated include, but not limited to: scoliosis, dislocated hips, club feet, cerebral palsy, muscular dystrophy, head injuries, absent limbs, myelodysplasia, cleft lip, cleft palate, burn scars, and a variety of neuromuscular diseases. Transportation and living expenses are paid for families during the child's surgery, if needed.

South King County Multi-Service Center

1-253-838-6810

Provides clothing, food, and limited financial help with utilities to low income families.

WORKFIRST- (DSHS Program)

1-877-980-9131

Provides medical services for children and their families. Eligibility depends on type of assistance needed and financial situation. Medical assistance services include doctor and nurse visits, dentist appointments, hospital visits, immunizations, eyeglasses, prescriptions etc. Provides food assistance for working families. Eligible families receive a card that works like a debit card for purchasing food (eligibility contingent upon household income and size). Assists families with payment of child care for children under age 13 while adults in the family are working or enrolled in job training and working at least part-time. Children may be eligible for free or low-cost health coverage even if parents are employed.

Volunteers of America - Everett

1-425-259-3191

Provides financial assistance with child care for low income persons enrolled in school, training or entering the job market.

**WA Dept. of Social and Health Services
(AFDC) Aid to Families - Bellevue**

1-425-649-4000

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

**WA Dept. of Social and Health Services
(AFDC) Aid to Families - Bremerton**

1-360-478-4995

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-425-339-4000
(AFDC) Aid to Families – Everett

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-253-835-2800
(AFDC) Aid to Families – Federal Way

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-253-872-2145
(AFDC) Aid to Families –Kent

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-425-673-3000
(AFDC) Aid to Families - Lynnwood

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-206-439-5300
(AFDC) Aid to Families – Seattle 1-206-368-7200
1-206-568-5500
1-206-956-3353
1-206-760-2000
1-206-923-4800
1-206-789-5200

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-425-793-5700
(AFDC) Aid to Families – Renton

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-253-864-3600
(AFDC) Aid to Families - Puyallup

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.



WA Dept. of Social and Health Services 1-360-753-4148
(AFDC) Aid to Families – Olympia

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

WA Dept. of Social and Health Services 1-253-471-4400
(AFDC) Aid to Families –Tacoma 1-253-983-6700

Provides financial assistance and medical coverage to eligible children and their caregiver-relatives. Eligibility is based on income and resources.

The Wishing Star Foundation

915 West 2nd Street, Suite 2 1-800-685-6956
Spokane, WA 92201 1-509-744-3411
www.wishingstar.org

Grants wishes to children with life-threatening diseases in Eastern Washington and Idaho.

Northwest Leadership Associates

Operation Blessing 1-206-706-9525
P.O. Box 17851 www.operationblessing.com
Seattle, WA 98107

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds www.nationalfuelfunds.org/statesa-c.html

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

South King Co. Multi-Service Center Tel: 253-838-6810
PO Box 23699 Fax: 253-874-7831
Federal Way, WA 98093 bernib@skcmssc.com

Opportunity Council Tel: 360-734-5121
314 E. Holly St. Fax: 360-676-2142
Bellingham, WA 98225 annette_desalvo@oppco.org

Tacoma Public Utilities Energy Services Tel: 253-502-8538
PO Box 11007 Fax: 253-502-8276
Tacoma, WA 98411-0007 jdahlen@ci.tacoma.wa.us

CTED
PO Box 48300
Olympia, WA 98504

Tel: 360-753-4454
Fax: 360-586-0489
willg@cted.wa.gov

www.liheapwa.org

CAC - Lewis, Mason & Thurston
6604 Martin Way E
Olympia, WA 98516

Tel: 360-438-1100
Fax: 360-491-7729
dalel@cac.office.com

Clark Public Utilities
P.O. Box 8900
Vancouver, WA 98668

Tel: 360-922-3395
Fax: 360-922-3383
jwatkins@clarkpub.com

Coastal Community Action
117 E Third
Aberdeen, WA 98520

Tel: 360-533-5100
Fax: 360-532-4623
vickip@coastalcap.org

Community Action Center
105 W. Main #1
Pullman, WA 99163

Tel: 509-334-9147
Fax: 509-334-9105
JudyAAllen@aol.com

AVISTA
1411 E. Mission Ave., PO Box 3727
Spokane, WA 99202

Tel: 509-495-4676
Fax: 509-495-8725
cmccabe@avistacorp.com

Spokane Neighborhood Action Program
E. 2116 1st
Spokane, WA 99202

Tel: 509-456-7111
Fax: 509-534-5874
belote@snapwa.org

Spokane Neighborhood Action Program
E. 2116 1st
Spokane, WA 99202

Tel: 509-495-4676
Fax: 509-495-8725
graham@snapwa.org

Yakima Valley OIC
815 Fruitvale Blvd.
Yakima, WA

Tel: 509-452-7145
Fax: 509-452-6649



WEST VIRGINIA

West Virginia Department of Insurance

State Insurance Commissioners Office 1-800-642-9004
P.O. Box 50540 1-304-558-3386
Charleston, WV 25305-0540

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of West Virginia

Office of the Attorney General 1-304-558-2021
State Capitol
Charleston, WV 25305

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

West Virginia Long-Term Care Ombudsman 1-304-558-3317

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

West Virginia Bureau of Medical Services

Department of Health and Human Services 1-877-982-2445
Building 3, State Capitol Complex 1-304-926-1700
Room 206
Charleston, WV 25305

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed below.

Medicaid

1-877-987-4463
www.hcfa.gov/medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the West Virginia Medicaid Agency.



West Virginia Department of Health and Human Services

Office of Family Support
Building 6, Room 749
State Capitol Complex
Charleston, WV 25305

1-304-558-8290

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

AIDS Hotline

1-800-642-8244

The AIDS Hotline provides answers to questions regarding HIV and AIDS. The hotline is staffed with counselors trained to provide information about the symptoms of HIV disease, how the virus is transmitted, where to go to get tested, and how to contact support groups.

Children's Dental Health Services

1-800-642-8522

Provides dental care to children from the age of 2 through 20 who are uninsured or under insured and whose families have incomes at or below 150% of federal poverty guidelines. Home fluoride supplements are provided to children birth through 12 regardless of income and dental health education supplies and services are also available to all school-age children.

Children with Special Health Care Needs Hotline

1-800-642-9704

Offers evaluation, treatment and rehabilitation of children under the age of 21 who have chronic handicapping or disabling conditions and whose families have management and referral for other services.

Client Service Hotline

1-800-642-8589

Offers information on public assistance, Medicaid eligibility, food stamps, low-income energy assistance, and referrals for home visit for the handicapped and homebound.

Early and Periodic Screening Diagnosis and Treatment (EPSDT)

1-800-642-9704

Offers comprehensive health examinations for children with current Medicaid card whom are less than 21 years of age. Services include, but are not limited to, physical exams, developmental assessment, lab testing, dental/hearing/vision testing, immunizations, and referral for other services of the Family Outreach Workers to inform the parents of eligible children about EPSDT and refer them to EPSDT providers.

Family Matters Hotline

1-888-983-2645

Offers referrals for all types of health and social services needs as well as information on WIC services and clinics, immunizations, food and housing needs, maternal, and child health issues, income assistance and other family needs.

Family Planning Hotline

1-800-642-8522

Provide services to low-income women, men and adolescents with include gynecological and breast exams, pap test, diagnosis and treatment of sexually transmitted diseases, contraceptive, supplies, pregnancy testing, health education, and referrals for other services.

Pediatric Health Services Hotline

1-800-642-9704

Provides services similar to EPSDT to non-Medicaid eligible children under the age of 21 who are uninsured or under insured and whose families have incomes at or below \$150% of the federal poverty guidelines. Services include comprehensive health examinations, limited sick care visits (no inpatient hospital coverage), medications for treatment of illness detected during check-ups, and referrals for other services.

Right From the Start Program

1-800-642-8522

Serves low-income and Medicaid-eligible pregnant women, postpartum women up to 60 days, and infants less than one year of age. Services include coordination of care, nutritional counseling and parenting education, payment for transportation to medical appointments through the Access to Rural Transportation (ART) Project, and payment for medical care during pregnancy for women who are ineligible for Medicaid, but meet certain other requirements.

STD/HIV Hotline

1-800-642-8244

Offers the general public and health care providers information on the diagnosis, treatment and case findings of AIDS and sexually transmitted diseases.

WIC Hotline

1-800-642-8522

A supplement program for women, infant and children.

The West Virginia Breast and Cervical Cancer Screening Program (BCCSP)

1-800-422-6237

1-800-642-8522

Provides screening services to low-income women who are uninsured or under insured. In addition, the program provides education about breast and cervical cancers, quality assurance for mammography, cytology and clinical services, and monitoring statistics of the incidence and mortality of these cancers.

Rental/Housing Assistance Programs

West Virginia State Office
Kanawha Valley Building
405 Capitol Street, Suite 708
Charleston, WV 25301-1795

1-304-347-7057

For the below listings contact:

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Mountaineer Food Bank

180 Enterprise Drive
Gassaway, WV 26624

1-304-364-5518

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

Huntington Area Food Bank, Inc.

1663 7th Avenue
Huntington, WV 25703-1411

1-304-523-6029

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

WISCONSIN

State Insurance Commissioners Office

Office of the Commissioner of Insurance 1-608-266-0102
State of Wisconsin
121 E. Wilson
Madison, WI 53707-7873

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Wisconsin

Office of the Attorney General 1-608-266-1221
State Capitol
P.O. Box 7857, Suite 114 East
Madison, WI 53707-7857

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Wisconsin Long-Term Care Ombudsman 1-800-815-0015

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Children's Health Insurance Program (CHIP)

Division of Health Care Financing 1-800-362-3002
Madison, WI 53701 1-608-266-1935

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-877-333-0202
www.hcfa.gov/medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Wisconsin Medicaid Agency.



LIHEAP Assistance for Wisconsin

Wisconsin Department of Administration 1-907-465-3066
P.O. Box 8944
Madison, WI 53708-8944

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Wisconsin Health Insurance Risk Sharing Plan 1-608-264-7733

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called, "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage.

Health Insurance Risk Sharing Plan (HIRSP) 1-800-828-4777
1-608-221-4551

Provides health insurance to individuals under the age of 65, who are unable to find adequate health insurance coverage because of their mental or physical disability. The premium, deductible and co-payments for HIRSP insurance vary. Annual premiums and deductible can be reduced for low-income individuals through a special state subsidy program. For more information contact a health insurance agent or call the Department of Health and Family Services at the above numbers.

State Insurance Commissioners Office

Office of the Commissioner of Insurance 1-608-266-1865
1 W. Wilson Street
Madison, WI 53702

The following are offered through the Department of Health and Family Services.

Disabilities - Provides numerous services to families or persons with disabilities.

Division of Public Health -Provides public health services, environmental and public health regulation. The Division has programs in the areas of environmental health, occupational health, family and community health, emergency health services and injury prevention, chronic disease prevention and health promotion, and communicable diseases.

Mental Health - Provides persons of all ages with mental illness with public community mental health services.

Children and Families - Some of the many programs administered by DCFS include: Adoptions, Child Care Licensing, Adolescent Pregnancy Prevention, Foster Care, Domestic Abuse Services, Milwaukee Child Welfare, and Family Preservation and Support.

Aging and Disability Resource Center

87 Vincent St.
Fond du Lac, WI 54935

1-888-HELPPDL
1-920-929-3466

Provides assistance and referrals to aging and disabled individuals. Services may include but are not limited to transportation, meals on wheels, in-home care, adult daycare, and dementia services.

Katie Beckett Program

1-608-266-9329

A special eligibility process that allows certain children with long term disabilities or complex medical needs, living at home with their families, to obtain a Wisconsin Medical Assistance card. Children who are not eligible for other medical assistance programs due to their parent's income or assets being too high, may be eligible for medical assistance through this program. For more information contact Beverly Doherty, Acting Supervisor at the above number.

Healthy Start

1-800-722-2295

A comprehensive health insurance program that expands Wisconsin Medicaid, or Medical Assistance. It covers pregnant women most babies up to one year of age, and some children in income-eligible families.

Eligibility Hotline

1-608-221-9254

These programs assist those with special needs and pregnant women and children:

Medical Assistance Recipient

1-800-362-3002

Medical Assistance Provider Information

1-800-947-9627

Wisconsin BadgerCare

1-800-362-3002
1-888-947-4600

A program to provide health insurance for uninsured working families.

Wisconsin Care

P.O. Box 6126
Madison, WI 53716

1-608-221-3815

Provides ordinary care, office visits, labels, x-rays and many prescription medications to certain Wisconsin counties for a reduced rate or at no cost.



Church Health Services

308 Oneida St.
Beaver Dam, WI 53916

1-920-887-1766

Free and reduced cost clinics.

Beloit Area Community Health Center

74 Beloit Mall
Beloit, WI 53511

1-608-361-0311

Free and reduced cost clinics.

Samaritan Free Health Clinic

237 N. Macy Street
Fond du Lac, WI 54935

1-920-926-4841

Free and reduced cost clinics.

Fox Cities Community Clinic

1800 North Appleton Road
Menasha, WI 54952

1-920-731-7445

Free and reduced cost clinics.

New Community Clinic

622 Bodart Way
Green Bay, WI 54301

1-920-437-9773

Free and reduced cost clinics.

Donated Health Care Services, Inc.

Hartford Memorial Hospital
1032 E. Summer Street
Hartford, WI 53027

1-414-335-4743

Free and reduced cost clinics.

Healthnet of Janesville, Inc.

23 West Milwaukee Street, Suite 208
Janesville, WI 53545

1-608-756-4638

Free and reduced cost clinics.

St. Clare Health Mission

916 Ferry St.
La Crosse, WI 54601

1-608-791-9546

Free and reduced cost clinics.

MEDIC Clinic

2202 South Park Street
Madison, WI 53713

Free and reduced cost clinics.

South Madison Health & Family Center

2202 South Park Street
Madison, WI 53713

1-608-261-9270

Free and reduced cost clinics.

16th Street Community Health Center

1032 South 16th Street
Milwaukee, WI 53204

1-414-672-1315

Free and reduced cost clinics.

Eastbrook Health Center

5353 North Green Bay Road
Milwaukee, WI 53209

Free and reduced cost clinics.



Greater Milwaukee Free Clinic

9330 West Lincoln Avenue #10
West Allis, WI 53227

1-414-546-FREE

Free and reduced cost clinics.

Marquette Clinic for Women & Children

1216 North 13th Street
Milwaukee, WI 53205

1-414-345-3244

Free and reduced cost clinics.

Brady East Clinic

1340 East Brady Street
Milwaukee, WI 53202

1-414-272-2144

Free and reduced cost clinics.

St. Ben's Clinic

1027 North 9th Street
Milwaukee, WI 53233

1-414-765-0606

Free and reduced cost clinics.

St. Francis Community Clinic

102 Merritt Street
Oshkosh, WI 54901

1-920-233-6950

Free and reduced cost clinics.

Living Healthy

UW-Oshkosh College of Nursing
845 Algoma Blvd. Room 20 (lower level)
Oshkosh, WI 54901

1-920-424-1242

Free and reduced cost clinics.

Ozaukee Community Health Clinic

13111 N. Port Washington Road
Mequon, WI 53097

1-414-243-7300

Free and reduced cost clinics.

Health Care Network, Inc.

904 State Street
Racine, WI 53404

1-414-632-2400

Free and reduced cost clinics.

Northern Community Free Clinic

1044 Kabel Avenue
Rhineland, WI 54501

1-715-369-6671

Free and reduced cost clinics.

Salvation Army Health Care

710 Pennsylvania Avenue
Sheboygan, WI 53082

1-920-458-3723

Free and reduced cost clinics.

St. Clare Health Mission

310 West Main Street
Sparta, WI 54656

1-608-269-1770

Free and reduced cost clinics.

St. Joseph's Medical & Dental Clinic

826 North East Avenue
Waukesha, WI 53186

1-414-544-6777

Free and reduced cost clinics.



Waupun Area Free Clinic

Waupun Memorial Hospital
620 West Brown Street
Waupun, WI 53963

1-920-324-5581

Free and reduced cost clinics.

Donated Health Care Services, Inc.

St. Joseph's Hospital
551 Silver Brook Drive
West Bend, WI 53095

1-414-335-4743

Free and reduced cost clinics.

Marshfield Clinic

1-800-942-5420

Free and reduced cost clinics.

Prescription Drug Patient Assistance Program

1-800-762-4636

www.phrma.org/patients

The Pharmaceutical Research and Manufactures of America (PhRMA) has created a directory which provides a listing of company programs that provide drugs to physicians whose patients can not afford them.

Donated Dental Services

1-800-364-7646

1-414-276-4520

A low-cost dental program for the disabled, clinically ill, and elderly who are unemployable.

Vision USA Program

1-800-236-8517

1-608-274-4322

The American Optometric Association created the program to provide free eye exams and glasses.

Counseling and Testing Services Program 1-608-267-3583

A statewide network staffed by trained counselors to provide antibody counseling and testing services. Individuals can receive free or low-cost testing, and referral for medical and supportive services.

Partner Counseling and Referral Services 1-608-267-5287

Offers assistance to individuals reported with AIDS and HIV infection in notifying sexual and needle-sharing partners. PCRS also provides AIDS/HIV access to free, voluntary and confidential counseling, and referral for medical and support services.

Life Care Services 1-609-266-0749

Case managers help clients obtain services such as medical, dental and mental health care; financial assistance; legal assistance; practical and emotional support; and housing assistance.

Early Intervention Program 1-609-266-0749

Provides individuals recently diagnosed with HIV infection with quick and early access to needed medical care and related services.

Ryan White Comprehensive AIDS Resources Emergency (CARE) Act 1-608-266-0749 (Title II)
1-414-286-8882 (Title III)
1-414-456-4199 (Title IV)
1-608-258-9103 Ext. 15 (Title V)

To focus on development, organization, coordination, and operation of effective and cost-efficient systems to deliver services to people and families with HIV. Made up of five program areas known as "titles."

Title I - Provides emergency assistance to localities.

Title II - Provides home and community-based care, assistance with the continuation of health insurance coverage, and treatment and drug that prolong life and/or prevent hospitalization.

Title III - Provides funding to community-based health care providers who provide services which include early health intervention, primary care, education, counseling, testing, and treatment.

Title IV - Provides support for material and pediatric HIV services and coordination with clinical research.

Title V - Provides funding for special programs, education and training for healthcare providers as well as reimbursement for schools of dentistry.

Wisconsin AIDS/HIV Drug Reimbursement Program 1-800-991-5532
1-608-267-6875

Subsidizes the cost of expensive, HIV-related treatment medications for HIV-infected persons with limited financial resources.



**Wisconsin AIDS/HIV Health Insurance
Premium Subsidy Program**

1-608-261-6952

Subsidizes the cost of continuation group or individual health insurance for qualified persons who are unable to continue working on a temporary or permanent basis because of an AIDS/HIV-related condition.

ElderLink

1-414-289-6874

Provides information on community-based services for older adults and their families. Some of those services include transportation, senior meals program, legal programs, in-home care, and case management. Elderlinks long-term care staff is able to conduct in-home assessments to determine need, provide information and services to meet those needs, develop appropriate care plans, and arrange for funding for services (when applicable).

Wisconsin State Office

Federal Plaza, Suite 1380
310 West Wisconsin Avenue
Milwaukee, WI 53203-2289

1-414-297-1029

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

USO of Wisconsin-Southeastern Region, Inc.

War Memorial Center
750 North Lincoln Memorial Drive
Milwaukee, WI 53202

1-414-271-3133

The USO is a congressionally chartered non-profit organization. The sole mission is to support active duty men and women in uniform along with their families with three programs, which include: information and referral, family outreach, and emergency assistance and quality of life.

SH FB of Southern Wisconsin

2802 Dairy Drive
Madison, WI 53718

1-608-223-9121

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

SH FB of Wisconsin

1700 West Fond Du Lac Avenue
Milwaukee, WI 53205

1-414-931-7400

The following food bank is part of the largest domestic hunger-relief organization in the United States. America's Second Harvest's mission is to feed hungry people by soliciting and distributing food and grocery products through a nationwide network of certified affiliate food banks and to educate the public about the nature of and solutions to the problem of hunger in America.

**United Cerebral Palsy of
West Central Wisconsin**

1-888-845-5775
1-715-832-1782

A lending library of equipment used in physical therapy, neuro-developmental clinic, and financial assistance.

Waisman Center Genetics Clinic

1-608-263-5776

Provides genetics-related services.

Wisconcare

1-608-221-3815

Low cost health insurance in certain counties.

Wisconsin Council for the Blind

1-800-783-5213

Rehabilitation and canes, loans.

Wisconsin's Well-Women Health Screening Program

1-800-397-7094

Breast and Cervical Cancer, diabetes, depression, heart disease, osteoporosis, mammograms, pap smears, exams and test, etc.

WisTECH

1-608-243-5674

Assistive technology for daily living.



World Life Foundation

1-800-289-5433

Provides air travel.

Homestead Tax Credit

1-608-266-8641

Provides low-income singles and families renters or homeowners a tax refund.

WIC Program

1-800-722-8641

Provides qualified individuals with assistance for food and infant formula.

Low Income Rental Housing

1-800-334-6873
1-608-267-9077

Provides low income rental housing.

Community Action Agency

1-608-244-4422

Provides limited housing, modernization and rent assistance.

ABC for Health, Inc

1-800-585-4222

Statewide benefits counseling and legal services for families with children who are having problems financing health care.

Elder Law Center

1-608-224-0660

Benefits counseling and legal assistance for the elderly on a broad range of issues, including healthcare.

Judicare

1-800-472-1638

A legal services agency for Northern Wisconsin.

Legal Action of Wisconsin

1-800-362-3904

Legal service agency with offices in Kenosha, Madison and Milwaukee.

Legal Services of Northeastern Wisconsin

1-920-432-4345

Legal services agency with offices in Green Bay, Oshkosh and Sheboygan.

Western Wisconsin Legal Services 1-608-785-2809

A legal services agency.

Wisconsin Coalition for Advocacy 1-800-928-8778

Provides protection and advocacy for persons with developmental or physical disabilities and people with mental illness.

Francis Hope /SPEAR

PO BOX 362 1-608-779-4306
Onalaska, WI 54650 www.couleccap.org

SPEAR's (St. Patrick's Emergency Aid & Referral Service) is committed to act on our shared belief that each member of the human family is a child of God-created by Him, in His own image and through God's love for all of His family, SPEAR will attempt to aid and comfort those in need and seeking help by providing direct services and referrals in the spirit of love, with compassion and respect. They assist with the essential areas of food, housing, utilities, clothing, shelter, transportation, budgeting and similar emergency essential assistance, home visits prior to the delivery of services so that the maximum needed items are covered.

Wisconsin Early Intervention Program

Division of Supportive Living 1-608-267-3270
Department of Health and Family Services www.dhfs.state.wi.us/bdds/index.htm
PO Box 7851
Madison, WI 53370-7851

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

Advocacy & Benefits Counseling (ABC) 1-800-585-4222
www.abcforhealth.org

ABC is a Wisconsin based nonprofit public interest law firm dedicated to ensuring health care access for children and families, particularly those with special needs and who are at risk. ABC offers a variety of services including Health Benefits Counseling, Legal Assistance in Health Care Financing, Covering Kids Wisconsin Initiative, Professional Training and Consultation, Public Information Services, and Health System Research and Advocacy.

Madison County 1-608-261-6939
Barron County 1-715-537-6580
Polk County 1-715-485-8500



The Milwaukee Outreach Center

Operation Blessing
724 S. Layton Blvd.
Milwaukee, WI 53215

1-414-385-2233
www.tmoc.org

Provides limited financial assistance for rent or mortgage payments, emergency needs in situations of catastrophic loss (fire, flood, earthquake), utility bills (water, electricity, gas). Request will only be considered if a letter is attached from a pastoral or agency letter. Payments will be sent directly to the creditor.

Fuel Funds

www.nationalfuelfunds.org/st

There are non-federal dollars available from local fuel funds, which frequently are contributed by your neighbors when they pay their utility bill. Ask the state energy assistance office for the local phone number of the fuel fund nearest your residence. Your local fuel fund may be listed at www.nationalfuelfunds.org/statesa-c.html (listed below):

Wisconsin Gas
626 E. Wisconsin Ave.
Milwaukee, WI 53202

Tel: 414-291-6231
Fax: 414-291-6672

Wisconsin Gas
626 E. Wisconsin Ave.
Milwaukee, WI 53202

Tel: 414-291-6232
Fax: 414-291-6672

Wisconsin Gas
626 E. Wisconsin Ave.
Milwaukee, WI 53202

Tel: 414-291-6231
Fax: 414-291-6672

Madison Gas and Electric
P.O. Box 1231
Madison, WI 53701-1231

Tel: 608-252-7918
Fax: 608-252-4714
kdemets@mge.com

WI Dept. of Admin, Div. of Energy
101 E Wilson St. 14th Fl. Box 8944
Madison, WI 53708

Tel: 608-267-6688
Fax: 608-264-6688
rosie.ficus@doa.state.wi.us

WISCAP
1310 Mendota #107
Madison, WI 53714

Tel: 608-244-4422
Fax: 608-244-4064
Lawrence@itis.com

Energy Services
1225 S. Park Street
Madison, WI 53715

Tel: 608-267-8837
Fax: 608-264-6913

Marinette Co. Human Services
1605 University Avenue, Suite B
Marinette, WI 54143

Tel: 715-732-7731
Fax: 715-732-7659
ldjupstrom@marinettecounty.com

WYOMING

State Insurance Commissioners Office

Wyoming Department of Insurance
Herschier Building
122 West 25th Street, 3rd East
Cheyenne, WY 82002-0440

1-307-777-7401

Regulates Insurance companies by reviewing policy files, rate rules and forms. Handles complaints and inquires against insurance companies. Answers general questions about insurance policies.

Attorney General of Wyoming

Office of the Attorney General
Capitol Building
Cheyenne, WY 82002

1-307-777-7841

Attorneys for all state agencies. Deals with consumer complaints concerning fraud, malpractice and other illegal activities.

Wyoming Long-Term Care Ombudsman 1-307-322-5553

The Long-Term Care Ombudsman investigates nursing home complaints, acts as an advocate for nursing home residents, and mediates disputes between nursing homes and residents or their families. Ombudsmen are ready to help if you need information on the nursing homes in your state, or if you have a complaint about a nursing home.

Department of Public Health

Hathaway Building, Fourth Floor
Cheyenne, WY 82002

1-307-777-5472

The CHIP program was created in order to provide health insurance to children who are presently uninsured. This state has submitted State plans to access funds authorized under Title XXXI of the Social Security Act, the Children's Health Insurance Program (CHIP). To request a copy of the State plan, contact the State office listed above.

Medicaid

1-800-856-4398
www.hcfa.gov/medicaid/medicaid.htm

A federal/state insurance program which covers specified medical expenses for low-income aged, blind, and disabled whose income and resources are insufficient to meet the cost of necessary medical services. For general information on services contact the Wyoming Medicaid Agency.

Wyoming Department of Family Services

Room #349 Hathaway Building
2330 Capitol Avenue
Cheyenne, WY 82002-0490

1-307-777-5817

Assists eligible low-income households in meeting the heating or cooling portion of their residential energy needs.

Risk Pools

Wyoming Health Insurance Pool
4000 House Avenue
P.O. Box 2419
Cheyenne, WY 82003

1-307-634-1393

Health Insurance Options for High-Risk Individuals. There are state programs, sometimes called, "risk pools," that serve people who have pre-existing health conditions, and often are denied, or have difficulty finding affordable coverage.

Department of Health

117 Hathaway Building
Cheyenne, WY 82002

1-307-777-7656

The following programs and services are provided through the Department of Health:

Elderly and Disabled Tax Refund 1-307-777-6794 - A tax refund is available to eligible individuals.

Adult Home and Community Based Waiver Program 1-307-777-6488 - Provides services to enable developmental disabled adults to remain in the community. Vocational and residential services are also available to individuals with milder challenges.

Aging Division 1-307-777-7986 - Provides numerous services to elderly individuals such as transportation, in-home care, and food programs.

AIDS/HIV Prevention 1-307-777-5932 - Provides counseling and testing services through community agencies. Also serves as payer of last resort for client medical and ancillary bills.

Breast and Cervical Cancer Early Detection Program 1-307-777-6006 - Provides education and screening services for breast and cervical cancer primarily for women 50 years or older.

Children's Health Services 1-307-777-7941 - Provides payment and care coordination for children with special health care needs

Children's Home and Community-Based Waiver Program 1-307-777-5241 - Serves children with mental retardation birth through age 20 with services designed to keep them in the community.

Children's Services 1-307-777-5472 - Provides dental health early and periodic screening, diagnosis and treatment services (EPSDT) program including Developmental Center Services and the Health check program for children under 21.

Dental Health Programs 1-307-777-7945 - administration of a semi-annual Cleft Palate Clinic, payment for dental services to the elderly and management of children's dental programs.

Durable Medical Equipment 1-307-777-6032 - Provides medical supplies and equipment that are used to serve a medical purpose.

Immunization Program 1-307-777-6001 - Provides vaccines to public and private medical providers to immunize children from birth to age 18.

Minimum Medical Program 1-307-777-6032 - Provides unlimited prescription drug and oxygen benefits to low-income persons who do not qualify for Medicaid.

Pharmacy Program 1-307-777-6032 - Provides prescription drugs and specific over-the-counter drugs.

Public Health Laboratory 1-307-777-7431 - Provides testing for communicable diseases, as well as alcohol and controlled and non-controlled substance.

State Licensed Shelter Care 1-307-777-5469 - Provides payment for nursing home services for persons who are unable to pay the cost of nursing home care but who are not eligible for Medicaid.

Respite Program 1-307-777-7115 - Provides a rest for parents apart from their children who have developmental disabilities from birth through 20 years old.

Tuberculosis (TB) Control Program 1-307-777-5658 - Offers preventive therapy for those who are infected, screening members of high-risk populations to find those with TB infection or disease, finding and screening contacts of infectious TB cases.

WIC Program 1-307-777-7494 - A supplemental program for women, infant and children.

Elderly Services - county offices provide services to elderly including health promotion programs such as "Growing Younger" and "Growing Wise," These programs provide screening and monitoring of chronic diseases, home visiting, influenza vaccination and referral services. Contact your local health department, which can be found in your local telephone directory under "State Government."

Wyoming Health Insurance Premium Payment 1-307-777-6033

WHIPP pays health insurance premiums, co-insurance and deductibles for Medicaid recipients to keep their employment and non-employment related health insurance, whenever cost effective to do so.



Rental/Housing Assistance Programs

Wyoming State Office
HUD- Wyoming Office
100 East B Street, Room 4229
Casper, WY 82601-1969

1-307-261-6251

For the below listings contact:

Rent-Assisted Housing for Elderly/Disabled is housing complexes that receive federal funding which requires these units to offer low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities).

Public Housing is a low-income housing that is actually operated by your local Housing Authority. It was established to provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

Section 8 in which the housing authority gives the tenant a certificate or vouchers that says that government will subsidize your rent payment so you can find your own housing. The program assists very low income, elderly and disabled.

Privately Owned Subsidized Housing where the government provides subsidies directly to the owner who then applies the subsidies to the rent. He/she charges low-income tenants.

HUDS Home Program is an affordable housing program, which provides grants to state, and local governments, which may use them to offer rental assistance.

Housing Opportunity for People with AIDS (HOPWA) is a program that provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

Wyoming Early Intervention Program

Department of Health
Herschler Building
1413 West 25 Street
Cheyenne, WY 82002-0050

1-307-777-6972

Helps infants and toddlers who have delays in growing, developing and learning. Early Intervention Services may include therapies, assistive aids and devices, speech/hearing/vision services, service coordination and family training. All children who meet the eligibility criteria will be served regardless of income.

MEDICATION MANUFACTURERS' INDIGENT DRUG PROGRAMS

Provided below is a directory of Drug Manufacturers' who offer an indigent drug programs. These programs provide medication to people who are unable to afford them at a free or reduced cost. In order to receive these medications your physician must complete the necessary paperwork. However, you may request an application yourself to speed up the process. Please note that the eligibility and amounts will vary greatly from program to program.

Abbott Laboratories 1-800-222-6885 option 3	Astra Zeneca Foundation PAP 1-800-424-3727	1-410-298-1000
Agouron Pharmaceuticals, Inc. 1-888-777-6637	Astra Zeneca Inc. Foscavir Program 1-800-488-3247	Baxter Healthcare Corp. 1-800-548-4448
Alcon Labs 1-800-451-3937	Astra Zeneca LP Patient Assistance Program 1-800-355-6044	Bayer Corporation 1-800-998-9180
Alpha Therapeutic Corporation 1-800-421-0008	Aventis 1-800-221-4025	Beach Pharmaceuticals 1-813-839-6565
Alpharma, U.S. Pharmaceuticals Division 1-800-638-9096	Aventis Behring 1-800-676-4266	Bedford Laboratories 1-800-562-4797
Alra Laboratories 1-800-248-ALRA	Aventis Oncology Pact Program 1-800-996-6626	Berlex Laboratories 1-888-237-5394, option 6
Allergan, Inc. 1-800-347-4500	Aventis Pasteur 1-800-822-2463	Bertek Pharmaceuticals, Inc. 1-888-823-7835, ex 4043
Alza Oncology Connection Program 1-800-482-1083	Aventis Pharmaceuticals- Lovenox Patient Assistance Program 1-888-632-8607	Bioglan Pharma Inc. 1-813-243-8833
Alza Pharmaceuticals 1-800-577-3788	Avonex Quickstart 1-800-456-2255	Biovail Pharmaceuticals Inc. 1-866-268-7325
Amarin Pharmaceuticals 1-908-580-5535	Axcan Scandipharm – Urso Patient Assistance Program 1-888-877-6471	Blaine Company, Inc. 1-800-633-9353
American Pharmaceutical Partners 1-847-330-1289	Axcan Scandipharm, Inc. 1-800-742-6706	Boehringer Ingelheim Pharmaceuticals, Inc. 1-800-274-8651
Amgen 1-888-508-8090 or 1-800-272-9376	Axcan Scandipharm, Inc. 1-800-742-6706	Boots Pharmaceuticals Boots Care Program 300 Tri-State Int'l Suite 200 Lincolnshire, IL 60069 (No Phone Number)
Apothecon/Bristol Myers Squibb 1-800-437-0994	Axcan – Scandipharm CareFirst and Comprehensive Care Programs 1-877-657-6737	Braintree Labs 1-888-647-2529
Astra Merck, Inc. 1-800-355-6044	Barre-National, Inc.	Bristol-Myers Squibb 1-800-736-0003 or 1-800-437-0994

Carnitor Drug Assistance Program
1-800-999-NORD

Carter Wallace Laboratories
1-609-655-6000

Celgene Thalomid Patient Assistance Program
1-888-423-5436

Centocore Solutions for Retavase
1-800-331-5773

Cetylite Industries, Inc.
1-800-257-7740

Chiron Therapeutics
1-800-775-7533

Ciba Pharmaceuticals
1-800-257-3273

Colgate Oral Pharmaceuticals
1-800-226-5428

COR Therapeutics
1-888-244-6812

Crixivan Patient Assistance Program (Merck)
1-800-850-3430

Dermik Laboratories
1-800-727-6737

Dey Laboratories
1-800-755-5560

Dupont Pharma Company
1-800-474-2762

Dupont Sustiva Reimbursement, Counseling and Assistance Program
1-800-334-4486 ex 216

Dura Pharmaceuticals, Inc.
1-888-859-8583

Dura-Med Pharmaceuticals
1-800-543-8338

ECR Pharmaceuticals
1-800-527-1955

Elan Pharmaceutical Prescription Assistance Program
1-800-528-4362 (patients)
1-800-621-4835 (providers)

Eli Lilly and Company
1-800-545-6962

Eisai, Inc.
1-800-226-2072

Endo Laboratories, LLC
1-800-462-ENDO

Faulding Laboratories
1-919-233-5375

Ferndale Laboratories, Inc.
1-800-621-6003 ex 707

Ferrin Pharmaceuticals, Inc.
1-888-337-7464

First Horizon Pharmaceutical Corp.
1-800-849-9707 x321

Fleming & Company
1-636-343-5306
1-636-343-8200

Forest Pharmaceuticals
1-800-851-0758

Fujisawa USA Inc.
1-800-727-7003

Fujisawa Protopic Program
1-800-477-6472

Gabitril Patient Assistance Program
1-800-459-7599

Galderma Laboratories
1-800-582-8225

Gate Pharmaceuticals
1-800-292-4283

Genentech Endowment for Cystic Fibrosis
1-800-297-5557

Genentech, Inc.
1-800-530-3083
1-800-879-4747

Genzyme Corp.
1-800-745-4447 ex 7808

Geodon Patient Assistance Program
1-866-443-6366

Gilead Sciences Support Services
1-800-226-2056

GlaxoSmithkline
1-800-546-0420

GynEtics, Inc.
1-908-359-2429

Hoechst-Marion-Roussel
1-800-221-4025

ICN Pharmaceuticals, Inc.
1-800-556-1937, option 4

Immunex
1-800-321-4669

InterMune Pharmaceuticals
1-800-577-9112

Ion Laboratories
1-817-284-8044

Janssen
1-800-652-6227, option 2

Jones Pharma, Inc.
1-800-525-8466

Knoll Pharmaceutical
1-800-524-2474

Lederle Oncology
C/O John E. James
Professional Services IPP
555 E. Lancaster Avenue
St. Davids, PA 19087

Ligand Pharmaceuticals
1-877-654-4263

Lilly Cares Program
1- 800-545-6962

Lilly Humatrope Hotline
1-800-847-6988

Liposome Company, Inc.
1-800-345-2252
1-800-335-5476

Lotus Biochemical Corp.
1-800-455-5525

Lunsco, Inc.
1-540-980-4358

Gastronan Health Div.
1-888-963-3382

**Mead Johnson Nutritionals –
Infant**
1- 800-222-9123

Medeva Pharmaceuticals, Inc.
1-800-234-5535 ex 5220

**Medicis Pharmaceutical
Corp.**
1- 800-533-DERM

Medimmune, Inc.
1-877-480-8082

Merck & Company
1-800-994-2111

Merck Human Health
1-800-672-6372

**Merck Patient Assistance
Program for Aggrestat**
1- 877-810-0595

MGI Pharma Inc.
1-888-743-5711

Miles Inc. Pharmaceutical
1-800-998-9180

**Mission Pharmacal
Company**
1- 800-292-7364

Monarch Pharmaceuticals
1-800-776-3637

**Muro Pharmaceutical, Inc.
an ASTRA Medical
Company**
1-800-225-0974

**Myasthenia Gravis
Association of Western
Pennsylvania**
1- 800-783-7615

Mylan Pharmaceuticals, Inc.
1- 800-826-9526

Nabi (formerly Univax)
1-800-789-2099

Novartis
1-800-282-7630
1-800-277-2254

**Novo-Nordisk
Pharmaceuticals, inc.**
1-800-727-6500

**Oclassen Dermatologics,
Inc.**
1-800-288-4508

**Ohmeda Pharmaceuticals
Products**
1-800-345-2700, option 3

Organon, Inc.
1-800-631-1253

Ortho Biotech
1-800-553-3851

Ortho Dermatological
1-800-797-7737

**Ortho-McNeil
Pharmaceuticals**
1-800-797-7737

**Ortho McNeil Regranex
Patient Assistance Program**
1-888-734-7263

**Oxandrin Compassionate
Program**
1-800-741-2698

Parke-Davis
1-800-223-0432, #4

**Pathogenesis TOBI Patient
Support Program**
1-888-508-8624

Pfizer, Inc.
1-800-646-4455
1-800-869-9979
1-800-226-2072

Pharmacia & Upjohn
1- 800-242-7014 (for self-
administered drugs)
1-800-366-5570 (for non-
self-administered)

PROCRIline
1-800-553-3851

**Proctor & Gamble Pharm.,
Inc.**
1- 800-830-9049

**Prometheus
Pharmaceuticals**
1-888-423-5227

Purdue Frederick
1- 800-733-1333 ext 4111

**Reliance Prescription
Support**
1-866-792-2737

Remicade Patient Assistance
1- 800-964-8345

Rhone-Poulenc Rorer
1-610-454-8110 or
1-610-996-6626

**Roche CellCept Medical
Needs Program**
1-800-772-5790

**Roche HIV Therapy
Assistance Program**
1-800-282-7780

Roche Laboratories
1- 800-285-4484

Roche Oncoline
1-800-443-6676

Roche Tamiflu Assistance
1-800-285-4484

Roche Tasmar Program
1-800-285-4484

**Roche Xenline
Reimbursement Hotline**
1-800-260-7785

Ross Pharmaceuticals
1-800-986-8501
1-800-551-5837

Roxane Laboratories
1- 800-274-8651

Sandoz Pharmaceutical
1-800-257-3273

**Sankyo Pharma Open Care
Program**
1-866-268-7327

Sanofi Winthrop Pharma
1-800-446-6267

Savage Laboratories
1-800-231-0206 ext 3047

Schein Pharmaceuticals
1-973-593-5500

Schering Corporation
1-800-656-9485

Schering Oncology
1-800-521-7157

**Scios Patient Assistance
Program**
1-800-972-4670

Searle & Co.
1-800-542-2526

Sequus Pharmaceuticals
1-800-375-1658

Serono Laboratories
1-800-283-8088

Shire Pharmaceuticals
1- 908-203-0657

Sigma Tau Pharmaceutical
1-800-999-NORD
Solvay Pharmaceuticals
1- 800-256-8918
**Somerset Pharmaceuticals,
Inc.**
1-813-288-0040

Syntex Laboratories, Inc.
1-800-526-6367

**Takeda Pharmaceuticals
America**
1-877-825-3327

Tap Pharmaceuticals
Lupron Program –
1-800-453-8438
Prevacid Program –
1-800-830-1015

Teva Pharmaceuticals
1- 888-TEVA-USA

3M Pharmaceuticals
1-800-328-0255

UCB Pharmaceuticals, Inc.
1-800-477-7877 ex7

Unimed Pharmaceuticals
1-800-256-8918

Upsher-Smith
1-800-654-2299

U.S. Bioscience, Inc.
1-800-872-4672

Warner Chilcott
1-800-424-5202

Warner Lambert
1-800-524-2624

Watson Laboratories
1-800-272-5525

**Westwood-Squibb
Pharmaceutical**
1-800-333-0950

Wyeth-Ayerst Labs
Norplant Program -
1-800-760-9030

**Rheumatoid Arthritis
Assistance Foundation -**
1-800-282-7704

**Xanodyne Patient Assistance
Program**
1-877-926-6396

Zeneca Pharmaceuticals
1-800-424-3727

Discount Pharmaceutical Resources

Pharmaceutical Manufacturers' Association

1100 15th Street, NW
Washington, D.C. 20005
1-800-762-4636

Publishes a "Directory of Prescription Drug Indigent Programs" that list drug manufacturers that offer medications to people who are unable to afford them. Submit a written request to receive a free copy.

Note: The request must be received on a physician, health care professional or agency letterhead.

Emergency Medical Assistance for Drugs not yet approved

Single Patient Investigational New Drug Program
Food and Drug Administration
HF-12
Parklawn Building, Room 949
5600 Fishers Lane
Rockville, MD 20857
1-301-827-4460

Patients who are in an immediate medical crisis may be able to receive drugs that are not yet approved, by the having their doctor apply to the FDA for an "Emergency IND".

The Medicine Program

P.O. Box 520
Doniphan, MO 63935-0520
1-573-996-7300
Website: www.themedicineprogram.com
Email: help@themedicineprogram.com

The organization was established by volunteers dedicated to assisting individuals of all ages who are regularly required to take prescription medication, but lack adequate income to fill their prescription each month. The Medicine Program offers their assistance to people applying for one or more of the many drug indigent programs available. There is a \$5.00 processing fee for each medication requested. If for any reason you do not receive the medication and are determined ineligible for assistance, you may request a refund in written form within 120 days after original application was made. Please be aware that this is a service that The Medicine Program offers and is not necessary to apply for the Medication Manufacturers' Indigent Drug Programs, but a help service for those who choose to utilize it.

NeedyMeds.com

Website: www.needymeds.com

Provides an informational website for individuals seeking information on the Indigent Drug Program. NeedyMeds allows you to access the information on the drug by searching by drug or by manufacturer.

Managed Rx Plans Inc.

270-C Duffy Avenue
Hicksville, NY 11801
1-800-799-8765
Phone: 1-516-433-0044
Fax: 1-516-433-6261

A private pharmacy that accepts most insurance including prescription drug programs as full payment towards prescriptions. Patient must have insurance with a 70% or better co-pay. Shipping is free.

RxHope.com

1-877-979-4673

website: www.classkids.org/library/resouc/fundraising.htm#h

email: customerservice@rxhope.com

Helps doctors obtain medications for their patients who do not have access to prescription insurance or government-funded programs.

SaveWell

1-877-728-3935

www.savewell.com

A discounted prescription, vision care, dental services and chiropractic & alternative medicine plan for an annual membership of \$84.

PROCRIline.com

1-800-553-3851

website: www.procritline.com

PROCRIline was created to help patients who have been prescribed PROCRI® (Epoetin alfa) and their providers overcome the many barriers that block access to the therapy they need.

Orange Card

1-888-ORANGE6

website: www.gsk.com

Program assists low-income seniors who have no prescription drug coverage. To qualify the individual must be 65 or older or disabled and are enrolled in Medicare, have annual incomes at or below 300% federal poverty level (annual incomes at or below \$26,000 single or \$35,000 for a couple), and who lack public or private drug coverage.

Novartis CareCard

1-866-974-CARE (2273)

website: <http://www.novartis.com>

A drug discount program that aids needy elderly who lack prescription drug coverage for Novartis brand drugs.

Share Card

1-800-717-6005

website: www.pfizerforliving.com

Share Card can be used at a local pharmacy that accepts the card to fill a Pfizer prescription. You will pay \$15 for up to a 30-day supply of medicine. To qualify you must be enrolled in Medicare, have no prescription drug coverage and your gross income is less than \$18,000 a year; or less than \$24,000 for couples who file jointly.

Fundraising Ideas for Patients

1. Start in your hometown. Check with your local library and any local foundations or agencies that pertain to your specific kind of medical needs for fundraising how-to information.
2. Check with your local hospital's Department of Social Services for fundraising information and opportunities.
3. Local retailers have also been known to help people who want to hold raffles for cars or televisions and to support placement of the containers with pictures placed next to counters suggesting donations. You should contact the human resources department or administrative offices of these organizations to see if they participate. Your local Retailers Association may also be a good place to contact a group of local retailers to explain your needs and ask for support.
4. Your local churches are also a good place to start as they already have the support of the community.
5. Who helps you implement your fundraising? Friends and family should be encouraged to assist as well as local fraternities and charities that often help with marathons and other events involved with fundraising.
6. Get the media involved! Human-interest stories are always needed by the media and nothing completes one better than a community pulling together to help people in crisis. Make sure that a newspaper or a reporter know about any of your fundraising events and has your information regarding your financial needs in your struggle to get medical care.

What events work for fundraising? The answer is simple...Any that you can get your community involved in supporting. Get local entertainers to donate their services and have local celebrities such as the mayor, state or national senators, House of Representatives members, local heroes/community leaders to speak. Stage at a "special location" – one that everyone loves in your area. Invite the media. Provide fact sheet to them in advance about your case. Get the TV stations to bring their cameras and put the interviews on the nightly news! Then send lots of thank you letters to the editors of papers that covered your event and to radio and TV stations management.

